

For KuC Students Help & Resources



KUSKOKWIM CAMPUS
University of Alaska Fairbanks
COLLEGE OF RURAL AND COMMUNITY DEVELOPMENT

Emergency Services

- **9-1-1** for police (*emergency*)
- **3-1-1** (non-emergency)
- **Bethel Police Department:** 543-3781 (non-emergency)
- **State Troopers for village issues:** 543-2294
- **Fire Department:** 543-2131
- **YK Behavioral Health Crisis Response Line:** 543-6449, Toll-free 844-543-6499

KuC Wellness & Support

- **KuC Counselor:** DeShan Foret, Office: 543-4526, Cell: 802-922-7910
- **Confidential support to students on sexual identity and orientation (gay, lesbian, bisexual, transgender):** Contact DeShan Foret, 543-4526/Email: dforet@alaska.edu
- **Elder Wisdom Support:** To speak with an Elder for wisdom and guidance on college life, contact Diane McEachern, Office Ph: 543-4597, email: dmmceachern@alaska.edu
- **UAF Counseling Services:** 1-855-510-5688 for after hours emergencies

Health Care, Behavioral Health, Substance Abuse Help in Bethel

- **YKHC Hospital:** 543-6000
- **YK Behavioral Health:** 543-6101 (non-emergency)
- **Bethel Family Clinic:** 543-3773 (non-urgent medical, dental, mental health, substance abuse services)
- **Public Health Nursing:** 543-2110 (birth control, women's health, sexual health)

Sexual Assault and Sexual Abuse Help

- **Tundra Women's Coalition Crisis Line:** 1-800-478-7799
- **UAF Confidential Reporting-Sexual Assault & Sexual Misconduct:** 1-855-251-5719

Crisis and Suicide Lifeline

- **Careline Crisis Intervention:** 1-877-266-4357 (24 hrs), Text "4 help" to 839863 (3-11pm, Tue-Sat)
- **Suicide Lifeline:** 1-800-273-8255
- **National Suicide Prevention Helpline:** 1-800-784-2433

COVID-19 Information and Services

- **YKHC Testing:** Every Wed from 12-4pm in YK parking lot, no appointment needed
- **YKHC COVID Line:** 543-6949, to get results or make an appointment for a test

**Get help with understanding resources to
support your mental, emotional and physical health.**

Contact DeShan Foret, KuC Counselor

Office #: 543.4526

Email: dforet@alaska.edu