



Cooperative Extension Service Food Cost Survey
University of Alaska Fairbanks
March 2011 (1)

Community	Sales Tax (%) on Food (2)	Missing Items (3)	Couple 20-50y; Children 6-11 (4)	% March 2011 (5)	March 2010 (6)	March 2009	March 2008	Electricity (7)	Heating Oil (8)	Gasoline (8)	Lumber (9)	Propane (10)
Anchorage	0	0	132	100	123.89	128.16	134.05	129.27	4.33	3.89	2.44	4.26
Bethel	6	0	273.52	207	251.75	263.36	237.67	359.39*	5.02	5.45	5.99	7.95
Cordova	6	0	219.56	166	206.10	208.17	197.41	346.13*	4.21	4.49	4.85	3.96
Delta Junction	0	0	174.95	133	166.97	171.93	153.30	201.93	4.05	3.88	3.85	3.67
Fairbanks	0	0	133.18	101	128.00	125.87	127.59	201.93	4.01	3.84	4.51	3.75
Haines	5.5	0	188.36	143	166.03			211.19*	4.08	4.1	3.29	3.88
Homer	0	0	152.82	116	170.51	169.52	171.46	176.02	3.87	1.14	3.05	4.35
Juneau	5	0	140.91	107	135.99	143.83	141.12	0	3.69	3.59	2.56	3.59
Kenai - Soldotna	3	0	135.76	103	148.69	149.09	142.02	173.56	3.63	4.06	2.42	5.01
Ketchikan	6	0	159.56	121	150.47	150.33	142.18	102.2	3.7	3.27	2.65	5.72
King Salmon/Naknek	0	1	312.01	236	304.87		266.85	361.60*	4.4	4.7	6.59	6.95
Nome	5	1	244.45	185	232.46	216.74	223.48	280.92*	4.38	4.99	5.99	5.7
Palmer - Wasilla	2.75	0	146.03	111	129.78	126.25	118.64	143.36	4	3.99	2.81	3.95
Portland, OR	0	0	108.39	82	103.61	102.36	103.68	109.87	4.56	3.54	2.22	2.9
Seward	4	0	196.79	149		186.20	174.90	196.01	3.78	4.1	3.56	3.75
Sitka	5	1	177.88	135	170.05	176.74	162.22	97.04	3.68	3.62	2.58	3.5
Unalaska	3	0	229.1	174				249.50*	3.71	4.08	6.5	5.55
Valdez	0	2	173.96	132	166.75	174.19		235.1	4.15	4.38	4.25	3.92

1 Contact Bret Luick, 907-474-5170 (phone); bluick@alaska.edu (email)

2 Average of adjoining communities where applicable

3 Total food items in survey = 104. See <http://www.uaf.edu/ces/fcs/>

4 Family of 4 including 2 school age children, 6-11 years old

5 Weekly food cost by community as a percentage of Anchorage cost, 100 = Anchorage cost

6 Historical Dollar Values

7 1000 kWh. ** communities participate in the power cost equalization program. See <http://www.state.ak.us/rca/Statistics/pce.html>

8 Per Gallon

9 2" x 4" x 8'

10 Per Gallon, 23.6 gallons equals 100 lbs.



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Weekly Food Costs for Individuals by Age (Years)

Community	Child 1y	Child 2-3y	Child 4-5	Child 6-8	Child 9-11	Male 12-13	Male 14-18	Male 19-50	Male 51-70	Male 71+	Female 12-13	Female 14-18
Anchorage	19.66	20.97	22	27.99	32.49	34.08	35.29	37.82	34.64	34.64	33.98	33.8
Bethel	40.74	43.45	45.59	58	67.31	70.61	73.13	78.37	71.77	71.77	70.42	70.03
Cordova	32.7	34.88	36.59	46.56	54.03	56.68	58.71	62.91	57.61	57.61	56.53	56.21
Delta Junction	26.06	27.79	29.16	37.1	43.06	45.16	46.78	50.13	45.91	45.91	45.04	44.79
Fairbanks	19.84	21.16	22.2	28.24	32.78	34.38	35.61	38.16	34.95	34.95	34.29	34.1
Haines	28.05	29.92	31.39	39.94	46.36	48.63	50.36	53.97	49.43	49.43	48.49	48.23
Homer	22.76	24.28	25.47	32.41	37.61	39.45	40.86	43.79	40.1	40.1	39.34	39.13
Juneau	20.99	22.39	23.49	29.88	34.68	36.38	37.68	40.37	36.98	36.98	36.28	36.08
Kenai - Soldotna	20.22	21.57	22.63	28.79	33.41	35.05	36.3	38.9	35.62	35.62	34.95	34.76
Ketchikan	23.76	25.35	26.59	33.84	39.27	41.19	42.66	45.72	41.87	41.87	41.08	40.85
King Salmon/Naknek	46.47	49.57	52	66.16	76.79	80.55	83.42	89.4	81.87	81.87	80.33	79.88
Nome	36.41	38.83	40.74	51.84	60.16	63.11	65.36	70.04	64.15	64.15	62.93	62.59
Palmer - Wasilla	21.75	23.2	24.34	30.97	35.94	37.7	39.04	41.84	38.32	38.32	37.59	37.39
Portland, OR	16.14	17.22	18.07	22.98	26.67	27.98	28.98	31.06	28.44	28.44	27.9	27.75
Seward	29.31	31.26	32.8	41.73	48.43	50.8	52.62	56.39	51.64	51.64	50.66	50.38
Sitka	26.49	28.26	29.65	37.72	43.78	45.92	47.56	50.97	46.68	46.68	45.79	45.54
Unalaska	34.12	36.4	38.18	48.58	56.38	59.14	61.26	65.64	60.12	60.12	58.98	58.66
Valdez	25.91	27.64	28.99	36.89	42.81	44.91	46.51	49.84	45.65	45.65	44.79	44.54



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Community	Female 19-50	Female 51-70	Female 71+	Family of 2; 19-50	Family of 2; 51-70	Family of 4; children 2-5	Family of 4; children 6-11
Anchorage	33.7	33.42	33.33	78.64	74.89	114.49	132
Bethel	69.83	69.25	69.06	162.95	155.19	237.24	273.52
Cordova	56.06	55.59	55.43	130.8	124.57	190.44	219.56
Delta Junction	44.67	44.3	44.17	104.23	99.26	151.75	174.95
Fairbanks	34	33.72	33.63	79.34	75.56	115.52	133.18
Haines	48.09	47.69	47.56	112.21	106.87	163.38	188.36
Homer	39.02	38.69	38.58	91.04	86.71	132.55	152.82
Juneau	35.98	35.68	35.58	83.95	79.95	122.22	140.91
Kenai - Soldotna	34.66	34.37	34.28	80.88	77.03	117.75	135.76
Ketchikan	40.74	40.4	40.29	95.06	90.53	138.4	159.56
King Salmon/Naknek	79.66	79	78.78	185.88	177.03	270.63	312.01
Nome	62.41	61.89	61.72	145.63	138.7	212.03	244.45
Palmer - Wasilla	37.28	36.97	36.87	87	82.85	126.66	146.03
Portland, OR	27.67	27.44	27.37	64.57	61.5	94.01	108.39
Seward	50.24	49.83	49.69	117.24	111.65	170.69	196.79
Sitka	45.42	45.04	44.91	105.97	100.92	154.29	177.88
Unalaska	58.49	58.01	57.84	136.49	129.99	198.72	229.1
Valdez	44.42	44.05	43.92	103.64	98.7	150.89	173.96