Revised berry book released

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The University of Alaska Fairbanks Cooperative Extension Service has updated and expanded its berry book.

“Using Alaska’s Wild Berries and Other Wild Edibles” includes more recipes and information on 18 kinds of wild berries and other wild edibles, from blueberries to cloudberrys and spruce tips.

The 176-page guide also includes recommendations for picking and preparing berries for storage, and methods of preserving berries by freezing, drying or canning. Copies are available at Extension district offices or by calling 877-520-5211. The price is $15.

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