This is a list of TED talks for the 2016 OLLI class – those that were watched in class (**) and those for which there was no time. You can watch these videos by going to www.ted.com and searching for the speaker or the title. You can also search by category or specific topic. Enjoy!

Mary Ann Borchert

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Class 1 – 3/4/16

**The case for optimism for climate change  Al Gore  Feb 2016  26 min
Al Gore has three questions about climate change and our future. First: Do we have to change? Each day, global-warming pollution traps as much heat energy as would be released by 400,000 Hiroshima-class atomic bombs. This trapped heat is leading to stronger storms and more extreme floods, he says: "Every night on the TV news now is like a nature hike through the Book of Revelation." Second question: Can we change? We've already started. So then, the big question: Will we change? In this challenging, inspiring talk, Gore says yes. "When any great moral challenge is ultimately resolved into a binary choice between what is right and what is wrong, the outcome is foreordained because of who we are as human beings," he says. "That is why we're going to win this."

**The unheard story of the Sistine Chapel  Elizabeth Lev  Dec 2015  17 min
Elizabeth Lev's experience studying and teaching art has led her to believe that when we encounter something beautiful, we are made vulnerable and opened to the truth. The Sistine Chapel is one of the most iconic buildings on earth — but there's a lot you probably don't know about it. In this tour-de-force talk, art historian Elizabeth Lev guides us across the famous building's ceiling and Michelangelo's vital depiction of traditional stories, showing how the painter reached beyond the religious iconography of the time to chart new artistic waters. Five hundred years after the artist painted it, says Lev, the Sistine Chapel forces us to look around as if it were a mirror and ask, "Who am I, and what role do I play in this great theater of life?"

**The dancer, the singer, the cellist- a moment of creative magic  Bill T. Jones  Mar 2015  6 min
Legendary dance choreographer Bill T. Jones and TED Fellows Joshua Roman and Somi didn't know exactly what was going to happen when they took the stage at TED2015. They just knew they wanted to offer the audience an opportunity to witness creative collaboration in action. The result: An improvised piece they call "The Red Circle and the Blue Curtain," so extraordinary it had to be shared

The story of life in photographs  Frans Lanting  Feb 2015  16 min
In this stunning slideshow, celebrated nature photographer Frans Lanting presents The LIFE Project, a poetic collection of photographs that tell the story of our planet, from its eruptive beginnings to its present diversity. Soundtrack by Philip Glass. Frans Lanting is one of the greatest nature photographers of our time. His work has been featured in National Geographic, Audubon and Time, as well as numerous award-winning books. Lanting's recent exhibition, The LIFE Project, offers a lyrical interpretation of the history of life on Earth. In the pursuit of his work, Frans Lanting has lived in the trees with wild macaws, camped with giant tortoises inside a volcanic crater, and documented never-before-photographed wildlife and tribal traditions in Madagascar.

Let's put the ‘awe’ back in ‘awesome’ Jill Shargaa  July 2014  6 min
Jill Shargaa is a woman of multiple talents. A seasoned comedian, she founded the all-female comedy revue, Evening of Estrogen. She is also an illustrator and designer who brings a pulp sensibility to her work. Jill Shargaa's comedy career took off in 1979, when she sold a one-liner to Joan Rivers for $9. She's been making audiences laugh ever since, first as a member of the sketch comedy troupe The Funny Farm in Orlando, Florida, next on the ABC television show America's Funniest People (she came in third), and now with her all-female comedy revue, Evening of Estrogen.
Jill is also the founder of Shargaa Illustration and Design, and has done work for Universal Studios Creative Resources and Walt Disney Imagineering. Half illustrator and half designer, she favors concepts that, go figure, raise a chuckle.

Class 2 – 3/11/16

**Why we laugh** Sophie Scott March 2015 17 min
Did you know that you're 30 times more likely to laugh if you're with somebody else than if you're alone? Cognitive neuroscientist Sophie Scott shares this and other surprising facts about laughter in this fast-paced, action-packed and, yes, hilarious dash through the science of cracking up.

**Drawing on humor for change** Liza Donnelly Dec. 2010 7 min
New Yorker cartoonist Liza Donnelly tackles global issues with humor, intelligence and sarcasm. Her latest project supports the United Nations initiative Cartooning For Peace. When Liza Donnelly joined The New Yorker in 1982, she was the youngest cartoonist on staff and one of only three women at the time to draw cartoons for the magazine. She’s still there. In 2005, Donnelly wrote the definitive book about her colleagues: *Funny Ladies: The New Yorker’s Greatest Women Cartoonists and Their Cartoons*. She’s been part of many other books, including *Sex and Sensibility, Cartoon Marriage* (about her life with fellow New Yorker cartoonist Michael Maslin) and a popular series of dinosaur books for kids. Her latest is *Women On Men*.

