Counseling Resources

**Careline (Telephone Assistance)**
452-4357 in Fairbanks
1-877-266-4357 In Alaska
1-800-273-8255 National Crisis Line 24/7

**A Growing Concern Counseling (Cigna EAP)**
452-8165
Valerie Jensen, LCSW (Part-time)

**Arctic Pathways, LLC**
799-7695
Christopher Brown, PsyD.
*Psychological testing for children, Adolescents, and adults*
Aetna, Cigna, Medicaid/Denali KidCare, Premara Blue Cross

**Carenet Pregnancy Center**
455-8255
Pregnancy concerns

**Clearwater Counseling**
457-6002
*Depression, relationships, sexual disorders*

**Counseling & Therapy Services**
590-8384
Cathy Weeg, LPC
*Emotional instability, interpersonal difficulties, depression, anxiety, grief and loss, trauma, life transitions, sexual identity and gender issues*

**Dean ZueIsdorf, PsyD**
455-4455
*Depression, trauma, relationships*
Will discuss options for billing

**Dellie Dickinson, LPC**
460-2166
*Women’s issues, relationship counseling, depression, abuse*

**Douglas Pomeroy, PhD**
457-1744
Tricare, All Blue Cross (in and out of state), Aetna, Union Insurance

**Fairbanks Biofeedback & Counseling**
452-4405
Mike Schmoker, LCSW
*Depression, anxiety, relationships, self-regulation, biofeedback training, stress-related health disorders, chronic pain, stress management, relaxation tapes*

**Fairbanks Community Mental Health Services**
371-1300
Only referrals from Fairbanks Memorial and Fairbanks Correctional Center
Accepts Medicaid/private insurance

**Fairbanks Psychiatric and Neurological Clinic**
452-1739
Dr. Alisabeth Thurston-Hicks, Psychiatrist
Dr. Ronald Martino, Psychiatrist
Sally Caldwell, LPC
All forms of Blue Cross, Tricare, United Healthcare, Moda, Union Insurance
**Fairbanks Veteran’s Center**
456-4238

**Family Centered Services of Alaska**
474-0890

**Glen Watson**
479-0411
Monday-Thursday
Depression, transitions, relationships

**Grace in Motion**
452-4673
Paige Metzgar, LPC
Accepts private insurance/Tricare/sliding scale

**Headwaters Counseling**
456-2256
Laura Volmert, MA
Liz Pawelko, LPC
Karen Gillis
Play therapy
Pay at time of service with cash or personal check which may be reimbursed by insurance

**Holistic Medical Clinic**
451-7100
Naturopathic doctors, not medical doctors
Hypnosis, Hypnotherapy
Aetna, Blue Cross, Union

**Hope Counseling Center (Faith-Based)**
451-8208
John DeRuyter, PsyD
Anne Brainerd Marko, LPC
Valerie Gifford, PhD
Dan Curns, PhD
Bill Couthran, PhD
Shayle Hutchison, LCSW
Rachael Bolton, LPC
Matt Sena, LPC
Rebekah Burket, MA
John Herman, MA
Jessica McKay, LCSW
Accepts private insurance, Blue Cross, Tricare, client assistance program

**IAC:Center for Nonviolent Living**
452-2293
1-800-478-7273
Domestic violence, sexual assault

**Interior Community Health Center**
455-4567
Adults only and must be currently established for primary care
Accepts sliding scale/Medicaid/private insurance

**Clear Sky Counseling**
479-3411
Karin Gillis, LPC
*Play Therapy*
Accepts Blue Cross, Premera, First Choice Health

**Kevin Lankford, MA**
456-1620
Psychological assessments

**Laurie Holland-Klein, LCSW**
388-4689
Relationships, parenting, trauma recovery, EMDR
Lisa Hay  
452-2473  
Relationship, anger, behavior and abuse  
Group counseling  

Lynn Harrison, LMFT  
479-8450  
Tricare, private insurance (Depends on diagnosis and must be on provider list), some EAP  
Making a Difference Support Services  
750-7169  
Crystal McCormick, LCSW  
*Depression, anxiety, body image concerns for people with cancer*  
Accepts Aetna, Blue Cross, Medicare, Tricare, WPS, Meridian, ComPsych, Magellan Behavioral Health, sliding scale  

Moreen Fried, LCSW  
455-7003  
Court ordered therapy, sex offender treatment  

Michael Magowan, LMFT  
452-6522  
Individuals, couples, groups  

Military & Family Life Consultant Program  
388-2553 or 699-2828  

Molly Leahy, LPC  
451-6888  

Northwind Behavioral Health, LLC  
456-1434  
Cathy Johnson, Nurse practitioner  
Elizabeth Kraska, LPC  
Michael Hollingsworth, LPC  
Mark Shields, LCSW  
Medication management, adults/teens, couples, family  
Anxiety, depression, PTSD, seasonal affective disorder, ADHD  
Monday-Thursday  
Private Insurance  

Parent Warm Line  
452-4588  
Parenting questions  

Rachel Kacsur, LCSW  
455-0250  
Private insurance (Check insurance before calling)  

Sally Fenno  
378-0573  
Grief and growth  

Stephen Parker, PhD  
479-6008  
Accepts Aetna, Blue Cross Blue Shield, Medicare, Meridian, Premera, sliding scale  

Susie Diane Gilbreath, LMFT  
374-4410  
Cell phone: 388-6128  
Monday-Saturday
Tanana Chiefs Conference Behavioral Health
452-8251 ext. 3800

Pleiades Counseling
Tima Priess, LMFT
Paul Beals, LPC
452-8438
Veterans only
EMDR, trauma, PTSD, relationships
Tricare, VA

Turning Point Counseling Services
374-7776
315 5th Ave
Joseph Nowell, LPCS
Gunnar Ebbeson, LPCS
Linda Keddington, Nurse practitioner
Kristel Boswood, LPC
Jonathan Miller, LPC
Leif Vick, LPC
Amy Carlson, LCSW
Olivia Foote, LPC
Danielle Burke, M Ed.
Suzette Mailloux, ND
Accepts Tricare/Blue Cross/Private pay

UAF Psychology Department
474-1991
Gruening Room 215
Initial screening free
$10/session after screening

Wendell Street Psychiatric Services
455-4135
Dr. Mikki Barker, Psychiatrist
Private insurance