BIENNIAL REVIEW
OF THE UNIVERSITY OF ALASKA FAIRBANKS
DRUG AND ALCOHOL PROGRAMS AND POLICIES

JUNE 2016 - JUNE 2018

Prepared by the Center for Student Rights and Responsibilities
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INTRODUCTION

The Drug Free Schools and Communities Act Amendments of 1989 requires that each college and university receiving federal financial assistance provides annual information on drug and alcohol use and to promote healthy lifestyles and prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees. The AOD prevention program must include, at minimum, the following:

1. Annual Distribution of a document to all students and employees that includes:
   a. Standards of conduct prohibiting unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
   b. A description of the local, State, and Federal laws which provide sanctions against unlawful possession or distribution of illicit drugs and abuse of alcohol.
   c. A description of health risks associated with the use of illicit drugs and abuse of alcohol.
   d. A description of the treatment resources available to students and employees.
   e. A clear statement that the college or university will impose disciplinary sanctions on students and employees (consistent with local, State, and Federal law).
   f. A description of those sanctions, up to and including expulsion, or termination of employment and referral for prosecution. A sanction may include the requirement that the offender complete an appropriate treatment program.

2. Completion of the Biennial review by the University of its Drug and Alcohol Program that includes the following objectives:
   a. Evaluation of the effectiveness of AOD policies and programs.
   b. Verification that the disciplinary sanctions described in the document are consistently enforced.
   c. Recommendations for the program and policy changes as needed.

A copy of the biennial review must remain on file and be available for inspection by the U.S Department of Education. University of Alaska Fairbanks is committed to maintaining an environment that supports health and wellbeing of its community members, while discouraging the illicit use of drugs and alcohol. The university demonstrates this commitment through the intent of the document is to meet the legal requirements of conducting a biennial review and summarize the various activities and programs that occur on the UAF campus as they relate to drug and alcohol prevention during the 2016-2017 and 2017-2018 academic years.
UAF distributes the guide once a semester to faculty, staff, and students via a broadcast email message, which includes a link to the guide. The guide provides a clear description of the University’s standards of conduct regarding the use of alcohol and other drugs, which “clearly prohibit…the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as any part of any of its activities.” The document describes disciplinary actions, legal sanctions, and the University’s commitment to invoke them. It also lists the health risks associated with alcohol abuse and drug use, counseling services, self-help groups, and other rehabilitation resources.
HEALTH RISKS ASSOCIATED WITH SUBSTANCE ABUSE

Alcohol

Alcohol consumption cause a number of changes in behavior. Even low doses significantly impairs the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increases the probability of a variety of aggressive acts, including spouse and child abuse, occurring. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely affecting a person’s ability to learn and remember information. Very high doses can cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol may produce these effects.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and the liver.

Women who drink alcohol during pregnancy may give birth to infants with Fetal Alcohol Spectrum Disorder. These infants are impacted by a number of physical, neurological, and mental conditions which can ranged in severity, though commonly includes irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents are at a greater risk than others of becoming alcoholics.

Drugs

Drug use can have a wide range of short-term, long-term, direct, and indirect effects. Short-term effects can range from changes in appetite, wakefulness, heart rate, blood pressure, and/or mood to heart attack, stroke, psychosis, overdose, and even death. These health effects may occur after just one use.

Longer-term effects can include heart or lung disease, cancer, mental illness, HIV/AIDS, hepatitis, and others. Long-term drug use can also lead to addiction. Drug addiction is a brain disorder. Not everyone who uses drugs will become addicted, but for some, drug use can change how certain brain circuits work. These brain changes interfere with how people experience normal pleasures in life and can make it much more difficult for someone to stop taking the drug even when it’s having negative effects on their life and they want to quit.

Drug use can also have indirect effects on both the people who are taking drugs and on those around them. This can include affecting a person’s nutrition; sleep; decision-making and impulsivity; and risk for trauma, violence, injury, and communicable diseases. Drug use can also affect babies born to women who use drugs while pregnant. Broader negative outcomes may be seen in education level, employment, housing, relationships, and criminal justice involvement.

National Institute on Drug Abuse:

https://www.drugabuse.gov/related-topics/health-consequencesdrug-misuse
## DRUGS OF ABUSE/USES AND EFFECTS

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<th>CSA SCHEDULES</th>
<th>TRADE OR OTHER NAMES</th>
<th>MEDICAL USES</th>
<th>DEPENDENCE</th>
<th>MEDICAL USES</th>
<th>PHYSICAL/Psychological Tolerance</th>
<th>Usual Method</th>
<th>Possible Effects</th>
<th>Effects of Overdose</th>
<th>Withdrawal Syndrome</th>
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<tbody>
<tr>
<td>Hallucinogens</td>
<td>Substance I</td>
<td>MDMA and Analogics (Ecstasy, XTC, Adam), MDA (Love Drug), MDEA (Blue), MDEB</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>Moderate</td>
<td>Yes</td>
<td>Oral, snorted, smoked</td>
<td>Heightened sensory, talkative, grandiosity and dehydration</td>
<td>Increased body temperature, electrolyte imbalance, cardiac arrest, muscle aches, diarrhoea, depression, acne</td>
</tr>
<tr>
<td>LSD</td>
<td>Substance I</td>
<td>Acid, Microdot, Sunshine, Boomers</td>
<td>None</td>
<td>None</td>
<td>Unknown</td>
<td>Yes</td>
<td>Oral</td>
<td>Illusions and hallucinations</td>
<td>Altered perception of time and distance</td>
<td>(LSD) Longer, more intense ‘trip’ episodes</td>
</tr>
<tr>
<td>PCP, Angel Dust, Her, Loveboat, Ketamine (Special K), PCE, PCE Py, TCP</td>
<td>Substance I, II, III</td>
<td>PCP, Angel Dust, Her, Loveboat, Ketamine (Special K), PCE, PCE Py, TCP</td>
<td>Anesthetic (Ketamine)</td>
<td>Possible</td>
<td>High</td>
<td>Yes</td>
<td>Smoked, oral, in injected, snorted</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Hallucinogens</td>
<td>Substance I</td>
<td>Psilocybe, mushrooms, Mescluine, Psilocyce Cubus, Ayahuasca, DMT, Datura (Butterfly)</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>Yes</td>
<td>Possible</td>
<td>Oral</td>
<td></td>
<td></td>
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<tr>
<td>Marijuana</td>
<td>Substance I</td>
<td>Pot, Grass, Sierrenilla, Blunts, Mota, Yerba, Grifa</td>
<td>None</td>
<td>Unknown</td>
<td>Moderate</td>
<td>Yes</td>
<td>Smoked, oral</td>
<td>Euphoria, relaxed, hallucinations, increased appetite, disorientation</td>
<td></td>
<td></td>
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<tr>
<td>Tetrohydro-cannabinoil</td>
<td>Substance I, II, III</td>
<td>THC, Mariol</td>
<td>Appetite stimulant</td>
<td>Yes</td>
<td>Moderate</td>
<td>Yes</td>
<td>Smoked, oral</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hashish and Hashish Oil</td>
<td>Substance I</td>
<td>Hashi, Hash oil</td>
<td>None</td>
<td>Unknown</td>
<td>Moderate</td>
<td>Yes</td>
<td>Smoked, oral</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Testosterone</td>
<td>Substance III</td>
<td>Depo Testosterone, Sustanon, Stan, Cypt</td>
<td>Hypogonadism</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Injected</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Anabolic Steroids</td>
<td>Substance III</td>
<td>Parabolan, Winstrol, Equipoise, Anadrol, Dianabol, Primobolan-Depo, D-Ball</td>
<td>Anaemia, Breast cancer</td>
<td>Unknown</td>
<td>Yes</td>
<td>Unknown</td>
<td>Oral, injected</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amyl and Butyl Nitrite</td>
<td></td>
<td>Peering, Peppers, Rush, Looker Room</td>
<td>Amphetamines</td>
<td>Unknown</td>
<td>Unknown</td>
<td>No</td>
<td>Inhaled</td>
<td>Flushing, hyperventilation, headache</td>
<td>Methaemoglobinemia</td>
<td></td>
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<tr>
<td>Nitrous Oxide</td>
<td></td>
<td>Laughing gas, balloons, Whippets</td>
<td>Anaesthetic</td>
<td>Unknown</td>
<td>Low</td>
<td>No</td>
<td>Inhaled</td>
<td>Impaired memory, slurred speech, drowsy, behavior, slow onset vitamin deficiency, organ damage</td>
<td>Vomiting, respiratory depression, loss of consciousness, possible death</td>
<td></td>
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<tr>
<td>Other Inhalants</td>
<td></td>
<td>Adhesives, spray paint, hair spray, dry cleaning fluid, spot remover, lighter fluid</td>
<td>None</td>
<td>Unknown</td>
<td>High</td>
<td>No</td>
<td>Inhaled</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alcohol</td>
<td></td>
<td>Beer, wine, liquor</td>
<td>None</td>
<td>Unknown</td>
<td>High</td>
<td>High</td>
<td>Yes</td>
<td>Oral</td>
<td>Impaired memory, slurred speech, drunken behavior, slow onset vitamin deficiency, organ damage</td>
<td>Vomiting, respiratory depression, loss of consciousness, possible death</td>
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Updated 08/2018
### DRUGS OF ABUSE/USES AND EFFECTS

**DRUGS**  | **CDSA SCHEDULES**  | **TRADE OR OTHER NAMES**  | **MEDICAL USES**  | **DEPENDENCE PHYSICAL/Psychological Tolerance**  | **USUAL METHOD**  | **POSSIBLE EFFECTS**  | **EFFECTS OF OVERDOSE**  | **WITHDRAWAL SYNDROME**
---|---|---|---|---|---|---|---|---
**NARCOTICS**

