Submit originals and one copy and electronic copy to Governance/Faculty Senate Office (email electronic copy to jhharvie@alaska.edu)

**PROGRAM/DEGREE REQUIREMENT CHANGE (MAJOR)**

**SUBMITTED BY:**

<table>
<thead>
<tr>
<th>Department</th>
<th>College/School</th>
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<tbody>
<tr>
<td>Social &amp; Human Development</td>
<td>CRCD</td>
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</tbody>
</table>

**Prepared by:**

<table>
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<tr>
<th>Diane McEachern</th>
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</table>

**Email: dmmceachern@alaska.edu**

**Phone:** 907 545 4585

**Faculty Contact:** Diane McEachern

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**PROGRAM IDENTIFICATION:**

**DEGREE PROGRAM**

HUMAN SERVICES

Degree Level (i.e., Certificate, A.A., A.A.S., B.A., B.S., M.A., M.S., Ph.D.) A.A.S.

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**A. CHANGE IN DEGREE REQUIREMENTS:** (Brief statement of program/degree changes and objectives)

The changes to the HUMS AAS w/RHS certificate requirements are to remove redundant HUMS AAS course requirements that are already met within the RHS curriculum and to add another HUMS course as an elective option.

This will result in an increase in the number of credits accepted as a block of courses from the RHS certificate:

**Remove:**

- HUMS F102 Standards of Practice I (1cr)
- HUMS F202 Standards of Practice II (2cr)
- HUMS F233 Practicum (3cr)

**Add:**

- HUMS 205 Principles of Group Counseling (3cr)

**Increase:**

The number of RHS credits accepted as a block of courses from 21 to 27.

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**B. CURRENT REQUIREMENTS AS IT APPEARS IN THE CATALOG:**

- Human Services
  - College of Rural and Community Development
  - Bristol Bay Campus 907-842-5109
  - Chukchi Campus 907-442-3400
  - Interior-Aleutians Campus 907-474-5439
  - Kuskokwim Campus 907-543-4500
  - Northwest Campus 907-443-2201
  - Community and Technical College 907-455-2842

[www.ctc.uaf.edu/programs/hums](http://www.ctc.uaf.edu/programs/hums/)
Minimum Requirements for Degree: 63 credits

Students in the human services program receive skills-based training within a foundation of theory. After completing foundation courses, students select an area of concentration from the following: addictions counseling, behavioral health, or interdisciplinary concentration. Students learn interviewing and assessment, case management, crisis intervention, group counseling techniques and other specific skills needed within their concentration area.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds.

Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

Students who complete an addictions concentration are eligible for certification as chemical dependency counselor technicians through the Alaska Commission for Behavioral Health Certification.

Each concentration is available to BA degree students as a minor. The BA degree student must complete the concentration and three HUMS elective credits. Concentrations provide students with skills needed for employment. See minor requirements.

This degree program is delivered collaboratively within the UA system.

Major -- AAS Degree

Concentrations: Addictions Counseling, Behavioral Health and Interdisciplinary Concentration

1. Complete the general university requirements.
2. Complete the AAS degree requirements.
3. Complete the following:*  
   HUMS F101--Introduction to Human Services--3 credits  
   HUMS F102--Standards of Practice I--2 credits  
   HUMS F120--Cultural Diversity in Human Services--3 credits  
   HUMS F125--Introduction to Addictive Processes--3 credits  
   HUMS F202--Standards of Practice II--1 credit  
   HUMS F215--Individual Interviewing--3 credits  
   HUMS F232--Human Service Practicum I--3 credits  
   HUMS F233--Human Service Practicum II--3 credits  
   HUMS F301--Ethics in Human Service--3 credits  
   PSY F101--Introduction to Psychology--3 credits
4. Complete one of the following concentrations:
   Addictions Counseling
   1. Complete the following:  
      HUMS F105--Personal Awareness and Growth--3 credits  
      HUMS F205--Basic Principles of Group Counseling--3 credits  
      or HUMS F210--Crisis and Grief Counseling--3 credits  
      HUMS F260--History of Alcohol in Alaska--1 credit  
      HUMS F261--Substance Abuse Assessment: ASAM PPC II--1 credit  
      HUMS F263--Fetal Alcohol Spectrum Disorder (FASD)--1 credit  
      HUMS F266--Dual Diagnosis Intervention and Treatment--2 credits  
      HUMS F305--Substance Abuse Counseling--3 credits  
      HUMS F250--Current Issues in Human Services--1 credit  
      or any 1 credit course approved by the Human Services Program--1 credit
   2. Complete one of the following family courses for Addictions Counseling and Interdisciplinary concentration:*
ECE F3420--Family Relationships--3 credits
HUMS F140--Family Dynamics--3 credits
RHS F120--Family Systems 1-2 credits
PSY F240--Lifespan Developmental Psychology--3 credits

