

Human Services

College of Rural and Community Development
Bristol Bay Campus 907-842-5109
Chukchi Campus 907-442-3400
Interior-Aleutians Campus 907-474-5439
Kuskokwim Campus 907-543-4500
Northwest Campus 907-443-2201
Rural Behavioral Health 907-474-5757
Tanana Valley Campus 907-455-2800
Human Services Program 907-455-2842
UA Statewide 907-455-2050
www.tvc.uaf.edu/programs/hums/

A.A.S. Degree

Minimum Requirements for Degree: 60 credits

Students in the human services program receive skills-based training based on a foundation of theory. After completing foundation courses, students select an area of concentration (addictions counseling, mental health and developmental disabilities, residential care, supervision and management in human services, or workforce development). They learn interviewing and assessment, case management, crisis intervention, group counseling and specific skills needed within their concentration area.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds. Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

Students completing a concentration will receive a credential from the human service program. Those who complete an addictions concentration are eligible for certification as substance abuse counselor technicians through the Alaska Commission for Chemical Dependency Professionals certification board. A credential in family empowerment is also offered to students who complete specific classes.

Each concentration is available to B.A. degree students as a minor. The B.A. degree student must complete the concentration and six HUMS elective credits. Concentrations provide students with skills needed for employment. See minor requirements.

This degree program is delivered collaboratively within the UA system.

Major — A.A.S. Degree

Concentrations: Addictions Counseling, Behavioral Health, Mental Health and Developmental Disabilities, Residential Care, Supervision and Management in Human Services, Workforce Development

1. Complete the general university requirements (page 86).
2. Complete the A.A.S. degree requirements. (See page 90. As part of the A.A.S. degree requirements, complete: PSY F101 for the social sciences requirement.)

3. Complete the following:*
 - HUMS F120—Cultural Diversity in Human Services3
 - HUMS F125—Introduction to Addictive Processes3
 - HUMS F215—Individual Interviewing.....3
 - HUMS F232—Human Service Practicum I3
 - HUMS F233—Human Service Practicum II3
 - HUMS F301—Ethics in Human Service.....3
 - PSY F240—Lifespan Developmental Psychology (3)
 - or ECE F245—Child Development (3)3
 - SWK F103—Introduction to Social Work (3)
 - or JUST F110—Introduction to Justice (3)3
4. Complete one of the following family courses for all concentrations except for Behavioral Health:*
 - ECE F3420—Family Relationships3
 - HUMS F140—Family Empowerment I3
 - RHS F120—Family Systems I.....2
 - SOC F242—The Family: A Cross-Cultural Perspective.....3
5. Complete 3 credits from the following for all concentrations except behavioral health which requires 6 credits including both HUMS F210 and HUMS F310:*
 - HUMS F205—Basic Principles of Group Counseling3
 - HUMS F210—Crisis and Grief Counseling.....3
 - HUMS F310—Management of Complex Cases.....3
6. Complete one of the following concentrations:*
 - Addictions Counseling**
 - a. Complete the following:
 - HUMS F205—Basic Principles of Group Counseling3
 - HUMS F305—Substance Abuse Counseling3
 - b. Complete a minimum of 6 credits from the following:
 - HUMS F105—Personal Awareness and Growth..... 2-3
 - HUMS F260—History of Alcohol in Alaska1
 - HUMS F261—Substance Abuse Assessment: ASAM PPC II1
 - HUMS F262—Pharmacology of Addictions1
 - HUMS F263—Service Delivery — ARND (FAS/E).....1
 - HUMS F264—Cultural Considerations in Providing Chemical Dependency Services to Alaska Native People1
 - HUMS F265—Substance Abuse and the Family2
 - HUMS F266—Dual Diagnosis Intervention and Treatment.....2
 - HUMS F270—Adolescent Issues and Therapeutic Interventions (3)
 - or HUMS Program Coordinator approved course of up to 3 credits including HUMS F250—Current Issues Courses (3)3

Behavioral Health

- a. Complete the following:
 - HUMS F130—Introduction to Mental Health and Developmental Disabilities3
 - HUMS F250—Introduction to Behavioral Health Careers3
 - HUMS F261—Substance Abuse Assessment: ASAM PPC II1
 - HUMS F263—Service Delivery — ARND (FAS/E).....1
 - HUMS F266—Dual Diagnosis Intervention and Treatment.....1
 - HUMS F305—Substance Abuse Counseling1
 - EMS F152—Emergency Trauma Training First Responder.....3

Mental Health and Developmental Disabilities

- b. Complete the following:
 - HUMS F130—Introduction to Mental Health and Developmental Disabilities (3)
 - or HUMS F135—Introduction to Mental Illness (PWSCC) (2)
 - or HUMS F183—Community Services for People with Disabilities (PWSCC) (3)
 - or RHS F275—Introduction to Recovery and Mental Illness (2) 2-3
 - HUMS F205—Introduction to Human Exceptionality (PWSCC) 3
 - HUMS F231—Applied Behavioral Analysis I (PWSCC)3
- c. Complete 3 credits from the following:
 - HUMS F252—Employment Support Services (PWSCC)3
 - HUMS F253—Positive Behavioral Supports (PWSCC).....3
 - HUMS F255—Assistive Technology (PWSCC)3
 - Or other approved course3

Note: This concentration is offered in collaboration with Prince William Sound Community College through distance delivery.
Note: For course descriptions of PWSCC courses see current Prince William Sound Community College catalog.

