Submit originals (including syllabus) and one copy and electronic copy to the **Faculty Senate Office**


---

### CHANGE COURSE (MAJOR) and DROP COURSE PROPOSAL

*Attach a syllabus, except if dropping a course.*

---

#### SUBMITTED BY:

<table>
<thead>
<tr>
<th>Department</th>
<th>Rural Student Services</th>
<th>College/School</th>
<th>College of Rural and Community Development</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prepared by</td>
<td>Colleen Angaiak</td>
<td>Phone</td>
<td>474-7871</td>
</tr>
<tr>
<td>Email Contact</td>
<td><a href="mailto:changaiak@alaska.edu">changaiak@alaska.edu</a></td>
<td>Faculty Contact</td>
<td>Colleen Angaiak</td>
</tr>
</tbody>
</table>

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1. **COURSE IDENTIFICATION:** As the course now exists.

<table>
<thead>
<tr>
<th>Dept</th>
<th>RD</th>
<th>Course #</th>
<th>No. of Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>F100</td>
<td>1</td>
</tr>
</tbody>
</table>

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2. **ACTION DESIRED:** ✓ Check the changes to be made to the existing course.

<table>
<thead>
<tr>
<th>Change Course</th>
<th>Drop Course</th>
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<tbody>
<tr>
<td>✓</td>
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**PREREQUISITES**

- *Prerequisites will be required before a student is allowed to enroll in the course.

---

**CREDITS (including credit distribution)**

<table>
<thead>
<tr>
<th>STACKED (400/600)</th>
<th>Dept.</th>
<th>Course #</th>
</tr>
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**COURSE CLASSIFICATION**

<table>
<thead>
<tr>
<th>STACKED (400/600)</th>
<th>Dept.</th>
<th>Course #</th>
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<tbody>
<tr>
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**ADD NEW CROSS-LISTING**

| Requires approval of both departments and deans involved. Add lines at end of form for additional signatures. |
|                                                                                                        |

---

**STOP EXISTING CROSS-LISTING**

| Requires notification of other department(s) and mutual agreement. Attach copy of email or memo. |
|                                                                                                 |

---

**OTHER (specify)**

---

3. **COURSE FORMAT**

**NOTE:** Course hours may not be compressed into fewer than three days per credit. Any course compressed into fewer than six weeks must be approved by the college or school's curriculum council and the appropriate Faculty Senate curriculum committee. Furthermore, any core course compressed to less than six weeks must be approved by the core review committee.

<table>
<thead>
<tr>
<th>COURSE FORMAT: (check all that apply)</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>X</th>
<th>6 weeks to full semester</th>
</tr>
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<tbody>
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**MODE OF DELIVERY (specify lecture, field trips, labs, etc.)**

**Instructional Method:**

- Class discussions
- Guest speakers (ex. student panels and/or Alaska Native Leaders
- General sessions
- Written and emailed homework assignments
- Small group discussion and activities
- Student presentations
- Multimedia presentations
- Lecture
4. **COURSE CLASSIFICATIONS**: (undergraduate courses only. Use approved criteria found on Page 10 & 17 of the manual. If justification is needed, attach on separate sheet.)

<table>
<thead>
<tr>
<th>H = Humanities</th>
<th>S = Social Sciences</th>
</tr>
</thead>
</table>

Will this course be used to fulfill a requirement for the baccalaureate core?  
YES [ ]  NO [ ] X [ ]

IF YES*, check which core requirements it could be used to fulfill:

- O = Oral Intensive, *Format 6 also submitted [ ]
- W = Writing Intensive, *Format 7 submitted [ ]
- Natural Science, *Format 8 submitted [ ]

4.A. **Is course content related to northern, arctic or circumpolar studies?** If yes, a "snowflake" symbol will be added in the printed Catalog, and flagged in Banner.

YES [ ] NO [ ]

5. **COURSE REPEATABILITY:**

<table>
<thead>
<tr>
<th>Is this course repeatable for credit?</th>
<th>YES [ ]</th>
<th>NO [ ] X [ ]</th>
</tr>
</thead>
</table>

Justification: Indicate why the course can be repeated (for example, the course follows a different theme each time).

