# PUBLICATION CATALOG UAF COOPERATIVE EXTENSION SERVICE

GREENHOUSE MANAGEMENT LAYING FLOCKS LAWN CARE SEED STARTING
SOIL SAMPLING RAISING RABBITS EDIBLE FLOWERS HORSE PASTURES
TURKEY GREEN POTATOES EVERBEARING STRAWBERRIES GIANT CABBAGES
HOOP HOUSES FRUIT TREES GARLIC SOURDOUGH GOOSEBERRIES CORN
CANNING VEGETABLES CHOKECHERRIES OVERWINTERING SLUGS FERTILIZERS
INVASIVE SPECIES DRIP IRRIGATION TRANSPLANTING TREES HOME HEATING
SOLAR DESIGN CANNING MEAT SMOKING FISH MAKING YOGURT RHUBARB
RECIPES BIRCH TAPPING CANNING MEAT FRUIT LEATHER ZUCCHINI FROM
A TO Z CANNING FRUIT ROOT CELLARS RECOMMENDED VARIETIES INDOOR
PLANTS BROILERS RASPBERRIES CAMPFIRE COOKING BLUEBERRIES JAMS
AND JELLIES COOKING FISH GENERATOR SELECTION WINTER SQUASH
RADON TESTING PANTRY PESTS GREEN TOMATOES CRABAPPLES



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#### WHAT IS COOPERATIVE EXTENSION?

Outreach. The University of Alaska Fairbanks Cooperative Extension Service carries out the outreach mission of Alaska's land-grant university by bringing vital, practical, research-based information to agricultural producers, small business owners, consumers, families and young people.

Putting research-based information to work

COOPERATIVE EXTENSION SERVICE

IN YOUR LIFE



in your life and community



Alaska Lumber Grading Program workshop

#### WHAT DO WE DO?

Extension provides informal education and learning activities to people throughout the state of Alaska. Extension serves farmers, entrepreneurs, families — residents of rural communities as well as people living in urban areas. It emphasizes taking knowledge gained through research and education and bringing it directly to the people to create positive changes.

Visit **www.uaf.edu/ces** to browse our publications, class schedules and various programs, or learn about our highlighted programs in this catalog. Connect with national Extension resources via **www.extension.org**.

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| Managing Alaska Soils  |
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|   | Growing and Overwintering Fuchsia, Geranium, Dahlia          |            |
|   | and Tuberous Begonia   | HGA-00333  |
|   | Soil and Fertilizer Management for Healthy Gardens           | HGA-00338  |
|   | An Alaska Gardener's Fall & Winter To-Do List                | HGA-00429  |
| • | Invasive Plants  |            |
|   | Alaska Invasives ID  | IIOA 10001 |
|   | Don't Plant a Problem: Invasive Garden Species               |            |
|   | Invasive Plant Issues: Control of Bird Vetch                 |            |
|   | Best Management Practices: Controlling the Spread            | F110-00541 |
|   | of Invasive Plants During Road Maintenance Web Only          | DMC_003/2  |
|   | Invasive Plant Issues: Control of Orange Hawkweed            |            |
|   | Invasive Plant Issues: Control of Invasive Chokecherry Trees |            |
|   | invasive riant issues: control of invasive chokecherry frees | F110-00345 |

