TRIAL COURSE OR NEW COURSE PROPOSAL

SUBMITTED BY:
Department: RECR  
Prepared by: K Wilson  
Email: Kawilson3@alaska.edu  

College/School:  
Phone: 455-2808  
Faculty Contact: Mahla Strohmaier

See http://www.uaf.edu/uafgov/faculty/cd/cdman.html for a complete description of the rules governing curriculum & course changes.

1. ACTION DESIRED (check one):
   - Trial Course
   - New Course  X

2. COURSE IDENTIFICATION:
   Dept: RECR  
   Course #: F130R  
   No. of Credits: 1.0
   Justify upper/lower division status & number of credits: Course content represents "100" level. Course will have 3 contact hours per week

3. PROPOSED COURSE TITLE:
   Beginning Break Dance

4. CROSS LISTED?
   YES/NO
   Requires approval of both departments and deans involved. Add lines at end of form for such signatures.
   If yes, Dept: THR
   Course #: F130R

5. STACKED?
   YES/NO
   If yes, Dept.
   Course #

6. FREQUENCY OF OFFERING:
   As Demand Warrants
   (Every or Alternate) Fall, Spring, Summer - or As Demand Warrants

7. SEMESTER & YEAR OF FIRST OFFERING (if approved)
   Fall 2011

8. COURSE FORMAT:
   NOTE: Course hours may not be compressed into fewer than three days per credit. Any course compressed into fewer than six weeks must be approved by the college or school’s curriculum council. Furthermore, any core course compressed to less than six weeks must be approved by the core review committee.
   COURSE FORMAT:
   (check one)
   1  2  3  4  5  6 weeks to full semester
   OTHER FORMAT
   (specify)
   Mode of delivery
   (specify lecture, field trips, labs, etc)
   Lab

9. CONTACT HOURS PER WEEK:
   LECTURE hours/weeks 3/1 LAB hours /week PRACTICUM hours /week
   Note: # of credits are based on contact hours. 800 minutes of lecture=1 credit. 2400 minutes of lab in a science course=1 credit. 1600 minutes in non-science lab=1 credit. 2400-4800 minutes of practicum=1 credit. 2400-8000 minutes of internship=1 credit. This must match with the syllabus. See http://www.uaf.edu/uafgov/faculty/cd/credits.html for more information on number of credits.
   OTHER HOURS (specify type)

10. COMPLETE CATALOG DESCRIPTION including dept., number, title and credits (50 words or less, if possible):
   RECR F130R  Beginning Break Dance
   1 Credit  Offered As Demand Warrants
   Introduction to basic movements and terminology of break dancing, and an understanding of associated
body movements. Students will gain an understanding of these principles and an ability to execute maneuvers presented in class. Graded Pass/Fail. (Cross-listed with THR F130R.) (0+3)

11. **COURSE CLASSIFICATIONS:** (undergraduate courses only. Use approved criteria found on Page 10 & 17 of the manual. If justification is needed, attach on separate sheet.)

   H = Humanities  N = Natural Science  S = Social Sciences

   Will this course be used to fulfill a requirement for the baccalaureate core?  YES  X  NO

   IF YES, check which core requirements it could be used to fulfill:
   O = Oral Intensive,  W = Writing Intensive,  Format 6  Format 7  Natural Science,  Format 8

12. **COURSE REPEATABILITY:**

   Is this course repeatable for credit?  YES  X  NO

   Justification: Indicate why the course can be repeated (for example, the course follows a different theme each time).

   How many times may the course be repeated for credit?  TIMES

   If the course can be repeated with variable credit, what is the maximum number of credit hours that may be earned for this course?  CREDITS

13. **GRADING SYSTEM:**

   LETTER:  PASS/FAIL:  X

14. **RESTRICTIONS ON ENROLLMENT (if any)**

   14. **PREREQUISITES**

   None

   These will be required before the student is allowed to enroll in the course.

   **RECOMMENDED**

   Classes, etc. that student is strongly encouraged to complete prior to this course.

15. **SPECIAL RESTRICTIONS, CONDITIONS**

   None

16. **PROPOSED COURSE FEES**

   $0

   Has a memo been submitted through your dean to the Provost & VCAS for fee approval? Yes/No

17. **PREVIOUS HISTORY**

   Has the course been offered as special topics or trial course previously? Yes/No

   If yes, give semester, year, course #, etc.: Spring 2010, Fall 2010, Spring 2011 F193P

18. **ESTIMATED IMPACT**

   WHAT IMPACT, IF ANY, WILL THIS HAVE ON BUDGET, FACILITIES/SPACE, FACULTY, ETC.

   None

19. **LIBRARY COLLECTIONS**

   Have you contacted the library collection development officer (ffklj@uaf.edu, 474-6695) with regard to the adequacy of library/media collections, equipment, and services available for the proposed course? If so, give date of contact and resolution. If not, explain why not.

   No  X  Yes  No services needed

20. **IMPACTS ON PROGRAMS/DEPTS**

   What programs/departments will be affected by this proposed action?

   Include information on the Programs/Departments contacted (e.g., email, memo)
No programs/departments will be affected by this course.

21. POSITIVE AND NEGATIVE IMPACTS
Please specify positive and negative impacts on other courses, programs and departments resulting from the proposed action.

