

Human Services

College of Rural and Community Development
Bristol Bay Campus (907) 842-5109
Chukchi Campus (907) 442-3400
Interior-Aleutians Campus (907) 474-5439
Kuskokwim Campus (907) 543-4500
Northwest Campus (907) 443-2201
Rural Behavioral Health (907) 474-5757
Tanana Valley Campus (907) 455-2800
Human Services Program (907) 455-2842
UA Statewide (907) 455-2050
www.tvc.uaf.edu/programs/hums/

A.A.S. Degree

Minimum Requirements for Degree: 60 credits

Students in the human services program receive skills-based training based on a foundation of theory. After completing foundation courses, students select an area of concentration (addictions counseling, mental health and developmental disabilities, residential care, supervision and management in human services, or workforce development). They learn interviewing and assessment, case management, crisis intervention, group counseling and specific skills needed within their concentration area.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds. Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

Students completing a concentration will receive a credential from the human service program. Those who complete an addictions concentration are eligible for certification as substance abuse counselor technicians through the Alaska Commission for Chemical Dependency Professionals certification board. A credential in family empowerment is also offered to students who complete specific classes.

Each concentration is available to B.A. degree students as a minor. The B.A. degree student must complete the concentration and six HUMS elective credits. Concentrations provide students with skills needed for employment. See minor requirements.

This degree program is delivered collaboratively within the UA system.

Major—A.A.S. Degree

Concentrations: Addictions Counseling, Behavioral Health, Mental Health and Developmental Disabilities, Residential Care, Supervision and Management in Human Services, Workforce Development

1. Complete the general university requirements (page 83).
2. Complete the A.A.S. degree requirements (page 87. As part of the A.A.S. degree requirements, complete: PSY 101 for the social sciences requirement.)
3. Complete the following:*
 - HUMS 120—Cultural Diversity in Human Services 3
 - HUMS 125—Introduction to Addictive Processes 3
 - HUMS 215—Individual Interviewing 3
 - HUMS 232—Human Service Practicum I 3
 - HUMS 233—Human Service Practicum II 3
 - HUMS 301—Ethics in Human Service 3
 - PSY 240—Lifespan Developmental Psychology (3)
 - or ECE 245—Child Development (3) 3
 - SWK 103—Introduction to Social Work (3)
 - or JUST 110—Introduction to Justice (3) 3

4. Complete one of the following family courses for all concentrations except for Behavioral Health:*
 - ECE 342O—Family Relationships 3
 - HUMS 140—Family Empowerment I 3
 - RHS 120—Family Systems I 2
 - SOC 242—The Family: A Cross-Cultural Perspective 3
5. Complete 3 credits from the following for all concentrations except behavioral health which requires 6 credits including both HUMS 210 and 310:*
 - HUMS 205—Basic Principles of Group Counseling 3
 - HUMS 210—Crisis and Grief Counseling 3
 - HUMS 310—Management of Complex Cases 3
6. Complete one of the following concentrations:*

Addictions Counseling

- a. Complete the following:
 - HUMS 205—Basic Principles of Group Counseling 3
 - HUMS 305—Substance Abuse Counseling 3
- b. Complete a minimum of 6 credits from the following:
 - HUMS 105—Personal Awareness and Growth 2-3
 - HUMS 260—History of Alcohol in Alaska 1
 - HUMS 261—Substance Abuse Assessment: ASAM PPC II 1
 - HUMS 262—Pharmacology of Addictions 1
 - HUMS 263—Service Delivery—ARND (FAS/E) 1
 - HUMS 264—Cultural Considerations in Providing Chemical Dependency Services to Alaska Native People 1
 - HUMS 265—Substance Abuse and the Family 2
 - HUMS 266—Dual Diagnosis Intervention and Treatment 2
 - HUMS 270—Adolescent Issues and Therapeutic Interventions (3) or Program Coordinator approved course of up to 3 credits including HUMS 250—Current Issues Courses (3) 3

