Bali one of Indonesia’s 17,000 islands is filled with charm, culture, mysticism and some of the most magnificent scenery on earth. It has enchanted visitors for centuries. It is said that Bali was created by the gods as a unique sacred place, with its purpose to be a shrine to house all the deities. The Balinese are remarkably artistic and spiritual people who have created a dynamic society that can connect ancient wisdom with modern living inhabit it. Witness rice grown on irrigated, terraced hillsides, skilled artisans creating beautiful works of art, fascinating dance, and the distinctive music of the gamel. All of this is part of your journey to a magical part of the world that you will never forget.

Program fee: $3,450.00 per person based on double occupancy; single occupancy supplement $600. All in-country costs are covered including, hotels, lectures, entrance fees, three meals a day, tipping and ground transportation. Your transportation costs to and from Bali are not included.

Important Note: This program is designed for healthy active individuals who on any given day are prepared to walk for one to three hours (up to three miles) on rough ground and can easily handle climbing uneven stairs.
Itinerary
(Subject to change depending on ceremonies and special guest availability)

Location 1: Central Bali - Ubud
Ubud is a thriving village in central Bali and is considered the cultural capital of this tiny island. It is famous as an arts and crafts hub, and much of the village and nearby areas consist of artists’ workshops and galleries. Here you find remarkable architecture and other sites—historical museums, famous woodcarvers and artists, and an array of interesting cafes, local foods, and non-stop ceremonies. The word Ubud comes from the Balinese word for medicine, so it is here that people flock for healing energies, good spirits, meditation, yoga, artistry, and indigenous knowledge.

January 16
• Airport arrivals
• Settle into hotel
• Welcome dinner

January 17
• Intro to Bali orientation
• Have lunch at a Balinese women’s center and learn about their job skills and healthy living programs
• Learn Balinese music and dance, wood carving and offering-making at a local banjar (community center)
• Visit a village where thousands of herons nest in the trees above the main road
• Dinner at local warung for authentic balinese cuisine

January 18
• Visit a traditional pasar (market) to taste exotic fruits
• Walk through serene rice paddies and learn about Bali’s subak irrigation system, which has been given a UNESCO World Heritage designation.
• Visit the serene Gunung Kawi temple -- another UNESCO World Heritage site.
• Have lunch overlooking Mt. Batur in Kintamani
• Sample Bali’s famous coffee at a coffee plantation and have the opportunity to try the notorious “Luwak” coffee.
• Take in the breathtaking view of the Ceking Rice Terraces.
• Dinner at one of the best local warongs or traditional Balinese cafes.
January 19
- Visit a sanctuary and park for Sumatran elephants
- Lunch at the Safari Park
- Attend a private dinner and dance performance at the Peliatan Palace. Over dinner, you’ll have the opportunity to ask the Prince questions about Bali’s traditional culture as well as modern-day challenges

January 20
- Take a dip in a holy spring temple where countless Balinese go for purification rituals each year
- Lunch in Ubud. Free afternoon for shopping, having a massage, or relaxing.
- Dinner at or near Hotel.

Location 2: East Bali – Amed
Amed is an area of small fishing villages on Bali’s east coast-- it was only a little over 12 years ago that an official road was built through the area. Known for its diving sites, Amed's indigenous residents primarily work in fishing and salt-making. Amed is one of the poorer areas in Bali because of limited rice-growing land and minimal tourism. Although poor in monetary terms, the people are still rich in spirit as you will see during your visit. Ceremonies, rituals and celebrations occur on a daily basis and reflect the unique traditions of this coastal area.

January 21
- En route to Amed, visit a water palace built by a Balinese royal family in the 1800s
- Lunch at TIrta Gangga café
- Settle into resort by the sea
- Enjoy a special fish dinner

January 22
- Get up early to watch the sunrise on a jukung, or traditional fishing boat
- Snorkel over Amed’s incredible coral reefs and see the remnants of a Japanese shipwreck from World War II
- Enjoy rest of morning at hotel, poolside swimming, lunch.
- In the afternoon, visit a local balian (traditional Balinese healer) in the jungle
- Dinner on beach during gorgeous Balinese sunset
January 23
- Morning walk through the hills of Amed village guided by locals—witness ceremonies, learn about fishing and salt farming, and experience coastal village life.
- Lunch in Amed at special local warong
- Afternoon free to enjoy a massage, do more snorkeling, try SCUBA diving, or relax on the beach. Dinner locally.

**Location 3: North Bali – Pemuteran**
Pemuteran is a small fishing village on the northern coast of West Bali. It is located in close proximity to West Bali National Park, Menjangan Island, and Gilimanuk, the port allowing passage between Bali and Java. Pemuteran is home to the largest artificial coral reef project in the world, and the village’s model of community-based tourism and conservation has been recognized by the United Nations.

January 24
- En route to Pemuteran, take a dip in a local hot spring.
- Settle into seaside resort.
- Dinner at hotel restaurant for fresh local foods

January 25
- Visit a sea turtle hatchery and conservation project
- Visit an award-winning coral restoration project and snorkel over the coral structures
- Lunch together at seaside restaurant and free afternoon to snorkel over the restoration project, get a massage, or just relax.
- Share a meal with a local Balinese family at their home and join them for a ceremony at a local night temple

January 26
- Take a day trip to Menjangan Island for some of the region’s most amazing snorkeling sites
- Fresh local foods for dinner along the seaside.

January 27
- Stretch with a morning hike in West Bali National Park.
- Enjoy a picnic lunch at Gilimanuk Bay
- Free afternoon in Pemuteran to relax on the beach, have a massage, or explore the village.
- Final dinner at the ocean.
Location 4: West Bali - Mengwi
Mengwi is located in the western part of Bali and is famous for its rolling green landscapes, clove and coffee plantations and spectacular rice paddies. The village of Mengwi has a long and rich history associated with its royal family, one of Bali’s main ancient kingdoms, and is nestled in shady coconut groves, surrounded by rice fields and rivers.

January 28
- En route to Mengwi, visit a botanical garden that showcases Bali’s native plant species
- Settle into relaxing accommodations nestled among the rice paddies. Enjoy lunch at the rice fields with home-grown Balinese food.
- Free time to swim and take in the stunning green rice field surroundings.
- Dinner at authentic Balinese compound.

January 29
- Spend the morning visiting an iconic temple by the sea
- Afternoon brings an engaging meeting with an internationally-renowned cultural leader and entrepreneur who is recognized for his projects, concepts on community-based tourism and cultural preservation
- Optional: participate in a session with a local healer who uses numerology and astrology in his readings
- Enjoy a delicious final dinner and end your journey to Bali with a special closing ceremony at an important temple of the Mengwi royal family

January 30
Homeward Bound