There are no negative impacts on any other programs. The addition of the course will only strengthen the RECR program.

JUSTIFICATION FOR ACTION REQUESTED
The purpose of the department and campus-wide curriculum committees is to scrutinize course change and new course applications to make sure that the quality of UAF education is not lowered as a result of the proposed change. Please address this in your response. This section needs to be self-explanatory. Use as much space as needed to fully justify the proposed course.

Break Dancing is a very popular form of dance. Students have commented on the absence of Break Dancing in our Recreation Dance class offering. Break Dancing is also a great addition to the list of courses offered to help with fitness, as it is quite athletic in nature.

APPROVALS:

Mehla Stuberman
Signature, Chair, Program/Department of: RECR
Date 10-13-10

Signature, Division Chair CRCD of:
Date

Signature, Chair, College/School Curriculum Council for: CTC
Date 10-15-10

Signature, Dean, College/School of: CTC
Date 10/15/10

Signature of Provost (if applicable)
Offerings above the level of approved programs must be approved in advance by the Provost.

ALL SIGNATURES MUST BE OBTAINED PRIOR TO SUBMISSION TO THE GOVERNANCE OFFICE

Signature, Chair, UAF Faculty Senate Curriculum Review Committee
Date
### ADDITIONAL SIGNATURES: (If required)

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Beginning Break Dance  
RECR F193P  
1 Credit (pass/fail)  
Fall 2011

Instructor: JJ Laserna  
Email: jlaserna@alaska.edu  
Phone: 347-7878

Course Meeting Information:  
Dates of instruction: Spring Semester 2010  
Location: Student Recreation Center  
Days and Times: TR 7:30-9:00pm

Course Description  
Designed to introduce students to break dance, the course will be a combination of stretching, conditioning and dancing. Correct technique, fundamental footwork and freezes are emphasized. Students will be expected to demonstrate an understanding of these principles and gain an ability to execute the maneuvers presented in class upon completion.

Course Goals  
Upon completion of this course students will:  
- Learn the history of break dancing  
- Learn appropriate stretches  
- Learn fundamental footwork and freezes with correct technique  
- Learn to "make a set" with one's own originality  
- Become more fit

Instructional Methods  
- In-class activities may include warm-up, isolation drills, combination, choreography, and improvisation practice.

Clothing Requirements and Materials:  
- An extra pair of clean shoes and your Polar Express card are required to get access to the SRC. Without them you will not be permitted to enter the building. These shoes should be lightweight, with non-marking soles, or dance shoes. All students must wear shoes that they can dance in that have non-marking soles. Students may NOT dance in socks or bare feet. Not being admitted to the SRC due to lack of shoes is NOT an excusable absence.  
- A water bottle.  
- All students must wear comfortable clothing for dancing (workout clothes, no jeans).
Tentative Course Calendar
Week 1: Class orientation, basic information about Break Dancing
Week 2: Warm up drills, stretches, overview
Week 3: top rock
Week 4: down rock
Week 5: get downs
Week 6: ending
Week 7: learn about mini-battles
Week 8: begin mini-battles
Week 9: foot work concepts
Week 10: continue foot work concepts
Week 11: begin work on freezes
Week 12: continue work on freezes
Week 13: introduce final battle concept
Week 14: prepare for final battle
Week 15: final battle

Material is covered at a pace that comfortably challenges the majority of the students, so the course calendar above is subject to change as needed.

Grading Criteria and Policies
This is a pass/fail class. A student needs to comply with the attendance policy, complete the final battle, and earn 75 out of a possible 100 points to pass this course.

Breakdown of points
Attendance and Class Participation 80
Final battle 20

Attendance/Class Participation:
In any dance class, attendance is essential for everyone’s learning and for a cohesive group. Frequent absence, tardiness and non-participation in a partner dance class in particular are a major disruption that impedes the success of the class as a whole even if it does not affect you personally. As such a maximum of 5 absences are allowed. More than 5 absences is an automatic FAIL grade for the course.

Tardiness/Leaving early: If a student is more than 10 minutes late to class, it counts as an absence and the student will not be allowed to join class.

Make-Up For Absences: If you have a good excuse for being absent, talk to me. I will give you a make-up assignment.

Class participation: This means being on time, and being active during class.
VERY IMPORTANT: since this class will be focusing mainly on dancing (footwork, simple freezes), any kind of "power move" is prohibited. That means attempting to do head spins or wind mills or flairs or anything that can lead to serious injury. Doing a "power move" during class will result in automatic failure of the course.

Support Services

Students who need support services can go to the Student Assistance Area at the TVC Center at 604 Barnett Street.

Disabilities Services

UAF has a Disability Services office that operates in conjunction with the College of Rural and Community Development's (CRCD) campuses and UAF’s Center for Distance Education (CDE). Disability Services, a part of UAF’s Center for Health and Counseling, provides academic accommodations to enrolled students who are identified as being eligible for these services.

If you believe you are eligible, please visit http://www.uaf.edu/disability on the web or contact a student affairs staff person at your nearest local campus. You can also contact Disability Services on the Fairbanks Campus at (907) 474-5655 or (907) 474-1827 TTY, fydso@uaf.edu, Whitaker Building rm. 208.