CULINARY ARTS AND HOSPITALITY

College of Rural and Community Development
Community and Technical College
907-455-2800
www.ctc.uaf.edu/programs/culinary/

Certificate; A.A.S. Degree
Minimum Requirements for Certificate: 30 credits;
for Degree: 60 credits

The Culinary Arts and Hospitality Department prepares students for
careers in this ever-expanding field. Graduates can seek employment in
various food service operations or in management of restaurants, baker-
ies, hotels, hospitals, camps or any other facility that requires food
service as part of its operation. Certificates in culinary arts or baking
and pastry arts as well as an associate degree in culinary arts are offered.

Certificate Program — Culinary Arts

1. Complete the general university requirements (page 107).
2. Complete the certificate requirements. (See page 107. As part of the
certificate requirements, CAH F256 is recommended to complete the
computation requirement and CAH F255 is recommended to complete the
human relations requirement.)
3. Complete the following:
   CAH F101—Introduction to the Culinary Field..............................1
   CAH F140—Culinary I — Principles and Techniques......................4
   CAH F146—Introduction to Baking and Pastry ..............................4
   CAH F150—Food Service Sanitation........................................2
4. Complete 10-13 credits from the following:
   CAH F141—Culinary II — Stocks, Soups and Sauces ......................4
   CAH F154—Food and Beverage Service..................................2
   CAH F160—Principles of Nutrition ..........................................2
   CAH F170—Gourmet Cooking ..................................................2
   CAH F172—Gourmet Asian Cooking .........................................2
   CAH F174—Vegetarian Cooking ...............................................2
   CAH F175—Protein Fabrication ................................................3
   CAH F176—Heart-Healthy and Diabetic Cooking .........................2
   CAH F230—Menu Planning ......................................................1
   CAH F242—Culinary III — Vegetables and Starches .....................4
   CAH F243—Culinary IV — À la Carte Cookery ............................4
   CAH F248—Intermediate Baking and Pastry ...............................4
   CAH F250—Garde-Manger ......................................................4
   CAH F251—Culinary Arts Externship ........................................2
   CAH F253—Storeroom Purchasing and Receiving ........................2
   CAH F256—Restaurant and Hospitality Cost Management ............2
5. Minimum credits required ..................................................30

Certificate Program — Baking and Pastry Arts

1. Complete the general university requirements (page 108).
2. Complete the certificate requirements. (See page 108. As part of the
certificate requirements, CAH F256 is recommended to complete the
computation requirement and CAH F255 is recommended to complete the
human relations requirement.)
3. Complete the following:
   CAH F101—Introduction to the Culinary Field..............................1
   CAH F140—Culinary I — Principles and Techniques......................4
   CAH F146—Introduction to Baking and Pastry ..............................4
   CAH F150—Food Service Sanitation........................................2
   CAH F248—Intermediate Baking and Pastry ...............................4
4. Choose 6-9 credits from the following:
   CAH F117—Art in Cake Icing ..................................................2
   CAH F154—Food and Beverage Service..................................2
   CAH F160—Principles of Nutrition ..........................................2
   CAH F161—Pastry Tube Art ...................................................1.5
   CAH F171—Gourmet Baking ....................................................2
   CAH F176—Heart-Healthy and Diabetic Cooking .........................2
   CAH F180—Artisan Breads ....................................................2
   CAH F181—International Breads ...............................................2
   CAH F230—Menu Planning ......................................................1
5. Minimum credits required ..................................................30

Major — A.A.S. Degree

1. Complete the general university requirements (page 108).
2. Complete the A.A.S. degree requirements. (See page 108. As part of
the degree requirement, CAH F255 is recommended to complete the
human relations requirement.)
3. Complete the following program (major) requirements:*
   CAH F101—Introduction to the Culinary Field..............................1
   CAH F140—Culinary I — Principles and Techniques......................4
   CAH F141—Culinary II — Stocks, Soups and Sauces ......................4
   CAH F146—Introduction to Bakery and Pastry ..............................4
   CAH F150—Food Service Sanitation........................................2
   CAH F154—Food and Beverage Service..................................2
   CAH F160—Culinary Nutrition ...............................................2
   CAH F175—Protein Fabrication ................................................3
   CAH F199—Culinary Arts Externship ........................................2
   CAH F230—Menu Planning ......................................................1
   CAH F242—Culinary III — Vegetables and Starches .....................4
   CAH F243—Culinary IV — À la Carte Cookery ............................4
   CAH F248—Intermediate Baking and Pastry ...............................4
   CAH F250—Garde-Manger ......................................................4
   CAH F253—Storeroom Purchasing and Receiving ........................2
   CAH F256—Restaurant and Hospitality Cost Management ............2
4. Minimum credits required ..................................................60
   * Students must earn a C- grade or better in each course.
## Certificate Requirements