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|         | Spotted Knapweed Web Only  | . R10-TP-125 |
|         | Orange Hawkweed Web Only   | . R10-TP-129 |
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|         | Invasive Thistles in Alaska Web Only   | . R10-TP-132 |
|         | Japanese Knotweed Web Only   | . R10-TP-133 |
| <b></b> | Irrigation   |              |
|         | Small-Scale Irrigation Options   | FGV-00646    |
|         | Drip Irrigation for Alaska Gardens   | FGV-00648    |
|         | Managing Irrigation for High-Value Crops                                       | FGV-00649    |
| <b></b> | Lawns in Alaska  |              |
|         | Establishing and Maintaining a Lawn in Southcentral                            |              |
|         | and Interior Alaska  | HGA-00045    |
|         | Establishing and Maintaining Lawn in Southeast Alaska                          | HGA-00046    |
|         | Moss Control in Lawns  | HGA-00133    |
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|         | Dealing with Grief from the Loss of Your Pet                                   |              |
|         | Animal Manure as Fertilizer  | LPM-00340    |
|         | Broiler Production   | LPM-00341    |
|         | Home Laying Flock  | LPM-00343    |
|         | Safe Egg Handling for Small Egg-Laying Flocks and Operations $\ldots\ldots$    |              |
|         | How to Grow Your Own Holiday Turkey  |              |
|         | Raising Rabbits in Alaska  |              |
|         | Managing Small Pastures for Horses in Alaska $\textbf{Web Only} \ldots \ldots$ |              |
|         | Goats in Alaska  |              |
|         | Selecting, Brooding & Rearing Small Numbers of Chicks                          |              |
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#### AGRICULTURE AND HORTICULTURE

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|---|----------------|
| for Cut Flower and Rootstock Producers Web Only         | PMC-03444      |
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| Large Aspen Tortrix Web Only                            | PMC-01061      |
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| Spruce Budworm Web Only                                 | PMC-01064      |
| Spruce Needle Cast Web Only                             | PMC-01065      |
| Eriophyid Mites Web Only                                | PMC-01066      |
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| Carpenter Ants in Alaska Web Only                       | PMC-10061      |
| Gall Aphids and Woolly Aphids on Spruce and Hemlock web | Only PMC-10062 |
| Birch Aphid Web Only                                    | PMC-10063      |
| Wood Boring Insects in Alaska Web Only                  | PMC-10064      |
| Insects and Diseases of Alaskan Forests Web Only        | PMC-10066      |
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| Cockroaches   | PMC-10071      |
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| Beneficial Arthropods of Alaska: Natural Enemies        | PMC-10075      |
| Birch Leaf Roller Web Only                              | R10-TP-8       |
| Spruce and Larch Bud Moths Web Only                     | R10-TP-97      |
| Amber-marked Birch Leaf Miner Web Only                  | R10-TP-114     |
| Trees and Obresha                                       |                |
| ► Trees and Shrubs                                      |                |
| Tree Health and Fertilization                           |                |
| Celebrate Arbor Day: A Guide for Schools                |                |
| Transplanting Trees Successfully                        | HGA-00335      |
| Tree Maintenance and Pesticides                         | HGA-00436      |
| Plant A Tree: An Alaska Guide to Tree Care:             |                |
| Select the Right Tree for the Right Place               | HGA-00437A     |
| Select a Good Quality Tree                              | HGA-00437B     |
| Prune Your Tree   | HGA-00437C     |



The Expanded Food and Nutrition Education Program (EFNEP) offers free nutrition classes to help families and youth with limited resources cook healthy meals at home, be more active, save money on food costs and handle food safely. www.uaf.edu/ces/healthy-individuals/efnep

