Get Your Ducks in a Row!

A five-part series

Discussions to help you plan for end of life
Thursdays, 8:45 am  UPark, room 151
UAF – OLLI  Spring 2019

SYLLABUS

This series of discussions will help you take control of your life and be prepared, as much as you can be, for the coming years, so you can enjoy time with family and friends knowing you’ve put your affairs in order. This is an evolving process for all of us, but doing the hard work now will help you and your loved ones.

Topics for each of these sessions are suggestions, and speakers and attendees will share information and ideas.

February 14  Gather Your Information – Pam Wagaman, Mary Ann Borchert
What your family will need to know – a fill-in-the-blanks list of your important information

February 21  Plan for Your Health Care – Sara Patterson, Rev. Leslie Fails
Have you told family and friends what you want?
How to fill out the Alaska Advance Directives form
Having ‘the conversation’ with loved ones
Where should Advance Directives be filed

February 28  Update Your Will – Mike Cavalliere
And other important paperwork
What is probate and when is it needed
Who is eligible for Medicaid
Where should legal documents be filed
Who can access your bank accounts after you die

March 7  Review Your Finances – Ben Roth
Are you being smart with your money?
Money matters!

March 14  Assure Your Safety and Security – Mary Ann Borchert
What you should do now - for yourself
Is your home safe
Who are the people in your support system
Have you signed up for Smart911
Have you started downsizing
Do you have a Plan B
Have you had ‘the conversation’ with your loved ones

Handouts will be posted at
www.aahfairbanks.org/community resources/documents
and on the OLLI website
Get Your Ducks in a Row!
Spring 2019  Presenters

**Pam Wagaman** is a retired microbiologist and research scientist. She fills her days now with a variety of community projects, watercolor painting, and music. She is Chair of the Aging at Home Fairbanks Steering Committee. pwagaman@sbcglobal.net  1858-717-3103

**Mary Ann Borchert** is a biologist who retired from UAF after 25 years in research and administration. She now spends her time working with various nonprofits and continuing to enjoy the advantages of living in Fairbanks. She is Vice-chair of the Aging at Home Steering Committee. maborche@gmail.com  907-888-2972

**Mike Cavaliere** focuses his law practice, Cavaliere Law Firm LLC, in the areas of estate planning, asset protection, business and tax planning, and probate and trust administration. He is a past president of the Tanana Valley Estate Planning Council. mike@cavalierelawfirm.com (907)374-0516

**Rev. Leslie Ahuvah Fails** is the minister of the Unitarian Universalist Fellowship of Fairbanks, and she has served as a hospital chaplain. She holds a Masters of Divinity and a degree in creative writing. minister@uuff.org  907-451-8838

**Sara Patterson** has worked in healthcare for 18 years, and she is currently the Business Support Coordinator for Palliative Care at FMH. She works to educate people on the need for advance care planning and assists them with completing their advance directives. Sara.patterson@foundationhealth.org  907-458-5102

**Ben Roth** is from Fairbanks and graduated from UAF. He returned here after a short stint Outside and formed a retirement consultant firm, SBS Retirement Consultants LLC, in 2004. He is a Certified Financial Planner, and he believes in an independent and comprehensive approach to financial planning and retirement planning. broth@sbsrc.com  907-374-0487