Internship Issue!

Have you ever considered participating in an internship? Internships provide valuable, hands-on experience that help prepare you for the career you may choose and are GREAT resume boosters! SSS advisors are happy to assist with internship prep, and provide references when appropriate. Here are common questions about internships:

- What are the benefits of an internship?
- How do I find an internship?
- How do I apply?
- Who can I use as a reference in my internship application?
- What if I am accepted at an internship, and it’s not the one I want?

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Trio Day of Service

On February 18th, TRIO staff and students gathered at Stone Soup, Kids’ Café. Once a month, Stone Soup invites kiddos and community members to lend a hand in the cafeteria.

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SSS Welcomes **Darcy Harrod!**

Program Specialist

“Hello, I am excited to join the SSS family as the project specialist and office manager. I was born and raised in Fairbanks and am a first generation college graduate. I earned my BA in Art with a minor in Applied Business from UAF in 2010 (It took me awhile to really figure out what I wanted to do). I have 13 years of experience working at UAF and spent many of those years working as a graphic artist. In my free time I like to spend time with my family and I love to talk about anything art and design!”

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**Stop by the office and say hello to our latest SSS team member, Darcy!**

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**SSS Celebrates TRIO Day 2017!**

Student Support Services (SSS) and Upward Bound (UB) participated in their annual TRIO Day celebration at the Wood Center Multi-level Lounge on February 16th.

Many students, staff, faculty, and community members attended the celebration and joined SSS and UB in recognizing the notable efforts and achievements of students and staff.

Attendees listened to student speaker, James Gilchrest, as he shared his experience as a student in a TRIO program.

UAF Admissions received the TRIO Champion award for promoting higher education accessibility for limited-income students.

A moderated panel consisting of Karsten Hueffer, UAF faculty member, Lael Oldmixon, TRIO Alumni and UA staff member, and SSS Alumni, Vincent Zamora (’16) answered questions from the audience.

The TRIO Achiever Award was presented to Lacey Brewster (’13), who had the opportunity to accept via Skype from Palmer. We would like to thank everyone who celebrated with us!

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UAF Admissions accepts the TRIO Champion Award

Vincent Zamora (with son) answers a question on the moderated panel
More than 20 community members arrived at Stone Soup on Saturday morning, including SSS students and staff. After a pit-stop at the washing station to thoroughly clean hands and select a pair of sanitary gloves, the volunteers each chose a table and began their tasks. A volunteer from the Children’s Museum presented trays of brightly colored noodles for kiddos to make macaroni necklaces at one table.

Hundreds of chocolate chip cookies were placed on baking sheets at another table, and rotated in and out of an oven. Dozens of sandwiches were created at one of the busier stations.

Thank you to Stone Soup Café for hosting SSS staff and students for TRIO Day of Service!

*If you have questions about volunteering, or are interested in volunteer opportunities call or email our main office @ 474-6844 or trio.sss@alaska.edu*

**Internships** (Cont. from pg. 1)

**Q. What are the benefits of an internship?** A. Internships give you the opportunity to gain valuable work experience before you graduate, develop new skills and refine others, apply knowledge gained from coursework to on-the-job situations, reality-test tentative career choices, meet and work with professionals, establish contacts for letters of reference and networking, experience new work environments, and earn money for tuition and expenses.

**Q. How do I find an internship?** A. You may learn about internship openings through advisors, newsletters, an email list-serv, job fairs, work/study abroad programs, hometown contacts, professional associations, student organizations, community service/volunteer groups, and your major advisors. Online searches through www.uas.alaska.edu/career_services/internships.html, www.internships.com, and www.monster.com are good places to start!

**Q. How do I apply?** A. Whether it’s an online application or pen/pen, each company or organization will have specific instructions. Follow these guidelines to make your mark: (a). double- and triple-check your resume. You need to have a clean and clear resume. (b). experience comes in many forms, apply to multiple scholarships! (c). summer internships are
Internships (Cont. from pg. 3)

a great opportunity! (d). get your application in by the
deadline. (e). bring your ‘A’ game to the interview. (f).
emphasize flexibility.

Q. Who can I use as a reference in my internship application? A. Don’t be afraid to ask your advisor! Often, advisors are happy to provide a reference for internship applications. Reach out to faculty, major advisors, instructors, teaching assistants, graduate assistants, prior employers, family friends, community members you know through volunteer or service-work, and/or anyone who you know would be happy to provide quality information to a prospective supervisor.

Q. What if I am accepted at an internship, and it’s not the one I want? A. Experience comes in many forms! If it’s not the ‘perfect’ internship, that doesn’t mean you won’t have a great experience and boost your resume in the process. By forging connections with internship supervisors and those who work in the field, you will increase your chances of developing important contacts for future goals.

Did you know you can submit a minor declaration via email?

After you meet with your advisor, email the registrar directly at registrar@uaf.edu if you would like to declare an already existing minor from the course catalog.

SSS now offers an emergency scholarship:

The purpose of this scholarship is to provide temporary financial relief for unexpected personal expenses or in emergency type situations to current UAF Student Support Services program participants. If you are experiencing a hardship and would like more information about the emergency scholarship, please make an appointment with your SSS advisor.

Don’t forget!

SSS offers breakfast snacks each Monday and Thursday, and POPCORN on Wednesday!

Quick Tips & Helpful Hints

IMPORTANT DATES

- 3/31 Last Day to Withdraw
- 4/3 Registration open for FA17
- 4/21 SpringFest (no classes)
- 5/2-5 Final Exams