The associate of applied science degree in human services provides skills-based training, based on a foundation of theory, to prepare students for entry-level positions within a human services agency. This program provides students with a basic understanding of interviewing and assessment techniques, case management, crisis intervention, group counseling, and specialized skills needed within a chosen area of concentration. Obtaining a minor in human services is also an attractive option for those seeking a bachelor’s degree in the social sciences and/or criminal justice fields.

Graduates can work in a variety of human services settings to include; substance abuse treatment centers, mental health facilities, social services agencies, developmental disabilities, public assistance and corrections. Human service workers will have to be able to work with diverse groups of people and individuals with a wide variety of ages, social and cultural backgrounds and life situations.
HUMAN SERVICES

SAMPLE COURSES
- Introduction to Human Services
- Cultural Diversity in Human Services
- Introduction to Addictive Processes
- Individual Interviewing
- Ethics in Human Service
- Introduction to Psychology
- Family Dynamics
- Lifespan Developmental Psychology
- Basic Principles of Group Counseling
- Crisis and Grief Counseling
- Case Management
- Personal Awareness and Growth
- History of Alcohol in Alaska
- Substance Abuse Counseling
- Math Skills for Human Services

PROGRAM HIGHLIGHTS
After completing foundation courses, students will select an area of concentration from the following: addictions counseling, behavioral health, or interdisciplinary concentration. Students who complete an addictions concentration are eligible for certification as chemical dependency counselor technicians through the Alaska Commission for Behavioral Health Certification. Currently, certified Chemical Dependency Counselors are eligible for transfer credit toward the human services degree. Many students with a BA or BS degree return to human services to qualify for certification or to acquire specific job-related skills.

Each concentration is available to bachelor's degree students as a minor. Students seeking a minor must complete the concentration and three human services elective credits. Concentrations provide students with skills needed for employment.

PROGRAM REQUIREMENTS
Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds. Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

Students planning to go on to a bachelor’s degree are advised to select courses meeting remaining core requirements and courses designated within bachelor’s degree major and minor. Students who plan to transfer to another institution to continue their studies should work closely with that institution on their degree requirements.

APPLICATION PROCESS
- Review admission requirements with an advisor by calling 907-455-2882 or email uaf-ctc@alaska.edu
- Apply for Admission to UAF: www.uaf.edu/admissions
- Apply for Financial Aid: www.uaf.edu/finaid/ or call 907-455-2832
- Find Classes & Register: www.uaf.edu/coursefinder/
- Get Your books & Class Materials Organized - UAF Bookstore: www.uaf.bkstr.com
- Start your Journey at UAF CTC!

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