Course may be repeated for credit if the course theme or content have significantly changed. A reference to the course syllabus and permission of instructor would be required.

How many times may the course be repeated for credit? [ ] TIMES

If the course can be repeated with variable credit, what is the maximum number of credit hours that may be earned for this course? [ ] CREDITS

6. **COMPLETE CATALOG DESCRIPTION** including dept., number, title, credits, credit distribution, cross-listings and/or stacking, clearly showing the changes you want made. (Underline new wording, strike through old wording and use complete catalog format including dept., number, title, credits and cross-listed and stacked.)

**Example of a complete description:**

**RD F100 College Seminar**  
1 credits  
This course is designed to serve as an academic, cultural, and social transition to the UAF campus. Through Learner-Centered education RD 100 will build on students’ personal strengths and provide an opportunity to develop skills and expertise that will lead to student success academically and in other areas of life, including decision-making, communication and overall personal development and growth. The class will help students achieve and understand their responsibility for a successful undergraduate education by taking advantage of those resources and supports which will serve them in coping with their personal transition to college life. Students will benefit from close interaction with instructors, as well as their peers, and will better understand their inherent value and significance in the university community.

7. **COMPLETE CATALOG DESCRIPTION AS IT SHOULD APPEAR AFTER ALL CHANGES ARE MADE:**

**RD F100 The University Experience**  
3 credits  
This course is designed to serve as an academic, cultural, and social transition to the UAF campus. Through Learner-Centered education and an emphasis on positive self-concept theories, RD 100 will provide an opportunity to build on personal strengths and skills, as well as learning to take advantage of those resources and support programs which will serve rural and Alaska Native students and aid in a successful transition to college life.
8. **GRADING SYSTEM** Specify only one.

<table>
<thead>
<tr>
<th>LETTER</th>
<th>PASS/FAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>

9. **ESTIMATED IMPACT**

**WHAT IMPACT, IF ANY, WILL THIS HAVE ON BUDGET, FACILITIES/SPACE, FACULTY, ETC.**

| SPACE: Course currently occupies classroom space every Thursday 2:00 – 3:30 therefore increasing the one credit to three credits would use space that currently could not be scheduled since the class was occupying space and time that would be used for a typical TR class.  
BUDGET: Tuition revenue would increase from one credit to three credits per student  
FACULTY: The time commitment would increase, however since the course is an integral part of the students’ connection to and success in their college career the impact is a positive one. This course is currently taught by Rural Student Services Advisors and included in our work load. |

10. **LIBRARY COLLECTIONS**

Have you contacted the library collection development officer (kljensen@alaska.edu, 474–6695) with regard to the adequacy of library/media collections, equipment, and services available for the proposed course? If so, give date of contact and resolution. If not, explain why not.

| No   | X   | Yes  | Majority of assignments do not require library based research and we currently have access to media equipment |

11. **IMPACTS ON PROGRAMS/DEPTS:**

What programs/departments will be affected by this proposed action?

Include information on the Programs/Departments contacted (e.g., email, memo)

Department of Alaska Native Studies and Rural Development would not be impacted beyond having the course listed as a course option. Rural Student Services Staff will continue to instruct the course.

12. **POSITIVE AND NEGATIVE IMPACTS**

Please specify positive and negative impacts on other courses, programs and departments resulting from the proposed action.

The time commitment would increase, however since the course is an integral part of the students connection and success in their college career the impact is a positive one. This course is currently taught by Rural Student Services Advisors and included in our work load.

13. **JUSTIFICATION FOR ACTION REQUESTED**

The purpose of the department and campus-wide curriculum committees is to scrutinize course change and new course applications to make sure that the quality of UAF education is not lowered as a result of the proposed change. Please address this in your response. This section needs to be self-explanatory. If you ask for a change in # of credits, explain why; are you increasing the amount of material covered in the class? If you drop a prerequisite, is it because the material is covered elsewhere? If course is changing to stacked (400/600), explain higher level of effort and performance required on part of students earning graduate credit. Use as much space as needed to fully justify the proposed change and explain what has been done to ensure that the quality of the course is not compromised as a result.

