

69-UNC

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#### FORMAT 1

Submit original with signatures + 1 copy + electronic copy to Faculty Senate (Box 7500).

See <a href="http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/">http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/</a> for a complete description of the rules governing curriculum & course changes.

Department	RECR M. Strohmaier mstrohmaier@alaska.edu		College	College/School Phone Faculty Contact		CTC/CRCI 283 Mahla Strohmaie		
Prepared by			Phone					
Email Contact			Faculty					
1. ACTION DE	SIRED (CHECK ONE	Tria	al Cours	se		New Cou	rse	Х
2. COURSE IE	ENTIFICATION:	Dept	R	ECR	Course #	F170J N	lo. of Cred	dits 1.0
	er/lower division mber of credits:	The course con	ntent rep	resents first-	year level kı	owledge.		
B. PROPOSED	COURSE TITLE:			Introd	uction to A	rctic Backpack	ing	
4. To be CROS	YES/NO	No		es, Dept:		Course #		
	proval of both depart				s at end of f		· · · · · · · · · · · · · · · · · · ·	signatures.)
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10. <u>COMPLETE</u> CATALOG DESCRIPTION including dept., number, title, credits, credit distribution, cross-listings and/or stacking (50 words or less if possible):

Example of a complete description:

FISH F487 W, O Fisheries Management

3 Credits Offered Spring

Theory and practice of fisheries management, with an emphasis on strategies utilized for the management of freshwater and marine fisheries. *Prerequisites: COMM F131X or COMM F141X; ENGL F111X; ENGL F213X; ENGL F414; FISH F425; or permission of instructor.* Cross-listed with NRM F487. (3+0)

### **RECR F170J** Introduction to Arctic Backpacking

1 credit Offered as Demand Warrants

Designed to introduce students to the art of backpacking the Arctic: route planning, food preparation, gear choices, and emergency preparedness leading to a week-long arctic backpacking trip. Many of the Leave No Trace camping ethics that are important while backpacking in the Arctic will be addressed (0+3)

H = Humanities	S = Social Scien	ces	
Will this course be used to fulfill a for the baccalaureate core? If YES		YES:	NO:
IF YES, check which core requirement	ents it could be used to fulfill:		
O = Oral Intensive, Format 6	W = Writing Intensive, Format 7		Science,("X" for Core) Format 8
lded in the printed Catalog, and flag	rn, arctic or circumpolar studies? If ged in Banner.		ake" symbol
YES	NO	$\mathbf{x}$	
COURSE REPEATABILITY:  Is this course repeatable for credit?	YES N	o 🗓	
Justification: Indicate why the cours example, the course follows a different			
How many times may the course be	repeated for credit?		TIME
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WHAT IMPACT, IF ANY, WILL THIS HAVE ON BUDGET, FACILITIES		
There is no estimated impact from offering this course on budget,	facilities or	aculty.
D. LIBRARY COLLECTIONS  Have you contacted the library collection development officer (kljensen@adequacy of library/media collections, equipment, and services available of contact and resolution. If not, explain why not.  No X Yes No impact on library collections.	Dalaska.edu, e for the propo	474-6695) with regard to the osed course? If so, give date
D. IMPACTS ON PROGRAMS/DEPTS  What programs/departments will be affected by this proposed act  Include information on the Programs/Departments contacted (e.g., email, memo)	tion?	
There are no expected impacts on other programs or departments.		
I. POSITIVE AND NEGATIVE IMPACTS  Please specify positive and negative impacts on other courses, progra proposed action.		
Positive impacts include a RECR course that students appreciate gi	iven Alaskan	geography.
course applications to make sure that the quality of UAF education is not change. Please address this in your response. This section needs to be as needed to fully justify the proposed course.  There is a demand for continuation of this course from our students.	self-explanate	result of the proposed ory. Use as much space
There is a demand for continuation of this course from our students.		
PPROVALS: Add additional signature lines as needed.		
Signature, Chair, Program/Department of: RECR/CTC	Date	2-1-2014
	Date	2-12-14
Signature, Chair College/School Curriculum Council for: CTC	Date	
/ / / Well Deals	Date	2/13/14
Signature, Dean, College/School of:		1 1 1
	Date	
Signature, Dean, College/School of:	Date	
Offerings above the level of approved programs must be appr	roved in ad	vance by the Provost.
	Date	
Signature of Provost (if above level of approved programs)		
ALL SIGNATURES MUST BE OBTAINED PRIOR TO SUBMISSIO	ON TO THE	GOVERNANCE OFFICE
	Date	
Signature, Chair		
	_GAAC	

## ATTACH COMPLETE SYLLABUS (as part of this application). The guidelines are online:

http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/uaf-syllabus-requirements/

The Faculty Senate curriculum committees will review the syllabus to ensure that each of the items listed below are included. If items are missing or unclear, the proposed course (or changes to it) may be <u>denied</u>.

