

# Human Services

College of Rural Alaska  
Bristol Bay Campus (907) 842-5109  
Chukchi Campus (907) 442-3400  
Interior-Aleutians Campus (907) 474-5439  
Kuskokwim Campus (907) 543-4500  
Northwest Campus (907) 443-2201  
Rural Behavioral Health (907) 474-5757  
Tanana Valley Campus (907) 455-2800  
Human Services Program (907) 455-2842  
www.tvc.uaf.edu/programs/info/hst-info.html

## A.A.S. Degree

Minimum Requirements for Degree: 60 credits

Students in the human services program receive skills-based training based on a foundation of theory. After completing foundation courses, students select an area of concentration (addictions counseling, mental health and developmental disabilities, residential care, supervision and management in human services, or workforce development). They learn interviewing and assessment, case management, crisis intervention, group counseling and specific skills needed within their concentration area.

The program prepares students for entry-level positions in human services agencies. Persons with a strong desire to help others, a sincere respect for mankind and a commitment to their own personal growth may find this field rewarding. They must be emotionally stable, flexible and interested in working with people of diverse social, cultural and economic backgrounds. Recovery from life traumas and addictions can be a positive attribute if the student has successfully worked through specific issues and is willing to continue personal growth.

Students completing a concentration will receive a credential from the human service program. Those who complete an addictions concentration are eligible for certification as substance abuse counselor technicians through the Alaska Commission for Chemical Dependency Professionals certification board. A credential in family empowerment is also offered to students who complete specific classes.

Each concentration is available to B.A. degree students as a minor. The B.A. degree student must complete the concentration and six HSV elective credits. Concentrations provide students with skills needed for employment. See minor requirements.

This degree program is delivered collaboratively within the UA system.

## Major—A.A.S. Degree

### Concentrations: Addictions Counseling, Mental Health and Developmental Disabilities, Residential Care, Supervision and Management in Human Services, Workforce Development

1. Complete the general university requirements (page 76).
2. Complete the A.A.S. degree requirements (page 79. As part of the A.A.S. degree requirements, complete: PSY 101 for the social sciences requirement.)
3. Complete the following:\*
  - HSV 120—Cultural Diversity in Human Services..... 3
  - HSV 125—Introduction to Addictive Processes..... 3
  - HSV 215—Individual Interviewing..... 3
  - HSV 232—Human Service Practicum I..... 3
  - HSV 233—Human Service Practicum II ..... 3
  - HSV 301—Ethics in Human Service ..... 3
  - PSY 240—Lifespan Developmental Psychology (3)  
or ECE 245—Child Development (3) ..... 3
  - SWK 103—Introduction to Social Work (3)  
or JUST 110—Introduction to Justice (3) ..... 3

4. Complete 1 of the following family courses:\*
  - ECE 342O—Family Relationships ..... 3
  - HSV 140—Family Empowerment I..... 3
  - RHS 120—Family Systems I..... 2
  - SOC 242—The Family: A Cross-Cultural Perspective..... 3
5. Complete 3 credits from the following:\*
  - HSV 205—Basic Principles of Group Counseling..... 3
  - HSV 210—Crisis and Grief Counseling..... 3
  - HSV 310—Management of Complex Cases ..... 3
6. Complete 1 of the following concentrations:\*

### Addictions Counseling

- a. Complete the following:
  - HSV 205—Basic Principles of Group Counseling..... 3
  - HSV 305—Substance Abuse Counseling ..... 3
- b. Complete a minimum of 6 credits from the following:
  - HSV 105—Personal Awareness and Growth ..... 2-3
  - HSV 260—History of Alcohol in Alaska ..... 1
  - HSV 261—Substance Abuse Assessment: ASAM PPC II..... 1
  - HSV 262—Pharmacology of Addictions ..... 1
  - HSV 263—Service Delivery—ARND (FAS/E) ..... 1
  - HSV 264—Cultural Considerations in Providing  
Chemical Dependency Services to Alaska Native People ..... 1
  - HSV 265—Substance Abuse and the Family..... 2
  - HSV 266—Dual Diagnosis Intervention and Treatment ..... 2