Behavioral Health
3. Complete the following
   HUMS F205--Basic Principles of Group Counseling--3 credits
   HUMS F210--Crisis and Grief Counseling--3 credits
   HUMS F280--Foundations of Community Development and Prevention Practices for the Human Service Professional--3 credits
   HUMS F290--Case Management--3 credits
   HUMS F305--Substance Abuse Counseling--3 credits
   SOC F242--The Family: A Cross-Cultural Perspective--3 credits
4. Complete 3 elective credits (approved by Human Services Program Coordinator)--3 credits
5. If the student is a social work or justice major, then choose one of the following in place of an elective:
   Social Work Majors:
   SWK F103--Introduction to Social Work--3 credits
   Justice Majors:
   JUST F110--Introduction to Justice--3 credits

Interdisciplinary Concentration
6. The interdisciplinary concentration option is made available to students based on their individual needs and goals for specific vocational preparation. The interdisciplinary concentration will include 12 credits at the F200 level or above from the disciplines of social work, psychology, sociology, justice or human services. Three credits from these disciplines can be at the F100 level.
7. The interdisciplinary concentration will be reviewed and approved by the Human Services Program Coordinator, another human services faculty member and a faculty member representing at least one other discipline.

Criteria for the approval of the interdisciplinary concentration is based on the candidate's identified vocational and curricular needs.
   • Examples:
     HUMS or other acceptable courses that meet a student's specific need: Workforce Specialty, Family Specialty, Restorative Justice, etc.
     • Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.) that are aligned with the human services degree program.
     • Example of possible interdisciplinary concentration of human services in restorative justice:
       HUMS F210--Crisis and Grief Counseling--3 credits
       HUMS F290--Case Management--3 credits
       JUST F110--Introduction to Justice--3 credits
       JUST F251--Criminology--3 credits
       SOC F201--Social Problems--3 credits

5. Minimum credits required--63 credits
* Students must earn a C grade or better in each course.
For students with the Rural Human Services Certificate (up to 21 credits accepted as a block of courses):*
1. Complete the general university requirements.
2. Complete the AAS degree requirements.
3. Complete the following:*
HUMS F101--Introduction to Human Services--3 credits
HUMS F102--Standards of Practice--2 credits
HUMS F202--Standards of Practice II--1 credit
HUMS F233--Human Service Practicum II--3 credits
HUMS F301--Ethics in Human Service--3 credits
PSY F101--Introduction to Psychology--3 credits
PSY F240--Lifespan Developmental Psychology--3 credits

4. Complete three of the following courses:*  
   HUMS F280--Prevention and Community Development--3 credits  
   HUMS F290--Case Management--3 credits  
   HUMS F305--Substance Abuse Counseling--3 credits  
   HUMS F250--Current Issues in Human Services--3 credits  
   or other approved course--3 credits

5. Optional (for BA seeking students):  
   o Social Work Majors:  
     SWK F103--Introduction to Social Work--3 credits  
     or other Social Work-approved course--3 credits  
   o Justice Majors:  
     JUST F110--Introduction to Justice--3 credits

6. Minimum credits required--63 credits

* Students must earn a C grade or better in each course.