| <b></b> | Clothing Construction and Maintenance                                |            |
|---------|--|------------|
|         | The Cloth Parka  | .CCM-00072 |
|         | How to Make a Trapper Cap \$15                                       | .CCM-00073 |
|         | Alaska Mittens: A Collection of Patterns for All Ages \$6            | .CCM-00077 |
| <b></b> | Community Resource Development                                       |            |
|         | Checklist for Starting a Small Food Processing Business Web Only     | .FNH-00601 |
|         | Checklist for Acidified Foods Produced for Commercial Sale Web Only. | .FNH-00602 |
|         | Know Your Rights When a Debt Collector Calls Web Only $\dots$        | .FRM-00496 |
| <b></b> | Energy Education and Management                                      |            |
|         | Considering Remote Energy for Your Cabin or Camp                     | .EEM-00100 |
|         | Calculating Appliance Energy Costs in Alaska                         | .EEM-00251 |
|         | Space Heater Safety: Using Kerosene and Propane Web Only             | .EEM-00253 |
|         | Home Electricity Audit   | .EEM-00254 |
|         | Permeability of Common Building Material to Water Vapor              | .EEM-00259 |
|         | Insulation Value of Log Versus Frame Wall                            | .EEM-00852 |
|         | Caulks and Sealants Factsheet  | .EEM-01252 |
|         | A Solar Design Manual for Alaska, Sixth Edition Web Only             | .EEM-01255 |
|         | Using Sustainable Energy to Extend the Growing Season                | .EEM-01260 |
|         | Insulating an Existing House   | .EEM-04452 |
|         | Keeping Your House Operating During a Cold Alaska Winter             | .EEM-04955 |
| <b></b> | Food Preservation  |            |
|         | Assembling a Can Sealer  | .FNH-00022 |
|         | Visual Inspection of Can Seams in Home Food Preservation             | .FNH-00023 |
|         | A Harvest of Green Tomatoes  | .FNH-00024 |
|         | Wild Strawberries  | .FNH-00105 |
|         | Fireweed   | .FNH-00106 |
|         | Red Huckleberries  | .FNH-00107 |
|         | Cloudberries   | .FNH-00108 |
|         | Crabapples   | .FNH-00109 |
|         | Lowbush Cranberries or Lingonberries                                 | .FNH-00110 |
|         | Alaska Blueberries   | .FNH-00111 |
|         | Highbush Cranberries   | .FNH-00112 |
|         | Chokecherries  | .FNH-00113 |
|         | Wild Roses   | .FNH-00114 |
|         | O  | ENII 0044E |

#### •••• HEALTH, HOME AND FAMILY DEVELOPMENT

| American Red Raspberry  |           |
|---|-----------|
| Crowberries   | FNH-00117 |
| Nagoonberries   | FNH-00118 |
| Salmonberries   | FNH-00119 |
| Using Alaska's Wild Berries & Other Wild Edibles \$15               | FNH-00120 |
| Gooseberries  | FNH-00121 |
| Serviceberries  | FNH-00122 |
| Watermelon Berries  | FNH-00123 |
| Canning Walrus in Pint Jars   | FNH-00124 |
| Canning Fish in Cans  | FNH-00125 |
| Canning Fish in Quart Jars  | FNH-00126 |
| Canning the Fish Catch  | FNH-00128 |
| Canning Smoked Fish in Cans   | FNH-00129 |
| Salmon Roe Caviar   | FNH-00130 |
| Bullwhip Kelp   | FNH-00131 |
| Backyard Birch Tapping & Syrup Basics                               | FNH-00150 |
| Sauerkraut  | FNH-00170 |
| Canning Tomatoes and Tomato Products                                | FNH-00171 |
| Home Freezing of Fish   | FNH-00222 |
| Home Canning Smoked Fish and Home Smoking Fish for Canning $\ldots$ | FNH-00223 |
| Add Variety to Home-Canned Fish                                     | FNH-00224 |
| Canning Caribou, Deer & Moose                                       | FNH-00226 |
| Canning Meat in Cans  | FNH-00227 |
| Fruit Leather   | FNH-00228 |
| Mailing Alaska Fish   | FNH-00230 |
| Zucchini from A to Z  | FNH-00260 |
| Attractive & Safe Food Preservation Exhibits                        | FNH-00261 |
| Making Jerky  | FNH-00262 |
| Home Freezing of Vegetables   | FNH-00264 |
| Botulism: A Deadly Food Poisoning                                   | FNH-00268 |
| Smoking Fish at Home  | FNH-00325 |
| Converting Dial Steam Pressure Gauge Pressure Canners               |           |
| to Weighted Gauge Canners   | FNH-00603 |
| Preserving Food at Home   | FNH-00700 |
| Canning Overview  | FNH-00705 |
| Canning Acidic Foods: Fruits  | FNH-00710 |
| Canning Low-Acid Foods: Legumes                                     | FNH-00720 |
| Canning Low-Acid Foods: Meat and Poultry in Jars                    | FNH-00721 |

