

# Relationship Violence:

*Dating, Domestic Violence, Sexual Assault,  
or Stalking*

## *Know Your Rights and Options*

*If you are, or think you have been the victim of relationship violence including sexual assault, dating violence, domestic violence, or stalking, you have rights and choices.*

*You are not alone.*



*Resources for Medical Examination and Evidence collection*

*Options for medical attention following an assault include:*

**Fairbanks Memorial Hospital**

1650 Cowles St.  
907-452-8181

**Sexual Assault Nurse Examiners or Sexual Assault Response Teams**  
907-452-8181

*Or any local police station.*

# What you should do if violence, sexual assault

- 1 Get safe.** Safety is the most important thing. Get to a safe place whether in your home, with a friend, a family member, or a medical facility.
- 2 Get support.** You don't have to cope alone. Call someone you trust, or reach out to one of the resources listed on this brochure.
- 3 Get medical attention.** We urge you to seek medical attention, including a specialized medical examination to collect and preserve important evidence. Medical attention can reduce the risk of injury, pregnancy, or infection.
- 4 Preserve evidence.** All physical evidence should be collected immediately, ideally within the first 24 hours. Even if you choose not to report to law enforcement, the process gives you the chance to safely store DNA evidence should you decide to report at a future time. You should make every effort to NOT bathe, douche, smoke, change clothing, or clean the bed/linen/area where the assault occurred. If you change clothes, keep them in a paper bag. Police and forensic nurse examiners are in the best position to secure evidence of a crime. Evidence also may be helpful in obtaining a protection order. You are encouraged to also save text messages, instant messages, social networking pages, and other communications, as well as keep pictures, logs, or other copies of documents that would be useful to university adjudicators, investigators, or police.
- 5 Report the incident.** We strongly encourage you to report the incident.

# **dating violence, domestic or stalking has occurred:**

*Multiple resources and options for reporting are included in this brochure. The Title IX coordinator can help with interim measures – making adjustments to assist you in academic, housing or employment areas. There is no time limit for reporting. When you decide you're ready, you can report to the university, to law enforcement, or to both. You can also decide not to report.*

## **Options for assistance, accommodations, support and protective measures:**

Upon your request, the university can assist you in obtaining services and accommodations following a report of sexual assault, intimate partner violence, or stalking, regardless of whether you choose to make a report to campus police or local law enforcement.

If reasonably available, options include, but are not limited to, changes to academic, living, working, or transportation situations including:

- Rescheduling of exams and assignments;
- Changing class schedules, or assisting in withdrawal without penalty;
- Changing university work schedule or job assignments;
- Changing campus housing;
- Making transportation arrangements or arranging a safety escort;
- Imposing an on-campus “no contact order” to stop contact and communications between two or more individuals; and
- Adjusting access to the university or university services or functions.

To request changes to academic, living, transportation, and/or working situations or protective measures, contact either the Title IX Office, the Dean of Students Office on the Fairbanks campus, Student Services at community campuses, and/or the Department of Residence Life.

*If you wish to receive assistance in requesting these accommodations, contact the Department of Equity and Compliance at 907-474-7300 or visit 355 Duckering Building.*

## ***Other local Alaska reporting options:***

*Anchorage University Police Department\*  
Eugene Short Hall  
911 or 907-786-1120*

*Anchorage Police Department  
4501 Elmore Rd.  
911 or 907-786-8500*

*Cordova Police Department  
610 Railroad Ave.  
911 or 907-424-6100*

*Fairbanks UAF Police Department\*  
Whitaker Building  
612 Yukon Dr.  
911 or 907-474-7721*

*Fairbanks Police Department  
911 Cushman St.  
911 or 907-450-6500*

*Glenallen Alaska State Troopers  
911 or 907-822-3263*

*Homer Police Department  
4060 Heath St.  
911 or 907-235-3150*

*Juneau Police Department  
6255 Alaway Ave.  
911 or 907-586-0600*

## **Reporting Incidents of Domestic Violence, Dating Violence, Sexual Assault, and Stalking:**

If you have been the victim of domestic violence, dating violence, sexual assault, or stalking, report the incident promptly to the Title IX coordinator.