Residential Care

- a. Complete the following:
 - HUMS F170—Residential Child Care3
 - HUMS F263—Service Delivery — ARND (FAS/E).....1
 - HUMS F270—Adolescent Issues and Therapeutic Interventions.....3
 - HUMS F271—Managing Aggressive Behavior.....1
 - HUMS F272—Attachment, Separation and Loss.....1
 - b. Complete 3 additional approved elective credits.....3
- Note: Not guaranteed to be available via distance delivery.*

Supervision and Management in Human Services

- a. Complete the following:
 - ABUS F179—Fundamentals of Supervision3
 - ABUS F232—Contemporary Management Issues3
 - HUMS F310—Management of Complex Cases.....3
- b. Complete 3 credits from the following:.....3
 - RD F250—Grant Writing for Community Development 1-3
 - RD F351—Strategic Planning for Rural Communities.....3
 - ABUS F231—Introduction to Personnel 1-3
 - HUMS F233—Human Service Practicum II (repeated for credit).....3

Workforce Development

- a. Complete the following:
 - HUMS F150—Workforce Development I3
 - HUMS F255—Workforce Development II.....3
 - HUMS F310—Management of Complex Cases.....3
 - b. Complete 3 HUMS elective credits.3
- Note: Not guaranteed to be available via distance delivery.*

7. Minimum credits required60
 * Student must earn a C grade or better in each course.

For holders of the rural human services certificate in the following concentrations:

1. Complete the general university requirements (page 86).
2. Complete the A.A.S. degree requirements. (See page 90. As part of the A.A.S. degree requirements, complete PSY F101 for the social sciences requirement.)
3. Complete the rural human services certificate.
4. Complete the following:
 - HUMS F301—Ethics in Human Service3
 - SWK F103—Introduction to Social Work (3)
 - or JUST F110—Introduction to Justice (3)3
 - PSY F240—Lifespan Developmental Psychology (3)
 - or ECE F245—Child Development (3)3
5. Complete one of the following:
 - ECE F342O—Family Relationships3
 - HUMS F140—Family Empowerment I3
 - SOC F242—The Family: A Cross-Cultural Perspective3
 - RHS F120—Family Systems I.....2
6. Complete 6-9 credits from 1 of the following concentrations: *
 - Addictions Counseling**
 - a. Complete the following:
 - HUMS F205—Basic Principles of Group Counseling3
 - HUMS F260—History of Alcohol in Alaska1
 - HUMS F305—Substance Abuse Counseling.....3
 - b. Complete at least 2 credits from the following:
 - HUMS F105—Personal Awareness and Growth..... 2-3
 - HUMS F261—Substance Abuse Assessment: ASAM PPC II1
 - HUMS F262—Pharmacology of Addictions1
 - HUMS F263—Service Delivery — ARND (FAS/E).....1
 - HUMS F264—Cultural Considerations in Providing Chemical Dependency Services to Alaska Native People1
 - HUMS F265—Substance Abuse and the Family2
 - HUMS F266—Dual Diagnosis Intervention and Treatment.....2

Mental Health and Developmental Disabilities

- a. Complete the following:
 - HUMS F205—Introduction to Human Exceptionality (PWSCC)3
 - HUMS F231—Applied Behavioral Analysis I (PWSCC)3
- b. Complete 3 credits from the following:
 - HUMS F130—Introduction to Mental Health and Developmental Disabilities (3)
 - or HUMS F135—Introduction to Mental Illness (PWSCC) (2)
 - or HUMS F183—Community Services for People with Disabilities (PWSCC) (3)
 - or RHS F275—Introduction to Recovery and Mental Illness (2) 2-3
 - HUMS F252—Employment Support Services (PWSCC)3
 - HUMS F253—Positive Behavioral Supports (PWSCC).....3
 - HUMS F255—Assistive Technology (PWSCC)3
 - Or other approved course3

Note: This concentration is offered in collaboration with Prince William Sound Community College through distance delivery.
Note: For course descriptions of PWSCC courses see current Prince William Sound Community College catalog.

Residential Care

- a. Complete the following:
 - HUMS F170—Residential Child Care3
 - HUMS F263—Service Delivery — ARND (FAS/E).....1
 - HUMS F270—Adolescent Issues and Therapeutic Interventions.....3
 - HUMS F271—Managing Aggressive Behavior.....1
 - HUMS F272—Attachment, Separation and Loss.....1
 - b. Complete 3 approved elective credits.3
- Note: Not guaranteed to be available via distance delivery.*

Supervision and Management in Human Services

- a. Complete the following:
 - ABUS F179—Fundamentals of Supervision3
 - ABUS F232—Contemporary Management Issues3
 - HUMS F310—Management of Complex Cases.....3

Workforce Development

- b. Complete the following:
 - HUMS F150—Workforce Development I.....3
 - HUMS F255—Workforce Development II.....3
 - HUMS F310—Management of Complex Cases.....3
 - c. Complete HUMS elective credits.3
- Note: Not guaranteed to be available via distance delivery.*

7. Minimum credits required60

* Student must earn a C grade or better in each course.

Note: Certificates of Completion (Credentials) will be awarded by the human services program for each concentration completed.

Minor

- 1. Complete one concentration in human services12
- 2. Complete HUMS elective credits6
- 3. Minimum credits required18

Substance Abuse Counselor Certification by the State of Alaska

- 1. Complete the following:*

 - HUMS F125—Introduction to Addictive Processes3
 - HUMS F205—Basic Principles of Group Counseling3
 - HUMS F210—Crisis and Grief Counseling.....3
 - HUMS F215—Individual Interviewing.....3
 - HUMS F260—History of Alcohol in Alaska1
 - HUMS F301—Ethics in Human Service3
 - HUMS F305—Substance Abuse Counseling3

* The Alcohol and Drug Abuse Certification Review Board has approved the following courses for 45 training hours each toward certification or recertification of substance abuse counselors in the state of Alaska.

Note: Currently certified substance abuse counselors are eligible for transfer credit toward the human services degree. Contact the human services program coordinator at 907-455-2842 for more information.

