



Cooperative Extension Service Food Cost Survey University of Alaska Fairbanks December 2009

Community	Sales Tax (%) on Food (2)	Missing Items (3)	Couple 20-50y; Children 6-11 (4)	Dec. 2009 (5)	Dec. 2008 (6)	Dec. 2007	Dec. 2006	Electricity (7)	Heating Oil (8)	Gasoline	Lumber (9)	Propane (10)
Anchorage	0	0	123.08	100	131.66	121.31	119.32	140.82	2.84	3.27	2.17	4.50
Bethel	6	1	261.13	212	256.13	229.06	208.79	299.22*	4.62	5.14	5.51	7.95
Cordova	6	0	207.38	168	215.41	193.16	171.19	211.84*	3.43	3.88	3.73	3.92
Delta Junction	0	0	167.72	136	170.39	150.00	146.41	198.21	3.46	3.60	2.95	3.39
Fairbanks	0	0	125.48	102	131.70	122.60	113.97	198.21	3.13	3.28	4.22	3.62
Haines	5.5	0	179.62	146	173.93	172.10	146.44	215.49*	3.16	3.46	2.49	3.61
Homer	0	0	181.11	147	208.78	184.62	159.74	176.31	2.77	3.50	2.62	4.25
Juneau	5	0	146.46	119	142.53	140.79	132.95	107.06	3.04	3.75	2.61	3.16
Kenai - Soldotna	6	0	147.66	120	151.46	138.42	130.41	168.93	2.61	3.55	2.56	3.85
Ketchikan	6	0	142.63	116	146.92	134.73	130.17	102.20	2.92	3.16	2.34	3.33
King Salmon/Naknek	0	7	291.23	237	316.02	264.04		281.00*	3.57	4.43	7.49	6.23
Kodiak	6	0	184.64	150	181.54	159.84	146.36	158.80	3.42	3.50	3.24	5.10
Nome	5	1	227.37	185	217.96	207.60	194.77	279.62*	4.38	4.49	5.99	5.43
Palmer - Wasilla	2.75	0	125.29	102	129.04	120.34	114.20	153.91	3.06	3.26	2.34	4.12
Petersburg	6	0	161.72	131	175.23	160.50		108.90	3.02	3.50	0.00	0.00
Portland, OR	0	0	98.52	80	109.82	100.43	95.88	105.61	3.17	2.60	1.58	2.75
Seward	4	1	178.21	145	173.59	167.06	138.11	176.23	2.74	3.69	3.14	3.65
Sitka	5	1	166.38	135	173.78	152.00	145.51	97.04	2.69	3.15	2.58	3.50
Valdez	0	0	160.68	131	183.21			152.90	3.05	3.81	4.25	3.60

1 Contact Bret Luick, 907-474-6338 (phone); bluick@alaska.edu (email)

2 Average of adjoining communities where applicable

3 Total food items in survey = 104. See <http://www.uaf.edu/ces/fcs/foodlist.htm>

4 Family of 4 including 2 school age children, 6-11 years old

5 Weekly food cost by community as a percentage of Anchorage cost

6 Historic Dollar Values

7 1000 kWh. ** communities participate in the power cost equalization program. See <http://www.state.ak.us/rca/Statistics/pce.html>

8 Per Gallon, Columns 10-11

9 2" x 4" x 8'

10 Per Gallon, 23.6 gallons equals 100 lbs.



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Weekly Food Costs for Individuals by Age (Years)