### ***University reporting options include:***

*Title IX Coordinator  
355 Duckering Building  
907-474-7300  
uaf-tix@alaska.edu  
www.uaf.edu/titleix/*

*UA Confidential Hotline  
855-251-5719  
www.alaska.ethicspoint.com*

Online reporting options include the ability to report anonymously or disclose your full or partial identity.

### ***Talking to university employees:***

All faculty and staff, including residence life employees, are considered responsible employees and are required to report incidents to the Title IX Coordinator. If you talk to them about an incident, they are required to report it to the Title IX Office.

University counselors, clergy, or persons with a professional license requiring confidentiality who are working within that license are considered confidential employees and are not required to make reports to the Title IX office.

*Learn more at: <https://www.alaska.edu/titleIXcompliance/responsible-employee/>*

# Optional Involvement of Law Enforcement or Campus Authorities

Although the university strongly encourages all members of its community to report incidents to law enforcement, it is your choice. You have the right to decline to notify law enforcement. The Title IX Office is here to assist you with notifying law enforcement if you desire.

\* Any reports of domestic violence, dating violence, sexual assault, or stalking made to university police will automatically be referred to the Title IX Coordinator for assessment, and investigation when deemed appropriate, regardless of whether there is a criminal investigation or proceeding.

## *How the university will protect your privacy and confidentiality:*

Your personally identifiable information will be treated as private and only shared with persons who have a specific need-to-know, such as those who are investigating/adjudicating your report or those involved in providing support services you may require, including interim measures, counseling, or residence changes. Absolute confidentiality may not be maintained in all circumstances, especially if the university must take action to protect the safety of others.

The university does not publish the name of crime victims or other identifiable information in the daily crime log or in the annual crime statistics that are disclosed in compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act. If a timely warning notice to the campus community is required to ensure safety, names and other personally identifiable information about the complainant will always be withheld.

*Kenai Police  
Department  
107 S. Willow St.  
911 or 907-283-7879*

*Ketchikan Police  
Department  
361 Main St.  
911 or 907-225-6631*

*Kodiak Police  
Department  
2160 Mill Bay Rd.  
911 or 907-486-8000*

*Palmer Police  
Department  
423 S. Valley Way  
911 or 907-745-4811*

*Sitka Police  
Department  
304 Lake St. #102  
911 or 907-747-3245*

*Soldotna Police  
Department  
177 N. Birch St.  
911 or 907-262-9107*

*Valdez Police  
Department  
212 Chenega Ave.  
911 or 907-835-4560*

# On-Campus Resources

## *Support services within the university and in the community:*

There are numerous resources and services available to you on campus and in the community, including counseling, health, mental health, advocacy, legal assistance, visa and immigration assistance, and student financial aid support.

### ***Counseling, Health, and Mental Health***

*UAF Student Health and Counseling Center  
203 Whitaker Building  
1788 Yukon Drive  
Phone: 907-474-7043*

### ***Center for Student Rights and Responsibilities***

*Eielson Building, Room 110  
907-474-7317*

### ***Disability Services***

*Director of Disability Services  
Whitaker Building, Room 208  
907-474-5655*

### ***Residence Life***

*Director, Residence Life  
Moore-Bartlett-Skarland Complex  
907-474-1956*

### ***Student Financial Aid***

*Office of Financial Aid  
Eielson 107  
907-474-7256*

### ***Legal Assistance***

*UAF campuses do not offer on-campus legal assistance, but support is available through off-campus resources.*

