



Department of Allied Health  
Course Syllabus  
HLTH F122 First Aid & CPR for Healthcare Provider  
1 Credit Fall 2016 CRN

**Instructor:** Millie Castro, MA, PBT I Ione Flowers  
[mcastro@alaska.edu](mailto:mcastro@alaska.edu)

**Office Hours:** By appointment only  
907-455-2857

**Class Location:** UAF Community and Technical College  
604 Barnette Street

**Class Dates:**  
**Class Hours:**

---

**Pre-Requisites:** None.

**Course Description:** This course is designed to meet the needs of the students entering the health care profession for a variety of entry level jobs. The focus on recognizing the type of emergency interventions that exists, assessing the needs of the patient, and performing interventions to benefit and help stabilize the patient for the first few minutes of an emergency, until EMS arrives. It is divided into two separate topics, First Aid and CPR, both based on the American Heart Association's curriculum. The First Aid component is 8 hours in length. Students learn to safely assess people experiencing an illness or injury, perform immediate interventions, and do no further harm until EMS arrives at their location. The CPR component is 8 hours in length. It is the American Heart Association's Basic Life Support for the Healthcare Providers course. It meets the requirements of any employee or volunteer needing proof that they are current with the recognized standards for CPR. It is the certification required to begin clinical practice.

**Text / Materials:**  
Heartsaver First Aid, American Heart Association, 2nd Edition  
ISBN# 9781616690182

BLS for Healthcare Providers-Professional, American Heart Association,  
ISBN# 9781616690397

**UPON COMPLETION OF THIS COURSE THE STUDENT WILL BE ABLE TO:**

- Assess the emergency situation
- Manage an emergency situation
- Identify the physical condition of the victim

- Identify the need for established consent to provide first aid
- Administer first aid treatment of victim
- Identify hazards and risks in the workplace
- Respond to life threatening emergencies
- Report on incident and treatment provided
- Report the incident to appropriate authorities
- Activate the emergency response system
- Give breaths for adult, child, and infant victims using:
  - Mouth-to-mouth ventilation
  - Mouth-to-mask ventilation
  - Bag-mask ventilation
- Give compressions for adult, child, and infant
  - Pushing hard and fast
  - Allowing for full chest recoil
  - Minimizing interruptions in compressions
- Perform 1 and 2 rescuer CPR for adults, child, and infant victims
- Use AED for victims above 1 year of age
- Relieve choking in the responsive and unresponsive victims of any age

**Attendance and Grading Policy:** This is a skills based course and attendance is mandatory. A total of one hour or more accumulated absence during the course will constitute a significant lack of progress and any student missing one or more hours of instruction may be issued a faculty initiated withdraw from the course.

Students may participate in all aspects of the course, including demonstrating competency in performing a systematic approach to patient assessment, properly assisting patients self-administer their own prescription medications, applying bandages and dressings, participating in oral discussions and questioning from the instructor, as well as group practice and group participation.

Students must obtain 70% or higher on a written exam evaluating topics covered in the First Aid portion of the course and a minimum score of 84% on the American Heart Association written exam, BLS for the Healthcare Provider,

A grade of Pass or Fail will be assigned based on the above criteria.

**Professionalism** You may have a closed topped beverage in lecture, but you must clean up after yourself.

No food is allowed in class. It is a distraction to your participation and to those around you. Turn off or silence cell phones and pagers during class unless otherwise directed. Please do not disturb your fellow students or the instructor by arriving late or leaving the room during lecture. Attend to your personal needs before or after class. You may not bring your children or friends to class with you. You must demonstrate respect for all members of the class and staff. You must participate fully in group activities. You may not engage in any activity that disrupts class or disturbs your fellow students. This includes but is not limited to: chatting, passing notes, texting, use of smokeless tobacco and sleeping during class. If you need to stand during lecture, please move quietly to the rear of the room Failure to follow classroom guidelines will result in your being asked to leave for the remainder of class and you will receive a zero for the entire days' work and/ or participation.

