

# 4-H in Alaska

55-ML-63



UNIVERSITY OF ALASKA  
**FAIRBANKS**

College of Rural Alaska

**Cooperative Extension Service**

I PLEDGE  
my HEAD  
to clearer thinking,  
my HEART  
to greater loyalty,  
my HANDS  
to larger service, and  
my HEALTH  
to better living, for  
my club, my community,  
my country,  
and my world.

**Motto: To Make the Best Better**

**Slogan: Learn by Doing**



[www.uaf.edu/ces](http://www.uaf.edu/ces)



## ***Essential Elements of 4-H***

In 1999, a team of 5 evaluators from the National 4-H Impact Design Implementation Team was given the charge of answering the question, **“What positive outcomes in youth, adults, and communities result from the presence of critical elements in a 4-H experience?”**

The group reviewed the basic and applied research on characteristics of effective programs for youth development. Emphasis was placed on using existing empirical research on what impacts positive youth development. Another criterion used by the group was relevancy to 4-H that could be communicated to colleagues, researchers and volunteers. From this process, eight elements critical to youth development, and central to the 4-H experience, emerged:

### **1. A positive relationship with a caring adult**

A caring adult acts as an advisor, guide and mentor. The adult helps set boundaries and expectations for young people. The adult could be called supporter, friend and advocate.

### **2. A safe environment -- physically and emotionally**

Youth should not fear physical or emotional harm while participating in a 4-H experience whether from the learning environment itself, adults, other participants or spectators.

### **3. Opportunity for Mastery**

Mastery is the building of knowledge, skills and attitudes and then demonstrating the competent use of this knowledge and skills in the manner of a proficient practitioner. The level of mastery is dependent on the developmental ability of the individual child or youth. The development of mastery is a process over time.

### **4. Opportunity to value and practice service for others**

Finding one's self begins with losing yourself in the service of others. Service is a way for members to gain exposure to the larger community, indeed the world itself.

### **5. Opportunity for Self-Determination**

Believing that you have impact over life's events rather than passively submitting to the will and whims of others is self-determination. Youth must exercise a sense of influence over their lives, exercising their potential to become self-directing, autonomous adults.

### **6. An inclusive environment (encouragement, affirming, belonging)**

An inclusive environment is one that creates a sense of belonging, encourages and supports its members with positive and specific feedback. Healthy groups celebrate the success of all members – taking pride in the collective efforts of all.

### **7. Opportunity to see oneself as an active participant in the future**

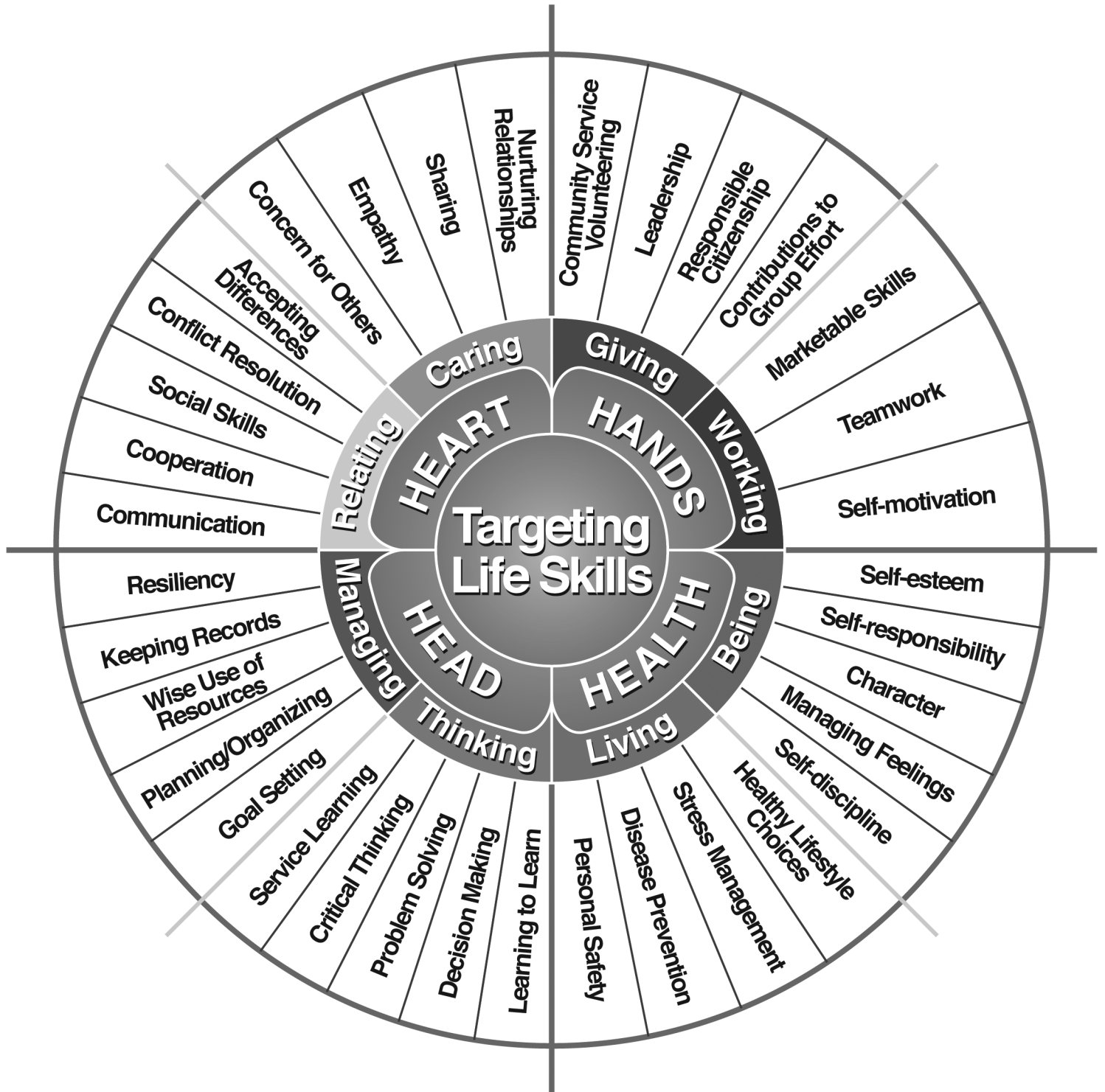
The ability to see oneself in the future is to harness the hope and optimism to shape life choices to facilitate the transition into participating in the future.

### **8. Engagement in Learning**

An engaged youth is one who is mindful of the subject area, building relationships and connections in order to develop understanding. Through self-reflection, youth have the ability to self-correct and learn from experience. The engaged learner has a higher degree of self-motivation and an inexhaustible capacity to create.

# Developing Youth Curriculum Using the Targeting Life Skills Model

Incorporating Developmentally Appropriate Learning Opportunities to Assess Impact of Life Skill Development



COOPERATIVE EXTENSION SERVICE  
UNIVERSITY OF ALASKA FAIRBANKS

**4-H IN ALASKA**

Revised 2005

Alaska's 4-H is the educational youth development program of the University of Alaska Fairbanks. It is sponsored jointly by the United States Department of Agriculture and UAF's Cooperative Extension Service. Authority for 4-H program policy is held by the director of the Cooperative Extension Service and administratively delegated through the state 4-H program chair and district Extension faculty and staff.

**I. THE 4-H VISION**

4-H... A world leader in developing youth to become productive citizens and catalysts for positive change to meet the needs of a diverse and changing society.

**II. THE 4-H VALUE SET**

We believe in these values.

**Youth development** is the focus of everything we do; 4-H allows individuals to unlock their potential through:

- active involvement in self-determination of their learning activities,
- quality experiences that stimulate skills for living and lifelong learning,
- relationships that empower people to voluntarily help themselves and each other, and
- interaction with caring adults and peers to create a positive family-like support system.

**Partnerships** are essential in successful youth development for:

- resource development,
- program innovation,
- outreach and delivery capabilities,
- creating and delivering caring environments, and
- access to research-based knowledge.

**Volunteerism** is fundamental to:

- delivering quality programs,
- developing adult educational capacity, and
- teaching youth to volunteer.

**Diversity** strengthens the ability of 4-H to:

- develop positive values among program participants in today's global society,
- develop and deliver quality educational experiences, and
- provide opportunities for program involvement regardless of economic, social, culture, disability, age or gender.

**III. THE 4-H MISSION**

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

In support of this mission we will:

- provide formal and non-formal community-focused experiential learning,
- develop skills that benefit youth throughout life,
- foster leadership and volunteerism in youth and adults,
- build internal and external partnerships for programming and funding,
- strengthen families and communities, and
- use research-based knowledge and the land-grant university system.

Achievement of this mission will result in capable, competent, and caring citizens.

## IV. OPPORTUNITIES

### A. Members:

4-H members “learn by doing.” Young people, with guidance from adults, learn useful life skills to communicate with others and serve their community by practicing these skills in real-life situations. Participation in the activities of a 4-H club is educational and fun. The activities teach social and vocational skills, cooperation, parliamentary procedure and other valuable interactive relationships. Members learn by taking part in various ways.

#### 1. Club Opportunities

- a) **Project work:** Projects help members gain knowledge and a variety of skills useful throughout their lives.
- b) **Public presentations:** 4-H members give demonstrations, speeches, or illustrated talks, increasing public speaking skills and self confidence.
- c) **Record keeping:** 4-H members write a story and record what they have done in each project. This helps them evaluate their 4-H learning and develops record keeping and organizational skills important throughout life.
- d) **Recreation:** 4-H members learn to enhance enjoyment of life through recreational activities such as singing, games and other social activities.
- e) **Community service:** A 4-H club can participate in their community and take on a community service activity. Clubs are encouraged to undertake projects which improve their community.
- f) **District and state contests:** 4-H members may participate in club, district, and national contests which expand their perspectives.
- g) **Exhibits:** Members may exhibit their 4-H project results at club meetings, local and state fairs, or other community events. Exhibiting 4-H projects shows others what 4-H'ers are doing, and gives members a sense of pride and accomplishment.

#### 2. School Enrichment Opportunities

Numerous 4-H programs are delivered in conjunction with schools as part of special or regular educational projects within the schools. These may be short-term projects or long-term projects that last throughout the school year. Participants in these 4-H school enrichment opportunities are regarded as 4-H school members.

#### 3. Alaskan Opportunities

- a) **4-H camp:** 4-H members may attend a variety of camps and take part in educational and recreational experiences as they learn more about nature and living with others (some camps may be held as part of a school enrichment program).
- b) **4-H fashion revue:** Each district may conduct a Fashion Revue contest. They should video this contest and the top two Junior, Intermediate, and Senior members will have their tapes sent to the state contest. The state 4-H program will provide a list of questions for the judges so each member answers the same questions.
- c) **4-H exchanges:** Exchanges can be arranged with clubs from different districts, other states, and youth from other countries.
- d) **Mat-Su/Copper River State Invitational 4-H Fair:** Held in conjunction with the Palmer State Fair this is a fair for all districts. The 4-H Invitational Fair at Palmer provides an opportunity for youth to exhibit their projects at the state level.
- e) **State demonstration contest:** Each district may select up to two (junior, intermediate and senior) members in demonstration and illustrated talk, one member in each grade group in multi-media or PowerPoint, one member in each grade group in speech, and two team demonstrations. Members

should be videotaped at the time of their presentation and then tapes made up for each grade group. Those tapes will be sent to the district doing the judging by June 1 of each year.

#### 4. National and Regional Opportunities

- a) **National 4-H Congress:** Members over 15 years old may attend National 4-H Congress. Participants are chosen at the state and district levels. Some scholarships may be available.
- b) **National 4-H Conference:** A one-week conference held in Washington D.C., for 4-H youth (ages 15-18), volunteers and Extension staff. Emphasis is on 4-H program development and public relations.
- c) **Citizenship Washington Focus:** A six-day program that helps young people (ages 15-19) gain a greater understanding of citizenship opportunities and learn more about government. This program is held in Washington D.C.

#### 5. International Opportunities

- a) **4-H LABO Exchange:** 4-H members can travel to Japan and live with a Japanese host family for one month or Alaska 4-H families may host Japanese youth for one month.
- b) **Other International Exchange Programs:** 4-H members can access a number of youth exchange programs through the National 4-H Council and the Alaska state 4-H office.

#### B. 4-H Leader Opportunities:

- 1. **Alaska 4-H leaders forum:** An annual conference for volunteer leaders to share ideas, learn up-to-date 4-H project information, and participate in workshops and other activities. The program is focused to meet the needs of Alaska 4-H.
- 2. **Western regional 4-H leaders forum:** A regional leader training conference includes speakers, workshops, and information on all aspects of 4-H. The four-day forum is held in February or March and the location rotates among 13 western states.
- 3. **Regional leader workshops:** Western Regional offers various workshops to leaders. In the past workshops have been offered for horse, shooting sports, sport fishing, livestock and other subjects. For workshops held in different states, scholarships may be available.
- 4. **National leaders forum:** Various workshops are offered for leaders. In the past, workshops have been offered on horse leaders, communications, food and nutrition, organizational leadership, natural resources, and others. Workshops are frequently held at National 4-H Center. Scholarships may be available.
- 5. **Safety 4-H volunteer leader training:** Held in conjunction with the National Safety Congress and Exposition, this experience focuses on safety training and programs. Locations vary.

#### C. Other Opportunities:

- 1. **Guide dog raising program:** 4-H'ers have an opportunity to raise and socially train a guide dog puppy for the blind. It takes approximately one year.
- 2. **National 4-H Center program assistants:** College age 4-H alumni work at National 4-H Center as field trip interpreters and program facilitators. Applications for the three-month experience are available from the state 4-H office.
- 3. **National 4-H Center:** 4-H and Extension families may stay in the 4-H center facilities when in Washington D.C. Special rates apply any time of the year when space is available. Forms are available at your district office and must be signed by your agent for verification of membership.

## V. USE OF THE 4-H NAME AND EMBLEM

When used, the 4-H club name and emblem shall be given a position of prominence. The copyright logo seen in the lower right hand corner of all clovers used in this publication must be added to all 4-H clovers unless the clover is small enough that the copyright cannot be read. It is not permissible to superimpose a letter, design or object on the 4-H Club Emblem, or to materially alter its intended shape. The official 4-H emblem consists of a green four-leaf clover with stem and the letter "H" in white or gold on each leaflet. When it is not possible to use the color green for the emblem, as in printing on fabric, plaques and trophies, other colors may be used.

Use of the 4-H name and emblem is governed by congressional action and supplemental administrative policy. Their use within the state is subject to approval by the state 4-H program chair and the director of the Cooperative Extension Service of the University of Alaska Fairbanks. For all instances, such use shall conform to state and national policy and be for the furtherance of the 4-H educational program (see Section 707 of public Law 772; 80th Congress, Chapter 645, 2nd Session, H.R. 3190).

## VI. RELATIONSHIP and RESPONSIBILITY

- A. Agents:** Extension youth development, 4-H agents and other Extension agents with 4-H assignments, are faculty of the University of Alaska Fairbanks with responsibility for youth development and the 4-H program in their respective districts. They train, give leadership, coordinate and work with other youth work professionals, volunteers and youth. They assist other youth development agencies, organizations and schools in serving the needs of youth.
- B. Leaders:** Members of the community, leaders are interested in the development of youth. Adults and teens who are interested in becoming leaders must complete a "4-H VOLUNTEER SERVICE APPLICATION," which will be screened and reviewed annually by an Extension agent or other 4-H staff. All new leaders will attend a mandatory "New Leader Training" or receive training via correspondence if circumstances require that type of training.
- C. Districts:** District wide 4-H program policy authority is delegated to agents in the respective districts by the state 4-H program leader and the director of the Cooperative Extension Service of the University of Alaska Fairbanks.
- D. Partners with 4-H:** Several native associations have developed a relationship with the Alaska 4-H program to help manage 4-H among the villages of their regions. They employ staff with 4-H assignments. The state 4-H program chair may delegate management responsibilities for the 4-H program in the villages of a native association to a staff member of the association who has been assigned to work with 4-H. A district 4-H office for the villages of a native association may be established by agreement between the association and the state 4-H program chair.
- E. Advisory Councils:** The 4-H Volunteer Leaders Organization is a group of individuals concerned with the state Extension 4-H program. They give advice and recommendations to the state 4-H program chair regarding the Extension 4-H program in Alaska. State 4-H (Volunteer Leaders Organization) representatives are selected by the districts. Where a native association representing a large number of villages has become a partner with the Alaska 4-H program they may constitute a 4-H district at the discretion of the state 4-H program chair and select representatives to the state 4-H (Volunteer Leaders Organization). Local district 4-H leader advisory groups advise and assist district Extension agents and other 4-H staff.
- F. Development Committees:** 4-H development committees are generally established to encompass one or more project areas (i.e.) horse, livestock and shooting sports. These development committees are co-chaired by a 4-H faculty member and volunteer leader. Representatives to the committee are elected by each recognized 4-H district having that project in their district.
- G. Parents:** Parents or guardians are responsible for helping their children choose appropriate 4-H projects and encouraging them to complete project requirements and participate in 4-H events. Other responsibilities may include providing leadership, chaperoning youth, transportation or refreshments for 4-H activities.
- H. Members:** 4-H members learn to work together as a group, make new friends, attend meetings and other 4-H events. They are responsible for choosing a project and seeing it through, step by step, with the help of an adult or teen leader. Members may seek responsibilities as club officers.

## VII. MEMBERSHIP

The Alaska 4-H program is open to all youth beginning with grades kindergarten through the calendar year of high school graduation. Youth who graduate from high school before their normal year of graduation or drop out of school may participate in 4-H until their normal year of high school graduation. The high school year of graduation, entrance year in 4-H, and divisions within 4-H are based on a child turning 5 years of age prior to August 15 of their kindergarten year as required by the Alaska Department of Education. Members who transfer from another state or country will be accepted and enrolled in the Alaska 4-H program without paying another membership registration fee for the 4-H year provided they have been enrolled in another state or country for that year. They may participate in 4-H programs and activities when they meet the Alaska 4-H program deadlines and other requirements.

- A. **Cloverbud 4-H:** Cloverbud 4-H is an introductory program open to youth in kindergarten through second grade. It is generally expected that Cloverbuds will have their own Cloverbud project club, however they may participate in 4-H club projects at the discretion of the local district. They are not eligible to participate in beef, sheep, swine, dairy cattle, dairy goat, reindeer, horse or llama projects. Cloverbuds are eligible to participate in non-competitive activities and events (they are excluded from competitive events where judging occurs). They may exhibit their projects and receive participation ribbons only. At district fairs only static Cloverbud projects and small animals not listed above may be exhibited (exceptions to this rule will be made by the state 4-H program chair). Cloverbuds pay the regular 4-H membership fee and are encouraged to participate in the district insurance program.
- B. **Standard 4-H** is for youth in third grade through high school graduation. Divisions are: juniors—grades 3-5; intermediates—grades 6-8; seniors—grades 9-12.
- C. **Home School 4-H grade determination:** Because some home school members have worked at grade levels beyond their normal age group, the following rules will be used to determine the grade of home schools. Age will be determined as of August 15 with the start of the 4-H year being October 1 of that same year.

Age	Grade	Age	Grade	Age	Grade	Age	Grade
5	K	6	1	7	2	8	3
9	4	10	5	11	6	12	7
13	8	14	9	15	10	16	11
17	12						

- D. **Determination of membership:** Membership is established when enrollment forms have been filed in the Extension office by the club leader and current enrollment fees have been paid or waived. Participation in any given project may be in one district only.
- E. **Marriage and parenthood:** There are no barriers to 4-H membership, provided other requirements are met.
- F. **Program year:** The 4-H program year begins Oct. 1 and ends Sept. 30.

## VIII. LEADERSHIP

### A. Adult Leaders:

An adult volunteer 4-H leader must be out of high school and at least 18 years of age. There are several categories of adult volunteer leadership. Certification to be a 4-H leader is required in the following project areas: shooting sports, therapeutic horse, therapeutic dog, and 4-H guide dog.

1. **4-H Club Organizational Leader:** An adult leader who is responsible for the proper functioning of a 4-H club.
2. **4-H Project Leader:** An adult leader responsible for a given project in a 4-H club. In a club devoted to one or more projects, the club and project leader could be the same person.

**3. 4-H Activity Leader:** The adult leader responsible for a designated 4-H activity in a 4-H club.

**4. 4-H Resource Leader:** An adult leader who works with other 4-H leaders in a community to promote 4-H, helps new clubs get started, recruits and trains new leaders, serves on a 4-H advisory committee or teaches special projects.

**B. Youth Leadership Opportunities:** Volunteer leadership training and experience is available through a variety of activities and projects within 4-H. Among these are: serving as a club officer, participation in camps and conferences (some organized especially for teens only), and participating in a 4-H junior leadership project. Adult leaders are encouraged to develop and utilize the leadership potential of their 4-H youth. The following older youth leadership opportunities are available in addition to the above:

**Junior Leaders:** Youth serve as junior leaders under the supervision of one or more adult club leaders and are given responsibilities for some aspects of a club or activity. The grade requirement is 7th grade and above.

**Teen Leaders:** Youth serving as teen leaders have responsibility as club leaders and/or are responsible for directing 4-H activities. They work with an adult 4-H mentor who is their supervisor.

**C. Leader Training:** 4-H leaders will be provided training in the conduct of the 4-H program through their local 4-H districts with additional training available through the state 4-H Volunteer Leaders Organization forum and the Western Regional 4-H leaders' forum. All new leaders must attend a mandatory "New Leader Training" or receive training via correspondence if circumstances require that type of training.

## **IX. INSURANCE**

The University of Alaska maintains liability insurance coverage for authorized and qualified 4-H leaders. More information on this coverage can be found at <http://www.alaska.edu/risksafety/html/volunteer.xml>. In addition, through a nationwide insurance program, 4-H members and leaders have access to limited medical insurance coverage for 4-H activities. To obtain this coverage, 4-H members pay an enrollment fee plus \$1 per year. The cost to leaders for this insurance is \$1 per year. Horse, ATV and motorcycle projects and team sports rates are \$2 per member, per year.

## **X. ORGANIZATION**

**A.** 4-H clubs may be organized only when adequate adult leadership is available. The leader to member ratio will vary with the activity undertaken.

**B.** Other ways people can participate in 4-H are through workshops, seminars, special interest groups, school enrichment programs, individual study, camping programs, and the 4-H Expanded Food and Nutrition Program (EFNEP).

## **XI. FUNDS, FUND RAISING, AND FEES**

**A.** Funds raised on behalf of 4-H must be consistent with the mission, goals, and philosophy of the 4-H program, and must not restrict or limit further fund-raising activities. 4-H members and leaders may participate in fund raising in the name of 4-H with the approval of their district Extension agent when the funds raised are to be used for legitimate 4-H activities. Fund raisers are for 4-H programs, activities, club groups, projects, etc. District Extension agents must approve fund raising in the name of 4-H in their districts prior to the raising of funds. Fund raising must not be used to endorse a particular business or product. Funds are not to be raised in the name of a particular individual (4-H member or leader). Fund raisers are for programs, activities, club groups, projects, etc. (Exceptions may be made by the district 4-H agent when a fund raiser is to help provide medical assistance for a needy person or similar service goal). Scholarships may be given to a 4-H club or council for the use of named individuals to attend 4-H sanctioned events, etc. with the approval of the district 4-H agent. Funds and properties raised in the name of 4-H become the property of 4-H (4-H funds are not the property of the individuals who may have helped raise the funds).

- B. Sales of equipment, supplies, etc. through a 4-H club must be at cost or the profit from sales must go to 4-H. Anything over the amount a 4-H leader pays for materials or equipment which is collected from 4-H members must go to 4-H. When raising 4-H funds using 4-H members and adult volunteers there must be a definite objective or use for the funds which is understood by those raising the funds and explained to the public.
- C. Club funds should be carefully accounted for and used in the furtherance of the 4-H program. Accumulation of club funds beyond immediate program needs is restricted by federal tax regulations.
- D. District Extension agents shall oversee all district and 4-H club bank accounts and trust funds within their district when the designated 4-H tax exempt number (see your district agent to get your districts number) has been used. A yearly report of accounts shall be submitted to the district Extension agent then to the state 4-H program chair.
- E. The district agent, state 4-H office, or University of Alaska Fairbanks may require a report or audit of the financial records of a 4-H club by giving two weeks written notice to the club.
- F. 4-H leaders may not charge a fee for their services as a part of a 4-H club. If they have a private business they must keep that activity separate from their 4-H activity
- G. 4-H clubs may charge an activity fee to cover the cost of equipment, materials and supplies, trips, or to pay an instructor. If a fee is charged, it must be well understood by the youth and their parents what the money is being used for. Careful records must be maintained of all activity fees and a report (audit) provided to the district 4-H agent in October of each year.
- H. When a club disbands the club monies in the club treasury shall be dispersed to the district 4-H program, given to another 4-H club, or placed in the 4-H Fund of the University of Alaska Foundation. No restrictions shall be placed on the use of the funds being transferred.
- I. When a club decides to split into two or more clubs the original club treasury shall be split between the new clubs in proportion to the number of youth transferring to each club. Ask your district agent for the guidelines on this and the manner in which it is handled.
- J. A 4-H membership registration fee is currently being collected yearly from each youth who joins 4-H in the state of Alaska. This fee may be waived by the district 4-H agent in individual cases for good cause. District leaders' councils may have a membership fee greater than the state member fee to recover funds necessary for programmatic needs.

## **XII. GENERAL POLICY**

- A. Mailing lists are not public. The general policy of Extension is not to give out mailing lists. It is the responsibility of district agents to oversee all 4-H mailing lists and see that these are only used for appropriate 4-H business. Private individuals, other organizations and agencies are not allowed access to 4-H mailing lists. Memorandums of agreement may be made between Extension and certain youth serving agencies which allows for the sharing of information and limited 4-H mailing lists.
- B. The University of Alaska Fairbanks Cooperative Extension Service 4-H Program is open to all, without regard to race, color, sex, creed, national origin, or disability and in accordance with all applicable federal laws. Provided in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U. S. Department of Agriculture, Anthony T. Nakazawa, Director, Cooperative Extension Service, University of Alaska Fairbanks.

Each district office maintains a copy of the Alaska 4-H policy manual. Leaders with questions should contact their agent for clarification.

- C. This document revised December 2005 replaces all previous Alaska 4-H program policy statements. Alaska 4-H program subjects and practices not covered by this document shall be resolved by the state 4-H program chair or the chair's appointed representative.



## ***The 4-H Youth Development Environment***

4-H is designed to support the positive and successful development of all youth. 4-H volunteer leaders are essential partners in creating a positive environment by focusing on the strengths of youth and providing positive ways for youth to meet their basic needs.

### CARING RELATIONSHIP (BELONGING)

All youth need a caring, supportive relationship in their lives. Volunteer Leaders and club members provide this fellowship by showing interest in, actively listening to, and fostering the gifts of 4-H youth. 4-H clubs provide an opportunity for long-term youth development seldom found in other educational delivery modes. The multiple interactions of parents and adults working with 4-Hers that is found in 4-H clubs is unique to most other youth education

### CONSTRUCTIVE LEARNING EXPERIENCES (MASTERY)

Youth rely on the joy they receive from interests, hobbies and group participation to balance disappointments in other parts of their lives. 4-H offers opportunities to take on new challenges and learn new skills. 4-H youth develop mastery through the Experiential Learning Process by experiencing, sharing what happened, processing what was important, generalizing the experience to the real world and applying what was learned to other situations.

The presence of self-confidence and positive self-esteem are today considered to be two of the most important indicators of personal wellness and success in an individual. Through the support and encouragement of caring club parents and leaders youth grow taller in their feelings of self-worth. A sense of accomplishment is achieved from finishing a project and participating in a positive evaluation experience.

### LEADERSHIP OPPORTUNITIES (INDEPENDENCE)

Creating opportunities for youth to develop skills and confidence for leadership and self-discipline is a cornerstone of 4-H. 4-H helps young people recognize the connection between independence and responsibility. Independence does mean greater power and influence but it is linked with responsibility for decisions made and actions taken. Today's society is busy, with worthwhile opportunities for youth in greater abundance than ever before. Being involved in a successful 4-H club means that members learn how to set priorities in developing their club program and manage the time they have available for their club wisely.

### SERVICE TO COMMUNITIES (GENEROSITY)

The 4-H Pledge focuses on the importance of larger service and recognizing a responsibility for the welfare of others. 4-H helps youth focus on developing concern for others and taking action to demonstrate that concern. Service forges bonds between youth and the community, and doing something valued by others raises feelings of self-worth and competence.

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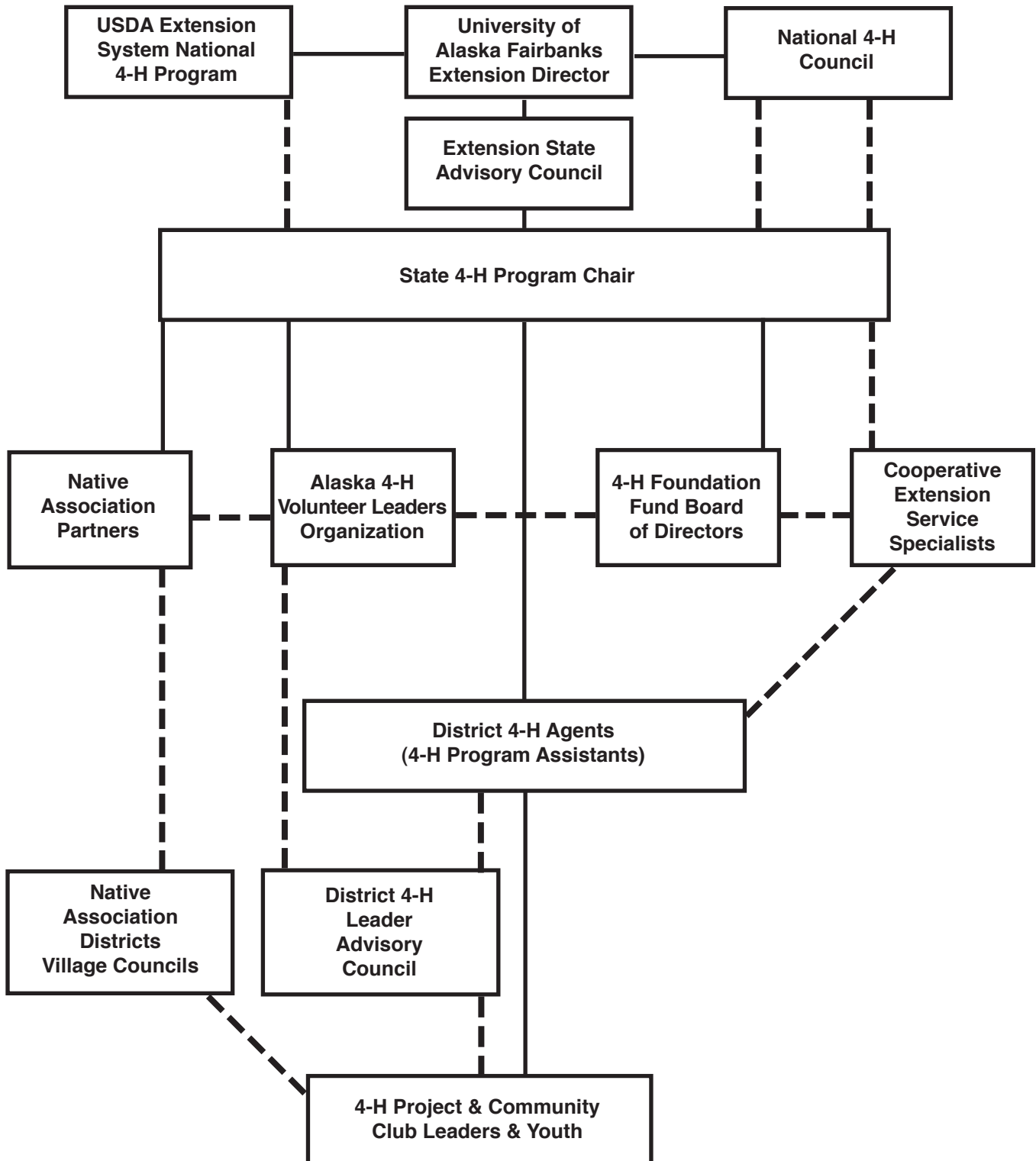
For more information, contact National 4-H Headquarters at 202-720-4087 or <http://www.national4-hheadquarters.gov>



United States Department of Agriculture

***National 4-H Headquarters, USDA - Building Leaders of Tomorrow***

# Alaska 4-H Organization Chart



# COOPERATIVE EXTENSION SERVICE

## Information and Resource Listings

**Anchorage**..... (907) 786-6300  
2221 E. Northern Lights Blvd., #118  
Anchorage, AK 99508-4143

**Bethel—Yukon Kuskokwim District**..... (907) 543-4553  
P.O. Box 368, Kuskokwim Campus  
Bethel, AK 99559

**Delta Junction District**..... (907) 895-4215  
Jarvis Office Center, P.O. Box 349  
Delta Junction, AK 99737

**Eielson Air Force Base**..... (907) 377-4130  
354/SVS/SVYTR  
3112 Broadway, Unit 6B  
Eielson AFB, AK 99702

**Fairbanks State Office**..... (907) 474-7246  
University of Alaska Fairbanks  
P.O. Box 756180  
Fairbanks, AK 99775-6180

**4-H Program Chair State Office**..... (907) 746-9459  
533 E. Fireweed Ave.  
Palmer, AK 99645

**Delta Junction District**..... (907) 895-4215  
Jarvis Office Center, P.O. Box 349  
Delta Junction, AK 99737

**Glennallen**..... (907) 822-4477  
P.O. Box 454  
Glennallen, AK 99588

**Juneau District**..... (907) 465-8749  
3032 Vintage Blvd., Suite 104  
Juneau, AK 99801

**Nome—Northwest District**..... (907) 443-2320  
P.O. Box 1298  
Nome, AK 99762

**Palmer—Copper River/Mat-Su District**... (907) 745-3360  
809 South Chugach Street, Suite # 2  
Palmer, AK 99645

**Soldotna—Kenai Peninsula District**..... (907) 262-5824  
43961 K-Beach Road, Suite A  
Soldotna, AK 99669-9728

**Tanana Chiefs Conference**..... (907) 452-8251 ext. 3248  
122 1st Avenue, Suite 600  
Fairbanks, AK 99701

**Thorne Bay**..... (907) 828-3207  
P.O. Box 19190  
Thorne Bay, AK 9991

### Other Important Cooperative Extension Service Phone Numbers

If you are located in the city of Sitka call..... (907) 747-6065

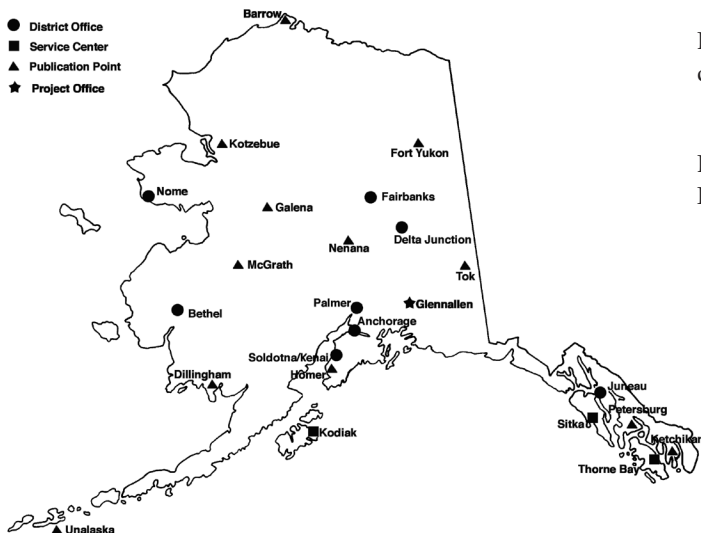
If you are in the following areas: Aleutians, Kodiak, Sitka, or Southern Southeast call toll free..... 1-877-482-3223

Bethel Youth Center..... (907) 543-2088

Extension Communications and Distribution call toll free..... 1-877-520-5211

### Hotlines

Energy and Building..... 1-800-478-8324  
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10-89/JD/1000

Revised February 2006

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