Submit originals (including syllabus) and one copy and electronic copy to the Faculty Senate Office
See <a href="http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/">http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/</a> for a complete description of the Faculty Senate Office

governing curriculum & course changes.

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Prepared by	-				4	Phone Faculty Contact				474-6294		
Email Contact	pthomas1	0@alaska.e	<u>edu</u>		Fac	ulty Co	ontact		kr	_	Cristin O' en@alask	
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No x Yes	Electronic access to literature provided	l by library is	sufficient
IMPACTS ON PROGRAMS/I	DEPTS:		
	will be affected by this proposed action?  /Departments contacted (e.g., email, memo)		
Biological Sciences BA and	d BS programs will be impacted.		
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Note: If <u>removing</u> a cross-listing, you may attach copy of email or memo to indicate mutual agreement of this action by the affected department(s).

If degree programs are affected, a Format 5 program change form must also be submitted.

## ATTACH COMPLETE SYLLABUS (as part of this application). This list is online at:

http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/uaf-syllabus-requirements/

The Faculty Senate curriculum committees will review the syllabus to ensure that each of the items listed below are included. If items are missing or unclear, the proposed course (or changes to it) may be denied.

### SYLLABUS CHECKLIST FOR ALL UAF COURSES

During the first week of class, instructors will distribute a course syllabus. Although modifications may be made throughout the semester, this document will contain the following information (as applicable to the discipline):

1. Course information: ☐Title, ☐ number, ☐credits, ☐prerequisites, ☐ location, ☐ meeting time
(make sure that contact hours are in line with credits).
2. Instructor (and if applicable, Teaching Assistant) information:
5. Course readings/materials:  Course textbook title, author, edition/publisher.  Supplementary readings (indicate whether required or recommended) and any supplies required.
4. Course description:
<ul> <li>□ Content of the course and how it fits into the broader curriculum;</li> <li>□ Expected proficiencies required to undertake the course, if applicable.</li> <li>□ Inclusion of catalog description is strongly recommended, and</li> <li>□ Description in syllabus must be consistent with catalog course description.</li> </ul>
5. Course Goals (general), and (see #6)
6. Student Learning Outcomes (more specific)
7. Instructional methods:
Describe the teaching techniques (eg: lecture, case study, small group discussion, private instruction, studio instruction, values clarification, games, journal writing, use of Blackboard, audio/video conferencing, etc.).
8. Course calendar:  A schedule of class topics and assignments must be included. Be specific so that it is clear that the instructor has thought this through and will not be making it up on the fly (e.g. it is not adequate to say "lab". Instead, give each lab a title that describes its content). You may call the outline Tentative or Work in Progress to allow for modifications during the semester.
9. Course policies:
Specify course rules, including your policies on attendance, tardiness, class participation, make-up exams, and plagiarism/academic integrity.
10. Evaluation:
☐ Specify how students will be evaluated, ☐ what factors will be included, ☐ their relative value, and ☐ how they will be tabulated into grades (on a curve, absolute scores, etc.) ☐ Publicize UAF regulations with regard to the grades of "C" and below as applicable to this course. (Not required in the syllabus, but is a convenient way to publicize this.) Link to PDF
summary of grading policy for "C": <a href="http://www.uaf.edu/files/uafgov/Info-to-Publicize-C_Grading-Policy-UPDATED-May-2013.pdf">http://www.uaf.edu/files/uafgov/Info-to-Publicize-C_Grading-Policy-UPDATED-May-2013.pdf</a>
11. Support Services:
Describe the student support services such as tutoring (local and/or regional) appropriate for the course.
12. Disabilities Services: Note that the phone# and location have been updated. <a href="http://www.uaf.edu/disability">http://www.uaf.edu/disability</a> The Office of Disability Services implements the Americans with Disabilities Act (ADA), and ensures that UAF students have equal access to the campus and course materials.
State that you will work with the Office of Disabilities Services (208 WHITAKER BLDG, 474–5655)to provide reasonable accommodation to students with disabilities.
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5/21/2013

# **BIOL/CHEM 466 Advanced Laboratory in Cell and Molecular Biology** 3 Credits

Dr. Kristin O'Brien kmobrien@alaska.edu; 474-5311 323E Margaret Murie Building office hrs: TH 2-3 pm, F 2-3 pm, and by appointment Dr. Andrej Podlutsky

<u>apopdlutsky@alaska.edu</u>; 474-6759

AHRB 2W04

office hrs: TBA

Days, time: M,F 1-2 pm, W 1-5 pm

**Pre-requisite:** BIOL/CHEM 360 Cell and Molecular Biology (or equivalent; may be taken concurrently)

Required items: Essential Cell Biology (3rd or 4<sup>th</sup> edition) by Alberts et al. Garland Publishing, 3-ring binder for lab manual. The manual will be available for purchase in the Biology & Wildlife office at the start of the semester.