**The surprising thing I learned sailing solo around the world** Ellen MacArthur 2015 17 min
When solo sailor Ellen MacArthur circled the globe – carrying everything she needed with her – she came back with new insight into the way the world works, as a place of interlocking cycles and finite resources, where the decisions we make today affect what's left for tomorrow. She proposes a bold new way to see the world's economic systems: not as linear, but as circular, where everything comes around. What do you learn when you sail around the world on your own? When solo sailor Ellen MacArthur circled the globe – carrying everything she needed with her – she came back with new insight into the way the world works, as a place of interlocking cycles and finite resources, where the decisions we make today affect what's left for tomorrow.

**Where do good ideas come from?** Steven Johnson July 2010 18 min
Steven Berlin Johnson examines the intersection of science, technology and personal experience. A dynamic writer and speaker, Johnson crafts captivating theories that draw on a dizzying array of disciplines, without ever leaving his audience behind. Author Kurt Anderson described Johnson's book *Emergence* as "thoughtful and lucid and charming and staggeringly smart." His big-brained, multi-disciplinary theories make him one of his generation's more intriguing thinkers. His books take the reader on a journey -- following the twists and turns his own mind makes as he connects seemingly disparate ideas: ants and cities, interface design and Victorian novels. Johnson's breakout 2005 title, *Everything Bad Is Good for You*, took the provocative stance that our fear and loathing of popular culture is misplaced; video games and TV shows, he argues, are actually making us smarter. His most recent work, *Where Good Ideas Come From: The Natural History of Innovation*, tells the fascinating stories of great ideas and great thinkers across disciplines.

**Refugees – other options** Alexander Betts Feb 2016 18 min
A million refugees arrived in Europe this year, says Alexander Betts, and "our response, frankly, has been pathetic." Betts studies forced migration, the impossible choice for families between the camps, urban poverty and dangerous illegal journeys to safety. In this insightful talk, he offers four ways to change the way we treat refugees, so they can make an immediate contribution to their new homes. "There's nothing inevitable about refugees being a cost," Betts says. "They're human beings with skills, talents, aspirations, with the ability to make contributions — if we let them. Alexander Betts explores ways societies might empower refugees rather than pushing them to the margins.

Betts is the director of the Refugee Studies Centre, University of Oxford, where he spearheads research on refugee and other forced migrant populations. His latest book, *Survival Migration*, explores the predicaments of people who are fleeing disaster yet fall outside legal definitions of refugee status.

**How to make a profit while making a difference** Audrey Choi Nov 2015 12 min
Audrey Choi is CEO of Morgan Stanley's Institute for Sustainable Investing. She is also Managing Director and Head of Morgan Stanley's Global Sustainable Finance Group. In these roles, she oversees the firm's efforts to support resilient communities and promote economic opportunity and global sustainability through the capital markets. Prior to joining Morgan Stanley, Audrey held senior policy positions in the Clinton Administration, the Commerce Department and the Federal Communications Commission.

Why your doctor should care about social justice  Mary Bassett  Nov 2015  13 min
In Zimbabwe in the 1980s, Mary Bassett witnessed the AIDS epidemic firsthand, and she helped set up a clinic to treat and educate local people about the deadly virus. But looking back, she regrets not sounding the alarm for the real problem: the structural inequities embedded in the world's political and economic organizations, inequities that make marginalized people more vulnerable. These same structural problems exist in the United States today, and as New York City's Health Commissioner, Bassett is using every chance she has to rally support for health equity and speak out against racism. "We don't have to have all the answers to call for change," she says. "We just need courage."

**Should you live for your résumé ... or your eulogy?** David Brooks  2014  4 min
Within each of us are two selves, suggests David Brooks in this meditative short talk: the self who craves success, who builds a résumé, and the self who seeks connection, community, love — the values that make for a great eulogy. (Joseph Soloveitchik has called these selves "Adam I" and "Adam II.") Brooks asks: Can we balance these two selves?

OLLI TED Talks Class  Week 3

**New insights on poverty**  Hans Rosling  2007  19 min
Researcher Hans Rosling uses his cool data tools to show how countries are pulling themselves out of poverty. He demos Dollar Street, comparing households of varying income levels worldwide. Then he does something really amazing.
What sets Rosling apart isn't just his apt observations of broad social and economic trends, but the stunning way he presents them. In Rosling's hands, data sings. Trends come to life. And the big picture — usually hazy at best — snaps into sharp focus.
Rosling developed the breakthrough software behind his visualizations through his nonprofit Gapminder, founded with his son and daughter-in-law. The free software — which can be loaded with any data — was purchased by Google in March 2007. (Rosling met the Google founders at TED.)

**How not to be ignorant about the world**  Hans and Ola Rosling  2014  19 min
How much do you know about the world? Hans Rosling, with his famous charts of global population, health and income data (and an extra-extra-long pointer), demonstrates that you have a high statistical chance of being quite wrong about what you think you know. Play along with his audience quiz — then, from Hans’ son Ola, learn 4 ways to quickly get less ignorant.