During the first week of class, instructors will distribute a course syllabus. Although modifications may be made the semester, this document will contain the following information (as applicable to the discipline):	throughout
<ol> <li>Course information:</li> <li>□Title, □ number, □credits, □prerequisites, □ location, □ meeting time (make sure that contact hours are in line with credits).</li> </ol>	
<ul> <li>2. Instructor (and if applicable, Teaching Assistant) information:</li> <li>☐ Name, ☐ office location, ☐ office hours, ☐ telephone, ☐ email address.</li> </ul>	
<ul> <li>3. Course readings/materials:</li> <li>□ Course textbook title, □ author, □ edition/publisher.</li> <li>□ Supplementary readings (indicate whether □ required or □ recommended) and □ any supplies required.</li> </ul>	
<ul> <li>4. Course description:</li> <li>Content of the course and how it fits into the broader curriculum;</li> <li>Expected proficiencies required to undertake the course, if applicable.</li> <li>Inclusion of catalog description is strongly recommended, and</li> <li>Description in syllabus must be consistent with catalog course description.</li> </ul>	
5. ☐ Course Goals (general), and (see #6)	
6. ☐ Student Learning Outcomes (more specific)	
<ul> <li>7. Instructional methods:</li> <li>Describe the teaching techniques (eg: lecture, case study, small group discussion, private instruction, stuinstruction, values clarification, games, journal writing, use of Blackboard, audio/video conferencing, etc.).</li> </ul>	udio
8. Course calendar:  A schedule of class topics and assignments must be included. Be specific so that it is clear that the instruction thought this through and will not be making it up on the fly (e.g. it is not adequate to say "lab". Instead, give title that describes its content). You may call the outline Tentative or Work in Progress to allow for modification the semester.	each lab a
<ul> <li>9. Course policies:</li> <li>Specify course rules, including your policies on attendance, tardiness, class participation, make-up examplagiarism/academic integrity.</li> </ul>	ns, and
10. Evaluation:  ☐ Specify how students will be evaluated, ☐ what factors will be included, ☐ their relative value, and ☐ h will be tabulated into grades (on a curve, absolute scores, etc.) ☐ Publicize UAF regulations with regard to t of "C" and below as applicable to this course. (Not required in the syllabus, but may be a convenient way to this.) Faculty Senate Meeting #171: <a href="http://www.uaf.edu/uafgov/faculty-senate/meetings/2010-2011-meetings/#171">http://www.uaf.edu/uafgov/faculty-senate/meetings/2010-2011-meetings/#171</a>	he grades
11. Support Services:	
☐ Describe the student support services such as tutoring (local and/or regional) appropriate for the course.	
<ul> <li>12. Disabilities Services: Note that the phone# and location have been updated.         The Office of Disability Services implements the Americans with Disabilities Act (ADA), and ensures that UA have equal access to the campus and course materials.         □ State that you will work with the Office of Disabilities Services (208 WHITAKER BLDG, 474-5655)to provi reasonable accommodation to students with disabilities.     </li> </ul>	

# **Introduction to Arctic Backpacking**

1-Credit

Instructor-Frank Olive

Contact: 474-6027; folive@alaska.edu

June 13<sup>th</sup>-22<sup>nd</sup>

Field trip fee: \$450

#### Course Meetings-

<u>Pre-Trip Meeting-</u> Outdoor Adventures office at 519 Copper Lane Friday 6/13 5:30pm-7:30pm

<u>Classroom- Outdoor Adventures Office at 519 Copper Lane</u> Saturday 6/14 9am-5pm

<u>Classroom- Outdoor Adventures Office at 519 Copper Lane</u> Sunday 6/15 11-5pm

<u>Field Trip- Brooks Range Backpacking</u> Monday 6/16- Sunday 6/22

#### **Course Description**

This course is designed to introduce students to the art of backpacking the Arctic. We will cover a wide range of topics regarding multiday hiking in the Brooks Range. We will go over route planning, food preparation, gear choices, and emergency preparedness here in Fairbanks. We will then head out for a week long backpacking trip in the Brooks Range. This environment will provide many opportunities for instruction and learning moments. We will specifically discuss navigation, river crossings, camp selection, safe bear practices and many of the Leave No Trace camping ethics that are important while backpacking in the Arctic.

