

A more recent "yardstick" of hypnotic response has been compiled by LeCron and Bordeaux.²¹

**SCORING SYSTEM FOR INDICATING
DEPTH OF HYPNOSIS
(LeCron-Bordeaux)**

Depth	Score	Symptoms and Phenomena Exhibited
Insusceptible	0	Subject fails to react in any way
Hypnoidal	1	Physical relaxation
	2	Drowsiness apparent
	3	Fluttering of eyelids
	4	Closing of eyes
	5	Mental relaxation, partial lethargy of mind
	6	Heaviness of limbs
Light Trance	7	Catalepsy of eyes
	8	Partial limb catalepsy
	9	Inhibition of small muscle groups
	10	Slower and deeper breathing, slower pulse
	11	Strong lassitude (disinclination to move, speak, think, or act)
	12	Twitching of mouth or jaw during induction
	13	Rapport between subject and operator
	14	Simple posthypnotic suggestions heeded
	15	Involuntary start of eye twitch on awakening

Medium Trance

Somnambulistic or deep trance

- 16 Personality changes
- 17 Feeling of heaviness throughout entire body
- 18 Partial feeling of detachment
- 19 Recognition of trance (difficult to describe but definitely felt)
- 20 Complete muscular inhibition (kinesthetic delusions)
- 21 Partial amnesia
- 22 Glove anaesthesia
- 23 Tactile illusions
- 24 Gustatory illusions
- 25 Olfactory illusions
- 26 Hypercuity of atmospheric conditions
- 27 Complete catalepsy of limbs or body
- 28 Ability to open eyes without affecting trance
- 29 Fixed stare when eyes are open; pupillary dilation
- 30 Somnambulism
- 31 Complete amnesia
- 32 Systematized post - hypnotic amnesias
- 33 Complete anaesthesia
- 34 Post-hypnotic anaesthesia
- 35 Bizarre post-hypnotic suggestions heeded
- 36 Uncontrolled movements of eyeballs; eye coordination lost