#### HEALTH, HOME AND FAMILY DEVELOPMENT

|   | Canning Low-Acid Foods: Vegetables                                 | FNH-00722 |
|---|--|-----------|
|   | Jams and Jellies   |           |
|   | Remaking Soft Jams and Jellies                                     |           |
|   | Fruit Spreads: Butter, Honey, Sauce, Syrup                         |           |
|   | Pickles and Relishes.  |           |
|   | Freezing   |           |
|   | Drying Fruits & Vegetables   |           |
|   | Storing Vegetables and Fruits at Home Web Only                     |           |
|   | Pickling Fish and Other Aquatic Foods for Home Use <b>Web Only</b> |           |
|   | Salsa Recipes for Canning Web Only                                 |           |
|   | Using and Caring for Your Pressure Canner Web Only                 |           |
|   | So Easy to Preserve \$35   |           |
|   | 20 245) to 1 1000 10 <b>400</b>                                    |           |
| Þ | Food, Nutrition and Health   |           |
|   | Flavored Vinegars  | FNH-00010 |
|   | Collecting, Preserving & Using Morel Mushrooms                     | FNH-00020 |
|   | Make Your Own Mix  | FNH-00060 |
|   | Sourdough  | FNH-00061 |
|   | Making Yogurt at Home  | FNH-00062 |
|   | Making Fresh Mozzarella  | FNH-00063 |
|   | Rhubarb Recipes  | FNH-00064 |
|   | What To Do if Your Freezer Fails                                   | FNH-00080 |
|   | How to Cook Alaska Fish  | FNH-00127 |
|   | Rabbit: Alaska's Game is Good Food Web Only                        | FNH-00324 |
|   |  |           |
|   | Cooking Dried Beans, Peas and Lentils                              | FNH-00360 |

#### **SNAP-Ed**

The Supplemental Nutrition Assistance Program Education (SNAP-Ed) is a nationwide nutrition education and obesity prevention program

funded by the United States Department of Agriculture Food and Nutrition Service. The SNAP-Ed program aims to improve the quality of life in Alaska by providing nutrition education and promoting community change through diverse partnerships to support healthy eating choices and active living. SNAP-Ed has programs in Anchorage, Bethel, Dillingham, Fairbanks, Mat-Su, Nenana, Nome and Tok.

www.uaf.edu/ces/healthy-individuals/snap-ed

| Make It Local: Multiple-Batch Sizes for Home, School, |             |
|---|-------------|
| Parties and Catering Events Web Only                  |             |
| Tantalizing Turnips                                   | FNH-00463   |
| Serving Turkey Safely                                 | FNH-00469   |
| Time for a Kale-abration!                             | FNH-00540   |
| Alaska Kids' Healthy Harvest Cookbook                 | FNH-00557   |
| Choosing Healthy Snacks for Children                  | FNH-00558   |
| Beets   | FNH-00561A  |
| Broccoli  | FNH-00561B  |
| Cabbage   | FNH-00561C  |
| Carrots   | FNH-00561D  |
| Corn  | FNH-00561E  |
| Lettuce   | FNH-00561F  |
| Potatoes  | FNH-00561G  |
| Tomatoes  | FNH-00561H  |
| Summer Squash   | FNH-00561I  |
| Sugar Snap Peas                                       | FNH-00561J  |
| Winter Squash   | FNH-00561K  |
| Herbs   | FNH-00561L  |
| Chard   | FNH-00561M  |
| Pumpkin Seeds   | FNH-00561N  |
| Kohlrabi  | FNH-005610  |
| Paint, Paste, Play Dough, Puppets and Paper Mache     | PCD-00082   |
|   |             |
| ▶ Ground Water Quality                                |             |
| Contaminants in Alaska's Water Resources              | GWQ-00552   |
| Alaska's Changing Landscape and Well Water Arsenic    |             |
| Presence, Testing and Mitigation                      | HCM-04951   |
| DEAGO : : : ALL L'IVI. ALL III III                    | 11014 07050 |



#### **BE A CITIZEN SCIENTIST!**

Through the Alaska Integrated Pest Management Program you can submit questions, reports and photos of invasive species, insect pests, and plant diseases you encounter, as well as view maps showing similar observations.

