

2013 PROGRAM HIGHLIGHTS

Putting education to work in your life and community

Read more about these stories at www.uaf.edu/ces/highlights.



Attending Chicken University

Alaskans are flocking to learn more about chickens. Classes about raising chickens for their eggs or meat have been popular around the state.



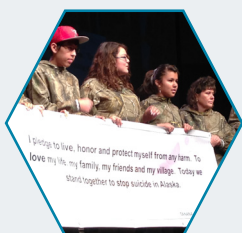
Getting social with food preservation work

Classes that teach food preservation remain a staple of Extension work. We're also reaching out in new and different ways to help our clients preserve their harvest.



Rhodiola rosea: a new Alaska crop

Extension has been working with a *Rhodiola rosea* growers' cooperative to develop a new high-value specialty crop. The medicinal plant is native to Siberia and grows well in cold regions.



Speaking out for suicide prevention

A group of seven 4-H'ers from Tanana showed courage by speaking in personal terms about suicide, substance abuse and domestic violence.

See the video on this presentation, *Tanana 4-H: Breaking the Silence*.



Grass-roots exercise

Members of the Central Peninsula Change Club work to increase exercise opportunities in their communities — and to build an environment to support this. Successes include bicycle icons painted on the roadway, senior exercise classes and free monthly swims.

Providing informal education with a purpose

- The mentoring program that supports 4-H in Tanana relies on finding volunteers who bring 4-H to youth in rural communities. One-fifth of 4-H participants live in remote, rural Alaska.
- During 2013, agents offered food preservation classes to 951 Alaskans in 24 communities across the state. They tested 679 pressure canner gauges, demonstrating how to make adjustments or recommending replacement.
- Fairbanks agent Mara Bacsujlaky, who raises chickens, has started a blog called Alaska Backyard Chickens (akchickens.org) aimed at individuals with small backyard flocks. She posts resources and anecdotes about her experiences.
- StrongWomen classes provide strength and balance training to middle-aged and older adults. Since 2005, Kenai Peninsula District agent Linda Tannehill has trained more than 250 StrongWomen leaders, who teach at more than 20 community sites.
- More than 1,300 volunteers offer activities for nearly 15,000 Alaska youth in 4-H camps, clubs and other special events.

Extending knowledge, changing lives



Volunteers extend Extension work

More than 2,000 volunteers further Extension's work in Alaska every year. They teach gardeners, work with 4-H youth, serve on advisory councils, pull invasive weeds, test pressure canner gauges and more.



Taste testing tubers

Anchorage Extension hosted a taste-testing event, a Potato Lovers Bash, to introduce consumers to 30 varieties of specialty potatoes and to provide researchers and growers information.



Spotlight on Extension's energy specialist

Energy specialist Art Nash explores creative options for energy needs. His other work concerns radon awareness, solar energy and home adaptations for living independently.



Cooperative Extension Service Offices

Anchorage District
907-786-6300

Bethel (Yukon-Kuskokwim District)
907-543-4564

Bethel 4-H Youth Center
907-543-7711

Delta Junction District
907-895-4215

Eielson Air Force Base (4-H only)
907-377-4130

Fairbanks (Tanana District)
907-474-1530

Juneau District
907-796-6221

Kodiak (4-H only)
907-486-0441

Nome (Northwest District)
907-443-2320

Palmer (Mat-Su/Copper River District)
907-745-3360

Sitka District
907-747-9440

Soldotna (Kenai Peninsula District)
907-262-5824

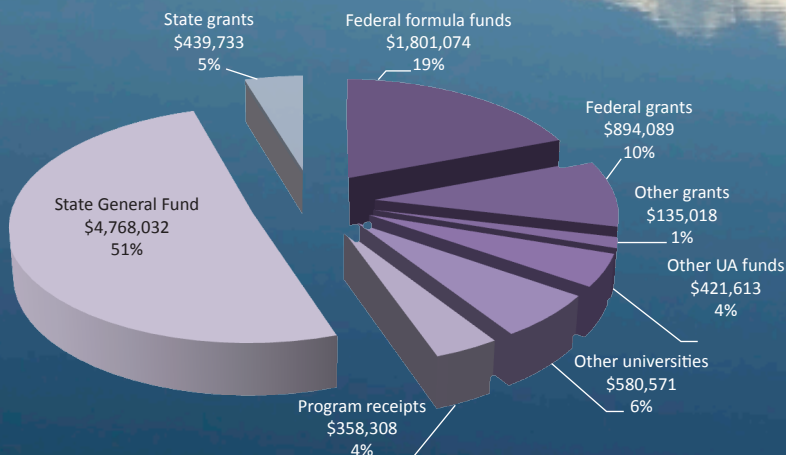
Tanana Chiefs Conference
907-452-8251, ext. 3477 or
800-478-6822, ext. 3477



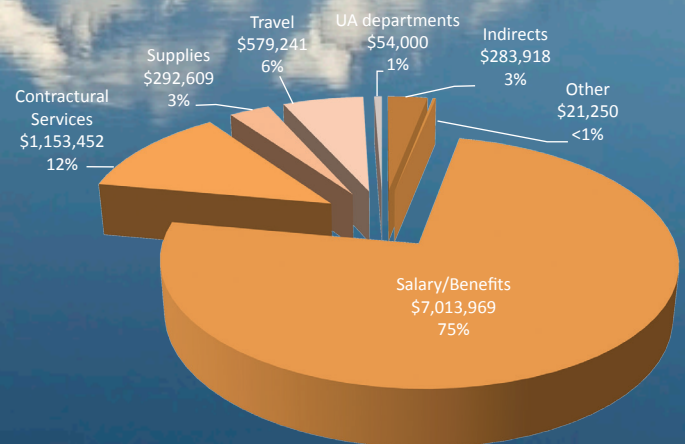
Publications and Information

1-877-520-5211 • www.uaf.edu/ces

July 1, 2012 – June 30, 2013 (State FY13)
Extension Expenditures by Revenue Source
Total \$9,398,438



July 1, 2012 – June 30, 2013 (State FY13)
Extension Expenditures by Category
Total \$9,398,438



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