**Heroin**  | Substance I  | Darmorphine, Horse, Smack, Black-Tar, Chine, Naga (black tar)  | None in U.S., Analgesic, Antitussive  | High/High/Yes  | Injected, smoked, sniffed  | Euphoria, shallow breathing, clammy skin, convulsions, coma, possible death  | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, peric, cramps, nausea, chills and sweating

**Morphine**  | Substance II  | MS-Contin, Roxanol, Darvon SR, S & SR  | Analgesic  | High/High/Yes  | Oral, Injected  | Euphoria, respiratory depression, constipated pupils, nausea  | Slow and shallow breathing, clammy skin, convulsions, coma, possible death  | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, peric, cramps, nausea, chills and sweating

**Hydrocodone**  | Substance II, Product III/V  | Hydrocodone w/ Acetaminophen, Vicodin, Vicoprofen, Tussionex, Loral  | Analgesic, Antitussive  | High/High/Yes  | Oral  | Euphoria, respiratory depression, constipated pupils, nausea  | Slow and shallow breathing, clammy skin, convulsions, coma, possible death  | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, peric, cramps, nausea, chills and sweating

**Hydromorphone**  | Substance II  | Dilaudid  | Analgesic  | High/High/Yes  | Oral, Injected  | Euphoria, respiratory depression, constipated pupils, nausea  | Slow and shallow breathing, clammy skin, convulsions, coma, possible death  | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, peric, cramps, nausea, chills and sweating

**Oxycodone**  | Substance II  | Roxicet, OxyContin w/ Acetaminophen, OxyContin, Endocet, Percocet, Percodan  | Analgesic  | High/High/Yes  | Oral  | Euphoria, respiratory depression, constipated pupils, nausea  | Slow and shallow breathing, clammy skin, convulsions, coma, possible death  | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, peric, cramps, nausea, chills and sweating

**Codeine**  | Substance II, Product III/V  | Acetaminophen, Guattansetin, Or Pseudoephedrine w/ Codeine, Peridil, Flexidil or Tylenol w/ Codeine  | Analgesic, Antitussive  | Moderate/Moderate/Yes  | Oral, Injected  | Euphoria, respiratory depression, constipated pupils, nausea  | Slow and shallow breathing, clammy skin, convulsions, coma, possible death  | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, peric, cramps, nausea, chills and sweating

**Other**  | Substance II, III/IV  | Fantasy, Demerol, Methadone, Darvon, Stadol, Talwin, Paregoric, Buprenex  | Analgesic, Antidiarrheal, Antitussive  | High-Low/High-Low/Yes  | Oral, injected, snorted, smoked  | Euphoria, shallow breathing, clammy skin, convulsions, coma, possible death  | Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, peric, cramps, nausea, chills and sweating

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**DRUGS**  | **CDSA SCHEDULES**  | **TRADE OR OTHER NAMES**  | **MEDICAL USES**  | **DEPENDENCE PHYSICAL/Psychological Tolerance**  | **USUAL METHOD**  | **POSSIBLE EFFECTS**  | **EFFECTS OF OVERDOSE**  | **WITHDRAWAL SYNDROME**
---|---|---|---|---|---|---|---|---
**DEPRESSANTS**

**Gamma Hydroxybutyric Acid**  | Substance I, Product III  | GHB, Liquid Ecstasy, Liquid X, Sodium Oxybate, Xyrem  | None in U.S., Anesthetic  | Moderate/Moderate/Yes  | Oral  | Slurred speech, disorientation, drunken behavior without odor of alcohol, impaired memory of events, interacts with alcohol  | Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death  | Anxiety, insomnia, tremors, delirium, convulsions, possible death

**Benzodiazepines**  | Substance IV  | Valium, Xanax, Halcion, Alivan, Restoril, Rohypnol (Roofies, R-Z), Klonopin  | Antianxiety, Sedative, Anti-anxiety, Hypnotic, Muscle Relaxant  | Moderate/Moderate/Yes  | Oral, Injected  | Slurred speech, disorientation, drunken behavior without odor of alcohol, impaired memory of events, interacts with alcohol  | Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death  | Anxiety, insomnia, tremors, delirium, convulsions, possible death

**Other**  | Substance I, III/IV  | Ambien, Sonata, Napropanol, Chloral Hydrate, Barbiturates, Methaqualone (Quaalude)  | Antianxiety, Sedative, Hypnotic  | Moderate/Moderate/Yes  | Oral  | Slurred speech, disorientation, drunken behavior without odor of alcohol, impaired memory of events, interacts with alcohol  | Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death  | Anxiety, insomnia, tremors, delirium, convulsions, possible death

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**DRUGS**  | **CDSA SCHEDULES**  | **TRADE OR OTHER NAMES**  | **MEDICAL USES**  | **DEPENDENCE PHYSICAL/Psychological Tolerance**  | **USUAL METHOD**  | **POSSIBLE EFFECTS**  | **EFFECTS OF OVERDOSE**  | **WITHDRAWAL SYNDROME**
---|---|---|---|---|---|---|---|---
**STIMULANTS**

**Cocaine**  | Substance II  | Coke, Flake, Snow, Crack, Coca, Blance, Perico, Nieve, Soda  | Local anaesthetic  | Possible/High/Yes  | Smoked, snorted, injected  | Increased alertness, excitement, euphoria, increased pulse rate & blood pressure, numbness, loss of appetite  | Agitation, increased body temperature, hallucinations, convulsions, possible death  | Apathy, long periods of sleep, irritability, depression, disorientation

**Amphetamines/Methamphetamine**  | Substance II  | Crank, Ice, Crystal, Crystal Meth, Speed, Adderall, Dexedrine, Desoxyn  | Attention deficit/ hyperactivity disorder, narcolepsy, weight control  | Possible/High/Yes  | Oral, Injected, snorted  | Increased alertness, excitement, euphoria, increased pulse rate & blood pressure, numbness, loss of appetite  | Agitation, increased body temperature, hallucinations, convulsions, possible death  | Apathy, long periods of sleep, irritability, depression, disorientation

**Methylphenidate**  | Substance II  | Ritalin (Illy's), Concerta, Focalin, Metadate  | Attention deficit/ hyperactivity disorder  | Possible/High/Yes  | Oral, Injected, snorted, smoked  | Increased alertness, excitement, euphoria, increased pulse rate & blood pressure, numbness, loss of appetite  | Agitation, increased body temperature, hallucinations, convulsions, possible death  | Apathy, long periods of sleep, irritability, depression, disorientation

**Other**  | Substance III, IV  | Adipex, P, Ionamin, Prolu-2, Didrex, Provigil  | Vasoconstriction  | Possible/Moderate/Yes  | Oral  | Increased alertness, excitement, euphoria, increased pulse rate & blood pressure, numbness, loss of appetite  | Agitation, increased body temperature, hallucinations, convulsions, possible death  | Apathy, long periods of sleep, irritability, depression, disorientation

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Continued

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Staffing

*Denote a department or member of the Student Care Team

**Executive Director and Chief Conduct Officer***: Formally the Dean of Students, this position is responsible for areas governing the reduction of a normative environment including Housing & Residence Life, New Student Orientation, and the Center for Student Engagement, which includes Student Activities, Student Leadership and Involvement, Nanook Diversity and Action Center, and more. The Executive Director and Chief Conduct Officer also supervises, interprets, and enforces the student code of conduct with the assistance of hearing officers.

**The Student Health and Counseling Center***: The Student Health and Counseling Center serves eligible students at UAF by providing general health care and laboratory services as well as mental health services. This includes after-hours counseling services for students who need
immediate mental health care. In addition to these services, the clinic can also offer resources and referrals for students impacted by drug and/or alcohol use.

**Center for Student Engagement:** The Center for Student Engagement houses a variety of departments focused on providing engaging and community building events on campus. These departments include, though is not limited to: Student Activities Office, Student Leadership and Involvement, and the Nanook Diversity and Action Center. These events build community while promoting safe alternative activities on campus during evenings and weekends. The Nanook Diversity and Action Center provides prevention programs including bystander intervention, suicide prevention, and alcohol and drug misuse prevention.

**New Student Orientation:** This experience, which is open to first year students, helps create a normative substance free environment while teaching community standards and the student code of conduct. Additionally, it provides safe alternative activities during the transition period of students settling into campus life.

**Residence Life:** Residence Life staff (including the Director, Associate Director, Resident Directors, and more) uphold community standards, enforce drug and alcohol policies, recognize students of concern, and act as an officer for compliance with substance related sanctions resulting from student conduct outcomes. Residence Life staff creates a substance free environment for students under 21 by providing floorplans and dorms which are designated for this population. Additionally, the Residence Life staff works to provide alternative activities that build community and promote substance free experiences.

**The Student Care Team:** The purpose of the Student Care Team is to evaluate students of concern and provide positive, early intervention, including students who may experience substance use and/or abuse. Team members include UAF staff positions from diverse backgrounds and experiences who can effectively assist the student of concern.

**Distance Campus Directors and Coordinators:** While not located on the main campus, the Directors and Coordinators of the various distance campuses housed under the University of Alaska Fairbanks are integral parts of the Alcohol and Drug prevention programs and policies, including enforcement for students engaging with the campus community online or at distance locations. All University policies apply on each of the UAF campuses and resources are available to all students, regardless of location.

**Funding**

The positions noted above are funded with a combination of general funds and auxiliary funds, and are at this time adequately funded.
**History on Alcohol and Other Substances at UAF**

In 1965, UAF president Ernest Patty passed a campus-wide ban on alcohol. Campus prohibition lasted for 16 years until 1981 in which it was lifted. Since then, policies and procedures have been continuously refined to promote and maintain a safe environment. Revised last in October of 2010, UAF Alcohol Beverage Policy (UAF Policy 05.12.001) requires compliance with state laws and sensitivity to the public's perception of the University when serving alcohol beverages at events on campus, or at UAF events located off-campus.

