

China, Mongolia, Tibet
From the Great Gobi Desert to the Roof of the World
October 10-28, 2008

Beijing (China), **Ulaanbaatar** (Mongolia), **Xining** (Qinghai Province, China), **Lhasa** (Tibet), **Shigatse** (Tibet), **Guilin** (Guangxi Zhuang Autonomous Region, China) with an option to extend the trip to **Hong Kong**

Dates: October 10-28, 2008, (Hong Kong Extension October 28-November 1)

Hosts: Chinesetown Language Institute and Zhejiang Overseas Tourism Corporation

Day 1: Beijing http://www.discoverchinatours.com/guide_beijing.asp

Arrive in Beijing and transfer to the hotel

JADE GARDEN HOTEL BEIJING (or same class)

1 Nanheyuan St., Beijing, China

Tel: (10) 5858 0909; Fax: (10) 5858 0965

www.jadegardenhotel.cn

Day 2: Beijing

Morning: Visit Tiananmen Square

<http://www.travelchinaguide.com/attraction/beijing/tianan.htm>

and the Forbidden City

<http://www.chinahighlights.com/beijing/attraction/forbidden-city.htm>

Afternoon: Tour Hutong <http://www.chinahighlights.com/beijing/hutong/>

and visit local people's home

Lecture 1: The Emergence of China as an Economic Powerhouse

Day 3: Beijing

Morning: A field trip to the Great Wall of China,

http://www.travelchinaguide.com/china_great_wall/

and visit the Spirit Way

<http://www.ibiblio.org/chinesehistory/contents/02cul/c03s06.html>

and Changling, one of the Ming Tombs

<http://www.china.org.cn/english/MATERIAL/31254.htm> .

Evening: Beijing Opera (Visit the back stage having a close look at actors' make-up and costume)

http://www.travelchinaguide.com/intro/arts/beijing_opera/

Day 4: Beijing

Morning: Lecture 2: Chinese Cuisine Cooking class

Visit the Bird's Nest—2008 Beijing Olympic National Stadium

Afternoon: Visit the Summer Palace

<http://www.travelchinaguide.com/cityguides/beijing/summer.htm>

Day 5: Beijing/Ulaanbaatar

Morning: Fly to Ulaanbaatar

Afternoon: Visit the functioning Gandan Monastery

(<http://mongoluls.net/khiid/gandan.shtml>) and

the Natural History Museum with its famous dinosaur skeletons. For some photos of both the Monastery and the Museum go to:

<http://www.pbase.com/cwillis/ulaanbaatar>

Day 6: Ulaanbaatar

Drive to Terelj National Park

(<http://www.globosapiens.net/travel-information/Terelj-2020.html>)—explore the scenic mountain areas abundant with edelweiss fields. In Ger (the traditional home of the Mongolian consisting of a few tents in a field)

http://www.travelpod.com/travel-blog-entries/follow_me/travels2006/1192739160/tpod.html and Trekking take a hike in the mountains. Horse rides and rock climbing possible. The same day drive back to Ulaanbaatar.

Evening: Folklore with dance & music (show)

Day 7: Ulaanbaatar/Hustai National Park

Morning: Drive to Hustai National Park.

<http://www.owc.org.mn/macne/hustai/about.htm>

Enjoy the beauty of the National Park and Khulstayn Uul Nature Reserve

<http://www.birdtours.co.uk/tripreports/mongolia/mongolia3/Mongolia-may-2004.htm>

and see the wild horses. Bag lunch along the way.

Afternoon/Evening: Back to Ulaanbaatar.

Day 8: Ulaanbaatar/Altanbulag

<http://www.traveljournals.net/explore/mongolia/map/m3241643/altanbulag.html>

Morning: Departure to Altanbulag (jeep, truck or minibus). Crossing the Tuul Gol (Tuul=river) <http://academic.wsc.edu/faculty/bahayfo1/monsitaph.html>, parallel to Ulaanbaatar (65 kms). Arriving and visiting Altanbulag, a typical Mongolian village. Lunch along the Tuul Gol.

Afternoon: Drive to the Manzshir Monastery. Depending on weather and desire, there is an opportunity to climb up to the Monastery.

<http://www.spiritofasiatravel.com/Mongolia/itinerary.html>

Late Afternoon/Evening: Back to Ulaanbaatar.

Day 9: Ulaanbaatar/Beijing

Morning: Leave Ulaanbaatar for Beijing

Afternoon: Arrive in Beijing and transfer to the hotel

JADE GARDEN HOTEL BEIJING

Day 10: Beijing/Xining/Train to Lhasa

Morning: Fly to Xining. http://www.xining.gov.cn/English/English_1.html

Afternoon: Visit Taier Lamasery, a famous Buddhism resort

http://www.xining.gov.cn/English/English_3.html

Evening: Leave for Lhasa by train

Day 11: Train/Lhasa

Train will offer views of the splendid natural beauty of the Qinghai-Tibet Plateau (<http://www.chinatibettrain.com/tibetanplateau.htm>)