### ***Additional Title IX Contacts***

*Bristol Bay Campus  
907-842-5109  
sclong@alaska.edu*

*Chukchi Campus  
907-978-0425  
pppinney@alaska.edu*

*Community and Technical College  
907-455-2863  
drjames@alaska.edu*

*Interior Alaska Campus  
907-474-6770  
rrbrooks@alaska.edu*

*Kuskokwim Campus  
907-543-4562  
castockdale@alaska.edu*

*Northwest Campus  
907-443-8416  
klmiller@alaska.edu*

*Toolik Field Station  
907-474-2466  
babiebuyck@alaska.edu*

# Off-Campus Resources

## *Counseling, Health, and Mental Health and Victim Advocacy*

The University of Alaska has compiled a list of off-campus locations where students may seek counseling, health, mental health, and victim advocacy services:

### **Anchorage**

*AWAIC–Abused Women’s Aid in Crisis*  
Suzi Pearson  
100 W. 13th Ave.  
Anchorage, AK 99501  
Office: 907-279-9581  
Crisis: 907-272-0100

*FNSP–Forensic Nursing Services of Providence 24-Hour Services*  
Weekday hours: 9 a.m.-5 p.m., Mon.-Fri.  
Phone: 907-212-8544  
After-hours pager: 907-212-6080

*SAPR–Elemendorf Sexual Assault Prevention and Response*  
7179 Fighter Dr.  
JBER, AK 99501  
Phone: 907-551-2033

*SARC–Fort Richardson Sexual Assault Response Coordinator*  
Richardson Drive, Bldg. 600,  
Room A130  
JBER, AK 99505

*STAR–Standing Together Against Rape*  
Amanda Price  
1057 W. Fireweed, #230  
Anchorage, AK 99503  
Office: 907-276-7279  
Crisis: 907-276-7273

### **Barrow**

*AWIC–Arctic Women In Crisis*  
Virginia Walsh  
P.O. Box 69  
Barrow, AK 99723  
Office: 907-852-0261  
Crisis: 800-478-0267 / 907-852-0267

### **Bethel**

*TWC–Tundra Women’s Coalition*  
Denise Tommy  
P.O. Box 2029  
Bethel, AK 99559  
Office: 907-543-3444  
Crisis: 800-478-7799 / 907-543-3456

### **Cordova**

*CFRC–Cordova Family Resource Center*  
Nicole Songer  
P.O. Box 863  
Cordova, AK 99574  
Office: 907-424-5674  
Crisis: 866-790-4357 / 907-424-4357

### **Dillingham**

*SAFE–Safe And Fear-Free Environment*  
Marilyn Casteel  
P.O. Box 94  
Dillingham, AK 99576  
Office: 907-842-2320  
Crisis: 800-478-2316 / 907-842-2316

## **Fairbanks**

*Resource and Advocacy Center  
Room 130, Wood Center  
24-hour office 907-474-6360,  
uafadvocate@iacnvl.org*

*Student Health & Counseling Center  
Hours: 8 a.m.-5 p.m., Mon.-Fri.  
Phone: 907-474- 7043*

*Alaska Native Women Coalition  
Phone: 907-378-0363*

*Careline Crisis Intervention  
Phone: 907-452-4357  
Text “4help” to 839863*

*Crisis Line for Domestic Violence  
and Rape  
Phone: 907-452-2293*

*Fairbanks Community Behavioral  
Health Emergency  
Phone: 907-452-1575*

*Fairbanks Memorial Hospital  
Emergency Room  
Phone: 907-458-5555*

*Fairbanks Regional Public Health  
Phone: 907-452-1776*

*Eielson Air Force Base  
Phone: 907-377-7272*

*Fort Greely  
Phone: 907-873-3284*

*Fort Wainwright  
Phone: 907-353-7272*

*Interior Alaska Center for Non-  
Violent Living  
Phone: 907-452-2293*

*Sexual assault nurse examiners or  
sexual assault response teams  
Phone: 907-458-5221*