Behavioral Health

- a. Complete the following:
 - HUMS 130—Introduction to Mental Health and Developmental Disabilities 3
 - HUMS 250—Introduction to Behavioral Health Careers 3
 - HUMS 261—Substance Abuse Assessment: ASAM PPC II 1
 - HUMS 263—Service Delivery—ARND (FAS/E) 1
 - HUMS 266—Dual Diagnosis Intervention and Treatment 1
 - HUMS 305—Substance Abuse Counseling 1
 - EMS 152—Emergency Trauma Training First Responder 3

Mental Health and Developmental Disabilities

- a. Complete the following:
 - HUMS 130—Introduction to Mental Health and Developmental Disabilities (3)
 - or HUMS 135—Introduction to Mental Illness (PWSCC) (2)
 - or HUMS 183—Community Services for People with Disabilities (PWSCC) (3)
 - or RHS 275—Introduction to Recovery and Mental Illness (2) 2-3
 - HUMS 205—Introduction to Human Exceptionality (PWSCC) 3
 - HUMS 231—Applied Behavioral Analysis I (PWSCC) 3
- b. Complete 3 credits from the following:
 - HUMS 252—Employment Support Services (PWSCC) 3
 - HUMS 253—Positive Behavioral Supports (PWSCC) 3
 - HUMS 255—Assistive Technology (PWSCC) 3
 - Or other approved course 3

Note: This concentration is offered in collaboration with Prince William Sound Community College through distance delivery.

Note: For course descriptions of PWSCC courses see current Prince William Sound Community College catalog.

Residential Care

- a. Complete the following:
 - HUMS 170—Residential Child Care 3
 - HUMS 263—Service Delivery—ARND (FAS/E) 1
 - HUMS 270—Adolescent Issues and Therapeutic Interventions 3
 - HUMS 271—Managing Aggressive Behavior 1
 - HUMS 272—Attachment, Separation and Loss 1
- b. Complete 3 additional approved elective credits.....3

Note: Not guaranteed to be available via distance delivery.

Supervision and Management in Human Services

- a. Complete the following:
 - ABUS 179—Fundamentals of Supervision.....3
 - ABUS 232—Contemporary Management Issues 3
 - HUMS 310—Management of Complex Cases.....3
- b. Complete 3 credits from the following:.....3
 - RD 250—Grant Writing for Community Development 1-3
 - RD 351—Strategic Planning for Rural Communities..... 3
 - ABUS 231—Introduction to Personnel 1-3
 - HUMS 233—Human Service Practicum II (repeated for credit)..... 3

Workforce Development

- a. Complete the following:
 - HUMS 150—Workforce Development I..... 3
 - HUMS 255—Workforce Development II 3
 - HUMS 310—Management of Complex Cases..... 3
- b. Complete 3 HUMS elective credits.3

Note: Not guaranteed to be available via distance delivery.

7. Minimum credits required60

** Student must earn a C grade or better in each course.*

For holders of the rural human services certificate in the following concentrations:

- 1. Complete the general university requirements (page 83).
- 2. Complete the A.A.S. degree requirements (page 87. As part of the A.A.S. degree requirements, complete PSY 101 for the social sciences requirement.)
- 3. Complete the rural human services certificate.
- 4. Complete the following: *
 - HUMS 301—Ethics in Human Service..... 3
 - SWK 103—Introduction to Social Work (3)
or JUST 110—Introduction to Justice (3)..... 3
 - PSY 240—Lifespan Developmental Psychology (3)
or ECE 245—Child Development (3) 3
- 5. Complete one of the following: *
 - ECE 342O—Family Relationships 3
 - HUMS 140—Family Empowerment I 3
 - SOC 242—The Family: A Cross-Cultural Perspective..... 3
 - RHS 120—Family Systems I..... 2
- 6. Complete 6-9 credits from 1 of the following concentrations: *