### Communication ............................................. 2-3 Credits

Complete one of the following:

- ENGL F111X—Introduction to Academic Writing.......................... (3)
- ABUS F170—Business English..............................................(3)
- ABUS F271—Business Communications ....................................(3)
- ENGL F211X—Academic Writing about Literature ......................(3)
- ENGL F212—Business, Grant and Report Writing*..........................(3)
- ENGL F213X—Academic Writing about the Social and Natural Sciences ....(3)
- COMM F211X—Introduction to Interpersonal Communication..........(3)
- COMM F131X—Fundamentals of Oral Communication: Group Context ....(3)
- COMM F411X—Fundamentals of Oral Communication: Public Context....(3)
- at least 21 Credits

### Computation ................................................. 2-3 Credits

Complete one of the following:

- Any course at the F100-level or above in mathematical sciences (computer science, math or statistics)........................................ (3)
- ABUS F155—Business Math..............................................(3)
- DEVM F105—Intermediate Algebra......................................(3)
- ECE F117—Math Skills for Early Childhood Educators .................(3)
- HLTH F116—Mathematics in Health Care ....................................(3)
- HUMS F117—Math Skills for Human Services..........................(3)
- TTCH F131—Mathematics for the Trades ....................................(3)
- Other program-approved discipline-based computation course or
discipline-based courses with embedded communication content........... (2-3)
- at least 30 Credits

### Human Relations ............................................. 2-3 Credits

Complete one of the following:

- ANTH F100X/SOC F100X—Individual, Society and Culture (s).........(3)
- ABUS F154—Human Relations ................................................(3)
- ANL F287—Teaching Methods for Alaska Native Languages (h)........(3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s).....(3)
- ECE F107—Child Development II: Preschool and Primary Years (s) ..(3)
- ED/PSY F245—Child Development (s)......................................(3)
- HLTH F106—Human Behavior in Health Care (s)..........................(3)
- HUMS F120—Cultural Diversity in Human Services.....................(3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND RHS F115—Issues of Personal Development ..................(2)
- at least 21 Credits

### Electives to total ............................................... 30 Credits

### Major specialty .................................................. at least 21 Credits

### Associate of Applied Science Requirements

### Written Communication...................................... 6 Credits

Complete one of the following:

- ENGL F111X—Introduction to Academic Writing..........................(3)
- at least 30 Credits

### Oral Communication .......................................... 3 Credits

Complete one of the following:

- COMM F211X—Introduction to Interpersonal Communication ..........(3)
- COMM F131X—Fundamentals of Oral Communication: Group Context ....(3)
- COMM F411X—Fundamentals of Oral Communication: Public Context....(3)
- at least 30 Credits

### Communication ............................................. 2-3 Credits

Complete one of the following:

- ENGL F111X—Introduction to Academic Writing..........................(3)
- at least 30 Credits

### Computation ................................................... 3 Credits

Complete one of the following:

- Any course at the F100 level or above in mathematical sciences (computer science, math or statistics)........................................ (3)
- ABUS F155—Business Math..............................................(3)
- DEVM F105—Intermediate Algebra......................................(3)
- ECE F117—Math Skills for Early Childhood Educators .................(3)
- HLTH F116—Mathematics in Health Care ....................................(3)
- HUMS F117—Math Skills for Human Services..........................(3)
- TTCH F131—Mathematics for the Trades ....................................(3)
- Other program-approved discipline-based computation course or
discipline-based course with embedded computation content............. (3)
- at least 30 Credits

### Human Relations ............................................. 3 Credits

Complete one of the following:

- ANTH F100X/SOC F100X—Individual, Society and Culture (s).........(3)
- ABUS F154—Human Relations ................................................(3)
- ANL F287—Teaching Methods for Alaska Native Languages (h)........(3)
- ECE F104—Child Development: Prenatal, Infants and Toddlers (s).....(3)
- ECE F107—Child Development II: Preschool and Primary Years (s) ..(3)
- ED/PSY F245—Child Development (s)......................................(3)
- HLTH F106—Human Behavior in Health Care (s)..........................(3)
- HUMS F120—Cultural Diversity in Human Services.....................(3)
- RHS F110—Cross-Cultural Bridging Skills (1) AND RHS F115—Issues of Personal Development ..................(2)
- at least 30 Credits

### Electives to total ............................................... 30 Credits

### Minimum credits required for degree .......................... 60 Credits