

Counseling Resources

Careline (Telephone Assistance)

452-4357 in Fairbanks
1-877-266-4357 In Alaska
1-800-273-8255 National Crisis Line 24/7

A Growing Concern Counseling (Cigna EAP)

452-8165
Valerie Jensen, LCSW (Part-time)

Arctic Pathways, LLC

799-7695
Christopher Brown, PsyD.
*Psychological testing for children,
Adolescents, and adults*
Aetna, Cigna, Medicaid/Denali KidCare,
Premara Blue Cross

Caret Pregnancy Center

455-8255
Pregnancy concerns

Clearwater Counseling

457-6002
*Depression, relationships, sexual
disorders*

Counseling & Therapy Services

590-8384
Cathy Weeg, LPC
*Emotional instability, interpersonal
difficulties, depression, anxiety, grief and
loss, trauma, life transitions, sexual identity
and gender issues*

Dean Zuelsdorf, PsyD

455-4455
Depression, trauma, relationships
Will discuss options for billing

Dellie Dickinson, LPC

460-2166
*Women's issues, relationship counseling,
depression, abuse*

Douglas Pomeroy, PhD

457-1744
Tricare, All Blue Cross (in and out of state),
Aetna, Union Insurance

Fairbanks Biofeedback & Counseling

452-4405
Mike Schmoker, LCSW
*Depression, anxiety, relationships, self-
regulation, biofeedback training, stress-
related health disorders, chronic pain,
stress management, relaxation tapes*

Fairbanks Community Mental Health Services

371-1300
Only referrals from Fairbanks Memorial and
Fairbanks Correctional Center
Accepts Medicaid/private insurance

Fairbanks Psychiatric and Neurological Clinic

452-1739
Dr. Alisabeth Thurston-Hicks, Psychiatrist
Dr. Ronald Martino, Psychiatrist
Sally Caldwell, LPC
All forms of Blue Cross, Tricare, United
Healthcare, Moda, Union Insurance

Fairbanks Veteran's Center

456-4238

Family Centered Services of Alaska

474-0890

Glen Watson

479-0411

Monday-Thursday

Depression, transitions, relationships

Grace in Motion

452-4673

Paige Metzgar, LPC

Accepts private insurance/Tricare/sliding scale

Headwaters Counseling

456-2256

Laura Volmert, MA

Liz Pawelko, LPC

Karen Gillis

Play therapy

Pay at time of service with cash or personal check which may be reimbursed by insurance

Holistic Medical Clinic

451-7100

Naturopathic doctors, not medical doctors

Hypnosis, Hypnotherapy

Aetna, Blue Cross, Union

Hope Counseling Center (Faith-Based)

451-8208

John DeRuyter, PsyD

Anne Brainerd Marko, LPC

Valerie Gifford, PhD

Dan Curns, PhD

Bill Couthran, PhD

Shayle Hutchison, LCSW

Rachael Bolton, LPC

Matt Sena, LPC

Rebekah Burket, MA

John Herman, MA

Jessica McKay, LCSW

Accepts private insurance, Blue Cross, Tricare, client assistance program

IAC:Center for Nonviolent Living

452-2293

1-800-478-7273

Domestic violence, sexual assault

Interior Community Health Center

455-4567

Adults only and must be currently established for primary care

Accepts sliding scale/Medicaid/private insurance

Clear Sky Counseling

479-3411

Karin Gillis, LPC

Play Therapy

Accepts Blue Cross, Premera, First Choice Health

Kevin Lankford, MA

456-1620

Psychological assessments

Laurie Holland-Klein, LCSW

388-4689

Relationships, parenting, trauma recovery, EMDR

Lisa Hay

452-2473

Relationship, anger, behavior and abuse
Group counseling

Lynn Harrison, LMFT

479-8450

Tricare, private insurance (Depends on
diagnosis and must be on provider list),
some EAP

Making a Difference Support Services

750-7169

Crystal McCormick, LCSW

*Depression, anxiety, body image concerns
for people with cancer*

Accepts Aetna, Blue Cross, Medicare,
Tricare, WPS, Meridian, ComPsych,
Magellan Behavioral Health, sliding scale

Moreen Fried, LCSW

455-7003

Court ordered therapy, sex offender
treatment

Michael Magowan, LMFT

452-6522

Individuals, couples, groups

Military & Family Life Consultant Program

388-2553 or 699-2828

Molly Leahy, LPC

451-6888

Northwind Behavioral Health, LLC

456-1434

Cathy Johnson, Nurse practitioner
Elizabeth Kraska, LPC
Michael Hollingsworth, LPC
Mark Shields, LCSW
Medication management, adults/teens,
couples, family
Anxiety, depression, PTSD, seasonal
affective disorder, ADHD
Monday-Thursday
Private Insurance

Parent Warm Line

452-4588

Parenting questions

Rachel Kacsur, LCSW

455-0250

Private insurance (Check insurance before
calling)

Sally Fenno

378-0573

Grief and growth

Stephen Parker, PhD

479-6008

Accepts Aetna, Blue Cross Blue Shield,
Medicare, Meridian, Premera, sliding scale

Susie Diane Gilbreath, LMFT

374-4410

Cell phone: 388-6128

Monday-Saturday

Tanana Chiefs Conference Behavioral Health

452-8251 ext. 3800

Pleiades Counseling

Tima Priess, LMFT

Paul Beals, LPC

452-8438

Veterans only

EMDR, trauma, PTSD, relationships

Tricare, VA

Turning Point Counseling Services

374-7776

315 5th Ave

Joseph Nowell, LPCS

Gunnar Ebbesson, LPCS

Linda Keddington, Nurse practitioner

Kristel Boswood, LPC

Jonathan Miller, LPC

Leif Vick, LPC

Amy Carlson, LCSW

Olivia Foote, LPC

Danielle Burke, M Ed.

Suzette Mailloux, ND

Accepts Tricare/Blue Cross/Private pay

UAF Psychology Department

474-1991

Gruening Room 215

Initial screening free

\$10/session after screening

Wendell Street Psychiatric Services

455-4135

Dr. Mikki Barker, Psychiatrist

Private insurance