Course description: An advanced laboratory in cell and molecular biology. Students will learn modern molecular biological techniques including, protein and nucleic acid gel electrophoresis, western blotting, cell fractionation, cellular respiration, enzymology and fluorescence microscopy. Lectures will be supplemented with reading from the primary literature.

Course goals: Students will master lab techniques commonly used in cell and molecular biology, learn how to write a scientific paper, sharpen critical thinking skills, and practice working with others to solve problems. A central goal of this course is to prepare students for working independently in a cell, molecular biology or biochemistry laboratory.

Student learning outcomes: Students will design and conduct experiments to determine the impacts of exercise on cellular metabolism and oxidative stress. Students will become proficient in quantifying protein concentration, measuring maximal activity of key metabolic enzymes, quantifying DNA damage caused by oxidative stress, and measuring mitochondrial respiration rates. Students will become proficient in writing a scientific paper. Students will also become proficient in searching, reading and discussing primary literature.

Instructional methods: This course will be taught through a combination of lectures, laboratories, and discussions of the primary literature. The laboratories this semester will be centered around understanding how tissues are remodeled in response to exercise in rats. We will examine how protein expression changes, how mitochondrial function changes, and how parameters of oxidative stress change in response to exercise. The first 2 months of class will be spent learning laboratory techniques using the control rats while our experimental animals exercise on their running wheels. During the last month, each lab group will choose one set of experiments to conduct on the exercising rats. For example, you might choose to measure mitochondrial function or DNA oxidation. Your final lab report will be focused on this topic.

Prior to each laboratory, we will read and discuss 1-2 articles from the scientific literature in which similar techniques have been used to address similar questions. You are expected to come to class prepared to discuss the papers.

Capstone requirement: This course meets the requirement for a capstone project. You must also enroll in BIOL 400 to receive capstone credit. To receive credit, you must not only pass the course, but also receive a passing grade for the capstone project.

**Policies:** Students are expected to attend class and complete reading assignments prior to coming to class in preparation for group discussions and/or activities.

Lab assignments are due at the start of each lab period. No late assignments will be accepted unless you have a medical excuse and a doctor's note, explaining your illness. You must attend the lab to earn credit for the assignment. There will be no make-up labs.

**Exams:** Exams will be based on material covered in both the lecture and lab. If you anticipate missing an exam for family or work commitments, please let us know in advance so that we can make other arrangements. If you must miss an exam because of unexpected, extenuating circumstances (ie; family death, medical excuse) then you must call and/or email both of the instructors before the exam.

**Blackboard:** Blackboard will be used to post grades, announcements, lab materials, and reading assignments. Please check the Blackboard site on a regular basis. If you have a smartphone, you can download the Blackboard App, which will notify you immediately when new announcements have been posted.

Email etiquette: We will use UAF email accounts to contact students. Please check your UAF account on a regular basis. If you use an alternate account, please have your UAF email forwarded to that account. We will do our best to respond to your email inquiries within 24 hrs. Please be considerate in your letters and use proper English grammar. Think before you send and never write anything you would feel uncomfortable saying to us (or anyone elsel) in person. Please use a greeting and sign your letter; addresses don't always reveal the identity of the writer.

**Disabilities:** Please let us know if you have a disability. We will work with the Office of Disabilities Service (203 WHIT, 474-7043) to provide accommodations in both the classroom and laboratory to provide equal access to all materials in this course to all students.

**Support services: Writing Center 801 Gruening** 

Grading: Your final grades will be based on the following:

1. Exams (200 pts): There will be two exams during the semester (a mid-term and final), each worth 100 points. The purpose of these exams is to assess your understanding of

the material, interpret data from the primary literature, and to develop your written communication and critical thinking skills. The exams will cover material from lectures and labs. They will be a combination of short answer and multiple choice questions.

