# For KuC Students

## Help & Resources

### Emergency Services
- **9-1-1** for police (emergency)
- **3-1-1** (non-emergency)
- **Bethel Police Department:** 907-543-3781 (non-emergency)
- **State Troopers for village issues:** 907-543-2294
- **Fire Department:** 907-543-2131
- **YK Behavioral Health Crisis Response Line:** 907-543-6449

### UAF/KuC Wellness & Support
- Confidential support to students on sexual identity and orientation (LGBTQIA2+) contact Diane McEachern, phone 907-543-4597, email: dmmceachern@alaska.edu
- **UAF Student Health and Counseling Center:** 907-474-7043
- **UAF Nanook Diversity & Inclusion:** 907-474-6369
- **Elder Wisdom Support:** To speak with an Elder for wisdom and guidance on college life, contact Diane McEachern, phone 907-543-4597, email: dmmceachern@alaska.edu

### Health Care, Behavioral Health, Substance Abuse Help in Bethel
- **YKHC Hospital:** 907-543-6000
- **YKHC Behavioral Health:** 907-543-6101 (non-emergency)
- **Bethel Family Clinic:** 907-543-3773 (non-urgent medical, dental, mental health, substance abuse services)
- **Public Health Nursing:** 907-543-2110 (birth control, women’s health, sexual health)

### Sexual Assault and Sexual Abuse Help
- **Tundra Women’s Coalition Crisis Line:** 907-543-3456 or 1-800-478-7799
- **UAF Confidential Reporting-Sexual Assault & Sexual Misconduct:** 1-855-251-5719

### Crisis and Suicide Lifeline
- **Suicide & Crisis Lifeline:** Dial 988
- **Care Crisis Intervention:** 1-877-266-4357 (24 hours) Text “4 help” to 839863 (3-11pm, Tue-Sat)
- **Suicide Lifeline:** 1-800-273-8255
- **Crisis Text Line:** Text HOME to 741741 to connect with a crisis counselor (24hours)

Get help with understanding resources to support your mental, emotional and physical health.

### Student Health and Counseling Center
907-474-7043 Email: uaf-sh-cc@alaska.edu, visit online at www.uaf.edu/chc

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