



# TOBACCO FREE CAMPUS FAQ

The University of Alaska Fairbanks declared its campuses tobacco-free to provide a safe and healthy environment for students, employees and visitors.

Below are answers to frequently asked questions. For more information, please contact the Fresh Air Campus Committee at [uaf-tobaccofreecampus@alaska.edu](mailto:uaf-tobaccofreecampus@alaska.edu).

## Q. WHAT IS THE TOBACCO-FREE CAMPUS POLICY?

A. Tobacco product use is prohibited in all buildings, grounds, trails, parking garages, parking lots (except personally owned vehicles not parked in parking garages), university-owned streets and sidewalks, and spaces leased or owned by the university.

The policy includes all of UAF's campuses and applies to all employees, students, visitors, volunteers, contractors and vendors.

## Q. WHAT IS CONSIDERED A TOBACCO PRODUCT?

A. Tobacco products include, but are not limited to, cigarettes, cigars, pipes, kreteks, bidis, other inhalable burning substances and all smokeless tobacco and tobacco-containing products.

## Q. DOES MARIJUANA FALL UNDER THIS REGULATION?

A. Use of marijuana as an inhalable burning substance is prohibited. Any use also is prohibited by federal law, other university regulations and the student conduct code.

As a recipient of federal funds, UAF must comply with the Safe and Drug-free Schools and Communities Act and the Drug-Free Workplace Act. So too must university employees.

## Q. WHERE CAN I SMOKE?

A. The use of tobacco products is not prohibited in personally owned vehicles parked or being driven on the campus, if they are not parked in a university parking garage. You can also smoke on public sidewalks and public rights-of-way that border a campus and in areas within a fenced construction project in which the contractor has complete custody.

The policy does not prohibit tobacco use while inside personal vehicles; however, cigarette butts should be disposed of properly. For other exclusions from the ban, please refer to the smoke-free/tobacco-free campuses regulation.

## Q. DOES THAT MEAN I HAVE TO QUIT SMOKING?

A. No one has to quit, although quitting is encouraged.

## Q. WHERE CAN I FIND RESOURCES THAT WOULD HELP ME QUIT?

A. If you are an employee looking for information to help you kick the tobacco habit, visit [www.alaska.edu/benefits/tobacco-use/](http://www.alaska.edu/benefits/tobacco-use/).

If you'd like information to help you to kick the tobacco habit and you are a student, please visit, [www.uaf.edu/chc/health-counseling-service/](http://www.uaf.edu/chc/health-counseling-service/), or Alaska's Tobacco Quit Line at 1-800-quit-now or online at [www.quitnow.net/alaska/](http://www.quitnow.net/alaska/). Several smart phone apps also can help you quit.

## Q. WHEN DOES THE SMOKE-FREE/TOBACCO-FREE CAMPUSES POLICY GO INTO EFFECT?

A. UAF has opted to phase in the regulation during this calendar year, so it will take effect on Dec. 31, 2015.





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## Q. CAN I SMOKE ANYWHERE ON CAMPUS BEFORE DEC. 31, 2015?

A. Using tobacco on campus is allowed until Dec. 31, 2015. However, smoking is prohibited within 50 feet of university building entrances. If you use tobacco, please be courteous to nonusers and step away from buildings, air vents, walkways or other highly traveled areas. After Dec. 31, you will only be allowed to smoke in your car.

## Q. HOW SHOULD I APPROACH A PERSON WHO IS SMOKING IN AN AREA WHERE SMOKING ISN'T ALLOWED?

A. Concerns about the use of tobacco and related products should be expressed respectfully. You should courteously inform the individual about the policy and encourage him or her to comply.

Please recognize that the change may be difficult for some people. It's important that you share the policy information in a nonconfrontational manner.

**Possible approach:** *You may not be aware that the university adopted a smoke-free/tobacco-free campus regulation recently. The regulation prohibits use of cigarettes, cigars, pipes, kreteks, bidis, other inhalable burning substances and all smokeless tobacco and tobacco-containing products. Use is only allowed in personal vehicles. Everyone is expected to follow the policy. If you have questions, you may contact the Fresh Air Campus Committee at [uaf-tobaccofreecampus@alaska.edu](mailto:uaf-tobaccofreecampus@alaska.edu).*

## Q. WHAT IF I NOTICE THAT THERE ARE AREAS OF CAMPUS WHERE TOBACCO USERS TEND TO CONGREGATE?

A. If there are common areas that tend to be gathering spots, please send an email to [uaf-tobaccofreecampus@alaska.edu](mailto:uaf-tobaccofreecampus@alaska.edu). The committee can forward the information to the appropriate department.

## Q. HOW IS THE NEW POLICY GOING TO BE ENFORCED?

A. Implementation of this prohibition relies heavily on the consideration and cooperation of both smokers and nonsmokers. Concerns regarding violation of the policy or the regulation will be referred to the appropriate unit for review and action:

- Students — to the university student affairs representative.
- Faculty, staff and volunteers — to their supervisors.
- Contractors and vendors — to their employers and/or UAF Procurement and Contract Services.

Visitors and guests may be required to leave campus if they fail to conform to the policy or regulation.

## Q. I AM A SUPERVISOR. HOW SHOULD I HANDLE TOBACCO USE ISSUES WITH MY EMPLOYEES?

A. Share the policy and explain that violating the tobacco-free campus regulation will be treated as any other violation of campus regulation. Consider sharing resources for employees who want help with quitting. While employees are permitted to use their regular breaks to use tobacco, they are not allotted additional break time.

If you have questions not answered here regarding employees and tobacco use, please contact Human Resources at 474-7700.

For more information about this policy visit [www.uaf.edu/tobaccofreecampus/](http://www.uaf.edu/tobaccofreecampus/).