Minor

Option 1  
1. Complete one concentration in human services*--15 credits
2. Complete HUMS elective credits*--3 credits
3. Minimum credits required*--18 credits

Option 2  
1. Complete HUMS-approved** elective credits--18 credits
2. Minimum credits required*--18 credits

* Students must earn a C grade or better in each course.
** Electives for Option 2 must be approved by the human services program coordinator.

Alaska Chemical Dependency Counselor Certification  
The Alaska Commission for Behavioral Health Certification has approved the following courses for up to 45 training hours each toward certification or recertification of Chemical Dependency Counselors in the state of Alaska.

HUMS F125--Introduction to Addictive Processes--3 credits
HUMS F205--Basic Principles of Group Counseling--3 credits
HUMS F210--Crisis and Grief Counseling--3 credits
HUMS F215--Individual Interviewing--3 credits
HUMS F260--History of Alcohol in Alaska--1 credit
HUMS F301--Ethics in Human Service--3 credits
HUMS F305--Substance Abuse Counseling--3 credits
### Proposed Requirements as It Will Appear in the Catalog with These Changes

(underline new wording, strike through old wording, and use complete catalog format)

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<tr>
<td><a href="http://www.etc.uaf.edu/programs/hums/">www.etc.uaf.edu/programs/hums/</a></td>
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</table>

**AAS Degree; Minor**

**Downloadable PDF**

Minimum Requirements for Degree: 63 credits

Students in the human services program receive skills-based training within a foundation of theory. After completing foundation courses, students select an area of concentration from the following: addictions counseling, behavioral health, or interdisciplinary concentration.

Students learn interviewing and assessment, case management, crisis intervention, group counseling techniques and other specific skills needed within their concentration area.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds. Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

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Each concentration is available to BA degree students as a minor. The BA degree student must complete the concentration and three HUMS elective credits. Concentrations provide students with skills needed for employment. See minor requirements.

This degree program is delivered collaboratively within the UA system.

**Major -- AAS Degree**

**Concentrations:** Addictions Counseling, Behavioral Health and Interdisciplinary

**Concentration**

1. Complete the [general university requirements](#).
2. Complete the [AAS degree requirements](#).
3. Complete the following:*  
   - HUMS F101--Introduction to Human Services--3 credits  
   - HUMS F102--Standards of Practice I--2 credits  
   - HUMS F120--Cultural Diversity in Human Services--3 credits  
   - HUMS F125--Introduction to Addictive Processes--3 credits  
   - HUMS F202--Standards of Practice II--1 credit  
   - HUMS F215--Individual Interviewing--3 credits  
   - HUMS F232--Human Service Practicum I--3 credits  
   - HUMS F233--Human Service Practicum II--3 credits  
   - HUMS F301--Ethics in Human Service--3 credits  
   - PSY F101--Introduction to Psychology--3 credits
4. Complete one of the following concentrations:
   - Addictions Counseling  
     1. Complete the following:  
        - HUMS F105--Personal Awareness and Growth--3 credits
HUMS F205--Basic Principles of Group Counseling--3 credits
or HUMS F210--Crisis and Grief Counseling--3 credits
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HUMS F266--Dual Diagnosis Intervention and Treatment--2 credits
HUMS F305--Substance Abuse Counseling--3 credits
HUMS F250--Current Issues in Human Services--1 credit
  or any 1 credit course approved by the Human Services Program--1 credit
2. Complete one of the following family courses for Addictions Counseling and
   Interdisciplinary concentration:*
   ECE F3420--Family Relationships--3 credits
   HUMS F140--Family Dynamics--3 credits
   RHS F120--Family Systems I--2 credits
   PSY F240--Lifespan Developmental Psychology--3 credits