PFAS Contaminants in Alaska's Water: A Healthy Homes Concern . . . . . HCM-04952

alaskapestreporter.org

#### ► Home Air Quality

| Carbon Monoxide: A Silent Killer               |           |
|--|-----------|
| Home Construction and Maintenance              |           |
| Tips to Live Independently at Home as You Age: |           |
| Entrance Stairs, Ramps, Doors and Lighting     | HCM-00100 |
| Dry Cabins                                     | HCM-00103 |
| Outhouses in Alaska                            | HCM-00300 |
| Allowable Loads for Round Timber Poles         | HCM-00752 |
| Permafrost: A Building Problem in Alaska       | HCM-00754 |
| Building Challenges in Alaska                  | HCM-00952 |
| Foundation Retrofit and Rehabilitation         | HCM-01555 |

Alaska Lumber Grading Program The Alaska Lumber Grading Program provides a certification course to allow small and medium scale sawmill operators to produce dimension lumber from local spruce, hemlock and yellow cedar for home construction in Alaska. When the conditions of the

program are met, the lumber may be accepted as an alternative to grade-stamped lumber for structural applications where required by residential building codes. The program also provides ongoing technical support in dimension lumber grading and educational resources in supplemental topics including lumber drying and sawmill operation.

www.uaf.edu/ces/lumber



Alaska Tribes Extension Program promotes food sovereign and secure Tribes in Alaska by supporting community food security,

resiliency and economic diversity, while upholding traditional knowledge and traditional ways of securing food. We offer handson and virtual workshops, technical assistance and information throughout Alaska in partnership with Tribes and traditional ecological knowledge holders. **www.uaf.edu/ces/tribes** 

| ▶ Pest Management and Control                          |
|--|
| BedbugsPMC-00201                                       |
| ▶ Safety and Alaska Living                             |
| Emergency Water Supply                                 |
| •• NATURAL RESOURCES AND COMMUNITY DEVELOPMENT ••      |
| ► Energy Education and Management                      |
| Firewise Alaska Web OnlyFWM-00120                      |
| Glossary of Forestry Terms Web Only                    |
| Limbing and Bucking FWM-00200                          |
| ► Ground Water Quality                                 |
| Protect Water Resources: Understand Pesticide Movement |
| ► Tourism  |
| Tourism Basics for Rural Alaska Web Only               |



The National AgrAbility Project is a USDA-funded program that provides education and assistance to farmers, ranchers, fishermen and foresters with

disabilities such as arthritis, back or knee pain, vision or hearing loss, amputation or traumatic brain injury. The program provides assessments, training and technical assistance and finds ways for individuals with disabilities to become or remain productive in their desired occupation. AgrAbility provides individuals with help to "modify your practices, not your dreams."

www.uaf.edu/ces/agriculture/agrability



#### Youth who participate in 4-H programs emerge:



Prepared with college readiness skills Driven to lead in their communities Skilled to drive economic growth



food policy leaders by creating

a pipeline of students ready to enter the federal workforce. Federal service supports our communities, and our partnership will identify pathways into public service for high school, bachelor and graduate degree holders. We are partnering with Arizona State University, FoodCorps, Hawai'i Pacific University, and the University of Guam to offer education opportunities, scholarships and internships. Through engagements like model USDA, paid internships and food and climate symposia, the program fosters hands-on learning experiences that highlight USDA career opportunities and strengthen its workforce with knowledgeable and experienced professionals.

www.uaf.edu/ces/initiatives/nextgen



- 2 Delta Junction 907-895-4215
- 3 Northwest/Nome 907-434-8412
- 4 Bethel 907-543-2088
- 5 Dillingham 907-843-0822
- 6 Kodiak 907-486-1503
- 7 Kenai/Soldotna 907-262-5824
- 8 Mat-Su/Copper River 907-745-3360
- 9 Anchorage 907-786-6300
- 10 Juneau 907-523-3280
- 11 Sitka 907-747-9440

Visit an Extension location near you for information, resources and training on a variety of topics.



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