National 4-H Week marked with activities

FOR IMMEDIATE RELEASE: Oct. 8, 2013
CONTACT: Debbie Carter, Extension information officer, 907-474-5406, dscarter@alaska.edu

Fairbanks, Alaska— Alaska 4-H will celebrate National 4-H Week Oct. 6-12 with green smoothies, a national science experiment and other activities.

Alaska youth are invited to join the “Green Mustache Movement” by making a smoothie with spinach and fruit and sending a photo of their green smoothie mustaches to the Alaska 4-H Facebook page. See the healthy recipe and more about it at www.alaska4h.org.

Youth in Alaska and around the country are participating in the National Youth Science Day experiment on Wednesday, Oct. 9. “4-H Maps and Apps” will introduce youth to the importance of geographic information systems and GPS as they design and map their ideal park. Data will be provided to the U.S. Geological Survey. Contact local 4-H offices to find out where and when the science experiment and other National 4-H week activities are planned.

4-H is the largest youth development organization in the world with 6 million participants in 50 countries. Alaska 4-H has nearly 14,000 participants and more than 1,000 volunteers. 4-H is offered on every military installation in the state.

The youth development program emphasizes leadership, citizenship and life skills. 4-H in the U.S. is offered through the Cooperative Extension Service and land-grant universities. More about 4-H is available at www.4-h.org.

- 30 -

ADDITIONAL CONTACTS: Candi Dierenfield, 907-474-1909, cldierenfield@alaska.edu

ON THE WEB: www.alaska4h.org

DSC/10-08-2013/0XX-12