1. With the increased complexity of university programs, policies, and financial aid regulations, more time is needed to cover the information students require for success. This class has existed for approximately 20 years, and in recent years we have found ourselves eliminating topics in order to accommodate policies and regulations.  
2. Most students who enroll in this course place into Developmental math and/or English. These students need elective options that provide them with useful skills and a three-credit option will help these students maintain full-time status.  
3. As a three-credit course, the instructor will maintain continued contact with all enrolled students throughout the students’ entire first semester at UAF, providing important support for student success.
APPROVALS: (Additional signature blocks may be added as necessary.)

Signature, Chair, Program/Department of: [Signature] Date: 10/18/13

Signature, Chair, College/School Curriculum Council for: [Signature] Date: 2/26/14

Signature, Provost (if applicable): [Signature] Date: 2/26/14

Offerings above the level of approved programs must be approved in advance by the Provost:

Signature of Provost (if applicable):

ALL SIGNATURES MUST BE OBTAINED PRIOR TO SUBMISSION TO THE GOVERNANCE OFFICE.

Signature, Chair, Faculty Senate Review Committee: [Signature] Date:
--- Curriculum Review --- GAAC
--- Core Review --- SADAC

ADDITIONAL SIGNATURES: (As needed for cross-listing and/or stacking; add more blocks as necessary.)

Signature, Chair, Program/Department of: [Signature] Date:

Signature, Chair, College/School Curriculum Council for: [Signature] Date:

Signature, Dean, College/School of: [Signature] Date:

Note: If removing a cross-listing, attach copy of email or memo to indicate mutual agreement of this action by the affected department(s). If degree programs are affected, a Format 5 program change form must also be submitted.
ATTACH COMPLETE SYLLABUS (as part of this application). This list is online at: http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures/-uaf-syllabus-requirements/

The Faculty Senate curriculum committees will review the syllabus to ensure that each of the items listed below are included. If items are missing or unclear, the proposed course (or changes to it) may be denied.

SYLLABUS CHECKLIST FOR ALL UAF COURSES

During the first week of class, instructors will distribute a course syllabus. Although modifications may be made throughout the semester, this document will contain the following information (as applicable to the discipline):

1. Course information:
   - Title, number, credits, prerequisites, location, meeting time (make sure that contact hours are in line with credits).

2. Instructor (and if applicable, Teaching Assistant) information:
   - Name, office location, office hours, telephone, email address.

3. Course readings/materials:
   - Course textbook title, author, edition/publisher.
   - Supplementary readings (indicate whether required or recommended) and any supplies required.

4. Course description:
   - Content of the course and how it fits into the broader curriculum;
   - Expected proficiencies required to undertake the course, if applicable.
   - Inclusion of catalog description is strongly recommended, and
   - Description in syllabus must be consistent with catalog course description.

5. Course Goals (general), and (see #6)

6. Student Learning Outcomes (more specific)

7. Instructional methods:
   - Describe the teaching techniques (eg: lecture, case study, small group discussion, private instruction, studio instruction, values clarification, games, journal writing, use of Blackboard, audio/video conferencing, etc.).

8. Course calendar:
   - A schedule of class topics and assignments must be included. Be specific so that it is clear that the instructor has thought this through and will not be making it up on the fly (e.g. it is not adequate to say “lab”. Instead, give each lab a title that describes its content). You may call the outline Tentative or Work in Progress to allow for modifications during the semester.

9. Course policies:
   - Specify course rules, including your policies on attendance, tardiness, class participation, make-up exams, and plagiarism/academic integrity.

10. Evaluation:
    - Specify how students will be evaluated, what factors will be included, their relative value, and how they will be tabulated into grades (on a curve, absolute scores, etc.)
    - Publicize UAF regulations with regard to the grades of "C" and below as applicable to this course. (Not required in the syllabus, but is a convenient way to publicize this.) Link to PDF summary of grading policy for “C”: http://www.uaf.edu/files/uafgov/Info-to-Publicize-C_Grading-Policy-UPDATED-May-2013.pdf

11. Support Services:
    - Describe the student support services such as tutoring (local and/or regional) appropriate for the course.