Behavioral Health
3. Complete the following
   HUMS F205--Basic Principles of Group Counseling--3 credits
   HUMS F210--Crisis and Grief Counseling--3 credits
   HUMS F280--Foundations of Community Development and Prevention
   Practices for the Human Service Professional--3 credits
   HUMS F290--Case Management--3 credits
   HUMS F305--Substance Abuse Counseling--3 credits
   SOC F242--The Family: A Cross-Cultural Perspective--3 credits
4. Complete 3 elective credits (approved by Human Services
   Program Coordinator)--3 credits
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   above from the disciplines of social work, psychology, sociology, justice or
   human services. Three credits from these disciplines can be at the F100 level.
7. The interdisciplinary concentration will be reviewed and approved by the
   Human Services Program Coordinator, another human services faculty
   member and a faculty member representing at least one other discipline.
   Criteria for the approval of the interdisciplinary concentration is based on the
   candidate's identified vocational and curricular needs.
   • Examples:
     HUMS or other acceptable courses that meet a student's specific need:
     Workforce Specialty, Family Specialty, Restorative Justice, etc.
     Courses or a certificate from within the UA system (UAA, RHS, PWSCC, etc.)
     that are aligned with the human services degree program.
     Example of possible interdisciplinary concentration of human services
     in restorative justice:
     HUMS F210--Crisis and Grief Counseling--3 credits
HUMS F290--Case Management--3 credits
JUST F110--Introduction to Justice--3 credits
JUST F251--Criminology--3 credits
SOC F201--Social Problems--3 credits

5. Minimum credits required--63 credits

For students with the Rural Human Services Certificate (up to 21 credits accepted as a block of courses) (up to 27 credits accepted as a block of courses):*

A. Complete the general university requirements (page 94).
B. Complete the AAS degree requirements (page 98).
C. Complete the following:

* □ HUMS F101—Introduction to Human Services----3
HUMS F102—Standards of Practice----2
HUMS F202—Standards of Practice II----1
HUMS F233—Human Service Practicum II----3
HUMS F301—Ethics in Human Service----3
PSY F101—Introduction to Psychology----3
PSY F240—Lifespan Developmental Psychology----3

4. Complete three of the following courses:
  * □ HUMS F205—Basic Principles of Group Counseling----3
  HUMS F280—Prevention and Community Development----3
  HUMS F290—Case Management----3
  HUMS F305—Substance Abuse Counseling----3
  HUMS F250—Current Issues in Human Services----3 □
  or other approved course----3

Reference Galen Johnson’s email of Monday, Dec. 15, 2014, sent to CRC with forwarded email from Diane McEachern included which contains her support to remove this section of text.
D. ESTIMATED IMPACT
What impact, if any, will this have on budget, facilities/spaces, faculty, etc.

No impact noted.

E. IMPACTS ON PROGRAMS/DEPTS:
What programs/departments will be affected by this proposed action? Include information on the Programs/Departments affected (e.g. email, memo)

*RHS + HUMS AAS w/RHS + BSW is an articulated behavioral health academic pathway.

RHS Program: Meetings with RHS Program Manager and RHS Lead faculty at IAC. Both endorse this proposal.

HUMS AAS program: All faculty support this proposal via discussion.

BSW cohort program: Communication with BSW Department Chair via meeting and email. Chair suggested that the change would streamline the academic pathway. She supports this proposal, as many HUMS AAS w/RHS graduates continue into the BSW cohort program.

F. IF MAJOR CHANGE - ASSESSMENT OF THE PROGRAM:
Description of the student learning outcomes assessment process.

Student work is assessed using program criteria as listed in outcomes assessment plans.

JUSTIFICATION FOR ACTION REQUESTED
The purpose of the department and campus-wide curriculum committees is to scrutinize program/degree change applications to make sure that the quality of UAF education is not lowered as a result of the proposed change. Please address this in your response. This section needs to be self-explanatory. If you drop a course, is it because the material is covered elsewhere? Use as much space as needed to fully justify the proposed change and explain what has been done to ensure that the quality of the program is not compromised as a result:

