Fairbanks Quarantine Fact Sheet

Objective
The National Science Foundation (NSF) and the Institute of Arctic Biology (IAB) both require a quarantine due to COVID-19. This factsheet provides information to researchers who will quarantine in Fairbanks during the 2021 field season. NSF’s contractor for Arctic logistics, will provide support for you during this quarantine period.

The purpose of a quarantine is to protect both travelers and communities. The expectation is that all travelers who enter quarantine in Fairbanks – whether at their homes or in local hotels – will be diligent in remaining isolated from other individuals.

- Stay in your hotel room or home.
- All housemates or family members must follow quarantine rules as well, or the traveler must remain segregated from the other occupants.
- Solo walks or runs are acceptable.

Instructions on hotel shuttles
Shuttle service is available to both Sophie Station Suites and the Wedgewood Resort in Fairbanks, AK. The shuttles are running with social distancing in mind, with limited numbers of people on each shuttle (up to 5 people at a time). To get the shuttle, please call:

- For Sophie Station Suites (907) 479-3650
- For Wedgewood Resort (907) 452-1442

Quarantine lodging accommodations
Lodging is being provided by the National Science Foundation during your quarantine. We will make reservations based on the information you provide in your survey. The Fountainhead Hotels [Wedgewood and Sophie's Station] have their own COVID protocols. Points include:

- “Our guests will have, at most, 3 other guests sharing a landing/entry.”
- “No housekeeping while under quarantine. Staff will be happy to bundle requested linens, towels, and toiletries and drop off outside the guest room. We will also pick up soiled linens and trash as needed. We ask that they dirty towels/linens are bagged for pick up.”

Arranging food during quarantine
To limit any public health impacts, we are asking all travelers to refrain from shopping in-person at the grocery store upon arrival to Fairbanks. It is possible to arrange grocery, alcohol, and food delivery to the hotel during your quarantine period. Here is a list of food resources available in the Fairbanks area:
• **Instacart** allows users in Fairbanks to order directly from 3 grocery retailers including Costco, Safeway, and Fred Meyer. Delivery fees apply, but delivery can often take place on the same day within a few hours of ordering.

• **Fred Meyer** locations in Fairbanks offer delivery on the same day (or early next day if the order is made late in the day) for a $9.95 fee.

• **Safeway** in Fairbanks offers contact-free delivery on the same day (or early next day if the order is made late in the day) for a $9.95 fee.

• **Walmart** offers contact-free delivery of groceries and housewares. There is a $30.00 minimum charge for delivery orders. These orders often are not available on the same day and require advance scheduling, often a few days in advance.

• **Door Dash** offers restaurant delivery from a number of Fairbanks restaurants to both Sophie Station and the Wedgewood. They offer a no-contact delivery option. Delivery fees range from $1.99 to $4.99 per order depending on the restaurant.

• AK Speed Eats is a Fairbanks-based food delivery app. They offer delivery from many local restaurants during standard lunch and dinner hours, 11:00 am to 2:00 pm and 5:00 pm to 8:00 pm. In order to see the offerings, you would need to download their app on your smartphone.

• **Dumpling** is an app-based delivery service. In Fairbanks, Al-a-Cart (through the Dumpling app) can complete personal shopping tasks and deliver to the hotel. Local contact Alice Orlich can also be reached by text (907) 978-4747 or [https://shop.dumpling.us/aliceo](https://shop.dumpling.us/aliceo).

• Hotel room service from Zach’s Restaurant and Express Room (Sophie Station) is available for evening meals. To order, call (907) 479-3650.

Please note that it will be more difficult to accommodate any specialty food for dietary restrictions. If this applies to you, please plan to bring any necessary specialty food from home and we will reimburse for excess baggage charges, with a receipt. We advise that you travel with favorite food items for at least 2 days as grocery delivery services may take 1-2 days to schedule.

**Instructions for testing during quarantine**

Beacon Occupational Health and Safety will be providing Polymerase Chain Reaction (PCR) testing for COVID-19. The duration of your quarantine and the testing intervals will be coordinated with your Project Manager. Fairbanks staff will be in touch with directions on your testing.

**Instructions for medical concerns**

If during quarantine you need medical care, consider calling our telemedicine service at 720.848.2828 or 1.844.285.4555. Be sure to ask for “Arctic Support.” If in-person care is necessary, there are several walk-in clinics and Fairbanks Memorial Hospital in the community. Please notify your Project Manager and Toolik Field Station if you do feel ill. Travel to a clinic for health care will reset your quarantine.

**Instructions for miscellaneous needs during quarantine**

Toolik Field Station and local PFS staff can provide limited expediting to researchers if necessary, for example pharmacy items such as prescription medication. For critical expediting needs, please email ARO-Quarantine@polarfield.com

While in quarantine you can receive mail directly to the hotel, please just have your name clearly marked on the package and the front desk will arrange delivery. For Sophie Station: RESEARCHER NAME c/o
Sophie Station Suites 1717 University Avenue, Fairbanks AK 99709. For Wedgewood Resort: RESEARCHER NAME c/o Wedgewood Resort 212 Wedgewood Drive, Fairbanks AK 99701.

**Instructions for per diem reimbursement**

Battelle ARO will provide NSF reimbursements for food expenses *for researchers in the quarantine hotel*, for the duration of your quarantine, not including your travel days. Reimbursement at $55/per day will be provided via an expense report that your Project Manager will submit on your behalf. This payment can go to an individual or a department (if, for example, you received a travel advance).

**Contacts:**

- Email will be checked on a regular basis - [ARO-Quarantine@polarfield.com](mailto:ARO-Quarantine@polarfield.com)
- Fairbanks main line 907-455-4214
- TFS Safety Coordinator 703-609-2847