Ultimately, the sale and dispensing of alcohol beverages is regulated by the State of Alaska Alcoholic Beverage Control (ABC) Board. An ABC permit is required when alcohol is served at a UAF supported event. When a UAF supported event on or off campus requires an ABC permit, the permit application must be approved by the Director for Auxiliary, Recharge and Contract Operations (as the Chancellor's designee).

Non-compliance can lead to arrest, fines and are subject to the student code of conduct process. The UAF Police Department can terminate an event if the ABC permit is not displayed, if alcohol is served by anyone that does not have an approved alcohol server education card, or if alcohol is served to anyone under the age of 21. The university can take additional actions as deemed necessary.

The University of Alaska Fairbanks maintains a tobacco and drug free establishment.

Students of concern, including those who have been identified as using and/or abusing substances, are reported to the Student Care Team and the proper authorities for resources, intervention and correction.
Substance Free Dorms: Freshman housing provides a substance free environment and can be available to students under 21 upon request depending on availability.

Trainings and Education: Students who are 24 years or younger at the start of the semester, or living in campus housing, are required to complete an interactive alcohol training, AlcoholEdu. Students who do not complete this training receive a temporary hold on priority registration as well as the possibility of other sanctions. Additionally, events that are educational in nature are provided by a variety of departments throughout the year. For example, National Collegiate Alcohol Awareness Week occurs annually on campus and is composed of a variety of educational and awareness raising events on campus.

Events on Campus: Numerous events on campus are designed to build community while promoting a safe alternative activity on campus during evenings and weekends. Events in which alcohol will be available for consumption are clearly labeled as 21+ events, with underage alternative or similar substance free experiences usually being provided.

Student Clubs, Boards, and Organizations: UAF supports a variety of student clubs, boards, and organizations on campus annually. Many of these organizations provide late-night, alcohol-free campus events throughout the year. Additionally, clubs, boards, and organizations are expected to attend required trainings and uphold community standards.

Wellness and Community Fairs: Departments regularly host wellness and community fairs which showcase campus and community resources, including organizations related to alcohol and/or substance abuse education and recovery.
ALCOHOL AND OTHER DRUG INFORMATION AND AVAILABLE SERVICES

Programs

OrgSync:
https://orgsync.com/login/university-of-alaska-fairbanks

OrgSync connects you to UAF, student life, club events and your community. Find Organizations & Activities, join up with the organizations you are already a member of or find out what else is going on in your area. Stay Connected, receive texts, updates, and grab information on your mobile about the activities and events you want.

Strength: Accessible to campus, single platform for all programming and easily updated for live events and changes.

Weakness: Must have access to the internet which can be challenging for our community at times. This platform is only utilized on the Fairbanks campus and not our branch campuses. Clubs not updating their pages hinders involvement and willingness to utilize this platform.

National Collegiate Alcohol Awareness Week:

Colleges and universities across the nation are sponsoring programs, forums, and educational initiatives aimed at raising awareness of alcohol issues on campus. Students and administrators collaborate to design programs and dialogues that encourage safety and personal responsibility when alcohol is concerned. Held each year during the third week of October, National Collegiate Alcohol Awareness week aims to bring attention to the serious public health issues posed by excessive drinking among college student during a part of the academic calendar that is marked by football games, homecoming weekends, and other large celebrations on many campuses.

Strength: Targeted focus of student athletes and risks of drinking. Scheduling is consistent and predictable for others to help and collaborate.

Weakness: Marketing and advising across campus is a barrier to the program’s success. Implementation of prevention programs revolve around highly attended school spirit activities, these are not a norm on the UAF main campus or branch campuses.

AlcoholEDU:

All degree-seeking students and any student living on campus under the age of 25 are required to complete Part 1 of AlcoholEdu. Failure to be in compliance results in a priority registration hold on the ability to register for the following semester until Part 1 of the online module is complete.
Strength: Online platform with consistent messaging. Training ensures basic level of knowledge regarding drinking behaviors. Generates an ability to obtain anonymous statistics to gain a better understanding of drinking/ drug behaviors on campus.

Weakness: Platform is developed for traditional college students, misses the mark for our older population who may be struggling with alcohol/ drug abuse. This platform utilizes the internet, which is a challenge in the Fairbanks and branch campus communities. Technology issues with the offering of the training provided barriers and inconsistent training opportunities for the state.

Alcohol Awareness:

Alcohol Awareness/Problem Drinking Prevention

https://www.uaf.edu/police/crime-prevention/alcohol-awareness/

This program is a multifaceted one that works toward helping students identify why they drink, how it affects themselves, their education, and their achievement of goals, and gives tools and alternatives to establish better habits and behaviors that will last their entire lives. The end goal is to reduce drinking and mitigate the end results of alcohol abuse.

Targeted audience- Residential students, freshman, and recent 21 year olds.

Broad-based campus-wide campaign with posters, meeting, training sessions, and intervention programs.

Goal of the program- To highlight and educate UAF students on problem drinking behaviors and offer immediate alternatives whenever possible. Students who binge drink, or are around those who do, are more likely to not attend classes after drinking, have low GPAs, lose financial aid or student employment eligibility and drop out of school. By working with students and staff, the goal is to enable students to realize the destructive nature of this problem, provide methods, tools and referral information to reduce or eliminate the behavior or trigger mechanisms that lead to binge or problem drinking, and reduce the negative academic and social impact to the individuals and the campus.

Strength: In person training on the effects of alcohol.

Weakness: Program is not highly publicized.

21st Birthday Project:

Each month students who will be turning 21 that month receive a birthday card from the Center for Student Engagement which includes tips for celebrating safely. Students can bring their card into The Pub on campus and receive free food. Students are prompted to complete a survey to inform the Center for Student Engagement how they chose to celebrate their 21st birthday.

Strength: Promotes healthy alcohol consumption and campus involvement.

Weakness: Geared towards students on UAF main campus mainly and does not include all students.
Social Norms Campaign:

The Nanook Diversity and Action Center distributes the Core Survey annually. Findings from this survey and AlcoholEdu surveys provide information which is compiled into a social norms campaign regarding student alcohol and drug use on campus.
DRUG & ALCOHOL RESOURCES

Students

The University of Alaska Fairbanks offers numerous health education seminars, workshops, and events to increase student knowledge on drugs and alcohol. This includes, though it is not limited to:

- **AlcoholEdu**: an interactive, online training program designed to inform students about how alcohol impacts the body, mind, perceptions, and behaviors
- **National Collegiate Alcohol Awareness Week**: a series of events and programs scheduled during the week which are designed as an effort to reduce the problems associated with alcohol abuse on college campuses
- **Social Norms Campaigns**: a campaign which utilizes a variety of methods to correct negative misconceptions, and promote health behaviors

Employees

Employees experiencing substance abuse-related issues are strongly encouraged to seek confidential counseling services. The University of Alaska employee health insurance program contains benefits for some inpatient and outpatient treatment.

The Deer Oaks Employee Assistance Program is a free service provided for employees and their dependents and it offers a wide variety of counseling, referral, and consultation services that are completely confidential.

Deer Oaks Employee Assistance Program

1-888-993-7650

www.deeroakseap.com

Additional Counseling & Treatment Resources

The following resources are available to students and/or employees:

(An * indicates resources that are available to students only.)

**Bethel Area**

- Alcoholics Anonymous (907) 235-6822
- Bristol Bay Area Health corporation 1-866-651-6885
- Yukon Kuskokwim Health Corporation 1-866-651-6885

**Dillingham Area**

- Alcoholics Anonymous (907) 235-6822
- Bristol Bay Area Health Corporation 1-866-651-6885
- Yukon Kuskokwim Health Corporation 1-866-651-6885
Fairbanks
- Alaska Monitoring Services (907) 374-9173
- Alcoholics Anonymous (844) 751-4393
- Al-Anon & Alateen (907) 456-6458
- Fairbanks Native Association (907) 374-7776
- Fresh Start (907) 452-1648
- Ideal Option (877) 522-1275
- Narcotics Anonymous (907) 277-5483
- Oxford House (907) 479-2171
- Ralph Perdue Center (907) 452-6251
- UAF Behavioral Intervention Team (907) 474-7317*
- UAF Department of Psychological Center (907) 474-7007*
- UAF Student Health & Counseling Center (907) 474-7043*

Kotzebue Area
- Alcoholics Anonymous (907) 283-5722
- Ambler Clinic (907) 445-2129
- Esther Barger Memorial Health Clinic (907) 485-2162
- Kiana Clinic (907) 475-2199
- Kivalina Clinic (907) 645-2141
- Kobuk Clinic (907) 948-2218
- Maniilaq Association 1-800-478-3312 or (907) 422-3321
- Pauline AlItchaq Barr Health (907) 363-2177
- Point Hope Clinic (907) 368-2234
- Sall Harvey Memorial Clinic (907) 636-2103
- Selawik Clinic (907) 484-2199
- Shungnak Clinic (907) 437-2138
- Tigautchiaq Amainiq Health Clinic (907) 494-2122

State and National Resources
- Narcotics Anonymous Toll Free (855) 258-6329
- National Institute on Drug Abuse Hotline (800) 662-HELP
- NIH Toll Free (800) 654-4673
- Substance Abuse and Mental Health Services Administration 1-800-662-4357
- Tobacco Quit Program (907) 966-8721
APPLICABLE LOCAL LAWS AND PENALTIES

Applicable local alcohol and drug laws and ordinances are in accordance with state statutes but may be subject to change with the passage and implementation of possible new laws. Local laws and ordinances for the following locations may be found online:

- City of Fairbanks: [www.fairbanksalaska.us/city-council/council-ordinances](http://www.fairbanksalaska.us/city-council/council-ordinances)
- City of Bethel: [www.cityofbethel.org](http://www.cityofbethel.org)
- City of Bristol Bay: [www.codepublishing.com/AK/BristolBayBorough](http://www.codepublishing.com/AK/BristolBayBorough)
- City of Nome: [www.codepublishing.com/AK/Nome](http://www.codepublishing.com/AK/Nome)

The following is a summary of some pertinent state laws concerning controlled substances, and is subject to change. If you have questions concerning the actual provisions, scope, application, or penalties of the law, you should consult legal counsel. The most current information on State of Alaska laws is available at [http://3 legis.state.ak.us](http://www.3 legis.state.ak.us). In addition to criminal penalties, civil consequences may also occur for illegal activity involving controlled substances, including drugs, tobacco, and alcohol.

### Schedule A Title 11 Drugs

<table>
<thead>
<tr>
<th>Schedule</th>
<th>Drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Opium, Codeine, Heroin, Methadone, Hydromorphone, Percodan, Demerol.</td>
</tr>
<tr>
<td>IIA</td>
<td>Cocaine, Amphetamines, LSD, Mescaline, Peyote, PCP, Methaqualone (Quaalude), Phenobarbital, Psilocybin</td>
</tr>
<tr>
<td>IIA</td>
<td>Hashish, Barbiturates, imitation controlled substance</td>
</tr>
<tr>
<td>IVA</td>
<td>Tranquilizers (Valium and Librium), and Darvon</td>
</tr>
<tr>
<td>VA</td>
<td>Small amounts of Codeine or Opium in non-narcotic mixtures</td>
</tr>
<tr>
<td>VIA</td>
<td>Marijuana</td>
</tr>
</tbody>
</table>

### Offense Policy

<table>
<thead>
<tr>
<th>Controlled Substance, AS 11.71</th>
<th>Penalty</th>
</tr>
</thead>
<tbody>
<tr>
<td>First-degree Misconduct Involving a Controlled Substance</td>
<td>Delivering any amount of a schedule I, II, or III drug to someone who is under 19 and at least three years younger, or engaging in an organized drug enterprise</td>
</tr>
<tr>
<td>Second-degree Misconduct Involving a Controlled Substance</td>
<td>Manufacturing, delivering, or possessing with intent to manufacture or deliver: 1 g or ≥25 tablets of schedule I/VA drug; or ≥2.5 g or ≥50 tablets of a schedule I/VA or II/VA drug; or Possessing any amount of a schedule I/VA or II/VA drug near a school; or Manufacturing or possessing methamphetamine-related materials</td>
</tr>
<tr>
<td>Third-degree Misconduct Involving a Controlled Substance</td>
<td>Manufacturing, delivering, or possessing with intent to manufacture or deliver: any amount of a schedule I VA or VA drug; or Possessing any amount of a schedule I/VA, I/IV, IVA, or VI/VA drug near a school; or Obtaining a controlled substance by misrepresentation, fraud, forgery, deception, or subterfuge; or Manufacturing, delivering, or possessing with the intent to manufacture or deliver any amount of a schedule I, I/II, or II/IIA drug</td>
</tr>
<tr>
<td>Fourth-degree Misconduct Involving a Controlled Substance</td>
<td>Under circumstances not otherwise proscribed, possessing any amount of a schedule I, II, IIIA, IVA, VA, or VI/VA drug</td>
</tr>
</tbody>
</table>

### Tobacco, AS 11.76.100

<table>
<thead>
<tr>
<th>Tobacco Offense</th>
<th>Penalty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Furnishing to Persons Under 19</td>
<td>Exchanging or giving a cigarette, cigar, tobacco, or a product containing tobacco to a person under 19.</td>
</tr>
<tr>
<td>Possession Under 19</td>
<td>Possession of cigarettes, cigar, tobacco, or a product containing tobacco in this state.</td>
</tr>
<tr>
<td><strong>OFFENSE</strong></td>
<td><strong>PENALTY</strong></td>
</tr>
<tr>
<td>-------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Personal use of Marijuana</td>
<td>A person under 21 years old possessing, using, displaying, purchasing, or transporting marijuana.</td>
</tr>
<tr>
<td>A person 21 or over possessing, growing, processing more than 5 plants, or a household of individuals 21 or over possessing, processing more than 12 plants</td>
<td>$750</td>
</tr>
<tr>
<td>Public Consumption of Marijuana</td>
<td>It is unlawful for any person to publicly consume marijuana</td>
</tr>
<tr>
<td>False Identification</td>
<td>A person under 21 presenting or offering to a marijuana establishment a false age for the purpose of purchasing or procuring marijuana products</td>
</tr>
<tr>
<td>Cultivation of Marijuana Plants</td>
<td>When legally cultivated, marijuana plants shall be cultivated in an area where they are not subject to public view, and A person who cultivates marijuana must take reasonable precautions to secure the plants from unauthorized access</td>
</tr>
<tr>
<td>Marijuana Accessories</td>
<td>It is unlawful for persons under 21 to manufacture, possess, purchase, or distribute marijuana accessories</td>
</tr>
</tbody>
</table>

**Alcoholic Beverages, AS 4.16**

<table>
<thead>
<tr>
<th><strong>SALES AND DISTRIBUTION</strong></th>
<th><strong>MANUFACTURE, SELL, BARER, OR OFFER OR POSSESS FOR SALE WITHOUT LICENSE OR PERMIT</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>$10,000 + 0.1 years</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>ACCESS OF PERSONS UNDER 21 TO LICENSED PREMISES</strong></th>
<th><strong>KNOWINGLY ENTER OR REMAIN ON LICENSED PREMISES WITHOUT APPROPRIATE COMPANION OR CONSENT IF UNDER 21</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Violation + $500</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>POSSESSION, CONTROL, OR CONSUMPTION UNDER 21 (FIRST OFFENSE)</strong></th>
<th><strong>KNOWINGLY CONSUME OR POSSESS IF UNDER 21</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Violation + $500</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>FURNISHING TO PERSONS UNDER 21</strong></th>
<th><strong>PURCHASE OR SOLICIT ANOTHER TO PURCHASE OR INDUCE ANOTHER TO PROVIDE IF UNDER 21</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>$25,000 + 30 days</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>PURCHASE OR SOLICIT ANOTHER TO PURCHASE OR INDUCE ANOTHER TO PROVIDE IF UNDER 21 (REPEAT OFFENSE)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>$50,000 + 0-5 years</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>PURCHASE OR SOLICIT ANOTHER TO PURCHASE OR INDUCE ANOTHER TO PROVIDE IN UNDER 21 AND MINOR CAUSES INJURY OR DEATH TO ANOTHER</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Class C Felony $50,000 + 0-5 years</td>
</tr>
</tbody>
</table>

**Motor Vehicles, AS 28.39**

<table>
<thead>
<tr>
<th><strong>OPERATING A MOTOR VEHICLE UNDER THE INFLUENCE (DUI)</strong></th>
<th><strong>OPERATING A MOTOR VEHICLE, AIRCRAFT, OR WATERSCRAFT WHILE UNDER THE INFLUENCE OF AN ALCOHOLIC BEVERAGE, INHALANT, OR CONTROLLED SUBSTANCE (FIRST OFFENSE)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>A Misdemeanor $1,500 (min) + 30-day loss of license + 180-day ignition interlock device</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>SECOND OFFENSE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>$3,000 + 1 year loss of license + 1 year ignition interlock device</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>THIRD OFFENSE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>A Felony $10,000 fine + Loss of license for life + 60-month ignition interlock device</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>BREATH TEST REFUSAL</strong></th>
<th><strong>REFUSE TO SUBMIT TO A CHEMICAL BREATH TEST AT THE REQUEST OF A LAW OFFICER IF ARRESTED FOR DUI (UNDER 21)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,500 (max) + Community Service + 30-day loss of license</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>REFUSE TO SUBMIT TO A CHEMICAL BREATH TEST AT THE REQUEST OF A LAW OFFICER IF ARRESTED FOR DUI</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Felony Offense $10,000 (min) + 120 days jail (min) + Loss of license for life + 60-month ignition interlock device</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>OPEN CONTAINER</strong></th>
<th><strong>DRIVE WITH AN OPEN CONTAINER OF ALCOHOLIC BEVERAGE IN MOTOR VEHICLE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>$200</td>
<td></td>
</tr>
</tbody>
</table>
ALCOHOL AND DRUG RELATED VIOLATIONS

Alcohol and Drug Violations Two Year Comparison

The chart below shows a comparison the number of alcohol and/or drug violations where a student was found responsible on the fairbanks campus between June 2016 – June 2017 and June 2017 – June 2018.

During the 2016-2017 academic year, there were 232 responsible drug and/or alcohol violations at UAF. During the 2017-2018 academic year, there were 175 responsible drug and/or alcohol violations at UAF.
DISCIPLINARY PROCEDURES AND SANCTIONS FOR STUDENTS AND EMPLOYEES

Students and employees found responsible for misuse of alcohol or other intoxicants or drugs will have disciplinary sanctions imposed following a review process. Additionally, student conduct violating federal, state, or local laws may be referred for prosecution.

Students

In determining appropriate university sanctions, a student’s present and past disciplinary record, the nature of the offense, the severity of any damage, injury, or harm resulting from the prohibited behavior, and other factors relevant to the matter will be considered. The following list of sanctions is an illustrative rather than exhaustive list of disciplinary measures that may be taken by Residence Life staff, the Center for Student Rights and Responsibilities, the Chancellor, and designated community campus personnel:

- **Warning**: A written notice that the student is violating or has violated the Code, and that further misconduct may result in more severe disciplinary action.

