prepare your testimony in advance. Take time to deeply consider and revise your message beforehand.

DO

keep your testimony under the two-minute time limit. Focus on a single story or idea. Aim to help the Regents understand how an issue, policy, or situation either addresses needs or presents difficulties for University of Alaska students.

DO

prepare two versions of your testimony, if possible: a very direct, concise version for the public comment period, and a longer version for entry as written testimony. Submit written testimony to ua-bor@alaska.edu.

DO

practice delivering your testimony in front of a mirror or an audience. Revise your message for clarity and brevity.

DO

be on time. Testimonies will be heard in the order participants arrive.

DO

be respectful and professional. Remember to state your name and your stakeholder position with respect to the university.

DO

try to speak clearly and make eye contact, without reading directly from your written testimony.

DO

thank the board members for their time and consideration. If you take less than three minutes, offer to answer questions.