



Alaska Food Cost Survey: Cost of Food for a Week

June 2014

Town	Family of 4 with School Age Children	% of Anchorage	Electricity	Heating Oil	Gasoline	Lumber, 2x4x8'
Anchorage	207.21	100		3.98	3.85	
Bethel	433.79	209			6.03	
Cordova	333.35	161			4.66	
Delta	278.00	134		4.53	4.11	
Dillingham	484.97	234				
Fairbanks	210.88	102		4.61	4.02	
Haines	316.36	153		4.76	4.40	
Homer	263.80	127		4.66	4.28	
Juneau					4.07	
Kenai	234.01	113		4.77	4.41	
Ketchikan	284.41	137		4.71	4.18	
Kodiak				4.72	4.07	
Kotzebue	451.42	218				
Matsu	223.41	108		4.54	3.85	
Nome	394.56	190				
Petersburg				4.49	4.20	
Seward				4.80	4.34	
Sitka	275.93	133			3.89	
Valdez	287.68	139			4.30	
Portland, OR	179.76	87		4.01	3.90	
USDA National Average	150.20					

Town	Family of 4 with School Age Children	Child, 6-8 years	Child, 9-11 years	Male, 20-50 years	Female, 20- 50 years	Family of 2, 20-50 years
Anchorage	207.21	44.42	49.94	59.73	53.11	124.16
Bethel	433.79	93.00	104.55	125.05	111.19	259.93
Cordova	333.35	71.46	80.34	96.10	85.45	199.74
Delta	278.00	59.60	67.00	80.14	71.26	166.58
Dillingham	484.97	103.97	116.88	139.81	124.31	290.59
Fairbanks	210.88	45.21	50.82	60.79	54.05	126.36
Haines	316.36	67.82	76.25	91.20	81.09	189.56
Homer	263.80	56.55	63.58	76.05	67.62	158.07
Kenai	234.01	50.17	56.40	67.46	59.98	140.22
Ketchikan	284.41	60.97	68.55	81.99	72.90	170.42
Kotzebue	451.42	96.78	108.80	130.14	115.71	270.49

Sheet1

Matsu	223.41	47.89	53.84	64.41	57.27	133.87
Nome	394.56	84.59	95.09	113.74	101.14	236.42
Sitka	275.93	59.15	66.50	79.55	70.73	165.34
Valdez	287.68	61.67	69.33	82.93	73.74	172.38
Portland, OR	179.76	38.54	43.32	51.82	46.08	107.71
USDA National Average	150.20	32.2	36.2	43.3	38.5	90.00

Propane

Family of 4
with School
Age
Children

207.21
433.79
333.35
278
484.97
210.88
316.36
263.8
234.01
284.41
451.42

Sheet1

223.41

394.56

275.93

287.68

179.76

150.2

Sheet2

	1 year		22	29.3	33.1	40.5	95.1
2-3	years		24	30.8	37	45	103.8
4-5	years		25.3	31.7	39.3	48	109.7
6-8	years		32.2	45	53.7	63.6	139.4
9-11	years		36.2	48.3	62.1	72.3	156.8
Male	(M):						
12-13	years		39	55.3	69.2	81.2	169.2
14-18	years		40.3	56.1	71.5	82.3	174.5
19-50	years		43.3	55.8	70.1	86.1	187.7
51-70	years		39.5	52.7	65.8	79.1	171.3
71+	years		39.8	52.4	64.5	79.7	172.4
Female	(F):						
12-13	years		39.1	47.7	57.2	70.5	169.4
14-18	years		38.4	47.6	57.8	71.1	166.4
19-50	years		38.5	48.5	59.8	76.3	166.8
51-70	years		38	47.3	58.9	71.1	164.8
71+	years		36.8	46.9	58.1	70	159.5
Families							
Family	(M&F)	of	2-4				
19-50	years		90	114.8	142.8	178.7	390
51-70	years		85.3	110	137.1	165.2	369.7
Family	of	4:					
Couple	(M&F),						
19-50	years	and					
children ²							
2-3	and	4-5	years		131.1	166.8	206.1
6-8	and	9-11	years		150.2	197.6	245.7

Sheet2

126.8	143.3	175.7
133.3	160.1	195.1
137.5	170.2	207.8
195	232.8	275.5
209.3	269	313.4

239.5	300	351.8
242.9	309.6	356.4
242	303.7	373.1
228.4	285	342.7
227	279.4	345.6

206.7	247.8	305.5
206.4	250.3	308
210.1	258.9	330.8
204.8	255.1	308
203.3	251.7	303.1

497.3	618.9	774.3
476.6	594.1	715.8

255.4	568	722.9	892.9	1106.8
298.4	650.8	856.4	1064.4	1292.8