- **Probation**: A written warning that includes the probability of more severe disciplinary sanctions if the student is found to be violating the Code during a specified probationary period.

- **Denial of Benefits**: Specific benefits may be denied a student for a designated period of time.

- **Restitution**: A student may be required to reimburse the University or other victims related to the misconduct for damage to or misappropriation of property, or for reasonable expenses incurred.

- **Discretionary Sanction**: Discretionary sanctions include community service work or other uncompensated labor, educational classes, research papers, reflective essays, counseling, or other sanctions that may be seen as appropriate to the circumstances of a given matter. Costs incurred by the student in fulfilling a discretionary sanction will be the responsibility of the student.

- **Restricted Access**: A student may be restricted from entering certain designated areas and/or facilities or from using specific equipment for a specified period of time.

- **Suspension**: The separation of the student from the University for a specified period of time, after which the student may be eligible to return. During the period of suspension, the student may be prohibited from participation in any activity authorized by the University and may be barred from all property owned or controlled by the University.

- **Expulsion**: Expulsion is considered to be the permanent separation of the student from the University. The student may be prohibited from participation in any activity authorized by the University and may be barred from property owned or controlled by the University.

- **Group Sanctions**: Student groups or organizations found to have violated provisions of the Code may be put on probation or sanctioned, which may include loss of University-related benefits and access to University facilities and University-held funds.
The University reserves the right to create other reasonable sanctions or combine sanctions as it deems appropriate in an effort to help support and encourage our students to make positive decisions.

The following charts outline specific sanctions for violations depending on substance use and number of offenses. These charts are to be used as a basic guide as the University reserves the right to create other reasonable sanctions or combine sanctions as it deems appropriate.

**Alcohol and Marijuana Violation**

| **1<sup>st</sup> Offense** | **Possible Sanctions:** 4 month disciplinary probation and possible discretionary sanction  
**Required Educational Sanction:** online alcohol or drug education class  
**Fee:** $100  
**Parent Notification:** Yes, if the student is under 21 years of age. |
|---|---|
| **2<sup>nd</sup> Offense** | **Possible Sanctions:** 8 month extended disciplinary probation, possible discretionary sanction, and warning that any further instances of student misconduct may result in major sanctions.  
**Required Educational Sanction:** Alcohol or Drug Education Program Class, 3<sup>rd</sup> Millennium online class, Police Education Referral Program (PERP), 3<sup>rd</sup> Millennium online classes (2)  
**Housing Status:** Possible housing contract termination or possible housing relocation  
**Fee:** $150  
**Parent Notification:** Yes, if the student is under 21 years of age. |
| **3<sup>rd</sup> Offense** | **Possible Sanctions:** 12 month extended disciplinary probation, possible discretionary sanction, and warning that any further instances of student misconduct may result in major sanctions.  
**Required Educational Sanction:** Meeting with Center for Student Rights and Responsibilities  
**Housing Status:** Termination of housing and restricted access from all residential communities  
**Student Status:** Placed on final notice for major sanctions  
**Fee:** $200  
**Parent Notification:** Yes, if the student is under 21 years of age. |
| **4<sup>th</sup> Offense** | **Possible Sanctions:** 24 month disciplinary probation upon reenrollment  
**Required Educational Sanction:** Obtain a Substance Abuse Assessment off campus and Complete Recommendations for treatment  
**Student Status:** Suspended for 2 years, required to submit a request to reenroll  
**Parent Notification:** Yes, if the student is under 21 years of age. |
Note: If student is found responsible for both alcohol and marijuana violations during the same incident, they would be assigned sanctions for both an alcohol and a marijuana violation. In order to help address more specific needs of the student and address individual situations a 3rd millennium course may be implemented in place of the typical options above.

**Personal Use of Other Drugs**
*(Cocaine, Methamphetamines, LSD, etc.)*

<table>
<thead>
<tr>
<th>Offense</th>
<th>Possible Sanctions</th>
<th>Required Educational Sanction</th>
<th>Housing Status</th>
<th>Fee</th>
<th>Parent Notification</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Offense</td>
<td>12 months of disciplinary probation and warning that any further instances of student misconduct may result in major sanctions.</td>
<td>Meeting with Center for Student Rights and Responsibilities and completion of the online drug education class, Other Drugs.</td>
<td>Termination of housing</td>
<td>$100</td>
<td>Yes, if the student is under 21 years of age</td>
</tr>
<tr>
<td>2nd Offense</td>
<td>Two-year suspension with 24 months of disciplinary probation upon re-enrollment</td>
<td>Obtain a Substance Abuse Assessment off campus and comply with recommendations from treatment</td>
<td>Suspended for 2 years, required to submit a request to reenroll</td>
<td>$150</td>
<td>Yes, if the student is under 21 years of age</td>
</tr>
</tbody>
</table>

**Misuse of Prescription Drugs, Illegal Possession of Prescription Drugs, abuse of over-the-counter Drugs, Mushroom, Spice**

<table>
<thead>
<tr>
<th>Offense</th>
<th>Possible Sanctions</th>
<th>Required Educational Sanction</th>
<th>Fee</th>
<th>Parent Notification</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Offense</td>
<td>12 months of disciplinary probation, possible discretionary sanction, and warning that any further instances of student misconduct may result in major sanctions.</td>
<td>Follow-up meeting one month after the initial screening; Completion of online Drug Education class (max 3).</td>
<td>$100</td>
<td>Yes, if the student is under 21 years of age</td>
</tr>
<tr>
<td>2nd Offense</td>
<td>12 months extended disciplinary probation</td>
<td>Completion of alcohol/drug education class (max 3).</td>
<td>$150</td>
<td>Yes, if the student is under 21 years of age</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Offense</td>
<td><strong>Possible Sanctions:</strong> Two-year suspension with 24 month disciplinary probation upon reenrollment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>----------------------</td>
<td>---------------------------------------------------------------------------------------------</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Required Educational Sanction:</strong></td>
<td>Obtain an off-campus substance abuse assessment and comply with any recommendations from treatment.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Student Status:</strong></td>
<td>Suspended for 2 years, required to submit a request to reenroll</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Parent Notification:</strong></td>
<td>Yes, if the student is under 21 years of age</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Sale or Distribution of Marijuana, Edibles, Prescription Pills or Mushrooms**

<table>
<thead>
<tr>
<th>1&lt;sup&gt;st&lt;/sup&gt; Offense</th>
<th><strong>Possible Sanctions:</strong> 12 months of disciplinary probation, possible discretionary sanction, and warning that any further instances of student misconduct may result in major sanctions.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Required Educational Sanction:</strong></td>
<td>Meeting with Center for Student Rights and Responsibilities and completion of the online marijuana education class.</td>
</tr>
<tr>
<td><strong>Housing Status:</strong></td>
<td>Termination of housing and restricted access from all residential communities.</td>
</tr>
<tr>
<td><strong>Fee:</strong></td>
<td>$100</td>
</tr>
<tr>
<td><strong>Parent Notification:</strong></td>
<td>Yes, if the student is under 21 years of age</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2&lt;sup&gt;nd&lt;/sup&gt; Offense</th>
<th><strong>Possible Sanctions:</strong> Two-year suspension with 24 months of disciplinary probation upon re-enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Required Educational Sanction:</strong></td>
<td>Obtain an off-campus substance abuse assessment and comply with any recommendations from treatment.</td>
</tr>
<tr>
<td><strong>Student Status:</strong></td>
<td>Suspended for 2 years, required to submit a request to reenroll</td>
</tr>
<tr>
<td><strong>Parent Notification:</strong></td>
<td>Yes, if the student is under 21 years of age</td>
</tr>
</tbody>
</table>

**Sale or Distribution or Other Drugs**

*(Cocaine, Methamphetamines, LSD, etc.)*

<table>
<thead>
<tr>
<th>1&lt;sup&gt;st&lt;/sup&gt; Offense</th>
<th><strong>Possible Sanctions:</strong> Two-year suspension with 24 months of disciplinary probation upon re-enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Required Educational Sanction:</strong></td>
<td>Obtain an off-campus substance abuse assessment and comply with any recommendations from treatment.</td>
</tr>
<tr>
<td><strong>Student Status:</strong></td>
<td>Suspended for 2 years, required to submit a request to reenroll</td>
</tr>
</tbody>
</table>
Educational/Discretionary Sanctions must be completed within three weeks of being assigned. If the sanction is not completed in the allotted time frame, then a registration hold will be placed on the student’s account.

**Employees**

Violation of standards of conduct will result in disciplinary action. Sanctions may include, but are not limited to, the following actions, which may be taken in any order as deemed appropriate by the University:

- Verbal or written reprimand
- Suspension of work with or without pay
- A period of provisional employment
- Termination for cause
- Referral for prosecution
- Required participation in a drug abuse assistance or rehabilitation program
- Follow up testing may be done if appropriate See R04.02.040, R04.02.050.

The goal of the student conduct process is to educate our students and help them develop tools to take throughout their life. Based on the situation and opportunity for growth, conduct administrators may deviate slightly from the matrix in an effort to serve the students where they are.
ALCOHOL AND DRUG VIOLATION SANCTIONS AND CONSISTENCY

Alcohol and Drug Related Violation Sanctions

The chart below shows a comparison the number of sanctions given to responsible alcohol and/or drug violations to a student on the Fairbanks campus between June 2016 – June 2017 and June 2017 – June 2018.