12. Disabilities Services: Note that the phone# and location have been updated. http://www.uaf.edu/disability/ The Office of Disability Services implements the Americans with Disabilities Act (ADA), and ensures that UAF students have equal access to the campus and course materials.
   - State that you will work with the Office of Disabilities Services (208 WHITAKER BLDG, 474-5655) to provide reasonable accommodation to students with disabilities.

5/21/2013
ATTACH COMPLETE SYLLABUS (as part of this application).
The guidelines are online:
http://www.uaf.edu/uafgov/faculty-senate/curriculum/course-degree-procedures-/uaf-syllabus-requirements/
The Faculty Senate curriculum committees will review the syllabus to ensure that each of the items listed below are included. If items are missing or unclear, the proposed course (or changes to it) may be denied.

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10. Evaluation:
    - Specify how students will be evaluated, what factors will be included, their relative value, and how they will be tabulated into grades (on a curve, absolute scores, etc.) Publicize UAF regulations with regard to the grades of "C" and below as applicable to this course. (Not required in the syllabus, but may be a convenient way to publicize this.) Faculty Senate Meeting #171:
      http://www.uaf.edu/uafgov/faculty-senate/meetings/2010-2011-meetings/#171
11. Support Services:
    - Describe the student support services such as tutoring (local and/or regional) appropriate for the course.
12. Disabilities Services: Note that the phone# and location have been updated.
    The Office of Disability Services implements the Americans with Disabilities Act (ADA), and ensures that UAF students have equal access to the campus and course materials.
    - State that you will work with the Office of Disabilities Services (208 WHITAKER BLDG, 474-5655) to provide reasonable accommodation to students with disabilities.

8/1/2012
The University Experience
RD 100-F01 (3 credits)
Class Schedule and Syllabus

Instructors:  Colleen Angaiak, Advisor, cbangaiak@alaska.edu, 474-6623
212 Brooks Building.
Available 8:00 a.m. – 5:00 p.m. Monday –Friday by appointment.

Gabrielle Russell, Advisor, garussell@alaska.edu, 474-6615
Carol Murphrey, Advisor, cmurphrey@alaska.edu, 474-6616
Olga Skinner, Advisor, ojskinner@alaska.edu, 474-5152

Course Description:
This course is designed to serve as an academic, cultural, and social transition to the UAF campus. Through Learner-Centered education and an emphasis on positive self-concept theories, RD 100 will provide an opportunity to build on personal strengths and skills, as well as learning to take advantage of those resources and support programs which will serve rural and Alaska Native students and aid in a successful transition to college life.

Course Goals:
1. Enhance rational/critical-thinking ability and use values in personal decision-making as well as encourage individual growth by increasing awareness of human diversity, cultures, and beliefs.
2. Focus on self-concept by exploring identity development, realize how values affect choices, and determine individual motivations.
3. Define the importance of connecting to the University, including awareness of resources available on campus and participating in University activities and organizations.
4. Define reasons for furthering education and setting realistic goals for the college experience.
5. Foster confidence in ability to participate in discussions and public speaking by formulating ways to voice opinions and thoughts.
6. Prepare each student to develop guidelines for maintaining a healthy lifestyle and coping with stress.

Student Learning Outcomes:
Upon Completion of this course students will be able to…

1. Identify personal values and UAF’s Core Themes
2. Define personal and academic goals for the university experience.
3. Actively participate in the university learning community.
4. Explain the relationship between engagement and maintaining good academic standing at the university level.
5. Access university academic and student support resources.
6. Discuss the relationship between motivation and achievement.
7. Appreciation and respect of one’s own culture as well as the cultures of others.

8. Develop a sense of responsibility to social justice issues and service to the community.

9. Identify differences between high school and university, and rural and urban educational settings.

10. Identify skills and knowledge that can be used in rural and urban settings.

11. Develop the practical skills necessary for academic success including note-taking, test-taking, and time management skills.

