Subm it original with signatures + 1 copy + electronic copy to Faculty Senate (Box 7500). See http://www.uafedu/uafgov/faculty-senate/cumicultm/course-degree-procedures-/ for a complete description of the rules governing cumicultm & course changes.

TRIAL COURSEORNEW COURSE PRO PO SAL

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Dean's Office College of Natural Science & Mathematics

9/25/14 Tep

	9.CONTACT HOURS PER WEEK: 2	LECTURE hours/w eeks	3	LAB hours /w eek		ACTICUM ours & eek
	Note: # ofcredits are based on contact hours. 800 m inu 1600 m inutes in non-science lab=1 credit. 2400-4800 r This must match w ith the syllabus. See http://www.uafe.bircomputing-/formore information on numberofcred	ntes of lecture=1 cred n inutes of practicum : du/uafgov/faculty-ser	=1 cred	00 m inutes of lab in a dit. 2400–8000 m inu	science co	urse=1 credit. uship=1 credit.
	OTHER HOURS (specify type)					
1	10.COM PLETE CATALOG DESCRIPTION including of stacking (50 words or less if possible):	lept., num ber, title	, cred	its, credit distribut	ion, cross	-listings and/or
E	Example of a complete description:					
F	FISH F487 W , O Fisheries M anagement 3 Credits Offered Spring Theory and practice of fisheries m anagement, w freshwater and marine fisheries. Prerequisites: C ENGLF213X; ENGLF414; FISH F425; or perm: CHEM F494 Nutritional Biochemistry 3 credits Offered Spring This course integrates introductory concepts projects, using the resources and expertise av Alaska or Native Health. Topics discussed with	COMM F131X ordission of instructor from chemistry a ailable at UAF, to	nd bi	F141X; ENGLF1 ES-listed w ith NRM ochemistry in str ress nutritional i	11X; ENG F487. (3+ ructuring nquiries r	L F211X or -0) research
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1	12. COURSE REPEATABILITY: Is this course repeatable forcedit?	YES		NO x		
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	Course Change — Form at 2 form . LEITER: X PASS/FAIL:					

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JUSTIFICATION FOR ACTION REQUESTED

The purpose of the department and campus wide curriculum committees is to scrutinize course change and new course applications to make sure that the quality of UAF education is not lowered as a result of the proposed change. Please address this in your response. This section needs to be self-explanatory. Use as much space as needed to fully justify the proposed course.

Besides providing a course on a current and engaging topic related to nutritional biochemistry, this course integrates concepts learned in previous courses into a "real world" learning experience. It supports UAF's strategic plan and its diversity goals by integrating traditional knowledge in the science educational experience. The goal is to create an increased sensitivity to different types of knowledge while learning the fundamentals of nutritional biochemistry. The eventual plan for this course, should it be successful, is for it to satisfy the writing intensive "W" criteria and possible become a capstone course. This is a trial run.

APPRO VALS: Add additional signature lines as needed.	
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Signature, Chair, Program Departmentof: Chemistry & B.	demistry
Signature, Chair, College/SchoolCurriculum Council for: CNS	Date 9-24-14
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Signature of Provost (if above level of approved programs)	Date - Control of the
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Signature, Dean, College/School of:	

Nutritional Biochemistry: Indigenous Health

Chem 494

3 credits

Instructor: Kriya Dunlap, 474-2766, kldunlap@alaska.edu

Office Hours: Department of Chemistry and Biochemistry

West Ridge Research Building (WRRB), 230

3 hours TBA

Lecture: TBA (2 hours lecture + 2 hours laboratory)

Text (optional): Martha H. Stipanuk

Biochemical and Physiological Aspects of Human Nutrition, 3rd Edition

Saunders Publishing ISBN: 1437709591 Published 2012

Supplementary readings: Library, web, manuscripts etc.

Course:

This 3-credit course focuses on integrating introductory concepts from chemistry and biochemistry in structuring research projects addressing nutritional concerns relevant to Alaska or Native health. Topics discussed will include components in Alaska foods, such as phytonutrients and omega-3 fatty acids and the health disparities that are affected by these compounds, such as diabetes, cardiovascular disease, inflammation and metabolic syndrome. We will tackle these issues by studying their biochemical foundation and acquiring an understanding of study design, through the development of testable hypotheses, data interpretation and research presentation. Proposal writing, research compliance, research techniques, and experimental design and execution will be central topics. Each topic will be addressed with a group project, in which the students design, manage, execute and decipher results of their project. The course is designed for the application of practical biochemical knowledge towards a current nutritional issue, while simultaneously establishing biochemical skills and resource sharing.

Proficiencies: Some knowledge of general, organic and biochemistry.

Course Goals:

- Understanding the biochemical basis of nutrition through indigenous health and Alaska resources.
- Allow students to integrate concepts learned in general, organic and biochemistry into a nutritional context.
- Use basic concepts to formulate hypotheses, select pertinent literature, interpret experimental data and propose meaningful experimental approaches to solving current questions in nutritional biochemistry.
- Experience the development of research projects from proposal writing to data presentation.
- Be exposed to ethical and compliance issues required for modern day funded research.