*Tanana Chiefs Conference Family  
Centered Service  
Phone: 907-452-8215*

## **Homer**

*SPHH–South Peninsula Haven House  
Jessica Lawmaster  
3776 Lake Street, Suite 100  
Homer, AK 99603  
Office: 907-235-7712  
Crisis: 800-478-7712 /907-235-8943*

## **Juneau**

*AWARE–Aiding Women in Abuse and  
Rape Emergencies  
Mandy Cole  
P.O. Box 20809  
Juneau, AK 99802  
Office: 907-586-6623  
Crisis: 800-478-1090 /907-586-1090*

## **Ketchikan**

*WISH–Women in Safe Homes  
Agnes Moran  
P.O. Box 655  
Ketchikan, AK 99901  
Office: 907-228-4099  
Crisis: 800-478-9474 /907-225-9474*

## **Kenai**

*The LeeShore Center  
Cheri Smith  
325 S. Spruce St.  
Kenai, AK 99611  
Office: 907-283-9479  
Crisis: 907-283-7257*



## **Kodiak**

KWRCC–Kodiak Women’s Resource  
and Crisis Center  
Rebecca Shields  
P.O. Box 2122  
Kodiak, AK 99615  
Office: 907-486-6171  
Crisis: 907-486-3625

Providence Kodiak Island Borough  
Counseling Center  
Office: 907-481-2400  
Crisis: 877-266-4657

## **Kotzebue**

MFCC–Maniilaq Family Crisis Center  
P.O. Box 38  
Kotzebue, AK 99752  
Office: 907-442-3724  
Crisis: 907-442-3969

## **Nome**

BSWG–Bering Sea Women’s Group  
Violet Charles  
P.O. Box 1596  
Nome, AK 99762  
Office: 907-443-5491  
Crisis: 800-570-5444 /907-443-5444

## **Palmer**

Alaska Family Services  
1825 Chugach St.  
Palmer, AK 99645  
Phone: 907-746-4080  
Crisis: (toll free) 1-866-746-4080;  
(local) 907-746-4080

## **Seward**

SeaView Community Services  
Dawn McDevitt, DVSA coordinator  
302 Railway Avenue  
Seward, AK 99664  
Office: 907-224-5257  
Crisis: 907-224-3027  
Toll-free: 1-888-224-5257

## **Sitka**

SAFV–Sitkans Against Family Violence  
Natalie Wojcik  
P.O. Box 6136  
Sitka, AK 99835  
Office: 907-747-6511  
Crisis: 800-478-6511 /907-747-6511

## **Soldotna**

KPC–Counseling and Health  
Bettina Kipp, Counseling and Advising  
Department chair  
Office: 907-262-0334

## **Unalaska**

USAFV–Unalaskans Against Sexual  
Assault and Family Violence  
M. Lynn Crane  
P.O. Box 36  
Unalaska, AK 99685  
Office: 907-581-1500  
Crisis: 800-478-7238 /907-581-1500

## **Valdez**

AVV–Advocates for Victims of Violence  
Rowena Palomar  
P.O. Box 524  
Valdez, AK 99686  
Office: 907-835-2980  
Crisis: 800-835-4044 /907-835-2999

## **Wasilla**

Mat-Su Regional Medical Center  
2500 Woodworth Loop, Palmer  
907-352-2880

# Additional Off-Campus Resources

## *Legal Assistance*

The Alaska Legal Services Corporation (ALSC) provides civil legal services to low income and disadvantaged people and communities to protect their safety, their health, and to promote family stability. The ALSC has 12 locations, including offices in Fairbanks, Bethel, Dillingham, Kotzebue and Nome. For contact information for each location, go to: [www.alsc-law.org/contact-us](http://www.alsc-law.org/contact-us)