**Confidentiality:** An important part of this course is the sharing of insights and experiences with other students. To benefit from this discussion, it is essential that we all maintain the confidentiality of children, families, programs and staff. We do not use names. We discuss patient and client situations in respectful ways. We always maintain discretion and confidentiality.

**Social Media:** All cell phones should be turned off in courses with a skills lab. No cell phones will be allowed in clinical areas, nor in practicum facilities. Absolutely no sharing of information or photographs taken during clinical/skills/practicum with anyone, including social media sites, such as Facebook. Non-compliance will result in removal from the class and an “F” recorded as a final grade. All students will sign a Social Media Agreement.

**TITLE IX:** The University of Alaska Board of Regents has clearly stated in BOR Policy that discrimination, harassment, and violence will not be tolerated on any campus of the University of Alaska. If you believe you are experiencing discrimination or any form of harassment including sexual harassment/misconduct/assault, you are encouraged to report that behavior. If you report to a faculty member or any university employee, they must notify the UAF Title IX Coordinator about the basic facts of the incident. Your choices for reporting include:

- 1) Access confidential counseling by contacting the UAF Health & Counseling Center at 474-7043;
- 2) Access support and file a Title IX report by contacting the UAF Title IX Coordinator at 474-6600;
- 3) File a criminal complaint by contacting the University Police Department at 474-7721.

**Honor Code:** The Honor Code of the University strictly prohibits cheating. The Honor Code states: Students will not collaborate on any quizzes, in-class exams, or take-home exams that will contribute to their grade in a course, unless permission is granted by the instructor of the course. Only those materials permitted by the instructor may be used to assist in quizzes and examinations.

1. Students will not represent the work of others as their own. A student will attribute the source of information not original with himself or herself (direct quotes or paraphrases) in compositions, these and other reports.
2. No work submitted for one course may be submitted for credit in another course without the explicit approval of both instructors.

The website for the UAF Honor Code (Student Code of Conduct) can be found in section P09.02.020 at <http://www.alaska.edu/bor/policy-regulations/>.

**Violations of the Honor Code will result in a failing grade for the assignment and, ordinarily, for the course in which the violation occurred. Moreover, violations of the Honor Code may result in suspension or expulsion. The honor code of the University of Alaska will be strictly enforced.**

**Retaliation Policy:** The University of Alaska Board of Regents policy prohibits acts of retaliation or coercion. The policy states: No student who is acting in good faith will be subject to restraint, interference, coercion, reprisal, or retaliation for initiating a request or complaint, or for participating in any proceeding, that is designed to foster compliance with regents’ policy, university regulation, or MAU rules and procedures. Students accused of acting in bad faith may be subject to action under regents’ policy, university regulation, and MAU rules and procedures regarding student rights and responsibilities. The Retaliation policy can be found in section P09.01.090 at <http://www.alaska.edu/bor/policy-regulations/>.

**Disability Services:** Instructors teaching in the Allied Health Programs will work with the Office of Disability Services to provide reasonable accommodation to students with disabilities. Disability Services provide a variety of services to assure equal access for all students. Interpreting services, education assistants, note taking, and exam accommodations for students are the most frequently provided accommodations. The staff of Disability Services works with faculty in arranging appropriate services in the classroom. Questions should be directed to the Director of Disability Services at (907)-474-5655. <http://www.uaf.edu/disability/>.

**UAF Community and Technical College  
Allied Health Department  
HLTH F122 First Aid/CPR for the Healthcare Provider  
Fall 2017**

<b>Day One: Four hours</b>	<b>First Aid-Video &amp; skills practice Written test</b>	
<b>Day Two: Six hours (day may be divided into two days)</b>	<b>Basic Life Support CPR for Health Care Providers Video &amp; skills practice Written Test</b>	

10/5/16