During the 2016-2017 academic year, there were 545 sanctions given for the 232 responsible drug and/or alcohol violations at UAF. During the 2017-2018 academic year, there were 525 sanctions given for the 175 responsible drug and/or alcohol violations at UAF.
Sanction Numbers

The highlighted columns are the columns that fit the sanction matrix.

<table>
<thead>
<tr>
<th>Sanction Description</th>
<th>2016</th>
<th>2017</th>
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<tr>
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The goal of the student conduct process is to educate our students and help them develop tools to take throughout their life. Based on the situation and opportunity for growth, conduct administrators may deviate slightly from the matrix in an effort to serve the students where they are.
ANALYSIS OF EFFICIENCY OF ALCOHOL AND OTHER DRUGS USE AND ABUSE EFFORTS

Effectiveness.

Out of the 544 sanctions given 359 were consistent with the matrix. The matrix was 66% accurate representing sanctioning for DOA responsible cases for the 2016 academic year.

Out of the 525 sanctions given 449 were consistent with the matrix. The matrix was 86% accurate representing sanctioning for DOA responsible cases for the 2017 academic year.

*Additional sanctions are placed on cases if sanctions are not completed and if other policy violations occurred.

Through transparency of the sanctioning matrix, education of the consequences and access to alternative programming, we saw the overall rate of drinking violations on campus reduced.

Recidivism with AOD Violations

For the 2016 academic year 15.2% of students had multiple responsible drug or alcohol violations during the 2016 academic year.

For the 2017 academic year 14.2% of students had multiple responsible drug or alcohol violations during the 2017 academic year.

5.1% of students who had a responsible drug or alcohol violation in the 2016 academic year also had a responsible drug or alcohol violation in the 2017 academic year. 94.9% of students who were found responsible for a drug or alcohol violation in the 2016 academic year did not have a reoccurring drug or alcohol violation in the 2017 academic year.
ALCOHOL AND DRUG PROGRAM AND POLICY RECOMMENDATIONS

1.) A grant that promotes continuing education and healthy lifestyles refer to Appendix E
2.) Review and implementation of a statewide alcohol and drug policy to create a standard of conduct across the UA system.
3.) Utilize reports gained from the CORE Survey (Spring 2018) to guide prevention programming and address campus attitude toward alcohol and drugs.
4.) Focus on trainings and resources available to branch campuses.
5.) Continued partnership with Nanook Diversity and Action Center to provide prevention programming and positive alternatives to drinking.
6.) Adapting training modules to be campus specific and catered to meet the needs of our students. (ie evaluate Haven/ AlcoholEDU for effectiveness and future implementation)
7.) Utilization of Maxient to identify problematic times and locations leading to alcohol violations and implementation of positive alternatives for activities during those high risk times.
Appendix A: UAF Residence Life Alcohol and Drug Policy

RESPONSIBLE USE OF RESIDENTIAL SPACE AND PROPERTY

You are responsible for creating an environment that promotes the academic mission of the University. This includes maintaining a respectful and responsible treatment of residential space and property, upholding the visitation policies in the residential communities, and being held responsible for your visitors and guests’ behavior.

Alcohol and Substance Free Housing

UAF is committed to maintaining a healthy and safe academic community that reflects high standards of personal responsibility and behavior. We do our best to accommodate requests to live with a substance free roommate. The following residence halls are substance free:

- Moore Hall
- Skarland Hall

Alcohol Policy

- Residents and guests are expected to follow state laws and University regulations related to alcohol use and possession. Residents and guests under 21 years of age may not be in the same room or apartment as an open container of alcohol.
- If alcohol is found in residential facilities, it is considered to be in resident’s possession. In all residential areas, any alcoholic beverages possessed in violation of UAF regulations will be confiscated and disposed of by Residence Life staff.
- Alcohol must be confined to individual rooms, suites, and apartments. The consumption of alcohol is not permitted in or on public and common areas, including hallways, lounges, lobbies, and porches.
- Displays of alcohol or alcohol containers are permitted for residents of legal age, as long as displays are not in public view (able to be viewed by someone outside the room or apartment or through a window). Underage residents or residents of substance-free halls may not display containers that once held alcohol.
- The sale of alcoholic beverages to a person by another individual on campus is prohibited.
- Use of common sources of alcohol, including but not limited to kegs, party balls, beer pong, trashcans, and punch bowls is prohibited.
- In order to transport alcohol into halls residents must live in that particular building, and not be perceptibly under the influence of alcohol.
Alcohol in Common Areas

Alcohol must be confined to individual rooms, suites, and apartments. The consumption of alcohol is not permitted in or on public and common areas, including hallways, lounges, lobbies, and porches.

Alcohol Containers and Displays

Displays of alcohol or alcohol containers are permitted for residents of legal age, as long as displays are not in public view (able to be viewed by someone outside the room or apartment or through a window). Underage residents or residents of substance-free halls may not display containers that once held alcohol.

Alcohol Distribution

The sale of alcoholic beverages to a person by another individual on campus is prohibited.

Alcohol Transport into Halls In order to transport alcoholic beverages into a residence hall or student apartment, students must:

- Be of legal age (21 in Alaska).
- Live in that particular building/apartment.
- Not be perceptibly under the influence of alcohol, marijuana, or other illegal drugs.
- Alcoholic beverages and non-alcoholic beer cannot be brought into any substance-free environment, including Moore Hall and Skarland Hall.
- Staff may ask to inspect student bags, backpacks, briefcases, etc. (Please see guest policies for more information on bag checks).

Alcohol Common Source Containers

Common Sources of Alcohol: Use of common sources of alcohol, including but not limited to kegs, party balls, beer pong, trash cans, and punch bowls is prohibited.

Drugs & Other Substances

UAF is committed to maintaining a healthy and safe academic community that reflects high standards of personal responsibility and behavior. As a member of the residential community, you are responsible for upholding federal, state, and local laws dealing with substances, including tobacco (UAF is tobacco free). Substance abuse will not be tolerated under any circumstances.

The following items (including, but not limited to) are specifically prohibited on Residence Life properties:

- herbs such as Salvia divinorum, Salvinorin A, and Divinorin A; nitrous oxide or other gases except for oxygen; seeds or plants of Morning Glory, Hawaiian Wood Rose and Datura; Amanita muscaria mushrooms; and synthetic crystals such as 5-MeO-DMT.
Possession of marijuana, ecstasy, heroin, inhalants, cocaine, crack, methamphetamines, barbiturates, hallucinogens, amphetamines, and other drugs not prescribed by a physician for medical use is illegal.

The possession of substances such as glues, paints and over-the-counter medicinal products is authorized as long as they are used solely for their intended purpose.

**Marijuana**

The possession of marijuana for any purpose is a violation of UAF Residence Life policy. While the laws of the state have changed, Residence Life's policies regarding marijuana remain unchanged. Those suspected to be in violation of this policy will be documented and may face disciplinary action as outlined in the Residential Life Conduct Process.

While in University housing residents or guests will not possess or use, manufacture, purchase, sell, share, distribute, transport or be under the influence of marijuana, or knowingly be in the presence of illegal drugs/marijuana within the residence halls/apartments.

Note: Possession of a medical marijuana license or prescription does not provide an exemption from this policy.

**Manufacture of Substances**

The unauthorized use, distribution or possession of illicit drugs in violation of Alaska Statutes or federal law on University premises or at activities sponsored by or affiliated with the University is in violation of the University Code of Conduct and is prohibited. It is a violation of Student Code of Conduct and the Department of Residence Life policy to possess, distribute, or use any substance solely for the purpose of becoming intoxicated.
Appendix B: UAF Alcohol Beverage Application

UAF Alcohol Beverage Application Checklist:

Please read the Alcohol Beverage Policy and Procedure in its entirety. It is the responsibility of the Event Planner to know, understand and ensure all alcohol regulations are fulfilled.

All Events Require The Following:

- Event Form must be completed.
- UAF Alcohol Beverage Application to be submitted at least two weeks before the event. Attempts will be made to process a request with less than 14 days of notice, however it may be denied due to insufficient processing time.
- State alcohol permit – obtained from the Alcohol and Marijuana Control Office (AMCO). Please review AMCO’s website for deadlines to submit. Allow sufficient time to complete the request with all required information, diagrams and signatures. [https://www.commerce.alaska.gov/web/amco/PermitApplicationForms.aspx](https://www.commerce.alaska.gov/web/amco/PermitApplicationForms.aspx)
- A floorplan indicating layout of the location for the event including, exits, food service, bar, seating, etc. Additional floorplan requirements may be necessary, see Event Details below.
- ID check and serving of alcohol must be provided by a certified alcohol server (i.e.: AASC, TAMS, TAPS, etc.).
- At minimum, approval by Risk Management and Chancellor (or Designee) is required.
- Approved UAF Alcohol Beverage Application and state alcohol permit (if required) must be displayed at event.
- All policies and procedures listed on the back of the application must be followed.

Possible Additional Requirements:

Additional information or documentation may be necessary for approval at a university event. Please note additional requirements are not limited to the following and will be determined based on the circumstances of each event.

- A written security plan.
- Floor plan identifying in red a partitioned off section that limits access to the area where alcohol is to be stored, served and consumed.
- Additional approvals by Dean of Students and UAF Police Department.
EVENT DETAILS

See event details below to determine if additional requirements are necessary.

Public Event:
A Public event is defined as any event that has been advertised (newspaper, posted fliers, etc.) or allows access to everyone.

A written security plan must be submitted.

Private Event:
A Private event is defined as invite only. Participation is limited to specific individuals or groups by invitation only. There are no fliers posted or public advertising of the event.