### Mental Health and Developmental Disabilities

- a. Complete the following:
  - HSV 130—Introduction to Mental Health and Developmental  
Disabilities (3)  
or HUMS 135—Introduction to Mental Illness (PWSCC) (2)  
or HUMS 183—Community Services for People with  
Disabilities (PWSCC) (3)  
or RHS 275—Introduction to Recovery and  
Mental Illness (2)..... 2-3
  - HUMS 205—Introduction to Human Exceptionality (PWSCC) .... 3
  - HUMS 231—Applied Behavioral Analysis I (PWSCC) ..... 3
- b. Complete 3 credits from the following:
  - HUMS 252—Employment Support Services (PWSCC) ..... 3
  - HUMS 253—Positive Behavioral Supports (PWSCC) ..... 3
  - HUMS 255—Assistive Technology (PWSCC)..... 3
  - Or other approved course..... 3

*Note: This concentration is offered in collaboration with Prince William Sound Community College through distance delivery.*

*Note: For course descriptions of PWSCC courses see current Prince William Sound Community College catalog.*

### Residential Care

- a. Complete the following:
    - HSV 170—Residential Child Care..... 3
    - HSV 263—Service Delivery—ARND (FAS/E) ..... 1
    - HSV 270—Adolescent Issues and Therapeutic Interventions..... 3
    - HSV 271—Managing Aggressive Behavior ..... 1
    - HSV 272—Attachment, Separation and Loss..... 1
  - b. Complete 3 additional approved elective credits..... 3
- Note: Not guaranteed to be available via distance delivery.*

### Supervision and Management in Human Services

- a. Complete the following:
  - ABUS 179—Fundamentals of Supervision..... 3
  - ABUS 232—Contemporary Management Issues ..... 3
  - HSV 310—Management of Complex Cases ..... 3
- b. Complete 3 credits from the following:..... 3
  - RD 250—Grant Writing for Community Development..... 1-3
  - RD 351—Strategic Planning for Rural Communities..... 3
  - ABUS 231—Introduction to Personnel ..... 1-3
  - HSV 233—Human Service Practicum II (repeated for credit) ..... 3

**Workforce Development**

- a. Complete the following:
    - HSV 150—Workforce Development I ..... 3
    - HSV 255—Workforce Development II ..... 3
    - HSV 310—Management of Complex Cases ..... 3
  - b. Complete 3 HSV elective credits..... 3
- Note: Not guaranteed to be available via distance delivery.*
7. Minimum credits required ..... 60
- \* Student must earn a C grade or better in each course.*

**For holders of the rural human services certificate**

- 1. Complete the general university requirements (page 76).
- 2. Complete the A.A.S. degree requirements (page 79. As part of the A.A.S. degree requirements, complete: PSY 101 for the social sciences requirement.)
- 3. Complete the rural human services certificate.
- 4. Complete the following: \*
  - HSV 301—Ethics in Human Service ..... 3
  - SWK 103—Introduction to Social Work (3)
    - or JUST 110—Introduction to Justice (3) ..... 3
  - PSY 240—Lifespan Developmental Psychology (3)
    - or ECE 245—Child Development (3) ..... 3
- 5. Complete 1 of the following: \*
  - ECE 342O—Family Relationships ..... 3
  - HSV 140—Family Empowerment I ..... 3
  - SOC 242—The Family: A Cross-Cultural Perspective ..... 3
  - RHS 120—Family Systems I ..... 2
- 6. Complete 6-9 credits from 1 of the following concentrations: \*