Learning Outcomes:

- 1. Identify molecular components in Alaska's food supply and their role in disease prevention.
- 2. Correlate chemical and physical properties of nutrients with their cellular functions.
- 3. Write a testable hypothesis for each project as a group.
- 4. Keep a detailed laboratory notebook/record, statistically analyze data, and present findings at the chemistry and biochemistry department end-of-year poster session.
- 5. Select key concepts from the text and arrange information in a relevant way for group dissemination and for use as a study guide. Use mixed technology or teaching aids. Group interaction will be encouraged.
- 6. Discuss current IACUC/IRB and address compliance issues pertaining to their projects.

Instructional Methods:

The course will begin with instructor-led lectures aimed at establishing the biochemical foundations needed to design and execute Alaska relevant nutritional research projects. Once the foundations are established, class time will be spent on developing a research project pertaining to that unit. Group discussion will offer a platform for brainstorming, troubleshooting, and collaborative research, while establishing successful laboratory practices. Students will have the opportunity to review supporting literature, relevant to the selected aim and therefore learn how to do a literature search. Student will be expected to share key findings from their literature search with the class in an effort to develop a strong hypothesis, review literature, write a protocol and perform and interpret their experiments. While, there will be an in-depth text book available as a reference (see above), reading material will include special interest pieces, examples of proposals, IACUC/IRBs and relevant manuscripts. Blackboard will be used as a central communication platform for announcements, posting of lectures and reading material, and distribution/collection of exams. For resource sharing, dropbox, googledocs or a blackboard classroom blog will be established.

Evaluation:

Students will be evaluated in four key areas – hypothesis development, project proposal, laboratory practices, final research report, and poster presentation.

Hypothesis development	10%
Literature review:	30%
Relevance	
Approach	
Presentation to the class	
Laboratory practices, preparation, notebook keeping	10%
Research Report	20%
Participation	10%
Poster	20%

Grading: Totals will be translated into a letter grade. Total point percentages of 90, 80, 70 and 60 correspond to the lower cutoff boundaries for the grades of A, B, C and D respectively. Percentages less than 60 constitute a failing grade ("F").

Course Policies:

Attendance and participation:

Regular student attendance is expected to ensure consistent discussion and project progress. Active student participation is expected and is subject to a grade.

Hypothesis development:

Hypothesis development will be worked into each lecture and time will be allocated within the topic discussion for group development. The instructor will provide guidelines and limitations so that students can shape a realistic and testable hypothesis surrounding Alaska foods, Indigenous Health or current nutritional issues.

Project Proposal:

Before students begin their projects, each student will perform a literature review and share it with the class. The students will work together to write a proposal for each project by delegating sections for each person or pair to contribute; person(s) responsible for each section will rotate. The proposal will follow NIH guidelines and more specifically will follow the guidelines established by INBRE for undergraduate and graduate proposals. Instructor approval and input will be required before experimentation begins. A great deal of the class will be dedicated to writing proposals with testable hypotheses with a practical approach that can be completed within the limited time frame.

Laboratory Practices:

Laboratory practices encompass supply ordering, note-keeping, experiment organization and general laboratory etiquette. Students are expected to keep an up-to-date and detailed laboratory notebook that will be reviewed regularly by the instructor. Students are expected to find best-fit products for the research, taking into account cost, specificity and ease of use, and then fill out a purchase requisition for each item needed. Students will be expected to set up or organize experiments ahead of time (labeling tubes, making reagents etc.) as to minimize waste and expense. General laboratory etiquette is expected and will be subject to grading. This includes, washing dishes, putting away materials, emptying waste, restocking reagents and wearing appropriate protective clothing. Appropriate safety training and research compliance will be addressed.

Research Report:

A short report is due at the completion of each project. This will include an introduction, materials and methods, results with statistics, and conclusion. This will be done as a group and each person or pair will be responsible for each section, alternating from week to week.

Poster:

The final project is a poster presentation at the Department of Chemistry and Biochemistry end-of-year poster session. Students will be graded on over-all aesthetics, layout, organization, figures and generally how easy it is to read and find information. Students will also be graded on their ability to answer questions and engage with their audience.

Ethical Considerations:

Any student caught cheating will be assigned a course grade of "F". The students academic advisor will be notified of this failing grade and the student will not be allowed to drop the course.

Student Code of Conduct:

As a UAF student, you are subject to the Student Code of Conduct. The university assumes that the integrity of each student and of the student body as a whole will be upheld. Honesty is a primary responsibility of you and every other UAF student. It is your responsibility to help maintain the integrity of the student community. More detailed information about UAF's Student Code of Conduct can be found at http://www.uaf.edu/catalog/current/academics/regs3.html; it goes as follows:

- 1) Students will not collaborate on any quizzes, in-class exams, or take-home exams that will contribute to their grade in a course, unless permission is granted by the instructor of the course. Only those materials permitted by the instructor may be used to assist in quizzes and examinations.
- 2) Students will not represent the work of others as their own. A student will attribute the source of information not original with himself or herself (direct quotes or paraphrases) in compositions, theses and other reports.
- 3) No work submitted for one course may be submitted for credit in another course without the explicit approval of both instructors. Violations of the Honor Code will result in a failing grade for the assignment and, ordinarily, for the course in which the violation occurred. Moreover, violation of the Honor Code may result in suspension or expulsion.