12. Develop strategies to cope with stress, including homesickness.

**Instructional Method:**
- Class discussions
- Guest speakers
- Written and emailed homework assignments
- Small group discussion and activities
- Use of multimedia resources
- Lecture

**Disability Services:** The Office of Disability Services implements the Americans with Disabilities Act (ADA), and ensures that UAF students have equal access to the campus and course materials. Disability Services provides academic accommodations to enrolled students who are identified as being eligible for services. We make every effort to work in conjunction with the Office of Disability Services to provide the necessary accommodations for all identified students enrolled in our course. If you believe you are eligible, please contact UAF Disability Services.

Location: UAF campus 208 Whitaker bldg.
Email: uaf-disabilityservices@alaska.edu
Phone: (907) 474-5655

**Course Materials:** There will be no need to purchase textbooks for this course. All course materials, handouts and readings will be provided to the class by the instructors.

**Reflective Journal (30%):** Each student will keep a journal. The entries should be at least one paragraph in length (you are welcome to write more if you wish). The entries should show evidence of thoughtful reflection on topics which will be assigned each week in class. Entries will be submitted via email before the next class. Please do not use real names when discussing a classmate or instructor. Students’ journals will be reviewed only by the instructors and the contents kept confidential.

If an instructor reasonably believes the contents of a journal reflect a possible danger to self or any third party, the instructor may take reasonable steps to prevent harm, including disclosing the journals contents to university officials or those deemed necessary in preventing any potential harm.

**Homework (20%):** Each week there will be a homework assignment, please consult the syllabus.

**Midterm and Final (40%):** This class will include a midterm exam and a final exam. The midterm will be worth 15%; the final will be worth 25%, comprising 40% of the total grade.
Class Attendance Requirements (10%):

- **Late Arrivals and Early Departures**: You must not only attend class, but you must arrive on time and remain in class for the entire period. Two unexcused late arrivals or early departures will count as one absence for the purpose of the attendance policy.
- **Excused Absences**: For an absence to be considered excused, proper documentation needs to be provided to the instructor. (ex. doctor’s note) The instructor has the right to initiate faculty withdrawals for any student who is missing classes and not participating substantially in the course.
- **Appointments, Meetings that Conflict with Class**: Please note that you should not schedule appointments with a doctor or dentist or anyone else that conflicts with your class time (unless unavoidable).
- **Policy on Missed Assignments and In-Class Activities**: Assignments will not be accepted late, and students will not be permitted to make up missed in-class assignments. Exceptions will be made at the discretion of the instructor and will require appropriate documentation for illness, family emergency, or participation in University-sponsored activities.

Make-up assignments: Students may be allowed to make up an assignment if an absence is excused. Communicate with your instructors and let them know what situation may be preventing your attendance.

RD 100 Expectations for Classroom Behavior: As instructors, we will respect you as a student and will make every effort to maintain a classroom climate that promotes learning for all students. Students must accept their responsibility for maintaining a positive classroom environment.

- Students are expected to arrive to class on time because the class dynamic depends on everyone being present. Students may not leave or prepare to leave class until dismissed.
- Students are expected to be alert and attentive in class.
- Student/teacher relationships, as well as relationships among peers, must be respectful at all times.
- Students are not permitted to wear headphones or use other electronic devices that may be distracting to the classroom environment.
- Students must refrain from any activity that will disrupt the class. **Cell phones turned off.**
- Students should not carry on private conversations while class is being conducted.

University Expectations:

- Attend all classes
- Be in class on time each day
- Bring the syllabus to class
- Complete all assignments in accordance with the assignment schedule
- Contribute positively to the learning experience of other students
- Refer to the syllabus to keep informed of upcoming assignments
- Check University e-mail daily for communications from your instructor and other university officials.
Class break-down:

The beginning of each class will be dedicated to a discussion of the homework due that day. Unless otherwise specified, assignments are due at the beginning of class on the due date. Reading and assignment dates may vary slightly depending on the pace of the class and other scheduled activities. Instructors will announce any adjustments to the schedule in class. The end of each class will be dedicated to an explanation and clarification of the following week’s homework. You are responsible for keeping up with assignments. **If you miss a class for any reason, contact the instructor.**

**Week 1**
Introductions, getting to know each other; UAF Core themes, personal values; introduce student panel/mentors
- Journal: List three personal values and how they will help you succeed in college.
- Homework: Write a brief (3-5 pages) autobiography of your life until now.

