The University Fire Department offers the following programs as part of its commitment to a safe and healthy environment.

**CPR and AED Training**

UFD offers CPR and AED training to meet a variety of needs and circumstances. Our class is ideal for those who are interested in receiving hands-only CPR and AED practice for the first time, and also for individuals whose job requires a CPR card.

**Hands-Only CPR and AED Orientation**

For groups that want to be able to save a life and do not require a course completion card, the staff and student employees of the University Fire Department can familiarize you with use of AEDs and provide hands-on CPR and AED practice.

- **Who:** Small groups of six UAF faculty, staff, and students (limited to Interior Alaska). Multiple groups (i.e. 12 or 18) may be accommodated simultaneously based on instructor availability.

- **What:** Adult, hands-only CPR and AED use for laypersons. Research has shown that effective hands-only CPR provides the best chance of a successful outcome. Child and infant CPR instruction may be provided on prior arrangement.

- **When:** Must be scheduled in advance, and is dependent on availability of instructors. Practice sessions are approximately one hour.

- **Where:** Individuals should watch the [UAF AED video](#) and become familiar with AED locations nearby. Hands-on practice with manikins and AED training devices will be provided at your location or our training room at UPARK, room 118. If training is conducted at your preferred site, we will need you to provide a clean, preferably carpeted room with adequate floor space for manikin practice.

- **Cost:** $10 for each student.

**American Heart Association Heartsaver® CPR AED**

For those groups that desire a standardized national curriculum and a course completion card, we can facilitate your training.

- **Who:** Small groups of six UAF faculty, staff, and students (limited to Interior Alaska except by prior arrangement). Multiple groups (i.e. 12 or 18) may be accommodated simultaneously based on instructor availability.
What: Adult Heartsaver CPR and AED for laypersons with course completion card. Child and infant CPR instruction may be provided on prior arrangement.

When: Must be scheduled in advance, and is dependent on availability of instructors. Practice sessions are approximately two hours.

Where: Individuals need to complete the 1-3/4 hour AHA Heartsaver CPR AED Online course, and bring documentation of successful completion to the practice session. The hands-on practice session will be conducted at your location or our training room at UPARK, room 118. If training is conducted at your preferred site, we will need you to provide a clean, preferably carpeted room with adequate floor space for manikin practice.

Cost: The Heartsaver CPR AED Online course is $25 per person (payable individually online). In addition, each participant will need to purchase a personal-use CPR mask, available from the fire department for $6. The practice session is $120 for each group of up to six.

Mass CPR and AED training
Periodically, we will schedule hands-on adult CPR instruction for large groups (up to 50 and more) using the AHA CPR Anytime program. These sessions are dependent on funding availability.

Fire Extinguisher Training
UFD offers fire extinguisher instruction and hands-on practice with a simulator or actual multipurpose extinguishers.

Classroom Instruction
For groups that want to become familiar with the types, use and limitations of portable fire extinguishers, we can provide classroom instruction to groups of any size. There is no cost if the instruction occurs during normal working hours.

Hands-On Practice
For groups that require hands-on instruction, we have two means of meeting your needs.

Simulator
The simulator is a propane-fired prop that offers a realistic experience with operating a real fire extinguisher. Use of the simulator is limited to above-freezing temperatures. Training is conducted at the campus fire station, or other location with prior arrangements. Group size is limited to ten. There is no cost if the instruction occurs during normal working hours.

Actual Extinguisher Use
We are able to provide use of actual fire extinguishers on liquid fuel fires (gasoline and diesel) in a safe, controlled setting. Burning is subject to air quality factors and is limited to temperatures above -10 degrees Fahrenheit. Participants will need to rent or provide their own dry chemical extinguishers, with a maximum of three participants per extinguisher.

To Schedule CPR, AED, and Fire Extinguisher Training
We look forward to discussing these options and schedule your training. Please call 474-5770 to inquire about CPR & AED training; call 474-5757 to inquire about extinguisher training. Please also see our web site, www.uaf.edu/fire.