Community	Child 1y	Child 2-3y	Child 4-5	Child 6-8	Child 9-11	Male 12-13	Male 14-18	Male 19-50	Male 51-70	Male 71+	Female 12-13	Female 14-18
Anchorage	18.27	19.84	20.48	26.11	29.99	31.92	32.85	35.43	32.38	32.57	32.11	31.65
Bethel	38.76	42.09	43.46	55.40	63.62	67.73	69.69	75.17	68.71	69.10	68.12	67.14
Cordova	30.78	33.42	34.51	43.99	50.52	53.79	55.34	59.70	54.57	54.88	54.10	53.32
Delta Junction	24.89	27.03	27.91	35.58	40.86	43.50	44.76	48.28	44.13	44.38	43.75	43.12
Fairbanks	18.62	20.22	20.88	26.62	30.57	32.55	33.49	36.12	33.02	33.20	32.73	32.26
Haines	26.66	28.95	29.89	38.11	43.76	46.59	47.93	51.70	47.26	47.53	46.86	46.18
Homer	26.88	29.19	30.14	38.42	44.12	46.97	48.33	52.13	47.65	47.92	47.25	46.57
Juneau	21.74	23.60	24.37	31.07	35.68	37.99	39.09	42.16	38.54	38.76	38.21	37.66
Kenai - Soldotna	21.92	23.80	24.57	31.33	35.97	38.30	39.41	42.50	38.85	39.07	38.52	37.97
Ketchikan	21.17	22.99	23.74	30.26	34.75	36.99	38.06	41.06	37.53	37.74	37.21	36.67
King Salmon/Naknek	43.23	46.94	48.47	61.78	70.95	75.54	77.72	83.83	76.63	77.06	75.97	74.88
Kodiak	27.41	29.76	30.73	39.17	44.98	47.89	49.27	53.15	48.58	48.86	48.17	47.47
Nome	33.75	36.64	37.84	48.24	55.39	58.97	60.68	65.45	59.83	60.17	59.31	58.46
Palmer - Wasilla	18.60	20.19	20.85	26.58	30.52	32.50	33.44	36.07	32.97	33.15	32.68	32.21
Petersburg	24.00	26.06	26.91	34.31	39.40	41.95	43.16	46.55	42.55	42.79	42.19	41.58
Portland, OR	14.62	15.88	16.40	20.90	24.00	25.55	26.29	28.36	25.92	26.07	25.70	25.33
Seward	26.45	28.72	29.66	37.81	43.42	46.22	47.56	51.30	46.89	47.16	46.49	45.82
Sitka	24.70	26.82	27.69	35.30	40.53	43.15	44.40	47.89	43.78	44.03	43.40	42.78
Valdez	23.85	25.90	26.74	34.09	39.15	41.68	42.88	46.25	42.28	42.52	41.92	41.31



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Weekly Food Costs for Individuals by Age (Years)

Community	Female 19-50	Female 51-70	Female 71+	Family of 2; 19-50	Family of 2; 51-70	Family of 4; children 2-5	Family of 4; children 6-11
Anchorage	31.46	31.09	30.72	73.63	69.84	107.21	123.08
Bethel	66.75	65.97	65.18	156.21	148.18	227.46	261.13
Cordova	53.01	52.39	51.77	124.05	117.68	180.64	207.38
Delta Junction	42.87	42.37	41.87	100.33	95.18	146.09	167.72
Fairbanks	32.08	31.70	31.32	75.06	71.21	109.30	125.48
Haines	45.91	45.38	44.84	107.45	101.93	156.46	179.62
Homer	46.30	45.75	45.21	108.34	102.77	157.76	181.11
Juneau	37.44	37.00	36.56	87.61	83.11	127.58	146.46
Kenai - Soldotna	37.75	37.30	36.86	88.33	83.79	128.62	147.66
Ketchikan	36.46	36.03	35.60	85.32	80.94	124.24	142.63
King Salmon/Naknek	74.44	73.57	72.70	174.21	165.26	253.68	291.23
Kodiak	47.20	46.64	46.09	110.45	104.78	160.83	184.64
Nome	58.12	57.44	56.76	136.01	129.02	198.05	227.37
Palmer - Wasilla	32.03	31.65	31.28	74.95	71.10	109.14	125.29
Petersburg	41.34	40.85	40.37	96.74	91.77	140.87	161.72
Portland, OR	25.18	24.89	24.59	58.93	55.91	85.82	98.52
Seward	45.55	45.02	44.49	106.61	101.13	155.23	178.21
Sitka	42.53	42.03	41.53	99.53	94.41	144.93	166.38
Valdez	41.07	40.59	40.11	96.12	91.18	139.96	160.68