- Enhances and updates alignment with workforce needs, e.g. expedites certification and credentialing
- Removes inactive and/or redundant courses
- Enhances articulation with feeder program, UAF Social Work program
- Decreases years needed to accomplish the HUMS AAS w/RHS certificate
- RHS F285 Case Management (2cr) and RHS F250 Rural Counseling II (2cr) cover the material required in HUMS F102 Standards of Practice I (2cr) and HUMS 202 Standards of Practice I (1cr)
- RHS F287 Practicum (4cr) covers the material in HUMS F233 (3cr)
- This change allows students a streamlined route to accomplishing their HUMS
AAS after having spent 2 years completing the RHS certificate.
- For students who wish to continue on to the BSW cohort program, they will be able to do so sooner.
Fwd: Format 5 letter

Diane McEachern <dmmceachern@alaska.edu>  
To: Gara Bridwell <gdbridwell@alaska.edu>  
Fri, Sep 26, 2014 at 3:52 PM

Here is one endorsement letter and the format 5 with the change suggested by Linda. The other endorsement letter will come in on Monday and I will send it to you so you can print, sign, and send them all together back to the committee.

-------------- Forwarded message --------------
From: Robyn Henry <rhenry@alaska.edu>
Date: Fri, Sep 26, 2014 at 2:42 PM
Subject: Re: Format 5 letter
To: Diane McEachern <dmmceachern@alaska.edu>

To the Academic Review Committee:

As Lead faculty for the IAC / RHS program I would like to offer my full support to the Format 5 changes being proposed for the HUMS program. These changes will greatly benefit RHS students who choose to go on to the HUMS program in that it addresses duplicate curriculum that, unduly forced students to take more credits for curriculum already covered in the RHS program. The changes will allow student to go through the Academic pipeline much more efficiently and on to the BSW cohort program. Thank you for your consideration in this matter.

Robyn M. Henry
Faculty / Assistant Professor
University of Alaska Fairbanks
Rural Human Services Program (RHS)
Lead Faculty IAC RHS Program
Department Vice Chair
(907) 240-3539

Diane McEachern, PhD, LCSW, MSW
UAF/Kuskokwim Campus, Bethel
Assistant Professor
Lead Faculty: KuC HUMS/RHS cohort programs
Program Head: UAF HUMS AAS
Program Head: UAF Rural Human Service (RHS)
Direct line: 907 543 4597
Toll free: 800 478-5822
Fax: 907 543 4527
September 29, 2014

To Whom It May Concern:

This is in support of the Format 5 changes to the HUMS AAS degree requirements submitted by Assistant Professor Diane McEachern.

As the Statewide Coordinator of the BSW Rural Cohort, a streamlined behavioral health academic pipeline is of utmost importance. It is especially necessary for rural students in the academic pipeline, who commit sometimes 11-12 years to accomplish the goal of a bachelor’s degree. The revisions that have been submitted ensure a streamlined process from the Rural Human Services certificate, to the HUMS AAS, to the BA in Social Work degree, and possibly cut down the time to graduation by 1 to 1.5 years. This reduction of time is a needed option for students in the academic pipeline, who are all full-time employees in their community and have substantial family obligations.

Some components of the new revision that are in the best interest of the students and the program are:

- Taking out the unnecessary Practice and Practicum requirement in the HUMS degree, removal of HUMS 102, 103 and 233. This requirement would be important as in the stand alone HUMS AAS, however students in the pipeline have already completed an RHS practicum and will look forward to a 400 hour practicum in the BA degree.
- HUMS students will also have all the essential credits for the chemical dependency credential under this new revision by adding the HUMS 205. The HUMS 205 course is also 1 of 2 courses that can count as a SWK elective, so students can come into the BSW cohort having the elective requirements already complete.

I strongly support the revisions submitted as it will take out redundancy in the course requirements and streamline the academic pipeline of the RHS certificate, HUMS AAS and the BA in Social work.

Sincerely,

Retchenda George-Bettisworth, MSW
Chair, Social Work Dept.
Statewide BSW Rural Cohort Coordinator

Social Work Department
601C Gruening Building, P.O. Box 756480, Fairbanks, AK 99775-6480
Phone (907) 474-7025 • Fax (907) 474-6085