

City: _____

Cooperative Extension Service, UAF

Name of Store: _____

Store's Phone #: _____

Instructions: The following codes should be used when identifying units of foods with labels: G (grams), K (kilograms), L (liters), M (milliliters), P (pounds), O (ounces), Q (quarts), D (dozen) and GAL (gallons). Use (P) pounds when identifying fresh produce and meats. In order to enter items such as hamburger buns and tea bugs a weight is required versus a count. In fact a **weight** is required on **all** 104 food items, except for eggs, which only requires a count.

	CODE	ITEM NAME	#	PRICE	WEIGHT	UNIT	#	NOTE
Fresh Vegetables	1	Potatoes (white or russet, 5 or 10 lb bag if available)	1				1	
	2	Cabbage	2				2	
	3	Carrots	3				3	
	4	Celery	4				4	
	5	Cucumbers	5				5	
	6	Lettuce	6				6	
	7	Onions	7				7	
	8	Tomatoes	8				8	
Fresh Fruits	9	Apples	9				9	
	10	Bananas	10				10	
	11	Cantaloupe	11				11	
	12	Grapefruit	12				12	
	13	Oranges	13				13	
Canned Vegetables	14	Corn, whole kernel	14				14	
	15	Green beans	15				15	
	16	Leafy dark greens (spinach, etc.)	16				16	
	17	Peas	17				17	
	18	Tomatoes	18				18	
	19	Beets	19				19	
Canned Fruit	20	Applesauce	20				20	
	21	Fruit cocktail	21				21	
	22	Peaches	22				22	
	23	Pears	23				23	
Beverages	24	Apple, 100% juice, canned	24				24	
	25	Orange juice, canned	25				25	
	26	Grape, 100% juice, canned	26				26	
	27	Grapefruit juice, canned	27				27	
	28	Tomato juice	28				28	
	29	Drink mixes (Tang)	29				29	
	30	Coke, 7-Up, Pepsi	30				30	
	Dry & Liquid Goods	31	Ready-to-eat (cornflakes)	31				31
32		Oatmeal, old fashioned	32				32	
33		Rice, regular	33				33	
34		Spaghetti, dry, plain	34				34	
35		Macaroni and Cheese mix	35				35	
36		Instant Mashed Potatoes	36				36	
37		Potato chips	37				37	
38		Crackers, saltines	38				38	
39		Soup, chicken noodle, condensed	39				39	
40		Cookies, vanilla wafers	40				40	
41		Jello Pudding, dry powdered type	41				41	
42		Syrup, pancake	42				42	
43		Jelly, grape	43				43	
44		Candy, bulk and/or gumdrops	44				44	
Bread	45	White bread, enriched	45				45	
	46	Whole grain or combination bread	46				46	
	47	Hamburger buns	47				47	

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Fats & Oils	48	Butter	48				48	
	49	Margarine, stick	49				49	
	50	Shortening	50				50	
	51	Vegetable oil	51				51	
Baking Goods	52	All purpose flour, enriched	52				52	
	53	Whole wheat flour	53				53	
	54	Cornmeal	54				54	
	55	Biscuit mix	55				55	
	56	Cake mix, yellow	56				56	
	57	Dry milk (List wt. of pkg)	57				57	
	58	Sugar, granulated	58				58	
	59	Sugar, brown or powdered	59				59	
Frozen Goods	60	Cake, frozen, ready-to-eat	60				60	
	61	Pie, frozen, ready-to-bake	61				61	
	62	Pastry, frozen	62				62	
	63	Strawberries, frozen	63				63	
	64	Grape juice, frozen concentrate	64				64	
	65	Orange juice, frozen concentrate	65				65	
	66	French Fried Potatoes, frozen	66				66	
	67	Ice cream	67				67	
Dairy/Eggs	68	Whole milk	68				68	
	69	Low fat milk, 2%	69				69	
	70	Yogurt, plain	70				70	
	71	Cottage cheese	71				71	
	72	Natural cheese, cheddar, mild	72				72	
	73	American processed cheese, sliced	73				73	
	74	Eggs, large (use count, not weight)	74				74	
Beef	75	Chuck steak, bone in or out (circle)	75				75	
	76	Round steak, bone in or out (circle)	76				76	
	77	Sirloin steak, boneless	77				77	
	78	T-bone steak, bone in or out (circle)	78				78	
	79	Chuck roast, bone in or out (circle)	79				79	
	80	Rump roast, boneless	80				80	
	81	Ground beef, regular	81				81	
Pork & Sausage	82	Pork chops, bone in or out (circle)	82				82	
	83	Pork roast, bone in or out (circle)	83				83	
	84	Pork spareribs	84				84	
	85	Ham, cured, boneless, ready-to-eat	85				85	
	86	Bacon	86				86	
	87	Frankfurters, beef	87				87	
	88	Bologna	88				88	
Poultry & Fish	89	Chicken, whole, cut or uncut	89				89	
	90	Turkey, whole	90				90	
	91	Fish, raw, fresh or frozen	91				91	
	92	Tuna, canned	92				92	
Beans/Nuts	93	Canned chili with beans	93				93	
	94	Beans, dry, pintos	94				94	
	95	Mature beans, canned, kidney	95				95	
	96	Peas, dry, split	96				96	
	97	Peanuts, without shell	97				97	
	98	Peanut butter	98				98	
Condiments	99	Mayonnaise	99				99	

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Con men	100	Catsup	100				100	
	101	Pickles, dill, whole	101				101	
Coffee & Tea	102	Coffee, ground, 100%	102				102	
	103	Coffee, instant, 100%	103				103	
	104	Tea, bulk or bags (not instant)	104				104	
	105	Sales tax on food	105				105	

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