For events that are in a location that is not closed off to the public (i.e. building lobby, gymnasium, etc.) a floorplan must be submitted identifying a partitioned off section that limits through traffic and designates where alcohol is to be stored, served and consumed. Public access and individuals under the age of 21 are not permitted in the alcohol section.

Outdoor Event:
A written security plan must be submitted.
A floorplan must be submitted identifying a partitioned off section that limits through traffic and designates where alcohol is to be stored, served and consumed. Individuals under the age of 21 are not permitted in the alcohol section.

Event with Individuals under the age of 21:
A floorplan must be submitted identifying a partitioned off section that designates where alcohol is to be stored, served and consumed. Minors are not permitted in the alcohol section.

Event with UAF Students:
Additional approval required by the Dean of Students.

Wine Tasting and Auctions:
A state permit is required for wine tastings and events that plan to auction off alcohol. In addition, a certified alcohol server/distributor/caterer must be present to serve or distribute the alcohol.
UAF Alcohol Beverage Application

Please complete and submit this form at least 14 days prior to the event to the Director of Dining Services and Contract Operations (DSCO) at uaf-dining@alaska.edu or fax to 907-474-5707.

1. Complete this application and submit to the Director of DSCO as Chancellor’s designee for approval. Please attach proposed menu and (if applicable) the state alcohol permit from the Alcohol & Marijuana Control Office (AMCO).
2. Approved application will be returned to applicant; disapprovals will be returned with stated reason. An approved application gives authorization to serve only beer and wine at a university event, assuming all other state requirements have been met.
3. Approved application and state alcohol permit (if required) must be displayed at event and all policies and procedures listed on the back of this application must be followed.

Applicant Name ___________________________________________ Email ___________________________________________

Department Name ___________________________________________ Phone ___________________________________________

Sponsoring Organization ______________________________________ Event Name ______________________________________

Location __________________________________________________

Event Date __________ Start/End Time __________/__________ Event form has been completed? □ Yes □ No

This event is: □ Open to the Public □ Private, Invitation only This event will be held: □ Indoors □ Outdoors

Beer and/or wine will be auctioned off. □ Yes □ No This event is a wine tasting. □ Yes □ No

Individuals under the age of 21 will be present. □ Yes □ No UAF students will be present. □ Yes □ No

Food will be provided by; please provide the name(s) Caterer/Donor/Other ____________________________

Required: Please attach a copy of proposed menu.

Alcohol will be: □ Sold* □ Donated by: please list name of Donor(s) ____________________________

*Sale of alcohol includes entry fee, ticket sales, individual drinks, food or if donations are being received in excess of the cost to purchase alcohol.

Beer/wine will be served by: ____________________________ Servers have state required certification? □ Yes □ No

By signing below, the individuals and organization representative agree to hold the event in compliance with all applicable state laws and university guidelines, including the University Alcohol Policy and Procedures outlined on the back of this form.

Applicant Signature ___________________________________________ Date ___________________________

Dean/Director Signature ___________________________________________ Date __________________________

OFFICIAL USE ONLY

☐ Approved ☐ Pending ☐ Denied Comments: ____________________________

Risk Management Signature ___________________________ Date ___________________________

Chancellor (Designee) Signature ___________________________ Date ___________________________

Dean of Students Signature ___________________________ Date ___________________________

Dean of Students approval is required if UAF students are to be present.
University of Alaska Fairbanks Alcohol Policy

Serving alcohol beverages at events on campus or at UAF events located off campus requires compliance with state laws and sensitivity to the public’s perception of our institution. It is the university's desire to provide a safe and secure environment for all faculty, staff, students and visitors attending UAF events. All persons who consume alcohol beverages will do so in a responsible manner.

The sale and dispensing of alcohol beverages is regulated by the state Alcohol & Marijuana Control Office (AMCO). A state alcohol permit is required when alcohol is sold at a UAF event or an event held at a UAF facility. The UAF Alcohol Beverage Application must be approved by the Director of Dining Services and Contract Operations (as the Chancellor's designee). Additional approvals from Dean of Students, Risk Management and UAF Police Department may be sought as appropriate. Individuals serving alcohol must comply with AMCO laws and regulations.

Non-compliance can lead to arrest and fines. The Police Department or authorized university official can terminate an event if the alcohol permit is not displayed, if alcohol is served by anyone that does not have an approved alcohol server education card, or if alcohol is served to anyone under the age of 21. The university can take additional actions as deemed necessary. Sponsoring departments, organizations and individuals should be cognizant of vicarious liability and the consequences to the organization should a vicarious liability suit be filed against the university when a person, regardless of age, attending an event and consuming alcohol beverages is involved in an accident resulting in personal injury and/or death. Organization should also be aware of their exposure to legal risk when event sponsors permit the violation of laws concerning alcohol at their event. These laws include serving alcohol to minors and/or intoxicated individuals.

University of Alaska Fairbanks Alcohol Procedures

Approval is required of the Chancellor or designee to serve alcohol on campus or at a UAF event off-campus. Anyone who intends to serve alcohol must submit a UAF Alcohol Beverage Application no less than 14 days prior to the event to the Director of Dining Services and Contract Operations, as the Chancellor's designee, at uaf.aux@alaska.edu or fax to 907-474-5707.

- UAF events and non-university events held at a UAF facility must comply with all Alcohol & Marijuana Control Office (AMCO) laws and regulations.
- Alcohol served at any event in a university facility is limited to beer and wine.
- An alcohol permit must be obtained for any event at which alcohol is either offered for sale or distributed. The Event Planner is responsible for completion of the UAF Alcohol Beverage Application, obtaining the alcohol permit from AMCO (if applicable) and proper display at the event.
- Access to all events where alcohol is served must be restricted to individuals 21 years of age or older, except when accompanied by parent, legal guardian or adult spouse. Alcohol beverages may NOT be served to anyone under the age of 21.
- Alcohol beverages must be served in a controlled environment and may not be removed from the room(s) or area(s) specified.
- Alcohol beverages must be served by UAF Dining Services or other licensed caterer, or by UAF employees assigned to the function. Any individual serving alcohol must complete an alcohol server education course approved by the AMCO.
- The event must be a private function (not open to the public) unless specifically approved by the Director of Dining Services and Contract Operations.
- If the applicant intends to charge those in attendance for alcohol beverages, the applicant must provide specific information as to the format (i.e. cash bar, ticket price). Admission charge for UAF events may not include the cost of the alcohol beverage that will be served, unless specifically approved by the Director of Dining Services and Contract Operations.
- Alcohol may not be the main focus of the event. Alcohol beverages will not be approved for functions at which alcohol is the inducement for attendance. Food and non-alcohol beverages must be provided and prominently displayed at the event. Large quantity containers of alcohol are not permitted. Contests involving the consumption of alcohol are not allowed. Events where alcohol beverages are to be served shall not be advertised or publicized. The use of symbols and pictures implying the presence of alcohol at an event is prohibited. Fund raising events involving alcohol, e.g., wine tasting, are required to meet the AMCO requirements.
- Warning signs are required to be displayed at all events serving alcohol beverages. Signs must be at least 11”x14” and lettering must be at least ½ inch in contrasting colors. It is the responsibility of the license holder to ensure that the following warning signs are displayed properly:
  - **WARNING: Drinking alcoholic beverages such as beer, wine, wine coolers and distilled spirits or smoking cigarettes during pregnancy can cause birth defects.**
  - **WARNING: A person, who provides alcohol beverages to a person under 21 years of age, if convicted under AS 04.16.051, could be imprisoned for up to five years and fined up to $50,000.**
  - **WARNING: A person under 21 years of age, who enters these premises in violation of law under AS 04.16.049 (e), could be civilly liable for damages of $1,000.**
- All invitations to UAF events where alcohol is to be served will include the following statement: “Attendees must be twenty-one (21) years old or older unless accompanied by parent, legal guardian, or adult spouse.” At the option of the sponsor, such event may be restricted to individuals at least age 21 (“no minors under the age of 21”).
- The area serving alcohol beverages must be roped off at any event where unaccompanied minors will be present.
- An authorized representative of the university must be present for the duration of the event to ensure all obligations specified in the application and permits are fulfilled.
- In cases where an individual becomes intoxicated, event sponsors will immediately alert the UAF Police Department to intervene and remove the person from the premises and prevent that individual from driving.
- Alcohol shall not be served at university functions or events designated for students unless approved by the Dean of Students (in addition to the other required approvals).
- The event planner is required to have the approved UAF Alcohol Beverage Application visible at the event.
- The Wood Center Pub will operate within its rules, policies and license.

The university reserves the right to amend this policy in accordance with the law, community standards or best interests of the university. Please direct questions about the alcohol policy and procedures to the Director of Dining Services and Contract Operations at 907-474-6661.
Appendix C: UAF’s Notice to Community Regarding Marijuana

Dear UA Students, Faculty and Staff:

As most of you know, Ballot Measure 2 regarding marijuana passed and went into effect February 24, 2015. Despite the changes in state law,\(^1\) it is critically important to understand that federal law regarding marijuana has not changed. While the federal government may or may not choose to prosecute violations of federal law regarding marijuana, it remains a federal crime, for example, to possess and use even small amounts of marijuana.

You also should be aware that Regents’ Policy, University Regulation and Student Codes of Conduct related to marijuana are not required to change\(^2\) and are not likely to change. As a result, violating applicable Board of Regents Policy or University Regulation relating to illegal drugs, including marijuana, will continue to result in disciplinary action.

As a recipient of federal funds, UA has to comply with the Safe & Drug-Free Schools and Communities Act and the Drug-Free Workplace Act. These laws require among other things that UA maintain and enforce policies prohibiting the use of illegal drugs. Failure to comply with federal laws and regulations regarding marijuana would jeopardize UA’s continued receipt of federal funds.

