

# HUMAN SERVICES

College of Rural and Community Development  
Bristol Bay Campus 907-842-5109  
Chukchi Campus 907-442-3400  
Interior Alaska Campus 907-474-5439  
Kuskokwim Campus 907-543-4500  
Northwest Campus 907-443-2201  
Community and Technical College 907-455-2842  
[www.ctc.uaf.edu/programs/hums/](http://www.ctc.uaf.edu/programs/hums/)

## A.A.S. Degree

Minimum Requirements for Degree: 63 credits

Students in the human services program receive skills-based training within a foundation of theory. After completing foundation courses, students select an area of concentration from the following: addictions counseling, behavioral health, or interdisciplinary concentration. Students learn interviewing and assessment, case management, crisis intervention, group counseling techniques and other specific skills needed within their concentration area.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds. Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

Students who complete an addictions concentration are eligible for certification as chemical dependency counselor technicians through the Alaska Commission for Behavioral Health Certification.

Each concentration is available to B.A. degree students as a minor. The B.A. degree student must complete the concentration and three HUMS elective credits. Concentrations provide students with skills needed for employment. See minor requirements.

This degree program is delivered collaboratively within the UA system.

## Major — A.A.S. Degree

### Concentrations: Addictions Counseling, Behavioral Health and Interdisciplinary Concentration

1. Complete the general university requirements (page 116).
2. Complete the A.A.S. degree requirements (page 116).
3. Complete the following:
  - HUMS F101—Introduction to Human Services.....3
  - HUMS F102—Standards of Practice I.....2
  - HUMS F120—Cultural Diversity in Human Services.....3
  - HUMS F125—Introduction to Addictive Processes .....3
  - HUMS F202—Standards of Practice II.....1
  - HUMS F215—Individual Interviewing .....3
  - HUMS F232—Human Service Practicum I .....3
  - HUMS F233—Human Service Practicum II.....3
  - HUMS F301—Ethics in Human Service.....3
  - PSY F101—Introduction to Psychology .....3

4. Complete one of the following concentrations:

#### Addictions Counseling

- a. Complete the following:
  - HUMS F105—Personal Awareness and Growth .....3
  - HUMS F205—Basic Principles of Group Counseling .....3
  - or HUMS F210—Crisis and Grief Counseling .....3
  - HUMS F260—History of Alcohol in Alaska .....1
  - HUMS F261—Substance Abuse Assessment: ASAM PPC II.....1
  - HUMS F263—Fetal Alcohol Spectrum Disorder (FASD).....1
  - HUMS F266—Dual Diagnosis Intervention and Treatment.....2
  - HUMS F305—Substance Abuse Counseling .....3
  - HUMS F250—Current Issues in Human Services .....1
  - or any 1 credit course approved by the Human Services Program .....1
- b. Complete one of the following family courses for Addictions Counseling and Interdisciplinary concentration:\*
- ECE F3420—Family Relationships .....3
- HUMS F140—Family Dynamics .....3
- RHS F120—Family Systems I .....2
- PSY F240—Lifespan Developmental Psychology.....3

#### Behavioral Health

- a. Complete the following
  - HUMS F205—Basic Principles of Group Counseling .....3
  - HUMS F210—Crisis and Grief Counseling .....3
  - HUMS F280—Foundations of Community Development and Prevention Practices for the Human Service Professional.....3
  - HUMS F290—Case Management.....3
  - HUMS F305—Substance Abuse Counseling .....3
  - SOC F242—The Family: A Cross-Cultural Perspective .....3
- b. Complete 3 elective credits (approved by Human Services Program Coordinator).....3
- c. If the student is a social work or justice major, then choose one of the following in place of an elective:
  - Social Work Majors:**
    - SWK F103—Introduction to Social Work .....3
  - Justice Majors:**
    - JUST F110—Introduction to Justice .....3

#### Interdisciplinary Concentration

- a. The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level.
- b. The interdisciplinary concentration will be reviewed and approved by the Human Services Program Coordinator, another human services faculty member and a faculty member representing at least one other discipline. Criteria for the approval of the interdisciplinary concentration is based on the candidate's identified vocational and curricular needs.
  - Examples:
    - HUMS or other acceptable courses that meet a student's specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.
  - Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.
  - Example of possible interdisciplinary concentration of human services in restorative justice:
    - HUMS F210—Crisis and Grief Counseling.....3
    - HUMS F290—Case Management .....3
    - JUST F110—Introduction to Justice.....3
    - JUST F251—Criminology.....3
    - SOC F201—Social Problems .....3

5. Minimum credits required .....63

\* Students must earn a C grade or better in each course.

**For students with the Rural Human Services Certificate (up to 27 credits accepted as a block of courses):\***

1. Complete the general university requirements (page 117).
  2. Complete the A.A.S. degree requirements (page 117).
  3. Complete the following:\*
  - HUMS F101—Introduction to Human Services.....3
  - HUMS F301—Ethics in Human Service.....3
  - PSY F101—Introduction to Psychology.....3
  - PSY F240—Lifespan Developmental Psychology.....3
  4. Complete three of the following courses:\*
  - HUMS F205—Basic Principles of Group Counseling.....3
  - HUMS F280—Prevention and Community Development.....3
  - HUMS F290—Case Management.....3
  - HUMS F305—Substance Abuse Counseling.....3
  - HUMS F250—Current Issues in Human Services.....3
  - or other approved course.....3
  5. Minimum credits required .....63
- \* Students must earn a C grade or better in each course.

**Minor**

**Option 1**

1. Complete one concentration in human services\*.....15
2. Complete HUMS elective credits\*.....3
3. Minimum credits required\*.....18

**Option 2**

1. Complete HUMS-approved\*\* elective credits.....18
2. Minimum credits required\*.....18

\* Students must earn a C grade or better in each course.

\*\* Electives for Option 2 must be approved by the human services program coordinator.

**Alaska Chemical Dependency Counselor Certification**

The Alaska Commission for Behavioral Health Certification has approved the following courses for up to 45 training hours each toward certification or recertification of Chemical Dependency Counselors in the state of Alaska.

HUMS F125—Introduction to Addictive Processes.....	3
HUMS F205—Basic Principles of Group Counseling.....	3
HUMS F210—Crisis and Grief Counseling.....	3
HUMS F215—Individual Interviewing.....	3
HUMS F260—History of Alcohol in Alaska.....	1
HUMS F301—Ethics in Human Service.....	3
HUMS F305—Substance Abuse Counseling.....	3

*Note: Chemical Dependency Counselors currently certified by the Alaska Commission for Behavioral Health Certification are eligible for transfer credit toward the human services degree. Contact the human services program coordinator at 907-455-2842 for more information.*