#### **Course Goals**

The students should leave this course with a good understanding of backpacking in the Arctic. Students should be able to plan a route and put together the logistics of their own backpacking trips. This class will provide students with an understanding of the gear that they need for backpacking and its correct use in the field. This class will also help develop a good sense of judgment for future backpacking trips. Hopefully the students will also leave the course with a love and respect for the arctic environment in which they have traveled.

#### **Appropriate Student Background**

There are no prerequisites for this course; however, enrollees must be in adequate physical condition to carry a 40+ pound pack over rough arctic tundra for a week. Students must be willing to: travel in inclement weather, have wet feet, do river crossings, deal with lots of bugs, and travel over steep and unstable terrain.

#### **Equipment**

Outdoor Adventures will provide: tents, backpacks, sleeping bags, sleeping pads, stoves, and pots. Students will need to have clothing that is appropriate for being outside in the arctic summer environment of Alaska.

#### **Grading**

This is a pass/fail course.

Trip Preparation 25%
Field Scenarios (navigation, campsite selection, route finding, etc.) 25%
Field Notebooks 25%
Participation in the expedition experience 25%

70%- will be considered a passing grade

Grading Rubric for Arctic Backpacking

	5 (Excellent)	4 (Good)	2-3 (Fair)	0-1 (Poor)
Trip Preparation	Student has their personal gear kit for the trip together, organized and complete. Student works hard to make sure that the food, logistics and group gear are thoroughly prepared	Student has most of their personal gear together. Student actively participants in food shopping, logistics and group gear participation	Student has an incomplete or unorganized personal gear kit. They don't do their share of the pre-trip preparations with the group food and gear.	Student has not taken the necessary steps to get any of their gear together. They are absent from the trip preparation or don't do anything to make the logistics for the trip happen
Field Scenarios	Student fully grasps the concepts presented in LNT, navigation, route finding and other field lessons and can then implement them on their own	Student has a good grasp of the field concepts that are presented and can demonstrate these concepts with a little help	Student has a partial understanding of the different field scenarios and has trouble demonstrating any of those lessons.	Student has no grasp of the field concept lesson that are presented and can't demonstrate any of them without significant help
Field Notebook	Student fully utilizes the field note book for taking notes and checking lists before the trip, thoughts and reflections in the field and also has notes taken during the field scenarios	Student takes some notes in the notebook about the trip prep and lesson and also writes some reflections while out on the trip.	Student has a notebook but doesn't use it much	Student doesn't have a field notebook
Participation in the Expedition Experience	Student engages with the group in a positive manner. They pitch in and do more than their share of the camp chores. They also are encouraging and patient with other members of the group	Students are positive and helpful most of the time. They do their share of the camp chores and participate in the decisions that the group makes	Student is sometimes unengaged or negative with other members of the group. They only participate in some of the group discussions and mainly do camp chores that benefit themselves directly.	Student is not engaged with the group at all. Never does any camp chores and is negative, sullen and makes no effort to resolve any issues within the group

#### **Course Material**

There is no text book. Students will need to have a field notebook and pencil for the course.

**Course Assignments** 

Students will be expected use the notebook to create a future reference for backcountry travel. This should include: Notes about gear, notes about food choices including likes/dislikes and amounts, daily distances and times, route hints and reminders for next time, general reminder notes, and reflections about the trip (I.E. why you are there?) This notebook can also contain references and helpful hints such as navigation reminders

#### **Risk Tolerance**

Due to the nature of outdoor travel there are certain risks in this class. Acceptable risks include: hiking up steep hills with a backpack of 50+ pounds for many miles of rough terrain, doing stream crossings, camping out for seven days in Alaska arctic weather, dealing with wildlife, snowstorms, wind, ice and mud. Driving risks may include slick and snowy roads, poor visibility, and wildlife.

#### **Students with Disabilities**

The Office of Disability Services implements the Americans with Disabilities Act (ADA), and insures that UAF students have equal access to the campus and course materials. The instructor will work with the Office of Disabilities Services (203 WHIT, 474-7043) to provide reasonable accommodation to students with disabilities. Please inform the instructor of any disabilities during the first class session.

# **Budget Intro to Arctic Backpacking (RECR F170J)**

Transportation Cost- Gear Rentals- Trip Food-	\$775 \$675 \$800
Total-	\$2250
Total Divided by 5 students-	\$450

Class Fee for Intro to Arctic Backpacking \$450