Also, under Federal regulations certain University employees are subject to drug and alcohol testing because of the type of work they perform. Testing positive for marijuana is a violation of these regulations and will remain grounds for employment sanctions including termination, even if the marijuana use occurred outside of work hours and otherwise in accordance with state law.

Please review the following drug-related policies and information as applicable to your university status:\(^3\)

- Regents’ Policy & University Regulation 04.02.040 - Federal Drug-Free Workplace requirements.
- Regents’ Policy & University Regulation 04.02.050 - UA’s Controlled Substance Testing program.
- Regents’ Policy 05.12.104 – prohibition of possession or use of marijuana on UA property.

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\(^1\)The law eliminates certain state criminal penalties and offenses related to marijuana and regulate the possession, distribution, use, and growing of marijuana by those 21 and over in Alaska. [http://www.elections.alaska.gov/petitions/13PSUM/13PSUM-Proposed-Law.pdf](http://www.elections.alaska.gov/petitions/13PSUM/13PSUM-Proposed-Law.pdf)

\(^2\) The law would provide employers (AS 17.38.120(a)), schools (AS 17.38.120(d)) and recipients of federal funds (AS 17.38.010(d)) flexibility to restrict marijuana.

\(^3\) UA policies and regulations can be found at [http://www.alaska.edu/boe/policy-regulations/](http://www.alaska.edu/boe/policy-regulations/)
- Regents’ Policy & University Regulation 09.02.020C (15) - student conduct involving illegal substances, including marijuana.

If you have any questions or concerns, please contact your Dean of Students or Human Resources office.

(General Counsel rev. 05/10/18)

Michael Hostina
Appendix D: University of Alaska Board of Regents Policy Chapter 09.02.020 Student Code of Conduct

R09.02.020. Student Code of Conduct. Disciplinary action may be initiated by the university and disciplinary sanctions imposed against any student or student organization found responsible for committing, attempting to commit, or intentionally assisting in the commission of any of the following categories of conduct prohibited by the Code. The examples provided in this section constituting forms of conduct prohibited by the Code are not intended to define prohibited conduct in exhaustive terms, but rather to set forth examples to serve as guidelines for acceptable and unacceptable behavior.

14. Misuse of Alcohol
Examples include, but are not limited to:

a. use, possession, manufacture, or distribution of alcoholic beverages in violation of local, state or federal law, Regents’ Policy, University Regulation, or MAU rules and procedures.; or
b. Engaging in any other category of prohibited conduct while under the influence of alcohol may constitute a violation of this category.

15. Misuse of Drugs or Other Intoxicants
Examples include, but are not limited to:

a. use, possession, manufacture, distribution, or being under the influence of illegal drugs or other controlled substances in violation of local, state or federal law, Regents’ Policy, University Regulation or MAU rules and procedures; 
b. abuse or misuse of prescription or over-the-counter medications, other chemical substances or other intoxicants; 
c. engaging in any other category of prohibited conduct while under the influence of legal drugs or other intoxicants may constitute a violation of this category; or 
d. use, possession, manufacture, distribution, or being under the influence of designer drugs.
Appendix E: Comprehensive Alcohol & Drug Misuse Prevention Strategy Nanook Diversity & Action Center

Theory

The Nanook Diversity and Action Center (NDAC) uses the Social Change Model of Leadership Development (Astin, 1995) to inform the structure and delivery of programs. This theory helps guide prevention efforts in a comprehensive, pervasive, and strategic way. This theory will be applied in the following ways:

1. All students can be leaders, not just students that are in “leadership” positions. Leadership is inclusive and should be accessible to everyone.
2. To promote leadership skills that empower students to prevent unhealthy behaviors that they, their peers, and our community may participate in.
3. Promote and value social justice, equity, self-authorship, collaboration, community and service.

NDAC’s Alcohol & Drug Misuse Prevention Strategy is also in line with the guidance from the National Institute of Alcohol Abuse and Alcoholism (NIAAA) (“A Call to Action: Changing the Culture of Drinking at U.S. Colleges,” 2002). The NIAAA guidance states that strong evidence supports the effectiveness of the following strategies: (1) simultaneously addressing alcohol-related attitudes and behaviors (e.g., refuting false beliefs about alcohol’s effects while teaching students how to cope with stress without resorting to alcohol); (2) using survey data to counter students’ misperceptions about their fellow students’ drinking practices and attitudes toward excessive drinking; and (3) increasing students’ motivation to change their drinking habits, for example by providing nonjudgmental advice and evaluations of the students’ progress.

Four-Year Strategy

NDAC’s Comprehensive Prevention Strategy is based on a four-year model. A four-year model is used to demonstrate the growth of a student over a typical student cycle. This model is inclusive and takes into account the needs of students in different stages of their development. At the end of the four-year model students will be empowered as leaders in preventing alcohol and drug misuse.

The four-year model is organized into two broad categories Under 21, and 21+ A traditional student entering University at 18 years old is likely under 21 during the first two years of their college experience. A student on this trajectory would likely be over 21 years old during the remainder of their college experience. This is significant when considering the legal age for alcohol and marijuana use in Alaska is 21 years old. This affects our prevention efforts for students falling in the two different categories.

Years One and Two (Under 21) - KNOWING & BEING

Years one and two are focused on knowing about alcohol and drug education and internalizing that knowledge. These years lay a foundational level of knowledge and builds capacity for students to make healthy choices; students will have an increased awareness of alcohol and drug use and misuse, and will begin to identify their motivation for avoiding alcohol and drug misuse.

Learning Outcomes:
- Students will be able to identify standard drink servings.
- Students will be able to identify what impacts blood alcohol levels (BAC) and alcohol tolerance.
• Students will understand how alcohol and other drugs can impact their health, safety, and social lives.
• Students will be able to identify alcohol/drug alternative ways of dealing with stress.
• Students will be able to articulate their own motivation for avoiding alcohol and drug misuse.
• Students will be able to recognize problematic drinking, and know what resources are available to assist with emergencies/safety issues when alcohol or drugs are involved.

Methods may include:
• Participation in AlcoholEdu online education
• Interactive events: NCAAW, etc.
• Alcohol alternative events (Nanook Traditions, Residence Life programs, etc.)
• Stress management/mental wellness promotion programs
• Passive programming/social norms education throughout campus
• Nanook Choices: Developing Healthy Leaders (for athletes)
• Residence Life programming in campus housing

Years Three and Four (21+) - BEING & DOING
Years three and four are focused on being and doing: taking action towards preventing alcohol and drug misuse. During these years students will continue to internalize the alcohol and drug education they have gained and practice making healthy choices regarding alcohol and drugs. Students will take positive action to prevent alcohol and drug misuse and create change in their community.

Learning Outcomes:
• Students will be able to articulate a plan for celebrating their 21st birthdays, and consuming alcohol beyond that time, safely.
• Students will choose and exhibit behaviors that promote health and reduce risk.
• Students will be able to motivate others to avoid alcohol and drug misuse.
• Students will be able to identify and utilize their own healthy coping mechanisms, and describe their resiliency.
• Students will understand the misperceptions related to their peers’ use of alcohol and drugs.
• Students will be able to articulate their commitment to preventing alcohol and drug misuse.

Methods may include:
• The 21st Birthday Project
• Potentially becoming a peer educator, or otherwise taking a leadership role in helping with programming.
• Collaborate with SLI in COLD’s Legacy Project
• Alcohol alternative events (Nanook Traditions, Residence Life programs, etc.)
• Stress management/mental wellness promotion programs
• Passive programming/social norms education throughout campus
• Nanook Choices: Developing Healthy Leaders (for athletes)
• Residence Life programming in campus housing

Assessment Plan
AlcoholEdu will provide important data to help inform prevention efforts and social norms education. The online education module also includes pre- and post-surveys to assess whether learning outcomes have been achieved.
The CORE Alcohol and Drug survey also collects important data to help inform prevention efforts and our social norms education. The CORE survey gathers information on students’ beliefs and behaviors regarding alcohol and drug use.

Events and workshops are assessed through the use of specific event surveys and written reflections.

The Nanook Diversity and Action Center received the 3-year NCAA Choices grant in Spring 2018. Implementation of the grant project, Nanook Choices: Developing Healthy Leaders, began in Fall 2018.

Abstract

The University of Alaska Fairbanks strives to reduce high-risk drinking behaviors, such as binge drinking, shots, pre-gaming and the negative effects these behaviors have on college students’ social and academic success. Through the Nanook Choices: Developing Healthy Leaders program, UAF aims to (1) reduce unhealthy, high-risk drinking related behaviors, (2) engage campus athletes as leaders in promoting health and wellness, (3) use an effective social norms campaign to correct misconceptions about the effects of alcohol and frequency of student consumption, and (4) promote responsible drinking behaviors among students who are turning 21 and provide them strategies to celebrate safely.

Assessment data collected during the project will continue to inform the evidence-based practice promoting healthy choices by students. Annual implementation of the CORE Institute Survey annually will provide current information on behaviors and attitudes, and quantify cultural shifts at UAF. The surveys, evaluations, and the collaboration with the Student-Athlete Advisory Council (SAAC) will provide a narrative to use in promoting wellness specific to the campus. The narrative will be crucial to expanding the program in the future and creating campus partners.

The University of Alaska Fairbanks has an enrollment of 6,076 students, and 87.6% are undergraduate students (5,323). UAF is an NCAA Division II school, and has 10 athletic teams. There are approximately 140 student athletes. UAF is a member of the Great Northwest Athletic Conference (DII), Central Collegiate Ski Association (Multi-Divisional), Pacific Collegiate Swim and Dive Conference (DII), Patriot Rifle Conference (Multi-Divisional), and Western Collegiate Hockey Association (DI).