#### 2. Laboratory assignments (425 points):

- a. Short assignments (140 pts). A short assignment, worth 10-25 points (140 points total), will be given following each laboratory. Some of the questions will cover material in the lab for the following week. It is extremely important for you to read the lab before coming to lab. Many of the labs we will do are complex. You will enjoy the lab more, understand it better, and are more likely to obtain good results if you come prepared. Please answer your homework questions using complete sentences and neat handwriting. Points will be deducted for incomplete sentences, misspellings, poor grammar and illegible writing.
- b. Lab notebook (60 pts). Each student will maintain a lab notebook. These will be checked 3 times during the semester for completeness. The first notebook check will be work 10 pts, the second, 20 pts, and the third, 30 pts (60 pts total). Requirements for the lab notebook will be explained during the first lab.
- c. Lab reports (200 pts). The labs in this course build upon one another to assess how muscle becomes remodeled in response to exercise. You will write one complete lab report, detailing the results from all experiments that will be due at the end of the semester. Following each set of labs (ie; cellular respiration, enzymology, etc.), you will write a mini-lab report that will include figures, figure legends and a summary of the results and appropriate statistical analyses. Each of these mini-lab reports will be worth 25 pts (100 pts total). Your final lab report, which will include all figures, figure legends, results, a title, abstract, introduction and discussion, will be worth 100 pts.
- 3. Class discussions (75 pts). You will be tasked with leading the discussion on a scientific paper at least once during the semester and will be required to participate in discussions.

In summary your grade will be based on the following:

ASSIGNMENT	POINTS		
Exams:	2 X 100 = 200		
Short lab assignments	140		
Lab notebook	60		
Lab report	200		
Class discussion	75		
	675 points tota		

3

Final grades will be calculated based on the percentage of points earned out of the total as follows:

Grade	% of Total Points
A+	97-100
Α	90-96
A-	88-89
B+	86-87
В	80-85
B-	78-79
C+	76-77
С	70-75
C-	68-69
D+	66-67
D	60-65
D-	58-59
F	0-57

### LABORATORY AND LECTURE SCHEDULE

Date	Topic	Lecturer	Reading
M	Lecture: Introduction to the course	Both	
W	Lab: Basic lab techniques- pipetting,		
	preparing buffers		
F	Experimental Design and IACUC	KOB	
М	Lecture: Exercise metabolism I	КОВ	ECB Ch 13, Ch 14,
			pgs 453-476
W	Lab: Dissect control rats (N=4)	КОВ	
	Cell fractionation		
	Cellular respiration		
F	Lecture: Exercise metabolism II; discussion	КОВ	Egan and Zierath (2013)
M	Lecture: Oxidative Phosphorylation	КОВ	
W	Lab: Analysis of mitochondrial respiration	КОВ	
	data		
F	Lecture: Exercise and oxidative stress I	КОВ	
M	Lecture: Exercise and oxidative stress II;	КОВ	Powers et al.,
•••	Discussion		(2011)
W	Lab: Comet Assay 1	AP	Collins (2008)
F	Lecture: Oxygen-binding proteins and	КОВ	
	exercise I		
M:	Lecture: Oxygen-binding proteins and	КОВ	Pesce et al., (2002)
	exercise II; Discussion		
W	Lab: Tissue homogenization	КОВ	
	Bradford protein assay		
F	Lecture: Mitochondrial biogenesis and	KOB	
	exercise I		
M	Lecture: Mitochondrial biogenesis and	KOB	Menshikova et al.,
	exercise II; Discussion		(2006)
W	Lab: SDS-polyacrylamide gel	КОВ	ECB Ch 4, pgs 164-
	electrophoresis &Western blotting		167
F	Lecture: Exercise and gene expression I	КОВ	
М	Lecture: Exercise and gene expression II;		Stephens et al.,
	Discussion		2015
W	Develop Western Blots & Data Analysis	KOB	
F	Mid-term exam		
М	Enzyme kinetics	KOB	
W	Lab: Enzymology- Maximal activity of	КОВ	
	citrate synthase and catalase		
F	Data analysis	КОВ	

M	Lecture: DNA stability and health	AP	Cha (2013)
W	Lab: Comet assay 2: Image analysis	AP	
F	Lecture: DNA repair and aging	AP	Vijg (2014)
M	Lecture: Exercise and the brain	AP	Wrann et al., 2013
W	Lab: Comet assay 3: Image analysis	AP	
F	Lecture: Epigenetics	KOB	Rönn et al., (2013)
M	Comet assay 4: Final analysis	AP	
Weeks 11-14	INDEPENDENT PROJECTS		
	Final exam TBA		