**Week 2**
Catalog, registration, deadlines, campus resources; differences between high school and college, especially rural schools; personal strengths, online assessment tool
- Journal: Compare and contrast your 3 values with UAF’s core themes. What is your opinion of the core themes?
- Homework: Collect puzzle pieces at various UAF locations

**Week 3**
University vocabulary Jeopardy; GPA computation, and importance; why are we here?
- Journal: What are you good at? How did you become good at it? How can you use this skill in college or in life after college?
- Homework: GPA exercises

**Week 4**
Time management note taking, including practice, classroom engagement. Role playing
- Journal: Do you manage your time differently here than at home? How do you feel about your current schedule?
- Homework: Time audit.

**Week 5**
Study skills: Reading, writing, math test-taking
- Journal: What makes a good teacher? Who is the best teacher you’ve ever had, and why
- Homework: Learning styles activity

**Week 6**
Stress & coping skills, student panel, priorities – home vs. school
- Journal: Think of a person you feel like you could talk to about almost anything. Who is it? How do they help you?
- Homework: For the next week, each evening write down three things that went well today and why they went well. Answer the question “Why did this happen?” It’s hard at first, but it gets easier.
**Week 7**  
Homesickness  
- Journal: If you could thank someone for something they’ve taught you, who would it be and why? Write them a short note thanking them for the help they’ve given you.  
- Homework: Study for midterm

**Week 8**  
Motivation, test preparation, Midterm.  
- Journal: List 3 goals you have for this semester. What are some things you can do to help achieve those goals?  
- Homework: Study for midterm

**Week 9**  
Registration, advising, academic planning, model advising appointment  
- Journal: Have any of your experiences this semester changed what you think about the classes you should take or your major? Do you feel different about this registration than the first time?  
- Homework: Create a 2- or 4-year academic plan.

**Week 10**  
Financial Aid basics – Ashley Munro guest speaker; loan reality activity; Application and Essay workshop, GPA calculation review  
- Journal: Who pays for your education? Do you feel any responsibility to people or agencies that are providing you with funding for college?  
- Homework: Update your scholarship essay, or write one if you don't have one Due 11/13

**Week 11**  
Career Services guest speaker, Resume and cover letter workshop, mock interview  
- Journal: What are your career goals? Where do you plan to live and work?  
- Homework: Schedule and attend mock interview. Write a 2-4-page reflection on how this experience went.

**Week 12**  
Personal Budgeting, budgeting activity with jobs, salaries, expenses  
- Journal: What do you spend money on? How has this changed since you've come to Fairbanks?  
- Homework: Track what you spend for the next week.

**Week 13**  
Relationships, homework check – review spending, relationships  
- Journal: Tell about an event in your life that has caused a change in you. What happened? How did you change?  
- Homework: Tell a story you’ve heard or learned from an elder or family member. What lessons or values that are important to you are present in this story? You can write the story, record it, or create a visual presentation.

**Week 14**  
Diversity, cultural identity  
- Journal: What did you learn in your home community that is useful to you in college? What have you learned in college that will be useful to you in your home community?
• Homework: Write 2-3 paragraphs to add to your autobiography to bring it up to date and include your first semester of college

Week 15
Self-identity, values, UAF’s Core Themes, Final prep
  • Journal: How do you feel about your first semester at UAF? What was good? What wasn’t so good?
  • Homework: Study for final

Student Evaluation and Grading:

Written Assignments must be double spaced and submitted to the instructor via E-mail.

Work for this course is weighted as follows:

  • Reflective Journal 30%
  • Homework and In class activities 20%
  • Midterm 15%
  • Final 25%
  • Class Attendance and Participation 10%

You will be graded on each written assignment, activity/homework required in the course as indicated above. This class will not be using plus or minus grades in your final grade calculation.

Grading Scale:

90-100 = A
80-89 = B
70-79 = C
60-69 = D
0-59 = F