What makes a good life?  Robert Waldinger  2015  13 min
What keeps us happy and healthy as we go through life? If you think it's fame and money, you're not alone — but, according to psychiatrist Robert Waldinger, you're mistaken. As the director of a 75-year-old study on adult development, Waldinger has unprecedented access to data on true happiness and satisfaction. In this talk, he shares three important lessons learned from the study as well as some practical, old-as-the-hills wisdom on how to build a fulfilling, long life.

**The moral roots of liberals and conservatives**  Jonathan Haidt  2008  19 min
Jonathan Haidt studies how — and why — we evolved to be moral. By understanding more about our moral roots, his hope is that we can learn to be civil and open-minded.
He asks, "Can't we all disagree more constructively?" In September 2009, Jonathan Haidt spoke to the TED Blog about the moral psychology behind the healthcare debate in the United States. He's also active in the study of positive psychology and human flourishing.
During the bruising 2012 political season, Haidt was invited to speak at TEDxMidAtlantic on the topic of civility. He developed the metaphor of The Asteroids Club to embody how we can reach. common groun.
**Inside the mind of a master procrastinator**    Tim Urban    2016    14 min
Tim Urban knows that procrastination doesn't make sense, but he's never been able to shake his habit of waiting until the last minute to get things done. In this hilarious and insightful talk, Urban takes us on a journey through YouTube binges, Wikipedia rabbit holes and bouts of staring out the window — and encourages us to think harder about what we're really procrastinating on, before we run out of time.

Celebration of lifelong female friendship    Lily Tomlin and Jane Fonda    2015    16 min
Legendary duo Jane Fonda and Lily Tomlin have been friends for decades. In a raw, tender and wide-ranging conversation hosted by Pat Mitchell, the three discuss longevity, feminism, the differences between male and female friendship, what it means to live well and women's role in future of our planet. "I don't even know what I would do without my women friends," Fonda says. "I exist because I have my women friends.

Why is X the symbol for the unknown?    Terry Moore    2012    4 min
Why is 'x' the symbol for an unknown? In this short and funny talk, Terry Moore gives the surprising answer.

The four ways sound affects you    Julian Treasure    2005    5 min
Playing sound effects both pleasant and awful, Julian Treasure shows how sound affects us in four significant ways. Listen carefully for a shocking fact about noisy open-plan offices.

Spring 2016      Week 4

**Teach girls to code**    Reshma Saujani    2016    12 min
We're raising our girls to be perfect, and we're raising our boys to be brave, says Reshma Saujani, the founder of Girls Who Code. Saujani has taken up the charge to socialize young girls to take risks and learn to program — two skills they need to move society forward. To truly innovate, we cannot leave behind half of our population, she says.

**Why we all need to practice emotional first aid**    Guy Winch    2014    17 min
We'll go to the doctor when we feel flu-ish or a nagging pain. So why don't we see a health professional when we feel emotional pain: guilt, loss, loneliness? Too many of us deal with common psychological health issues on our own, says Guy Winch. But we don't have to. He makes a compelling case to practice emotional hygiene — taking care of our emotions, our minds, with the same diligence we take care of our bodies.

More to dying than meets the eye    Martha Atkins TEDx San Antonio    2013    12 min
https://www.youtube.com/watch?v=vg8WAy0YT9c
Those who work with the dying are familiar with patients seeing long deceased loved ones, angelic beings, even hearing music and comforting voices as the patient nears death. Deathbed phenomena have been documented in the days, weeks, and months before death since the 1500s. Often confused with hallucinations, deathbed phenomena can bring comfort to patients and caregivers if those involved know what they are experiencing. This talk will explain deathbed phenomena and present on-going research about the topic. Accounts from the dying and bedside witnesses will be shared.

The Museum of 4 in the morning    Rives    2014    14 min
Beware: Rives has a contagious obsession with 4 a.m. At TED2007, the poet shared what was then a minor fixation with a time that kept popping up everywhere. After the talk, emails starting pouring in with an avalanche of hilarious references—from the cover of "Crochet Today!" magazine to the opening scene of "The Metamorphosis." A lyrical peek into his Museum of Four in the Morning, which overflows with treasures.

A TED speaker’s worst nightmare    Colin Roberson    2012    4 min
Colin Robertson had 3 minutes on the TED stage to tell the world about his solar-powered crowdsourced health care solution. And then...

**A magical search for a coincidence**    Helder Guimarães    2014    13 min
Small coincidences. They happen all the time and yet, they pass us by because we are not looking for them. In a delightfully subtle trick, magician Helder Guimarães demonstrates with a deck of cards, a dollar bill and a stuffed giraffe.

**How to live to be 100**  
Dan Buettner  
2009

To find the path to long life and health, Dan Buettner and team study the world's "Blue Zones," communities whose elders live with vim and vigor to record-setting age. In his talk, he shares the 9 common diet and lifestyle habits that keep them spry past age 100.

**The power of vulnerability**  
Brene Brown  
2010  
20 min

Brené Brown studies human connection — our ability to empathize, belong, love. In a poignant, funny talk, she shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity.