

# Student Success Workshops Spring 2012

## Study Skills 101

**Discover How You Learn**  
Tuesday, January 31, 2012

**Note Taking Skills**  
Thursday, February 2, 2012

**Time Management**  
Tuesday, February 7, 2012

**How To Read a Textbook**  
Thursday, February 9, 2012

**Successful Test Taking**  
Tuesday, February 14, 2012

**Reducing Math Anxiety**  
Thursday, February 16, 2012

**Managing Stress and Test Anxiety**  
Thursday, February 23, 2012

**Memory and Concentration**  
Tuesday, February 28, 2012

**Overcoming Paper Writing Anxiety**  
Thursday, March 1, 2012

## University Skills 201

**Basic Communication Skills & Techniques**  
Tuesday, February 21, 2012

**DegreeWorks: Graduate in Four Years!**  
(held in Rasmuson 301)  
Tuesday, March 6, 2012  
Thursday, March 29, 2012

**The Myths of Multi-Tasking**  
Thursday, March 8, 2012

**Interviewing Skills**  
Tuesday, March 20, 2012

**Salary Expectations for Majors**  
Thursday, March 22, 2012

**Liberal Arts Majors:  
Put Your Degree to Work**  
Tuesday, March 27, 2012

**Graduate School &  
Pre-Professional Information**  
Thursday, April 3, 2012



**All workshops are  
FREE of charge  
&  
are held in  
409 Gruening from  
1:05pm-1:55 pm**