**Addictions Counseling**

- a. Complete the following:
  - HSV 205—Basic Principles of Group Counseling ..... 3
  - HSV 260—History of Alcohol in Alaska ..... 1
  - HSV 305—Substance Abuse Counseling ..... 3
- b. Complete at least 2 credits from the following:
  - HSV 105—Personal Awareness and Growth ..... 2-3
  - HSV 261—Substance Abuse Assessment: ASAM PPC II ..... 1
  - HSV 262—Pharmacology of Addictions ..... 1
  - HSV 263—Service Delivery—ARND (FAS/E) ..... 1
  - HSV 264—Cultural Considerations in Providing
    - Chemical Dependency Services to Alaska Native People ..... 1
  - HSV 265—Substance Abuse and the Family ..... 2
  - HSV 266—Dual Diagnosis Intervention and Treatment ..... 2

**Mental Health and Developmental Disabilities**

- a. Complete the following:
  - HUMS 205—Introduction to Human Exceptionality (PWSCC) .... 3
  - HUMS 231—Applied Behavioral Analysis I (PWSCC) ..... 3
- b. Complete 3 credits from the following:
  - HSV 130—Introduction to Mental Health and Developmental
    - Disabilities (3)
      - or HUMS 135—Introduction to Mental Illness (PWSCC) (2)
      - or HUMS 183—Community Services for People with Disabilities (PWSCC) (3)
    - or RHS 275—Introduction to Recovery and
      - Mental Illness (2) ..... 2-3
  - HUMS 252—Employment Support Services (PWSCC) ..... 3
  - HUMS 253—Positive Behavioral Supports (PWSCC) ..... 3
  - HUMS 255—Assistive Technology (PWSCC) ..... 3
  - Or other approved course..... 3

*Note: This concentration is offered in collaboration with Prince William Sound Community College through distance delivery.*

*Note: For course descriptions of PWSCC courses see current Prince William Sound Community College catalog.*

**Residential Care**

- a. Complete the following:
    - HSV 170—Residential Child Care ..... 3
    - HSV 263—Service Delivery—ARND (FAS/E) ..... 1
    - HSV 270—Adolescent Issues and Therapeutic Interventions..... 3
    - HSV 271—Managing Aggressive Behavior ..... 1
    - HSV 272—Attachment, Separation and Loss ..... 1
  - b. Complete 3 approved elective credits..... 3
- Note: Not guaranteed to be available via distance delivery.*

**Supervision and Management in Human Services**

- a. Complete the following:
  - ABUS 179—Fundamentals of Supervision ..... 3
  - ABUS 232—Contemporary Management Issues ..... 3
  - HSV 310—Management of Complex Cases ..... 3

**Workforce Development**

- a. Complete the following:
    - HSV 150—Workforce Development I ..... 3
    - HSV 255—Workforce Development II ..... 3
    - HSV 310—Management of Complex Cases ..... 3
  - b. Complete HSV elective credits..... 3
- Note: Not guaranteed to be available via distance delivery.*
7. Minimum credits required ..... 60
- \* Student must earn a C grade or better in each course.*
- Note: Certificates of Completion (Credentials) awarded by the Human Services Program for each concentration completed.*

**Minor**

- 1. Complete 1 concentration in human services ..... 12
- 2. Complete HSV elective credits..... 6
- 3. Minimum credits required ..... 18

**Substance Abuse Counselor Certification by the State of Alaska**

- 1. Complete the following: \*
  - HSV 125—Introduction to Addictive Processes ..... 3
  - HSV 205—Basic Principles of Group Counseling ..... 3
  - HSV 210—Crisis and Grief Counseling ..... 3
  - HSV 215—Individual Interviewing ..... 3
  - HSV 260—History of Alcohol in Alaska ..... 1
  - HSV 301—Ethics in Human Service ..... 3
  - HSV 305—Substance Abuse Counseling ..... 3

*\* The Alcohol and Drug Abuse Certification Review Board has approved the following courses for 45 training hours each toward certification or recertification of Substance Abuse Counselors in the state of Alaska.*

*Note: Currently certified Substance Abuse Counselors are eligible for transfer credit toward the human services degree. Contact the human services program coordinator at (907) 455-2842 for more information.*

**Note: Page numbers refer to the UAF 2005-2006 academic catalog, which can be viewed online at [www.uaf.edu/catalog/](http://www.uaf.edu/catalog/).**

