

Physical Therapy

Pre-Professional Advising
(907) 474-6396

Physical therapists are dedicated to the promotion of health and the prevention of disease. Specifically, they provide assessment, evaluation and rehabilitation of the muscular, skeletal and nervous systems after injury or disease. Physical therapists work in hospital rehabilitation units, in private rehabilitation practices, and in orthopedic and sports medicine clinics. Many also serve as administrators, researchers and educators.

Physical therapy education typically consists of a two-year program leading to a certificate, a bachelor's or a master's degree. The current trend across the nation is toward the master's, which requires completion of a bachelor's degree before admission. As in most health care professions, the first half of physical therapy training consists of classroom instruction and the second half emphasizes clinical practice. After completion of programs accredited by the American Physical Therapy Program, students are eligible to test for licensure in all 50 states.

Acceptance to physical therapy programs is very competitive and is based on overall academic performance (most require a minimum 3.0 GPA), achievement in foundational sciences, and work experience in health care. Graduate programs usually require the Graduate Record Examination and/or the Miller Analogies Test. UAF does not prescribe a specific pre-physical therapy major, but offers a complete series of courses required for admission to most graduate programs. These include physics (PHYS 103X, 104X), anatomy and physiology (BIOL 111X and 112X), and statistics (STAT 300). Careful planning is necessary, as course requirements differ among schools.

Students considering a career in physical therapy should contact the Academic Advising Center. An advisor will help plan a program of study and explore professional schools and licensing requirements. See www.uaf.edu/advising/degree/preprof/physicaltherapy.html for more information.

Baccalaureate Core Requirements

All degrees (e.g. B.A., B.S., etc.) require additional courses.
Refer to specific degree and program requirements.

COMMUNICATION (9)

Complete the following:

ENGL 111X (3) _____
ENGL 190H may be substituted.

Complete one of the following:

ENGL 211X OR ENGL 213X (3) _____

Complete one of the following:

COMM 131X OR COMM 141X (3) _____

PERSPECTIVES ON THE HUMAN CONDITION (18)

Complete all of the following four courses:

ANTH 100X/SOC 100X (3) _____
ECON 100X OR PS 100X (3) _____
HIST 100X (3) _____
ENGL/FL 200X (3) _____

Complete one of the following three courses:

ART/MUS/THR 200X, HUM 201X OR ANS 202X (3) _____

Complete one of the following six courses:

BA 323X, COMM 300X, JUST 300X, NRM 303X,
PS 300X OR PHIL 322X (3) _____

OR complete 12 credits from the above courses **PLUS**

- two semester-length courses in a single Alaska Native language or other non-English language **OR**
- three semester-length courses (9 credits) in American Sign Language taken at the university level.

MATHEMATICS (3)

Complete one of the following:

MATH 107X, MATH 161X OR MATH 103X (3-4) _____
** No credit may be earned for more than one of MATH 107X or 161X.*

OR complete one of the following*:

MATH 200X, MATH 201X, MATH 202X,
MATH 262X OR MATH 272X (4) _____

**Or any math course having one of these as a prerequisite*

NATURAL SCIENCES (8)

Complete any two (4-credit) courses:

ATM 101X (4) _____
BIOL 100X (4) _____
BIOL 103X (4) _____
BIOL 104X (4) _____
BIOL 105X (4) _____
BIOL 106X (4) _____
BIOL 111X (4) _____
BIOL 112X (4) _____
CHEM 100X (4) _____
CHEM 103X (4) _____
CHEM 104X (4) _____
CHEM 105X (4) _____
CHEM 106X (4) _____
GEOG 205X (4) _____
GEOS 100X (4) _____
GEOS 101X (4) _____
GEOS 112X (4) _____
GEOS 120X (4) _____
GEOS 125X (4) _____
MSL 111X (4) _____
PHYS 102X (4) _____
PHYS 103X (4) _____
PHYS 104X (4) _____
PHYS 115X (4) _____
PHYS 116X (4) _____
PHYS 175X (4) _____
PHYS 211X (4) _____
PHYS 212X (4) _____
PHYS 213X (4) _____

LIBRARY AND INFORMATION RESEARCH (0-1)

Successful completion of library skills competency test **OR**
LS 100X or 101X prior to junior standing (0-1) _____

UPPER-DIVISION WRITING AND ORAL COMMUNICATION (0)

Complete the following:

Two writing intensive courses designated (W) (0) _____
One oral communication intensive course designated (O) (0) _____
OR two oral communication intensive courses designated (O/2), at the upper-division level (see degree and/or major requirements) (0) _____

TOTAL CREDITS REQUIRED **38-39**