**Monday ~ ● ~ May 9**

10 a.m. — USING PLANTS TO DETECT NUTRIENT DEFICIENCY — What are nutrients used for in plants and how does the lack of these nutrients change the look of the plant? Find out how to identify and correct observed nutrient deficiencies. *Instructor: Steven Seefeldt, State Horticulture Specialist*

2 p.m. — WILD FOOD & WEEDS — Learn about the rich nutrients available in some of our native plants and weeds. *Instructor: Marsha Munsell, Extension Retiree*

6 p.m. — RAISED BED GARDENING — Learn about the benefits of using raised beds in Interior Alaska to grow your vegetables. This workshop will cover bed design, season extension and crops suited for raised beds. *Instructor: Darcy Etcheverry, IPM/Agriculture Program Aide*

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**Tuesday ~ ● ~ May 10**

10 a.m. — MAKING THE INTERNET WORK FOR YOU: HOW TO FIND REPUTABLE INFORMATION — An informative session on how producers can find helpful information in journals and on the Internet. *Instructor: Lisa Lunn, Veterinarian*

2 p.m. — MAC TO THE BASICS — This is an informal class to help individuals understand the basic functions of and navigation through the OS operating system. Bring your own computer as we only have a couple of extras. *Instructors: Marla Lowder, 4-H & Youth Development Agent, and Dakota Wilcher, 4-H Volunteer and OIT Support Staff*

6 p.m. — HOW TO PICK UP CHICKS — Learn about raising and keeping poultry from chick to adult, for laying or for the freezer. Discussion will include all aspects of care to include housing, nutrition, egg production and meat processing. Instructor will also share lessons learned for being successful here in the Interior. *Instructor: Steven Davila, 4-H Volunteer and Manager, Alaska Feed Company*

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**Wednesday ~ ● ~ May 11**

10 a.m. — CONSUMER CONSIDERATIONS WHEN PURCHASING FORAGE PRODUCTS — Feed costs are generally the greatest expense with livestock ownership. Come learn a few points to help make you a more savvy forage buyer. Discussion will include determining percent moisture and its relationship to cost, feeding rate and storage considerations; pricing based on feed value; comparison of storage options; and more. *Instructor: Phil Kaspari, Agriculture Extension Agent*

2 p.m. — IS YOUR SMART PHONE SMARTER THAN YOU? — This class is a “come-ask-and-learn” freestyle smart phone class. The iPhone will be used to teach this class. *Instructor: Marla Lowder, 4-H & Youth Development Agent*

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**Thursday ~ ● ~ May 12**

10 a.m. — HEART HEALTHY SNACKS — A snack or a treat doesn’t have to be off limits when we are watching our diets. Some are even good for us. Learn how to prepare healthy snacks and do a little snacking during this class. *Instructor: Roxie Dinstel, Associate Director*

2 p.m. — MAKING QUESO FRESCO — Come join the fun! Learn how to make your own fresh cheese. Take home your sample! Limited space available. *Instructor: Reina Hasting, Nutrition Educator*

6 p.m. — INTRO TO ZUMBA FITNESS — We will have an introduction to some popular Zumba fitness steps the first 20 minutes and then we will jump right in! This is a party for everyone! *Instructor: Reina Hasting, Nutrition Educator*

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**Friday ~ ● ~ May 13**

10 a.m. — PACKAGING: WHY WE SHOULD CARE — A discussion about the amount of packaging that goes into our landfills and what we can do about it. *Instructor: Marsha Munsell, Extension Retiree*

2 p.m. — QUESTION YOUR WAY TO UNDERSTANDING — Unclear as to what someone is thinking? Don’t understand how someone could possibly feel so strongly about an issue? Let’s try out some questions and scenarios that may help bring understanding and clarity among us. *Instructor: Deb Jones, 4-H State Program Leader*