Support Services:

Support services will be provided by the University of Alaska Library system, online resources and the instructor. Additional services are available through Student Support Services (http://www.uaf.edu/sssp/) at UAF.

Disabilities Services:

We will work with the Office of Disabilities Services (203 WHIT, 474-7043) to provide accommodations for students with disabilities. If you have a disability and require special assistance, please contact the instructor as soon as possible. Students with disabilities must provide a written statement indicating any special requirements that will be necessary as early in the semester as possible (preferably within the first week).

Tentative Class Schedule

Week beginning on:	Lecture Activity/Topic	Laboratory	Assignment
01/15/14	-Syllabus/Course outline	-laboratory safety and compliance	-Discovery News: Inuit Paradox
	- hypotheses development,	- Distribute lab notebooks and	-INBRE student proposals
	proposal writing, and experimental	discuss record keeping/ lab	
01/10/14	design	etiquette	
01/19/14	-Indigenous Health: Diabetes,	-The principles of ELISA and	-Read protocols for microscopy
	Obesity, metabolic syndrome,	bioassays.	(how to tag with primary and
	CVD	-how to order materials	secondary), ELISAs (GLUT4),
	-Alaska Foods: polyphenolic		and assay kits (nSMase.
	compounds (carotenoids,		
	anthrocyanins, proanthrocyanins)		
01/06/14	and omega-3 fatty acids		
01/26/14	-Quantitative Research: measurable	- write hypothesis for Assay or	-literature review (3 papers or 1
	parameters (cytokines, stress	ELISA study	review article)
	hormones, insulin pathway	-start growing 3T3-L1 cells	
	intermediates, antioxidant status,		
20/00/14	ORAC, fluorescent tags etc.)		
02/02/14	-Present summary of literature	-outline experiment	-write section of proposal
	review	-layout experiment (label tubes,	
	-Discuss experimental protocols	prep samples etc.)	
		-crude aqueous extracts of plants	
02/09/14	-review statistics (simple t-test,	-run experiment	-write section of report
	standard deviations, probability,		
	significance)		
02/16/14	Discuss research model systems	-start differentiating 3T3-L1 cells,	-manuscripts on AK berries in
	available: Cell culture,	layout semester long schedule for	neuroinflammation and diabetes.
	microscopy, archived dog plasma,	the maintenance and	-manuscript on metabolic
	sled dogs races in march.	differentiation.	syndrome, subsistence foods and
	-discuss articles	-JOVE	cardiovascular disease in AK
			natives.
02/23/14	-Qualitative Research: Interviews,	-Formulate interview topic	-read for discussion, selected
	Focus groups, analyzing published		documents on Qualitative
	research, and how to interpret data.		design.

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Dunlap		Spring 2015			
	-come up with qualitative index in current literature, i.e. smoking and diabetes.	-select interview questions from student homework and organize in class (in laboratory) focus group.	-write interview questions		
03/02/14	-Create a focus group topic for in class focus groupsinterpret results. How do you interpret the results of focus groups?	-lead and participate in class-run focus groups	-review 3 articles pertaining to qualitative index and compile results into a quantitative measure.		
03/09/14	-present results from qualitative index, compile all data from the class for a reportDiscuss diet questionnaires, physical activity questionnaires, consent forms, CANHR questionnaires.	-Administer questionnaires to fellow students.	-write section of a report for qualitative indexdo a 24 hour food recall to hand in after spring break.		
03/16/14	SPRING BREAK				
03/23/14	-Address laboratory and research compliance: When is an IACUC or IRB necessary? What laboratory training is required for the methodology proposed? Where do you go to get this training?	-visit IACUC/IRB office or do online trainingin-class IRB/IACUC preparation for real or mock project.	-read human GLUT4 IRB -read sled dog IACUC -Prepare section of IRB/IACUC		
03/30/14	-Write hypothesis for Qualitative research -present literature review	-write interview or focus group questions or quantitative parameters in labperform experiment	-literature review (3 papers or 1 review article)		
04/06/14	-Write hypothesis for Quantitative biochemical experimentDiscuss experimental design (purpose of duplicates, how to standardize etc.)	-fluorescently label cells and visualize under microscope. How do you quantify?	-write section of report for on- campus qualitative study -literature review (3 papers or 1 review article)		
04/13/14	-data analysis -What is the significance of results of research?	-Run experiment	-write section of proposal		

Dunlap		Spring 2015			
04/20/14	 -lecture on food contamination and bioaccumulation. -demonstration on augmented reality using mercury and bioaccumulation poster 	-How to structure and make a scientific poster -Augmented reality laboratory/do your own.	-write report for quantitative project		
04/27/14	-Present methods from one of our studies with a JOVE type report.	-complete posters	-complete posters		
05/14	-Poster presentation at Department p	poster session			