Arrive in Lhasa

TIBET HOTEL LHASA

64 Beijing Middle Road,

Lhasa 850001, China

Tel: (891) 6834966; 6839999; Fax: (891) 6836787

http://www.hotelclub.net/hotel.reservations/Tibet_Hotel_Lhasa.htm

Day 12: Lhasa

Morning: Visit the Jokhang Temple

<http://www.travelchinaguide.com/attraction/tibet/lhasa/jokhang.htm>

and Barkhor Street (the center of Lhasa)

<http://www.travelchinaguide.com/attraction/tibet/lhasa/barkhor.htm>

Afternoon: Visit the Potala Palace <http://www.100gogo.com/tibet/pal.htm>

Lecture 3: “Tibet—the Past and Present” given by an English professor of Tibet University

Day 13: Lhasa/Shigatse (Xigaze)

Full day bus tour in the country of Tibet, enjoying the spectacular sceneries of the Himalayas—“the World’s Ridge”.

<http://www.geocities.com/nowarski864/>

Morning: Tour the Yamzho Yumco Lake

<http://www.chinayak.com/tibet/Html/200651513486-1.html> ,

visit a Tibetan village and have a close look at the Karula Glacier.

Afternoon: Visit the ancient town of Gyangze and the Palkhor Monastery

http://www.travelchinaguide.com/attraction/tibet/shigatse/gyangtse/palcho_monastery.htm

Arrive in Shigatse (Xigaze), the second largest city in Tibet.

Shigatse Manasarovar Hotel

No. 20 Qingdao Road

857000, Xigaze

Tel: 0892-8839999

[http://www.asiarooms.com/china/shigatse_\(xigaze\)/manasarovar.html](http://www.asiarooms.com/china/shigatse_(xigaze)/manasarovar.html)

Day 14: Shigatse/Lhasa

Morning: Visit Tashilhunpo Monastery

<http://www.tashilhunpo.org/aboutus.htm>

Afternoon: Leave Xigaze for Lhasa.

TIBET HOTEL LHASA

Day 15: Lhasa/Chengdu/Guilin

Morning: Fly to Guilin

Afternoon: Visit Elephant Trunk Hill on the Li River.

<http://www.travelchinaguide.com/attraction/guangxi/guilin/elephant.htm>

GUILIN BRAVO HOTEL

14 South Ronghu Road

Guilin 541002, China

Tel: (773) 2898888; Fax: (773) 2893333

www.glbravohotel.com

<http://hotel.travelchinaguide.com/guilin-hotels/guilin-bravo-hotel-200312092145480947.htm>

Day 16: Guilin/Yangshuo

Morning: Cruise on the picturesque Li River (about 5 hours with lunch on board) http://www.glvisit.com/tours_view.asp?id=63

http://www.travelchinaguide.com/attraction/guangxi/guilin/li_river.htm

Afternoon: Get to Yangshuo—the most beautiful countryside views in China. Tour the lively open market at daytime and enjoy food and drinks at local bars and western restaurants.

<http://www.travelchinaguide.com/cityguides/guangxi/yangshuo/>

<http://www.yangers.com/>

YANGSHUO REGENCY HOLIDAY INN

117 West Street

Yangshuo, Guilin 541900, China

Tel: (773) 8817198

www.ys-holidayhotel.com

<http://hotel.warriortours.com/hotel.asp?i=yangshuo-regency-holiday-hotel-200404062226250305>

Day 17: Yangshuo/Guilin

Morning: Free (bike tour to the beautiful country areas)

Afternoon: Go back to Guilin by bus

GUILIN BRAVO HOTEL (or same class)

14 South Ronghu Road

Guilin 541002, China

Tel: (773) 2898888; Fax: (773) 2893333

www.glbravohotel.com

Day 18: Guilin/Hong Kong (or US)

Morning: Tour Reed Flute Cave

<http://www.molon.de/galleries/China/Guanxi/Reed/>

and visit tea plantations in Guilin

Homeward Bound or on to optional Hong Kong Extension

**Hong Kong Extension
October 28-November 1**

Day 18. Guilin/Hong Kong

Fly to Hong Kong by N8122

20:10: Arrive in Hong Kong and transfer to the hotel

KIMBERLY HOTEL

28 Kimberly Road, Tsimshatsui

Kowloon, Hong Kong

Tel: 2723 3888; Fax: 2723 1318

E-mail: hotel@kimberly.com.hk

Day 19. Hong Kong (B, L)

Breakfast at the hotel, sightseeing tour in Hong Kong

Victoria Peak

http://www.marimari.com/cOnTENT/hong_kong/popular_places/hongkong_islands/the_peak/main.html

Stanley market <http://www.hk-stanley-market.com/>

Aberdeen fishing Village

<http://www.marimari.com/cOnTENT/categories/editorial/archives/aberdien.html>

Repulse Bay http://www.anniebees.com/China/China_50.htm

<http://www.travelchinaguide.com/attraction/hongkong/island/bay.htm>

Lunch included.

Day 20. Hong Kong (B)

<http://www.discoverhongkong.com/eng/attraction/index.jhtml>

<http://www.asiatravel.com/hknut.html>

Breakfast at the hotel, whole day free

Day 21. Hong Kong/USA (B)

Breakfast at the hotel and transfer to Hong Kong airport.