Addictions Counseling

- a. Complete the following:
 - HUMS 205—Basic Principles of Group Counseling 3
 - HUMS 260—History of Alcohol in Alaska..... 1
 - HUMS 305—Substance Abuse Counseling 3
- b. Complete at least 2 credits from the following:
 - HUMS 105—Personal Awareness and Growth..... 2-3
 - HUMS 261—Substance Abuse Assessment: ASAM PPC II 1
 - HUMS 262—Pharmacology of Addictions 1
 - HUMS 263—Service Delivery—ARND (FAS/E) 1
 - HUMS 264—Cultural Considerations in Providing
Chemical Dependency Services to Alaska Native People 1
 - HUMS 265—Substance Abuse and the Family 2
 - HUMS 266—Dual Diagnosis Intervention and Treatment..... 2

Mental Health and Developmental Disabilities

- a. Complete the following:
 - HUMS 205—Introduction to Human Exceptionality (PWSCC) 3
 - HUMS 231—Applied Behavioral Analysis I (PWSCC) 3
- b. Complete 3 credits from the following:
 - HUMS 130—Introduction to Mental Health and Developmental
Disabilities (3)
or HUMS 135—Introduction to Mental Illness (PWSCC) (2)
or HUMS 183—Community Services for People with Disabilities
(PWSCC) (3)
or RHS 275—Introduction to Recovery and
Mental Illness (2) 2-3
 - HUMS 252—Employment Support Services (PWSCC) 3
 - HUMS 253—Positive Behavioral Supports (PWSCC)..... 3
 - HUMS 255—Assistive Technology (PWSCC) 3
 - Or other approved course..... 3

Note: This concentration is offered in collaboration with Prince William Sound Community College through distance delivery.

Note: For course descriptions of PWSCC courses see current Prince William Sound Community College catalog.

Residential Care

- a. Complete the following:
 - HUMS 170—Residential Child Care 3
 - HUMS 263—Service Delivery—ARND (FAS/E) 1
 - HUMS 270—Adolescent Issues and Therapeutic Interventions 3
 - HUMS 271—Managing Aggressive Behavior 1
 - HUMS 272—Attachment, Separation and Loss 1
- b. Complete 3 approved elective credits.3

Note: Not guaranteed to be available via distance delivery.

Supervision and Management in Human Services

- a. Complete the following:
 - ABUS 179—Fundamentals of Supervision..... 3
 - ABUS 232—Contemporary Management Issues 3
 - HUMS 310—Management of Complex Cases..... 3

Workforce Development

- a. Complete the following:
 - HUMS 150—Workforce Development I..... 3
 - HUMS 255—Workforce Development II 3
 - HUMS 310—Management of Complex Cases..... 3
- b. Complete HUMS elective credits.3

Note: Not guaranteed to be available via distance delivery.

7. Minimum credits required60

** Student must earn a C grade or better in each course.*

Note: Certificates of Completion (Credentials) will be awarded by the human services program for each concentration completed.

Minor

- 1. Complete one concentration in human services 12
- 2. Complete HUMS elective credits 6
- 3. Minimum credits required 18

Substance Abuse Counselor Certification by the State of Alaska

- 1. Complete the following: *
 - HUMS 125—Introduction to Addictive Processes 3
 - HUMS 205—Basic Principles of Group Counseling 3
 - HUMS 210—Crisis and Grief Counseling..... 3
 - HUMS 215—Individual Interviewing 3
 - HUMS 260—History of Alcohol in Alaska 1
 - HUMS 301—Ethics in Human Service..... 3
 - HUMS 305—Substance Abuse Counseling 3

** The Alcohol and Drug Abuse Certification Review Board has approved the following courses for 45 training hours each toward certification or recertification of substance abuse counselors in the state of Alaska.*

Note: Currently certified substance abuse counselors are eligible for transfer credit toward the human services degree. Contact the human services program coordinator at (907) 455-2842 for more information.