## *Visa and Immigration Services*

The Alaska Institute for Justice's (AIJ) mission is to promote and protect the human rights of all Alaskans, including immigrants, refugees, and Alaska Native communities, by providing critical services to these underserved populations, including legal representation, language interpretation services, training, and educational programs. The AIJ provides services to immigrant victims of domestic violence and sexual assault. For contact information for the Fairbanks office, go to: <http://www.akijp.org/who-we-are/>

## *Student Financial Aid*

The Alaska Commission on Postsecondary Education and Alaska Student Loan Corporation provides financial aid for college and career planning. For contact information, go to: [acpe.alaska.gov/Contact\\_Us](http://acpe.alaska.gov/Contact_Us)

# What happens after a report of Domestic Violence, Dating Violence, Sexual Assault, and Stalking:

## When an incident is reported, the following will also be assessed:

- If there is an ongoing risk of harm, and if so, what steps should be taken to prevent that risk.
- What resources or safety measures are needed for the reporting party or for the greater university community.
- Whether the behavior warrants review by the Title IX, Student Conduct, or Human Resource offices.
- If changes to policies, practices, or training should be considered and implemented.
- When deemed appropriate, the Title IX coordinator, Student Conduct office, or Human Resources office will initiate a prompt, fair, and impartial investigation to determine if prohibited conduct has occurred.

### *University-initiated protective measures*

The Title IX Coordinator can implement protective measures as determined to be necessary, including no contact, residence hall relocation, adjustment of course schedules, a leave of absence, or position reassignment. These measures may be applied to all parties involved in an investigation.

### *Adjudication of Allegations*

The university's disciplinary process includes a prompt, fair, and impartial investigation and resolution conducted in a manner consistent with university

*For more complete information please review UAF's Annual Security & Fire Safety Report available at [www.uaf.edu/csrr/](http://www.uaf.edu/csrr/)*

*What follows is a shortened overview.*

policy. Resolution usually is completed within 60 days of a report. However, each step allows for extensions of timeframes for good cause with written notice to the complainant and the respondent.

University officials involved in the investigation and adjudication of domestic violence, dating violence, sexual assault, and stalking complaints are trained annually on the issues as well as on how to conduct a fair investigation and hearing process that protects the safety of the complainant, promotes accountability, and provides due process to the respondent.

1. The complainant and the respondent will receive timely notice for meetings at which the complainant or respondent may be present;
2. The complainant, the respondent, and University officials involved in the case will have timely and equal access to any information that will be used during formal and informal disciplinary meetings and hearings;
3. The institutional disciplinary procedures will not be conducted by officials who have a conflict of interest or bias for or against the complainant or the respondent;
4. The complainant and respondent will each have the opportunity to be advised by an advisor of their choice, at their own expense, at any stage of the process. The university reserves the right to define the role of the advisor during any meeting or proceeding where the complainant or respondent involves an advisor.
5. Findings will be made using the preponderance of the evidence standard.
6. The complainant and the respondent will be notified simultaneously, in writing, of the result of any disciplinary proceeding, any change to the result, and when such results become final; and
7. Where an appeal is permitted, the complainant and respondent will both be notified of their rights within the appeal process.

## **Applicable Policies**

The following policies address student and employee conduct, depending on the nature of the case and the role of the individuals involved:

1. Regents' Policy and University Regulation 01.04 applies to students and employees in regard to domestic violence, dating violence, sexual assault, and stalking that constitute sex and gender-based discrimination.

2. Regents' Policy and University Regulation 09.02 applies to students in regard to domestic violence, dating violence, sexual assault, and stalking that are not forms of sex or gender-based discrimination.
3. Regents' Policies and University Regulations 04.02, 04.07, 04.08, 04.10, 04.11 & 09.05 apply to employees in regard to domestic violence, dating violence, sexual assault, and stalking that are not forms of sex or gender-based discrimination.

### ***Amnesty***

The university will provide amnesty for conduct that would warrant minor sanctions under the Student Code of Conduct, such as underage drinking or prohibited drug use, that is related to misconduct reported under Regents' Policy and University Regulation 01.04 and 09.02.

