

HUMAN SERVICES

College of Rural and Community Development
Bristol Bay Campus 907-842-5109
Chukchi Campus 907-442-3400
Interior-Aleutians Campus 907-474-5439
Kuskokwim Campus 907-543-4500
Northwest Campus 907-443-2201
Community and Technical College, Human Services Program
907-455-2842
www.ctc.uaf.edu/programs/hums/

AAS Degree

Minimum Requirements for Degree: 63 credits

Students in the human services program receive skills-based training within a foundation of theory. After completing foundation courses, students select an area of concentration from the following: addictions counseling, behavioral health, or interdisciplinary concentration. Students learn interviewing and assessment, case management, crisis intervention, group counseling techniques and other specific skills needed within their concentration area.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds. Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

Students who complete an addictions concentration are eligible for certification as chemical dependency counselor technicians through the Alaska Commission for Behavioral Health Certification.

Each concentration is available to BA degree students as a minor. The BA degree student must complete the concentration and three HUMS elective credits. Concentrations provide students with skills needed for employment. See minor requirements.

This degree program is delivered collaboratively within the UA system.

Major — AAS Degree

Concentrations: Addictions Counseling, Behavioral Health and Interdisciplinary Concentration

- Complete the general university requirements (page 95).
- Complete the AAS degree requirements (page 99).
- Complete the following:*
 - HUMS F101—Introduction to Human Services.....3
 - HUMS F102—Standards of Practice I.....2
 - HUMS F120—Cultural Diversity in Human Services.....3
 - HUMS F125—Introduction to Addictive Processes.....3
 - HUMS F202—Standards of Practice II.....1
 - HUMS F215—Individual Interviewing.....3
 - HUMS F232—Human Service Practicum I.....3
 - HUMS F233—Human Service Practicum II.....3
 - HUMS F301—Ethics in Human Service.....3
 - PSY F101—Introduction to Psychology.....3
- Complete one of the following family courses for Addictions Counseling and Interdisciplinary concentration:*
 - ECE F3420—Family Relationships.....3
 - HUMS F140—Family Dynamics.....3
 - RHS F120—Family Systems I.....2
 - PSY F240—Lifespan Developmental Psychology.....3
- Complete one of the following courses for Addictions Counseling and Interdisciplinary concentration:*
 - HUMS F205—Basic Principles of Group Counseling.....3
 - HUMS F210—Crisis and Grief Counseling.....3

- Complete the following for the Behavioral Health concentration:*
 - HUMS F205—Basic Principles of Group Counseling.....3
 - HUMS F210—Crisis and Grief Counseling.....3

- Complete one of the following concentrations*:

Addictions Counseling

Complete the following:

- HUMS F105—Personal Awareness and Growth.....3
- HUMS F205—Basic Principles of Group Counseling.....3
- HUMS F260—History of Alcohol in Alaska.....1
- HUMS F261—Substance Abuse Assessment: ASAM PPC II.....1
- HUMS F263—Fetal Alcohol Spectrum Disorder (FASD).....1
- HUMS F266—Dual Diagnosis Intervention and Treatment.....2
- HUMS F305—Substance Abuse Counseling.....3
- HUMS F250—Current Issues in Human Services.....1
- or any 1 credit course approved by the Human Services Program.....1

Behavioral Health

- Complete the following:

- HUMS F280—Foundations of Community Development and Prevention Practices for the Human Service Professional.....3
- HUMS F290—Case Management.....3
- HUMS F305—Substance Abuse Counseling.....3
- SOC F242—The Family: A Cross-Cultural Perspective.....3

- Complete 3 elective credits (approved by Human Services Program Coordinator).....3

- If the student is a social work or justice major, then choose one of the following in place of an elective:

Social Work Majors:

- SWK F103—Introduction to Social Work.....3

Justice Majors:

- JUST F110—Introduction to Justice.....3

Interdisciplinary Concentration

- The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level.
- The interdisciplinary concentration will be reviewed and approved by the Human Services Program Coordinator, another human services faculty member and a faculty member representing at least one other discipline. Criteria for the approval of the interdisciplinary concentration is based on the candidate's identified vocational and curricular needs.

Examples:

- HUMS or other acceptable courses that meet a student's specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.
- Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.
- Example of possible interdisciplinary concentration of human services in restorative justice:
 - HUMS F210—Crisis and Grief Counseling.....3
 - HUMS F290—Case Management.....3
 - JUST F110—Introduction to Justice.....3
 - JUST F251—Criminology.....3
 - SOC F201—Social Problems.....3

- Minimum credits required.....63

* Students must earn a C grade or better in each course.

For students with the Rural Human Services Certificate (up to 21 credits accepted as a block of courses):*

1. Complete the general university requirements (page 95).
2. Complete the AAS degree requirements (page 99).
3. Complete the following:*
 - HUMS F101—Introduction to Human Services.....3
 - HUMS F102—Standards of Practice2
 - HUMS F202—Standards of Practice II.....1
 - HUMS F233—Human Service Practicum II.....3
 - HUMS F301—Ethics in Human Service.....3
 - PSY F101—Introduction to Psychology3
 - PSY F240—Lifespan Developmental Psychology.....3
4. Complete three of the following courses:*
 - HUMS F280—Foundations of Community Development and Prevention Practices for the Human Services Professional.....3
 - HUMS F290—Case Management.....3
 - HUMS F305—Substance Abuse Counseling3
 - HUMS F250—Current Issues in Human Services3
 - or other approved course3
5. Optional (for BA seeking students):
 - Social Work Majors:
 - SWK F103—Introduction to Social Work.....3
 - or other Social Work-approved course.....3
 - Justice Majors:
 - JUST F110—Introduction to Justice.....3
6. Minimum credits required63

* Students must earn a C grade or better in each course.

