

For KuC Students Help & Resources



KUSKOKWIM CAMPUS
University of Alaska Fairbanks
COLLEGE OF RURAL AND COMMUNITY DEVELOPMENT

Emergency Services

- **9-1-1** for police (*emergency*)
- **3-1-1** (non-emergency)
- **Bethel Police Department:** 543-3781 (non-emergency)
- **State Troopers for village issues:** 543-2294
- **Fire Department:** 543-2131
- **YK Behavioral Health Crisis Response Line:** 543-6449

UAF/KuC Wellness & Support

- **KuC Counselor:** DeShan Foret, Office: 543-4526, Cell: 802-922-7910
- **Confidential support to students on sexual identity and orientation (LGBTQIA2+):**
Contact DeShan Foret, 543-4526/Email: dforet@alaska.edu
- **UAF Nanook Diversity & Inclusion:** 907-474-6369
- **Elder Wisdom Support:** To speak with an Elder for wisdom and guidance on college life, contact Diane McEachern, Office Ph: 543-4597, email: dmmceachern@alaska.edu
- **UAF Student Health & Counseling Services:** 1-907-474-7043

Health Care, Behavioral Health, Substance Abuse Help in Bethel

- **YKHC Hospital:** 543-6000
- **YK Behavioral Health:** 543-6101 (non-emergency)
- **Bethel Family Clinic:** 543-3773 (non-urgent medical, dental, mental health, substance abuse services)
- **Public Health Nursing:** 543-2110 (birth control, women's health, sexual health)

Sexual Assault and Sexual Abuse Help

- **Tundra Women's Coalition Crisis Line:** 907-543-3456 or 1-800-478-7799
- **UAF Confidential Reporting-Sexual Assault & Sexual Misconduct:** 1-855-251-5719

Crisis and Suicide Lifeline

- **Suicide & Crisis Lifeline:** Dial 988
- **Careline Crisis Intervention:** 1-877-266-4357 (24 hrs), Text "4 help" to 839863 (3-11pm, Tue-Sat)
- **Suicide Lifeline:** 1-800-273-8255
- **Crisis Text Line:** Text **HOME** to 741741 to connect with a crisis counselor (24 hrs)

Get help with understanding resources to support your mental, emotional and physical health.
Contact DeShan Foret, KuC Wellness Counselor
Office #: 907.543.4526
Email: dforet@alaska.edu