### ***Retaliation***

The university expressly prohibits retaliation. Report incidents of retaliation immediately to the Title IX coordinator.

### ***Investigation***

Investigations are conducted by a trained investigator. Both the complainant and respondent will have an opportunity to identify witnesses and present their accounts of events, including any evidence or information relevant to the investigation.

### ***Discipline***

The Center for Student Rights and Responsibilities imposes or recommends discipline for student respondents and the Human Resources Office imposes discipline for employee respondents according to Regents' policy. For respondents that are both, all applicable discipline procedures may be used.

### ***Appeals***

An appeal of findings of responsibility may be made in writing as outlined in Regents' Policy and University Regulation 01.04, 09.02, 04.07 and 04.08.

### ***Possible Sanctions***

The discipline range for students includes warning, discretionary sanctions (e.g. community service, educational classes, research, counseling), disciplinary probation, restricted access (to part or all of campus), suspension, or expulsion. For employees, the discipline range includes letter of expectation, written reprimand, disciplinary probation, suspension, or termination for cause.

## Learn the 3Ds of Bystander Intervention

**Direct Action:** Check in directly. “Are you ok?”  
“I am heading home, do you want to leave?”

**Delegation:** Ask someone to help step in. It can be a friend, police officer, or even friends of the person in need of help.

**Distraction:** Get creative! Find a way to use a distraction to diffuse the situation. Pretend you know someone or start a dance party.

# Bystander Intervention

Bystanders play a critical role in the prevention of sexual and relationship violence. They are “individuals who observe violence or witness the conditions that perpetuate violence. They are not directly involved, but have the choice to intervene or do something about it.”

- Offer support if you suspect that a person is being harassed, harmed, or has been sexually assaulted or stalked.
- Speak out against all forms of violence.
- Be an advocate for preventing sexual violence.
- Model the behavior that values respect for others.

## Encourage safety for yourself and others

- Have a plan. Talk to your friends about your plans and intentions before you socialize.
- Watch out for others. If you are concerned about someone, offer your support.
- Defuse situations. If you see a person coming on too strong to someone who may be too drunk to make a consensual decision, interrupt, distract or redirect the situation. If you do not feel comfortable doing so, get someone else to step in.
- Trust your instincts. If a situation does not feel right to you, remove yourself and others from the situation if possible.

# Recognize, avoid, and address unhealthy and abusive behaviors such as:

- Frequent yelling or name calling directed at a partner
- Blaming partner for own faults
- Constantly accusing partner of cheating
- Physical harm, such as kicking, holding, slapping, or scratching
- Forcible sex
- Controlling behaviors such as monitoring communication, restricting access to friends and family, or limiting access to financial resources.

*See something. Say something.  
Do something.*

*We care about our students and employees, and the university has resources and services available for those who ask.*

The University of Alaska is an affirmative action/equal opportunity employer and educational institution. The University of Alaska does not discriminate on the basis of race, religion, color, national origin, citizenship, age, sex, physical or mental disability, status as a protected veteran, marital status, changes in marital status, pregnancy, childbirth or related medical conditions, parenthood, sexual orientation, gender identity, political affiliation or belief, genetic information, or other legally protected status. The University's commitment to nondiscrimination, including against sex discrimination, applies to students, employees, and applicants for admission and employment.

Contact information, applicable laws, and complaint procedures are included on UA's statement of nondiscrimination available at [www.alaska.edu/nondiscrimination](http://www.alaska.edu/nondiscrimination).

*We at the University of Alaska care about your safety and well-being. We want you to be informed and to understand all your options.*

*If you have any questions about the material in this brochure, or need assistance, please contact your Title IX Coordinator.*

***[www.alaska.edu/titleIXcompliance](http://www.alaska.edu/titleIXcompliance)***

