



Cooperative Extension Service Food Cost Survey

University of Alaska Fairbanks

March 2009

Community	Sales Tax (%) (2)	Missing Items (3)	Couple 20-50y; Children 6-11 (4)	March 2009 (5)	March 2008 (6)	March 2007 (7)	March 2006 (8)	Electricity (9)	Heating Oil (10)	Gasoline (11)	Lumber (12)	Propane (13)
Anchorage	0	0	128.16	97	134.05	117.23	121.41	171.07	2.83	2.16	1.95	4.33
Barrow	0	13	333.00	253	288.57	266.87		118.65				
Bethel	6	0	263.36	200	237.67	227.21	218.35	379.68*	6.00	5.59	5.13	8.43
Cordova	6	0	208.17	158	197.41	178.71	164.13	264.87*	3.30	3.50	4.48	4.77
Delta Junction	0	0	171.93	131	153.30	144.34	138.32	129.25	2.32	2.76	2.95	3.15
Dillingham	6	1	274.70	209			260.50	423.53*	6.28	6.33	5.75	6.84
Fairbanks	0	0	125.87	96	127.59	119.14	110.71	129.25	2.48	2.43	4.22	3.52
Homer	0	0	169.52	129	171.46	159.04	154.60	233.56	1.83	2.72	2.43	3.19
Juneau	5	0	143.83	109	141.12	124.99	118.57	123.44	2.87	2.34	2.49	3.17
Kenai - Soldotna	6	0	149.09	113	142.02	134.85	129.35	230.21	1.73	2.57	2.28	3.85
Ketchikan	6	0	150.33	114	142.18	128.19	128.57	102.20	2.69	2.10	2.39	3.58
Nome	5	0	216.74	165	223.48	215.88		284.23*	5.29	4.99	5.99	7.17
Palmer - Wasilla	2.75	0	126.25	96	118.64	121.15	116.88	179.44	2.69	2.36	2.47	4.20
Portland, OR	0	0	102.36	78	103.68	96.70	93.74	104.61	2.78	1.96	1.68	2.85
Seward	7	1	186.20	141	174.90	154.29	132.57	175.20	2.13	2.79	2.60	3.64
Sitka	5	0	176.74	134	162.22	144.04	140.09	97.04	2.50	2.47	2.58	3.59
Valdez	0	1	174.19	132				167.30	2.53	2.96	4.25	3.30

1 Contact Bret Luick, 907-474-6338 (phone); ffbrl@uaf.edu (email)

2 Average of adjoining communities where applicable

3 Total food items in survey = 104. See <http://www.uaf.edu/ces/fcs/foodlist.htm>

4 Family of 4 including 2 school age children, 6-11 years old

5 Weekly food cost by community as a percentage of Anchorage cost

6 Historic Dollar Values

7 1000 kWh. '*' communities participate in the power cost equalization program. See <http://www.state.ak.us/rca/Statistics/pce.html>

8 Per Gallon, Columns 10-11

9 2" x 4" x 8'

10 Per Gallon, 23.6 gallons equals 100 lbs.



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Weekly Food Costs for Individuals by Age (Years)

Community	Child 1y	Child 2-3y	Child 4-5	Child 6-8	Child 9-11	Male 12-13	Male 14-18	Male 19-50	Male 51-70	Male 71+	Female 12-13	Female 14-18
Anchorage	19.07	20.59	21.25	27.23	31.21	33.30	34.44	36.90	33.77	33.96	33.39	33.01
Barrow	49.54	53.49	55.21	70.74	81.09	86.52	89.47	95.88	87.75	88.24	86.76	85.78
Bethel	39.18	42.30	43.67	55.95	64.13	68.42	70.76	75.83	69.40	69.79	68.62	67.84
Cordova	30.97	33.44	34.52	44.22	50.69	54.08	55.93	59.94	54.85	55.16	54.24	53.62
Delta Junction	25.58	27.62	28.51	36.52	41.87	44.67	46.20	49.50	45.31	45.56	44.80	44.29
Dillingham	40.87	44.12	45.55	58.36	66.90	71.37	73.81	79.10	72.39	72.79	71.57	70.76
Fairbanks	18.73	20.22	20.87	26.74	30.65	32.70	33.82	36.24	33.17	33.35	32.80	32.42
Homer	25.22	27.23	28.11	36.01	41.28	44.04	45.55	48.81	44.67	44.92	44.17	43.67
Juneau	21.40	23.10	23.85	30.55	35.03	37.37	38.65	41.41	37.90	38.11	37.47	37.05
Kenai - Soldotna	22.18	23.95	24.72	31.67	36.31	38.73	40.06	42.93	39.29	39.51	38.85	38.40
Ketchikan	22.37	24.15	24.93	31.94	36.61	39.06	40.39	43.29	39.61	39.84	39.17	38.72
Nome	32.25	34.81	35.94	46.04	52.78	56.31	58.24	62.41	57.11	57.43	56.47	55.83
Palmer - Wasilla	18.78	20.28	20.93	26.82	30.74	32.80	33.92	36.35	33.27	33.45	32.89	32.52
Portland, OR	15.23	16.44	16.97	21.74	24.93	26.59	27.50	29.47	26.97	27.12	26.67	26.37
Seward	27.70	29.91	30.87	39.56	45.34	48.38	50.03	53.61	49.07	49.34	48.51	47.96
Sitka	26.30	28.39	29.30	37.55	43.04	45.92	47.49	50.89	46.57	46.83	46.05	45.53
Valdez	25.92	27.98	28.88	37.00	42.42	45.26	46.80	50.16	45.90	46.16	45.38	44.87



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Community	Female 19-50	Female 51-70	Female 71+	Family of 2; 19-50	Family of 2; 51-70	Family of 4; children 2-5	Family of 4; children 6-11
Anchorage	32.82	32.54	31.87	76.74	93.82	72.95	128.16
Barrow	85.28	84.54	82.82	199.41	243.77	189.55	333.00
Bethel	67.45	66.86	65.50	157.70	192.79	149.91	263.36
Cordova	53.31	52.85	51.77	124.66	152.39	118.49	208.17
Delta Junction	44.03	43.65	42.76	102.95	125.86	97.86	171.93
Dillingham	70.35	69.74	68.32	164.49	201.09	156.36	274.70
Fairbanks	32.24	31.96	31.30	75.37	92.14	71.65	125.87
Homer	43.42	43.04	42.16	101.51	124.10	96.49	169.52
Juneau	36.84	36.52	35.77	86.13	105.29	81.87	143.83
Kenai - Soldotna	38.18	37.85	37.08	89.28	109.14	84.86	149.09
Ketchikan	38.50	38.17	37.39	90.02	110.05	85.57	150.33
Nome	55.51	55.03	53.90	129.79	158.66	123.37	216.74
Palmer - Wasilla	32.33	32.05	31.40	75.60	92.42	71.86	126.25
Portland, OR	26.22	25.99	25.46	61.29	74.93	58.26	102.36
Seward	47.69	47.27	46.31	111.50	136.31	105.99	186.20
Sitka	45.26	44.87	43.96	105.83	129.38	100.60	176.74
Valdez	44.61	44.22	43.32	104.31	127.52	99.15	174.19