Minor

Option 1

1. Complete one concentration in human services*.....15
2. Complete HUMS elective credits*3
3. Minimum credits required*18

Option 2

1. Complete HUMS-approved** elective credits.....18
2. Minimum credits required*18

* Students must earn a C grade or better in each course.

** Electives for Option 2 must be approved by the human services program coordinator.

Alaska Chemical Dependency Counselor Certification

The Alaska Commission for Behavioral Health Certification has approved the following courses for up to 45 training hours each toward certification or recertification of Chemical Dependency Counselors in the state of Alaska.

- HUMS F125—Introduction to Addictive Processes3
- HUMS F205—Basic Principles of Group Counseling3
- HUMS F210—Crisis and Grief Counseling3
- HUMS F215—Individual Interviewing3
- HUMS F260—History of Alcohol in Alaska1
- HUMS F301—Ethics in Human Service3
- HUMS F305—Substance Abuse Counseling3

Note: Chemical Dependency Counselors currently certified by the Alaska Commission for Behavioral Health Certification are eligible for transfer credit toward the human services degree. Contact the human services program coordinator at 907-455-2842 for more information.

Certificate Requirements

Communication 2 – 3 Credits

Complete one of the following:

- ENGL F111X—Introduction to Academic Writing.....(3)
- ABUS F170—Business English.....(3)
- ABUS F271—Business Communications.....(3)
- ENGL F211X—Academic Writing about Literature.....(3)
- ENGL F212—Business, Grant and Report Writing*.....(3)
- ENGL F213X—Academic Writing about the Social and Natural Sciences.....(3)
- COMM F131X—Fundamentals of Oral Communication: Group Context.....(3)
- COMM F141X—Fundamentals of Oral Communication: Public Context.....(3)
or successful completion of competency test
- DEVS F104—University Communications.....(1 – 3)
- DEVS F105—Intensive Reading Development.....(3)
- Other program-approved discipline-based communication course or
discipline-based courses with embedded communication content.....(2 – 3)

* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

Computation 2 – 3 Credits

Complete one of the following:

- Any course at the F100-level or above in mathematical sciences
(computer science, math or statistics).(3)
- ABUS F155—Business Math.....(3)
- DEVM F105—Intermediate Algebra.....(3)
- ECE F117—Math Skills for Early Childhood Educators.....(3)
- HLTH F116—Mathematics in Health Care.....(3)
- HUMS F117—Math Skills for Human Services.....(3)
- TTCH F131—Mathematics for the Trades.....(3)
- Other program-approved discipline-based computation course or
discipline-based courses with embedded computation content.(2 – 3)

Human Relations 2 – 3 Credits

Complete one of the following:

- ANTH F100X/SOC F100X—Individual, Society and Culture(s).....(3)
- ABUS F154—Human Relations.....(3)
- ANL F287—Teaching Methods for Alaska Native Languages (h).....(3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s).....(3)
- ECE F107—Child Development II: Preschool and Primary Years (s).....(3)
- ED/PSY F245—Child Development (s).....(3)
- HLTH F106—Human Behavior in Health Care (s).....(3)
- HUMS F120—Cultural Diversity in Human Services.....(3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND
RHS F115—Issues of Personal Development.....(2)
- Other program-approved discipline-based human relations or
discipline-based courses with embedded human relations content.....(2 – 3)

Major specialty at least..... 21 Credits

Electives to total..... 30 Credits

Associate of Applied Science Requirements

Written Communication 6 Credits

- ENGL F111X—Introduction to Academic Writing.....(3)

Complete one of the following:

- ABUS F271—Business Communications.....(3)
- ENGL F211X—Academic Writing about Literature.....(3)
- ENGL F212—Business, Grant and Report Writing*.....(3)
- ENGL F213X—Academic Writing about the Social and Natural Sciences.....(3)

* ENGL F212 does not fulfill the second half of the written communication requirement for the bachelor's degree.

Oral Communication 3 Credits

Complete one of the following:

- COMM F131X—Fundamentals of Oral Communication: Group Context.....(3)
- COMM F141X—Fundamentals of Oral Communication: Public Context.....(3)
or successful completion of competency test

Computation 3 Credits

Complete one of the following:

- Any course at the F100-level or above in mathematical sciences
(computer science, math or statistics).(3)
- ABUS F155—Business Math.....(3)
- DEVM F105—Intermediate Algebra.....(3)
- ECE F117—Math Skills for Early Childhood Educators.....(3)
- HLTH F116—Mathematics in Health Care.....(3)
- HUMS F117—Math Skills for Human Services.....(3)
- TTCH F131—Mathematics for the Trades.....(3)
- Other program-approved discipline-based computation course or
discipline-based courses with embedded computation content.(3)

Human Relations 3 Credits

Complete one of the following:

- ANTH F100X/SOC F100X—Individual, Society and Culture (s).....(3)
- ABUS F154—Human Relations.....(3)
- ANL F287—Teaching Methods for Alaska Native Languages (h).....(3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s).....(3)
- ECE F107—Child Development II: Preschool and Primary Years (s).....(3)
- ED/PSY F245—Childhood Development (s).....(3)
- HLTH F106—Human Behavior in Health Care (s).....(3)
- HUMS F120—Cultural Diversity in Human Services.....(3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND
RHS F115—Issues of Personal Development.....(2)
- Other program-approved discipline-based human relations course or
discipline-based courses with embedded human relations content.....(3)

Major specialty at least..... 30 Credits

Electives to total..... 60 Credits

Minimum credits required for degree..... 60 Credits